

TENNESSEE TRAILS



THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*We are hikers and advocates that have helped to build, maintain,
and promote the responsible use of Tennessee trails since 1968.*

SUPPORTING THE CUMBERLAND TRAIL

SAVE THE DATE - 2023 TTA ANNUAL MEETING

The deadline to register for the annual meeting is September 19.

The Jackson and Memphis Chapters will host the TTA Annual Meeting on October 20-22, 2023, at Natchez Trace State Park, 567 Pin Oak Lane, Wildersville, TN 38388.

Lodging: The Lodge at Natchez Trace sits on scenic Pin Oak Lake just a few miles off I-40 between Jackson, TN and Nashville. There are 48,000 acres of public lands and lakes surrounding the Lodge, making it a true outdoor wilderness in West Tennessee. The Park is holding 41 Inn rooms until September 5, 2023. Individuals can make online reservations by using: tnstateparks.com (search: Natchez Trace) or call (800) 250-8616. Identity yourself as a Tennessee Trails Association member (or use code 3568) at the time of reservation. Reservations require the first night's room/tax at the time of reservation with the remaining balance due upon check-in.

Also available at the above number or website are standard one-bedroom cabins and deluxe two-bedroom cabins that include kitchens.

To reserve a site at one of their 4 campgrounds call: (731) 968-3742.

Meals: Inn rooms include a continental buffet breakfast. Cabins and campgrounds do not. Reservations must be made for Friday and Saturday buffet dinners and Saturday and Sunday Sack lunches on the registration form.

Menu:

Friday Dinner - Buffet Style

Southern Fried Catfish with Hushpuppies, Roast Beef, Coleslaw, Mashed Potatoes, Corn on the Cob, Tossed Salad, Bread, Banana Pudding, Tea, Coffee, and Water

Saturday Dinner - Buffet Style

Grilled Chicken Breast, Vegetarian Lasagna, Rice Pilaf, Green Beans Broccoli and Cheese, Tossed Salad, Bread, Peach Cobbler, Tea, Coffee, and Water

Sack Lunch

Sandwich (select Turkey or Cheese), Chips, Cookie, Fruit

Hikes: Hikes will be in the state park and near the area.

FRIDAY

Carroll Cabin Barrens State Natural Area, Easy, 3 miles.

Mousetail Landing Scenic Trail, Easy, 3 Miles.

Natchez Trace State Park, Cub Lake, Moderate, 4.8 miles.

Natchez Trace State Park, Maple Creek Lake Trail, Moderate, 5.7 miles.

Natchez Trace State Park, Pin Oak Lodge, Moderate, 2.5 miles.

SATURDAY

Natchez Trace State Park, Cub Lake, Moderate, 4.8 miles.

Natchez Trace State Park, Maple Creek Lake Trail, Moderate 5.7 miles.

Natchez Trace State Park, Cub Lake Recreation Lodge to Pin Oak Lake, Difficult, 8.8 miles.

Natchez Trace State Park, Pin Oak Lake, and Brown's Creek Lake Trails, Difficult, 8.7 miles.

SATURDAY, continued

Mousetail Landing State Park, Eagle Point Trail, Difficult, 8 miles.
Pinson Mounds State Park, Easy, 4 miles.
Chickasaw State Park, Moderate, 5 miles.
Nathan Bedford Forrest State Park, Moderate, 6 miles.
Shiloh National Military Park, Compass Hike, Difficult, 5 miles.
Shiloh National Military Park, Historic Hike, Moderate, 5 miles.
Ross Forest, Moderate, 5 miles.
Johnsonville State Historic Park, Moderate, 4 miles.
Big Hill Pond State Park, Moderately Difficult, 8 miles.

SUNDAY

Lady Finger Bluff, Easy, 2.7 miles.
Chickasaw State Park, Moderate, 5 miles.
Natchez Trace State Park, Pin Oak Lodge, Moderate, 2.5 miles.
Pinson Mounds State Park, Easy, 4 miles.
Montgomery Bell State Park, TBD.

Annual Membership Meeting: TTA members in attendance will receive reports about the status of the Tennessee Trails Association and its chapters. New TTA Board Members will be elected for 2024. Your attendance and participation are encouraged. We need a quorum to make decisions as an organization that best supports our mission and our growth.

Fundraising: Silent Auction, Bake Sale, and Sale of TTA T-shirts. There will be no White Elephant sale and no bar will be available due to state park regulations. You may bring your own alcohol for your individual room or order beer and wine at the restaurant.

Members of the Jackson and Memphis Chapters are looking forward to hosting hikers from across Tennessee.

TTA ANNUAL MEETING BRIEF SCHEDULE
PIN OAK LODGE, NATCHEZ TRACE STATE PARK
Times are Central Time Zone

FRIDAY, OCTOBER 20, 2023

1:00 p.m. Meeting registration opens and the
 afternoon hikes commence.
4:00 p.m. Lodging check-in
5:00 p.m. Dinner at Pin Oak Lodge
7:00 p.m. Evening Activities

SATURDAY, OCTOBER 21, 2023

7:00 a.m. Breakfast
8:00 a.m. Hikes depart from Pin Oak Lodge
5:00 p.m. Dinner at Pin Oak Lodge
6:00 p.m. General TTA Membership Meeting
6:00 p.m. Silent Auction Ends
7:00 p.m. Evening Activities

SUNDAY, OCTOBER 22, 2023

7:00 a.m. Breakfast
8:00 a.m. Hikes depart and TTA Board Meeting starts.
10:00 a.m. Cabin checkout deadline
11:00 a.m. Deadline for checking out of rooms @ lodge/inn

REGISTRATION FORM

Annual TTA Meeting, October 20-22, 2023

Registration is due on or before September 19, 2023

Please provide the name of each member of your family attending:

Name: _____
 Name: _____
 Address: _____
 Phone: _____ Chapter: _____
 Email: _____

REGISTRATION: # of people _____ x \$45.00 per person \$ _____ (1)

MEALS: (Vegetarian requested yes / no (circle one))

Friday dinner # of people _____ x \$32.00 per person \$ _____ (2)

Saturday dinner # of people _____ x \$32.00 per person \$ _____ (3)

SACK LUNCHES: Includes a sandwich, chips, cookie, and fruit. Circle one: Turkey or Cheese

Saturday lunch # of people _____ x \$15.50 per person \$ _____ (4)

Sunday lunch # of people _____ x \$15.50 per person \$ _____ (5)

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Registration and meal(s) TOTAL (1) \$ _____ (1-5)

T-shirt Order (circle your choices) Shirts are unisex, 100% polyester, moisture wicking, stain, and odor resistant.

Short Sleeve: Small Medium Large XLarge XXLarge XXXLarge
 # of shirts _____ x \$22.00 per shirt \$ _____ (6)

Long Sleeve: Small Medium Large XLarge XXLarge XXXLarge
 # of shirts _____ x \$25.00 per shirt \$ _____ (7)

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T-shirt TOTAL (2) \$ _____ (6-7)

TTA Donation **Donation TOTAL (3)** \$ _____

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TOTAL DUE (registration, meals, T-shirt, and TTA Donation) (1-3) \$ _____ (total here)

Please complete this Registration Form; attach a check made payable to **TTA Memphis Chapter**

MAIL TO: J Witherington, PO Box 17476 Memphis, TN, 38187

For more information: Lynne Witherington: 901-230-1501 or withlynne@aol.com

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REFUND POLICY: All cancellations and requests for a refund must be made in writing. No Refunds after September 19, 2023. (Consider it your contribution to TTA). Persons canceling before September 19 will be refunded in full, less the Registration Fee.

Annual Membership Meeting Business

TTA members in attendance will receive reports about the status of the Tennessee Trails Association and its chapters.

They will elect TTA Board Members for the 2024 Calendar Year. Nominees for Director at Large serving 3 years: Jenny Fitzgerald, Jane Coffey, Marti Owensby. Nominee for West Tennessee Regional Representative: Dharma Alaksza. For more info on nominees, check on the Annual Meeting link found in the Members Area on the TTA website. <https://tennesseetrails.org/wp-content/uploads/2023/08/2024-Nominating-Committee-recommendations.pdf>

By-Law revisions will need to be approved by the Membership. The By-Laws committee recommends several revisions to the 2019 By-Laws. Here is the link to the recommended By-Laws revisions for 2023: <https://tennesseetrails.org/wp-content/uploads/2023/08/230521-TTA-Bylaws-draft.pdf>

Revised wording of Lines 22-23- More specific definition of membership categories

Line 38 & 46. Revision of wording in Membership classes related to “family unit”

Original bylaws Lines 69-76. Removal of Sponsoring membership and corporate membership.

Membership dues Line 69-74. Membership Dues were relocated in the document and revised allocation of Life and Family Life funds. Revision of wording concerning lifetime memberships.

Line 79. Termination of membership has no grace period due to website configuration.

Line 166: Addition of Liability Insurance and Director’s or Officer’s Liability Insurance

Line 236: A more complete listing of the duties of the Treasurer

Line 319-326. Inclusion of Website oversight into the Communications Committee.

Evan Means Grants Committee Line 328: Moving this committee from the Special Committee to a Standing committee with clarification of duties

Here is the link to compare the 2019 By-laws :

https://tennesseetrails.org/wp-content/uploads/2020/12/tta_bylaws_approved.pdf

Help Share the Word of Available Grant Money

Do you have a favorite Tennessee hiking destination that could benefit from an Evan Means Grant offered by the Tennessee Trails Association? All members, chapter representatives, and regional directors are encouraged to reach out to their favorite Tennessee Park Friends group or other non-profit at their next hike and mention this wonderful opportunity! Our Evan Means Grants program was created in 1999 to honor the memory of Evan Means, one of the co-founders of the TTA in 1968. This grant provides funding for nonprofit groups and might be the perfect match for needed funds at your favorite location.

Purchasing tools to help create new trails, repairing storm-damaged trails and bridges, rerouting established trails, and adding signage are just a few great ways this grant could help improve trails and enhance the hiking experience in your Tennessee parks! There are several requirements an applicant is encouraged to follow, and requests are generally ~\$1,000 or less; however, we will consider other amounts if the chapter can prove the necessity. We consider grant applications quarterly and would love to see more requests come in! Please help share the word on this great program to get funds where they are needed and continue the TTA's direct mission to build, maintain and promote the responsible use of Tennessee trails!

Specific application details can be found on our website at:

<https://tennesseetrails.org/get-involved/grant-programs/>.

Did you know:

- You can log in to the Members Area of the TTA website by using your Username **OR** your Email Address.
- How do I get to the Members Area?
 - o Go to <https://tennesseetrails.org/>
 - o Choose "Login" (found on the top menu to the far right).
 - o Follow the instructions to Login. If you don't remember your password, you can always choose "change password" and the system will send you an email with a link to change your password.
- If you have never checked out the Members Area, there are some great resources there:
 - o Members Directory – organized by Chapter. Lists members' contact information as allowed in the member's privacy selections.
 - o Members of TTA Leadership – Board Members and Media Contacts.
 - o TTA Newsletter Archive – From the most recent TTA Newsletter back to December 1969.
 - o Handouts – Printable Brochure, Flyer, and QR Code page.
 - o Style Guidelines for using the TTA logo.
 - o TTA Bylaws.
 - o Annual Conflict of Interest form – for TTA Board members.
 - o TTA Annual Meeting information is posted in the MEMBERS AREA June-October each year

CLARKSVILLE CHAPTER

CHAPTER CO-CHAIRS: Paula Sanders - 954-993-5541 and Suva Bastin - 931-645-2849

ttaclarksville68@tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab - 931-801-9484 (*call Paul & volunteer to lead an outing*)

ttaclarksvillehikes68@tennesseetrails.org

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT, Wade Bourne Nature Center, 2308 Rotary Park Dr., Clarksville, TN 37043.

Please call hike leaders to confirm the hike time and meeting place.

Saturday, September 2 - No hike because of Labor Day.

Wednesday, September 6 - Liberty Park, Clarksville, 3.5 miles, easy. The trail is paved except for approximately half a mile divided between wooden tread and natural turf. Most of the trail runs along the main channel of the Cumberland River and a cove with a large marina. There is a tribute to Wilma Rudolph who became a world-record-holding Olympic champion. You also pass a statue of Pat Summit Head who was the head women's basketball coach at UT and accrued the third most wins in women's basketball history. There are four bathrooms along the trail. Dogs are permitted if on a leash. Meet at 9:00 A.M. CDT at the Liberty Park Pond parking area. Contact Philip Anderson at 931-561-0925.

Saturday, September 9- Hike with another chapter.

Saturday, September 16 - South Cumberland SP, Fiery Gizzard Trail out and back to Ravins Point via the Dog Hole Trail, 10.6 total miles, difficult. The whole trail is on natural turf in the woods. You will see large rock formations, beautiful creeks, waterfalls, and spectacular views. The first 2 miles or so are strenuous. Trekking poles and hiking shoes are recommended. The Fiery Gizzard Trail starts on top of the plateau and goes down into a deep rocky gulf. At 1.7 miles you leave the Fiery Gizzard Trail and take the 2.6-mile Dog Hole Trail. It leads out of the gulf on a 0.25-mile steep slippery incline to the top of the plateau. From this point to Ravens Point the trail is moderately too easy. The Dog Hole trail meets the Fiery Gizzard Trail again at the spur trail to Ravens Point. The Ravens Point spur is just under a half mile each way and is easy. Ravens Point has a 270-degree panoramic view of beautiful, rugged terrain. There is a restroom at the trailhead. Dogs are welcome if on a leash. Bring your lunch. Meet at 7 A.M. CDT at the new Exit 11 Park and Ride. ~131 miles to trail head; Contact Paul Schwab 931-801-9484.

Clarksville Chapter continued

Tuesday, September 19 - Monthly Chapter Meeting. Meet at 6:00 P.M. CDT, at Wade Bourne Nature Center, 2308 Rotary Park Dr, Clarksville. Two volunteers will provide snacks for everyone. Bring your own drinks. Contact Paula Sanders 954-993-5541 or Suva Bastin 931-645-2849.

Saturday, September 23 - National Public Lands Day. Rotary Park. Pick up litter. Bring a garbage bag. Meet at 8 A.M. CDT at the Amphitheater Parking Lot off E Old Ashland City Road. Contact Steve Turner at 931-220-0927.

Saturday, September 30 - Meriwether Lewis Site, Natchez Trace Parkway. We will hike a 5-mile loop, moderate. Trekking poles are recommended. The trail is on natural turf in the woods. We will hike beside Swan Creek for part of the way and eat lunch at a picnic table next to the creek. Dogs are welcome if on a leash. There are bathrooms at the trailhead where we eat lunch. Meriwether Lewis, the leader of the Lewis and Clark Expedition, was traveling to Washington DC on the Natchez Trace. He was staying overnight here in a cabin. Two shots were heard during the night which killed him. It was concluded that he probably committed suicide. There is a large monument here in his honor. Meet at 8 A.M. CDT at Big Lots at Bigg lot on Riverside Drive. ≈86 miles to the trailhead. Contact Suva Bastin at 931-216-0325.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIRS: Jane Coffey - 615-516-6551 and Marvin Caine - 931-486-1632, ttacolumbia68@tennesseetrails.org

OUTINGS COORDINATOR: Jane Coffey - 615-516-6551, ttacolumbiahikes68@tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 P.M. Meeting at 7:00 P.M.

Tuesday, September 5 - Columbia/Franklin Chapter Quarterly Meeting. Social hour begins at 6 P.M. with the meeting starting at 7 P.M. This month we will have Rick Lausten presenting his latest trek across England. As many of you know, Rick and his troupe set out every 2-3 years and hike long distances in the English countryside and this year was no different. He will also have hints/ideas for you in case you are interested in making similar hikes. We welcome anyone interested in hiking to join us for this special presentation.

Saturday, September 9 - Combined hike with the Clarksville Chapter at Paris Landing State Park. The Clarksville Chapter and the Columbia/Franklin chapters are teaming up in 2025 to host the TTA Annual Meeting. We will be hiking in the area that we are seriously considering as the location for that annual meeting. Again, the state of TN has expended funds and expertise to enrich this area for hiking, boating, and camping. We hope everyone can make this hike because we would like your input.

Paris Landing State Park is an 841-acre (3.4 km²) state park located on the western bank of Kentucky Lake in Buchanan, Henry County, Tennessee. The park is located inland from the original site of Paris Landing which served steamboat traffic on the Tennessee River. The site is now under the waters of Kentucky Lake, which was created by TVA when the Tennessee River was dammed in.



EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall - 865-985-9144 - ttaeasttennessee68@tennesseetrails.org
OUTINGS COORDINATOR: Tom Cressler - 865-582-5622 - ttaeasttennesseehikes68@tennesseetrails.org

Saturday, September 9 - Indian Boundary Recreation Area and Swim, 3.1 miles, easy. This is an easy trail around Indian Boundary Lake. The loop is 3.1 miles on a very nice hiking-biking trail along the shoreline with only minor ups and downs. After the hike, we will picnic and swim. We will start our hike and picnic at the swimming area which has a broad sandy beach and restrooms. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other weather-appropriate clothing, a swimsuit, a snack, a drink, and a camera. There is an Indian Boundary Recreation Area parking fee – of \$3 per vehicle (\$1.50 if you have an Interagency Pass/Golden Passport or Regional/Forest Pass #). For those who want to carpool, we leave Denny's Restaurant off the Watt Road Exit off I-75 South at 8:00 A.M. We will stop at Tellico Grain Co for their delicious pastries. We expect to arrive at the Indian Boundary swimming area/trailhead by 10:00 A.M. and start the hike at 10:15 A.M. Carpool dollars are requested of all riders. Round trip from Knoxville is about 160 miles. For specific information about the hike please contact Tom at 588-5622 and leave a message or send an email to cressler@retiree.utk.edu before September 9th.

Saturday, Sept 23. Sinking Creek Trail, Tellico Lake, 6 miles, easy. The hike will start at the Sinking Creek trailhead parking lot. The trail basically follows the shoreline of Tellico Lake, and the total distance is about 4.5 miles. The trail is relatively flat, with a few hills but nothing difficult. At the end of the trail, we will have to walk about 1.5 miles on a paved road to the parking lot for a total distance of about 6 miles. Along the way, we may stop at the Axley Chapel Cemetery. The hike difficulty is rated as easy. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other weather-appropriate clothing, a snack, a drink, and a camera. If you are interested in a view of the area where we will be hiking and other trails in this area go to <https://www.tellicowater.org/east-lakeshore-trail> for trail descriptions and a unified view of the trail maps. We will meet at the Walmart parking lot in Lenoir City, TN 321 N, nearest the Murphy Gas Station*. We will leave there at 9:00 A.M. We should be at the trailhead by 9:45. We recommend that riders in a carpool pay the driver. Round trip distance from Walmart, 24 miles. After the hike plan on stopping at the Gondolier in Lenoir City on the way back for a meal and refreshments. For specific information about the hike please call Tom before the 23rd at 865-588-5622 and leave a message or send an email to cressler@retiree.utk.edu.

*If you are coming from I-40 on 321 toward Lenoir City turn left at the stop light just past the stop light for the hospital. At the next cross street, to your left, you will see Murphy Gas and the Walmart parking lot.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Patricia Deen - 760-703-8115 - ttahighlandrim68@tennesseetrails.org
OUTINGS COORDINATOR: Tom Hartvigsen - 931-962-0811 - jhartvigs@comcast.net (contact Tom & volunteer to lead an outing)
MEETS MONTHLY: 4th Monday

Saturday, September 9 – Tims Ford State Park Trails, Winchester, TN, 7 miles, easy to moderate. Lost Creek Overlook Trail and a portion of Ray Branch Shoreline Trail. Then Spann House Trail followed by a hike down The Story Book Trail to a lovely beach where we can swim and cool off. These trails have great overlooks of Tims Ford Lake and rolling hills through hardwood forests. Two suspension bridges take us above the treetops. We will visit the Lost Creek and Spann House primitive campsites along the way. Bring water, lunch, and hiking sticks. We can get ice cream for dessert at the marina. Please register with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914. Meet at 8:30 A.M. CT in front of the Visitor Center.

Highland Rim Chapter continued

Friday through Sunday, September 15-17 - Camping on Little Island on Tims Ford Lake, kayaking on Tims Ford Lake, and hiking on Ray Branch Peninsula. Joint outing with the Murfreesboro Chapter, Sara Pollard. Contact Joan Hartvigsen to reserve a spot on Little Island, at jhartvigs@comcast.net or 931-962-0811. Saturday we will kayak to Ray Branch Peninsula and hike Evans Loop Trail and a section of the Ray Branch Shoreline Trail. The total hiking distance is four miles. You will need hiking boots and hiking socks in addition to camping gear, water shoes, kayaking gear, and food and water. Saturday evening, we will drive to Winchester and eat outdoors at Twin Creeks Marina.

Tuesday, September 26 - Grundy Forest Day Loop, Lone Rock Loop, picnic, Grundy Lake Swim. 4 miles, easy to moderate. South Cumberland State Park, Tracy City, TN. Grundy Forest Day loop features cascading streams, multiple waterfalls, and giant hemlocks. Lone Rock Loop circles the largest of the four lakes at Grundy Lakes State Park and loops by remains of the Lone Rock Mine Coke Ovens built in 1883. Grundy Lake features a picnic area, sandy beach, flush toilets and changing area, and crystal clear, cool, spring-fed water. Meet me at Grundy Forest Day loop trailhead, 131 Fiery Gizzard Road, Tracy City, TN at 8:00 A.M. CT. Register with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914.

Saturday, September 30 – Short Springs State Natural Area Workday. Meet at 8:00 A.M. in the parking lot, 2250 Short Springs Road, Tullahoma. Specific tasks will be announced. Contact Joan Hartvigsen to let her know you can help, at jhartvigs@comcast.net or 931-636-2914.

Tuesday, October 3 – Friday, October 6. Camping at Double Springs Campground, Devils Fork State Park, Salem, SC. Kayaking Jocassee Lake. Double Springs Campground is accessed by a two-mile paddle from the remote boat ramp in Devils Fork State Park. BYOB or rent a canoe or kayak from Eclectic Sun Paddle Sports, which is located inside Devils Fork State Park, 864-944-1191. Register early with Joan Hartvigsen to ensure a spot in the reserved campsites, jhartvigs@comcast.net. Primitive camping. Bring sufficient water and food for 4 days.

Thursday - Sunday, October 19-23 – Natchez Trace State Park, Wildersville, TN. Cub Lake Campground Two, Group Site 3. TTA Annual Meeting. Contact Joan Hartvigsen for a spot in the group campsite, at jhartvigs@comcast.net or 931-636-2914.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson - 731-225-4293 - ttajackson68@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad - 731-217-5966 - ttajacksonhikes68@tennesseetrails.org

MEETS MONTHLY: 1st Monday at 6:00 P.M. CT

Saturday, August 26 - Pecan Tree/Maple Lake Trail, 6-7 miles, moderate. We will meet at the site of the Pecan Tree at 9:00 A.M. This hike is approximately 6-7 miles in length. It is rated moderate because of its length and some slight elevation changes. We will hike thru the woods to Maple Lake and will stop for lunch at the old boy scout shelter area. Continuing thru the woods making a loop back to our cars. Please contact Terry if you plan to hike at 731-968-3495 or at terrymccoy832@yahoo.com

Saturday, September 9 - Johnsonville State Park/Nathan Bedford Forrest State Park, 3 miles, easy. Susan Woods will lead us on a morning hike at Johnsonville. We will meet at the park's visitor center at 9:30 A.M. After the hike, we can stop at the cafe in Camden for lunch or if you can bring your lunch for one of the picnic areas. We will drive to NBFSP then and have a 3-mile hike in the afternoon. If you wish to carpool, meet at Panera Bread at 8:00 A.M. Please register with Susan Woods at woodsboob@bellsouth.net or 731-441-8066.

Saturday, October 7 - Annual picnic and hike - Mousetail Landing State Park. We will meet at the park headquarters at 9:30 A.M. If you wish to carpool, meet at Panera Bread at 8:00 A.M. It is a lollipop trail rated moderate due to length and change of elevation. We will stop for lunch at Shelter 2. After the hike, we will drive to Terry's house (approximately 40 miles). More details at the September meeting.

Jackson Chapter continued

Friday – Sunday, October 20-22 Annual Conference at Pin Oak Lodge located in Natchez Trace State Park

Saturday, November 11 - Walls of Jericho near Manchester/Lynchburg TN. Philip Crisp will lead us on this hike which can be quite challenging. It is rated moderate to difficult due to elevation changes. More details to follow.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright - 901-829-4434 - ttamemphis68@tennesseetrails.org

OUTINGS COORDINATOR: Wayne Simpson - w.simpson1@comcast.net

September 30 - Village Creek State Park, Wynne, AR, 5.5 miles, moderate. The trail is about 5.5 miles and is rated moderate. In the beginning, we cross the dam and then up a steep hill with steps. After that much of the trail is flat with a few rolling hills. This multi-use trail is used by bicycles, horses, and hikers but is wide enough for all to use. There are three small streams to cross but normally these have minimal water. Waterproof boots are recommended in case of rain prior to the hike. Bring a snack for the hike. After the hike, we can have lunch at the Visitor Center or at Lake Dunn. Please register for the hike with Nancy Wark: 901-240-1521 or nhwark@bellsouth.net.

MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS: Jeanne Conatser - 615-971-8894 - djconatser@comcast.net

Sara Kennedy - 615-692-9057 - ttamurfreesboro68@tennesseetrails.org

OUTINGS COORDINATOR: Sara Pollard - 615-714-3610 - ttamurfreesborohikes68@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 401 Volunteer Road, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Wednesday, September 13 – Chapter Meeting – 7:00 P.M. CT. Barfield Crescent Park Wilderness Station. J.C. Saunders is our guest speaker. He was a postdoctoral fellow in mathematics at Ben-Gurion University of the Negev 2018-2020. He will share pictures he took of Israel, including the hikes he did there. He will also show pictures of trips to Turkey and Egypt, while he was living in Israel. For more information contact Chapter Co-Chair Jeanne Conatser at djconatser@comcast.net

Saturday, September 16 – “Pick a Park” series. Pickwick Landing State Park. 2.8 miles rated easy. While the park is known more for water sports and golf, we will stroll around the Island Loop peninsula. Rated easy, but dress appropriately and hydrate accordingly. Meet at the campground office at 10:00 A.M. CT to stamp your Tennessee State Parks Passport book. We might stop at the marina restaurant afterward. You MUST RSVP because schedules and weather can be crazy. Please text Jeanne Conatser at 615-971-8894 to sign up

Friday - Sunday, September 15-17 – Tims Ford State Park Little Island Camping and Hiking. Joint event with the Highland Rim chapter. Friday evening, we will set up camp on Little Island. Saturday, we will kayak Tims Ford Lake to Ray Branch Peninsula and hike the Evans Loop Trail. This section of the trail is 4.0 miles rated moderate. Saturday evening, we will drive to Winchester and eat outdoors at the Twin Creeks Marina. You will need hiking, camping, and kayaking gear in addition to food and water. You must register to reserve a camping spot on Little Island. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Wednesday, September 20 - Sewanee Perimeter Trail. Sewanee Memorial Cross to Bridal Veil Falls, 5 miles, rated moderate. The hike will start at the Memorial Cross which runs below the bluff and sandstone overhangs. Bridal Veil Falls appears from the side of the mountain, cascades 27 feet down a limestone cliff, drops about 25 feet more, and then disappears into a sinkhole. After viewing Bridal Veil Falls, we will continue west on the trail and loop back past Otey View, Clara's Point and return to the Memorial Cross. Bring water, snacks, and lunch. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com

Murfreesboro Chapter continued

Saturday, September 23 – National Public Lands Day. Barfield Crescent Park. Come join us for trail maintenance at Barfield Park from 8:00 A.M. until 11:00 A.M. CT. National Public Lands Day was established in 1994 and is held annually on the fourth Saturday in September. National Public Lands Day is the nation's largest single-day volunteer effort. Volunteering on this day is a great opportunity to spend time with family and friends and enjoy the many benefits that come from connecting with nature. Bring gloves, sturdy shoes, a snack, and water. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Saturday, September 30 – Nashville Urban Hike. Cumberland River Greenway, Metro Center Levee. Approximately 8 miles round trip. We will depart the trailhead at 9:00 A.M. CT and walk along the Cumberland River to Riverfront Park in downtown Nashville. This trail features an alternative view of downtown from the industrial areas of Metro Center, Germantown, Neuhoff Packing, the famous Stockyards, and Riverfront Park. We will walk the few blocks up Broadway to the new Assembly Food Hall where there are dozens of food selections for you to choose from to enjoy lunch. We will return the same way we came. PLEASE REGISTER before showing up at the trailhead in the event of a plan change. The trailhead is located on Freeland Station Road just off Mainstream Drive in Metro Center. For information, or to register contact Tony Jones at 615 397-4463 or tonjon1968@gmail.com.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs - 615-587-0085 - ttanashville68@tennesseetrails.org

OUTINGS COORDINATOR: Barbara Bennett - 202-236-0880 - ttanashvillehikes68@tennesseetrails.org
(email Barbara & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday 6:00 P.M. CT in the REI Community Room 261 Franklin Rd, Brentwood TN.
Optional Pre-Meeting Activity if posted on the TTA website calendar.

Saturday, September 9 – Ravenwood Park, Nashville, TN. 4 miles, easy. Come see the newly opened Ravenwood Park. We will explore the park from the crest of the hill and walk to the river. About 4 miles. Meet near the swing sets in the playground at the top of the hill in Ravenwood Park. Starting at 9 A.M. This park is a significant accomplishment over time by many naturalists and leaders of metro government and will forever be a greenspace appreciated by our community, with its integration to the Stones River Greenway. <https://www.nashville.gov/departments/parks/planning-and-development/park-plans-and-projects/ravenwood-park>. Call hike leader Tom Vickstrom at 615.405.6713.

Sunday, September 24 – Pickett State Park to Pogue Creek Canyon, Jamestown, TN, 10 miles, moderately strenuous for terrain and length. We'll depart from Arch Lake in Pickett State Park and hike segments of its Ridge and Moccasin Rock trails on through Pickett State Forest. We'll continue through Pogue Creek Canyon to the overlook and back, then onto the Mesa Top and Upper Canyon trails. We'll see spectacularly varied geologic features that include rock houses, arches, and bluffs. Bring snacks, plenty of water, and pack a lunch for the trail. Register with Mark for details and updates: midtn@tnhiker.net (615) 669-3221. Alternate date for inclement weather: Sunday, October 1st.

Tuesday, September 26, Narrows of the Harpeth, Kingston Springs, TN, 5 miles, easy. Meet for a 7 AM step-off at Harpeth River State Park, 1254 Narrows of Harpeth Rd in Kingston Springs. Text hike leader Zary Rahimi at 615-500-6882 to register and to receive any updates (such as cancellations for weather).

Saturday, September 30 – Nashville Urban Hike, Nashville, TN, 4 -5 miles, easy. Meet at War Memorial Plaza, in the courtyard by the statue, at 8:30 A.M. We will walk up to Rutledge Hill and back, seeing many fascinating parts of downtown up close, including the Cumberland River, lower Broadway, the rebuilding of 2nd Avenue North, and more. Call hike leader Tom Vickstrom at 615.405.6713

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Bill Wisniewski - 931-335-9360 - tplateau68@tennesseetrails.org
OUTINGS COORDINATOR: Deb Westervelt - 931-267-2243 - tplateauhikes68@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:00 P.M. CT

The TTA Plateau Chapter hikers are adding new Cumberland County, walk at your pace, hikes that are typically one to three miles in length. If you have participated in the annual Cumberland County Marathon at any time you will know these trails are in and around Crossville. One of the Chapter members will lead each hike. These walks/hikes are designed for beginners and folks who don't have a lot of time to travel to distant trails or folks who want to get outdoors for exercise. Walking on trails is much kinder on knee and hip joints than walking on hard pavement.

All our hikes can be found in the Chronicle Scene Section calendar, on our website <https://tennesseetrails.org/chapters/plateau-chapter/>, or on our Facebook Group page: TTA PLATEAU CHAPTER CROSSVILLE. We look forward to Walking in the Woods with you.

Saturday, September 2 - CT via Dogwood West/Gilbreath Creek Access Trail to HWY 30, Dayton, TN. Joint hike with Upper Cumberland Chapter. This is a 5-mile moderate sometimes strenuous section we haven't done before. **Long Hike:** 5 mi through hike requiring a car shuttle. **Short Hike:** 3.5-mile total in/out. Bring (electrolytes) water, snacks and lunch. Don't forget tick/bug spray and sunscreen. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart 7:30 A.M. CDST from Central Baptist Church, South Main St in Crossville, TN. The carpool]] cost is \$5. For additional information contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Wednesday, September 6 - CT Rock Creek Gorge, Sale Creek, TN. Joint adventure with Upper-Cumberland Chapter. Long Hike: 8.8 miles of moderate to strenuous hiking from the Retro Hughes Trailhead to the Rock Creek Loop ending at the Upper Leggett Trailhead. Beautiful cascades along the creek and 2 overlooks. **Short Hike:** 5.4 miles moderate doing the thru-hike only. Vehicle shuttle required. Bring (electrolyte) water, lunch, and snacks. Depart 7:30 am CDST from the Central Baptist Church, South Main St, Crossville, TN. The carpool gas cost is \$6. Don't forget tick/bug spray and sunscreen. For additional information contact the hike leader, Deb, by text/call at 931-267-2243 or email at tplateauhikes68@tennesseetrails.org

Thursday, September 7 – Plateau Chapter Fall Picnic and Meeting, Meadow Park Lake, Crossville, TN. The picnic starts at 5 P.M. Hike the Soldier Beach Trail first at 4:15 P.M. Bring a side dish or dessert to share, your own drinks, and meat to grill. The Chapter will supply charcoal, plates, and plasticware. Please email or text Bill at ttachairperson68@gmail.com at 931-335-9360 for info.

Wednesday, September 13 - Cumberland County Marathon Hikes, Crossville, TN. Joint hike with Upper Cumberland Chapter. Drive to Pleasant Hill to hike 3 short trails totaling 2.7 mi. Lake Alice 1.5mi, Frey Branch 1.0mi, ADA 0.2mi (Frey Branch and ADA are 2 new trails). Then drive to Meadow Park Creek to hike a 3.0mi trail along the reservoir. Don't forget tick/bug spray and sunscreen. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. The carpool gas fee is \$3. Depart at 7:30 A.M. CDST from the outer parking lot of Harbor Freight, 145 Highland Square, Crossville, TN. For more information contact hike coordinator, Sirka, email plateaulocalwalks@yahoo.com or text (404) 790-3945.

Wednesday, September 20 - BSF Honey Creek, Oneida, TN. Joint hike with Upper Cumberland Chapter. This is one of the best hikes we do, featuring waterfalls, rock houses, and gorge overlooks. BRING WATER SHOES and extra socks JUST IN CASE. **Short Hike:** 3.5-mile half of the loop exiting the trail at the overlook with a road walk back to the cars. **Long Hike:** The trail is 6 miles and difficult because of rock scrambles, stream crossings, and steep slopes. Worth the effort. Also, a portion of the hike is in a creek bed, so if we get a bunch of rain in the days before the hike - bring water shoes. A hundred yards or so of the creek bed is slippery and must be hiked with extreme care. Depart 7:30 A.M. CDST from the Crossville Cracker Barrel rear lot SW corner. Carpool costs \$6. Don't forget tick/bug spray and sunscreen. Bring (electrolytes) water and a snack. Don't forget tick/bug spray and sunscreen. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. For additional information contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243

Plateau Chapter continued

Saturday, September 23 – CT Stinging Fork State Natural Area, Spring City, TN. Joint hike with Upper-Cumberland Chapter. Stinging Fork State Natural Area, Spring City, TN. Joint hike with Upper Cumberland Chapter. **Short hike:** 3 strenuous miles to Stinging Fork Falls and back. **Long Hike:** Cumberland Trail is mostly strenuous 7 miles but gorgeous. Requires a car shuttle. There is a one-mile easy mile walking through the woods midway for a reprieve. Stinging Fork State Natural Area features a 35-foot waterfall and cascade. There are numerous feeder streams that allow the way. You can expect numerous elevation gains and descents, possibly slick rocks. Depart 7:30 A.M. CDST from Central Baptist Church, South Main St, Crossville, TN. Don't forget tick/bug spray and sunscreen. Bring (electrolytes) water and lunch. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Carpool costs \$4. For additional information contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Wednesday, September 27 - CT Black Mountain to Ozone, TN, 8 miles, difficult due to steep climbs and descents. Joint hike with Upper Cumberland Chapter. The trail is on natural turf through the woods. Trekking poles are recommended. You will see beautiful rock bluffs, huge gardens of cinnamon and glade ferns, wildflowers, and 110-foot Ozone Falls. Bring (electrolytes) water, snacks, and lunch. Don't forget tick/bug spray and sunscreen. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart 7:30 A.M. CDST from Dorton Methodist Church, 3405 HWY 70 East, Crossville, TN. The carpool cost is \$3. For additional information contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

SCENIC CITY CHAPTER (Greater Chattanooga Area)

CHAPTER CHAIR: Jane Ellett - 423-309-7879 - ttasceniccity68@tennesseetrails.org

OUTINGS COORDINATOR: Betsy Darken - 423-718-2060 - ttasceniccityhikes68@tennesseetrails.org

MEETS QUARTERLY: Thursday of the week following the TTA Board Meetings in Feb, May, Aug and Oct at 5:30 P.M. ET

Saturday, September 2 - Chickamauga Western Loop, 6.4 miles, easy/moderate, 440' el. gain, loop. This gentle trail through the woods and fields of the Chickamauga Battlefield includes an optional ascent of Snodgrass Hill, where General George Thomas, the "Rock of Chickamauga," held off the Confederate attack long enough for the Union army to retrench in Chattanooga. For carpooling/caravanning, meet at Food City in St. Elmo, in the area of the parking lot straight ahead off TN Ave at 8:30 A.M. ET. <https://bit.ly/3C3Um9L> Please register with hike leader Tom McElhone, 805-208-4654 or sarmitta@yahoo.com. Carpool cost \$1.00.

Tuesday, September 5 - Johnston Woods Trail, 3.9 miles, easy. It is exciting to discover this previously unknown trail that is very close to our Ooltewah Food City carpool location! It gets a high rating on AllTrails. Please meet in Food City Ooltewah parking area near its gas station, right off I-75 exit 11, at 8:30 A.M. ET. <https://bit.ly/3dwmbxn> Please register with hike leader Betsy Darken, 423-718-2060. Carpool cost \$1.00.

Saturday, September 9 – Tims Ford State Park Trails, Winchester, TN, 7 miles total, easy to moderate. Lost Creek Overlook Trail and a portion of Ray Branch Shoreline Trail. Then Spann House Trail followed by a hike down The Story Book Trail to a lovely beach where we can swim and cool off. These trails have great overlooks of Tims Ford Lake and rolling hills through hardwood forests. Two suspension bridges take us above the treetops. We will visit the Lost Creek and Spann House primitive campsites along the way. Bring water, lunch, and hiking sticks. We can get ice cream for dessert at the marina. For carpooling from the Chattanooga area, meet at 8:30 A.M. ET from the parking lot just after LaQuinta Inn, right (north) off I-24 Exit 175 at 8:30 A.M. ET.

Tuesday, September 12 - Rainbow Lake Loop on Signal Mountain, 3 ½ - 4 miles, easy. This is an old favorite! We'll take Rainbow Lake Trail, Bee Branch loop, and the Orange Trail up Middle Creek for half a mile or so. Due to limited parking at the trailhead, please meet at 8:30 A.M. ET for carpooling at Food City on Signal Mountain Road, in the near back corner of the parking lot. <https://bit.ly/3pk0suY> Please register with hike leader Dave Graham, at 423-315-7886. Carpool cost \$1.00.

Scenic City Chapter, continued

Saturday, September 16 - Sewanee Perimeter Trail, 6.2 miles in and out, moderate, 800-1000' el. gain. We'll start at the Lake Cheston trailhead and hike to Elliott's Point, passing Otey Point on the way. The temperatures should be a little cooler on the plateau, with shade and views. The trail is rocky in places with ups and downs, but there are no long steep inclines. For carpooling/caravanning, meet at the parking lot just after LaQuinta Inn, right (north) off I-24 Exit 175 at 8:30 A.M. ET. <https://bit.ly/3QITAD4> Please register with hike leader Tom McElhone, 805-208-4654 or sarmitta@yahoo.com.

Tuesday, September 19 - Savage Gulf Day Loop Trail, 4.1 miles, easy lollipop loop. A walk through the woods on top of the plateau along with a trip down to beautiful Savage Falls. For carpooling/caravanning, meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8:30 A.M. ET. <https://bit.ly/3Qjdc0S> Please register with hike leader Will Latham, (704) 365-8889. Carpool cost \$3.00.

Saturday, September 23 - Cumberland Trail: Black Mountain Trail, 6.4 miles, moderate, 1400' el. gain, out-and-back. This trail has a bit of everything, woods, ruins, views, and creeks. For carpooling/caravanning, meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8:30 A.M. ET. <https://bit.ly/3Qjdc0S> Please register with hike leader, Tammy Hendrick, 315-949-8187. Carpool costs \$3.00.

Tuesday, September 26 - Grundy Forest Day Loop, Lone Rock Loop, picnic, Grundy Lake Swim, 4 miles, easy to moderate. South Cumberland State Park, Tracy City, TN. Grundy Forest Day loop features cascading streams, multiple waterfalls, and giant hemlocks. Lone Rock Loop circles the largest of the four lakes at Grundy Lakes State Park and loops by remains of the Lone Rock Mine Coke Ovens built in 1883. Grundy Lake features a picnic area, sandy beach, flush toilets and changing area, and crystal clear, cool, spring-fed water. Meet at Grundy Forest Day loop trailhead, 131 Fiery Gizzard Road, Tracy City, TN. For carpooling/caravanning from Chattanooga, meet at the parking lot just after LaQuinta Inn, right (north) off I-24 Exit 175 at 8:30 A.M. ET. <https://bit.ly/3QITAD4> Register with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914. Carpool cost \$4.00.

Saturday, September 30 - Polly Branch Falls Trail near Sparta, 9.4 miles, moderate 1100' el. gain, loop. This hike includes two waterfalls, a cascade, and the headwaters of the Caney Fork River. The trail may be overgrown in places, but it is an interesting hike! Bring lunch and the other summer essentials. For carpooling/caravanning, meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8:30 A.M. ET. <https://bit.ly/3Qjdc0S> Please register with hike leader Betsy Darken, (423) 718-2060. Carpool cost \$8.00.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Donna & David Hobbs - 803-634-3470 - ttasumnertrails68@tennesseetrails.org

OUTINGS COORDINATOR: Donna Hobbs - 803-634-3470 - ttasumnertrailshikes68@tennesseetrails.org

Tuesday, September 12 – Beaman Park, Laurel Woods Trail, 12.5 miles, difficult because of length and hills. Meet at the Highland trailhead at 9 A.M. To get to trailhead parking, go towards the nature center but turn right on Eaton's Creek Rd before you get there. Continue about 0.9 miles, then turn left on Little Marrowbone Rd. The entrance will be 0.6 miles on the left. Keep right to reach the trailhead. There are NO bathrooms available here. There are bathrooms at the nature center or port-a-lets at the Creekside trailhead. Hiking shoes, poles, water, and snacks/lunch are strongly recommended. This hike will take 6-7 hours, so be prepared. Dogs on leash welcome. We have the option to take the shortcut, making it 7.5 miles, depending on the weather. Please contact Duane Frichtl at 309-830-9720 or duane5505@icloud.com in advance to discuss the hike if you are considering going.

Wednesday, September 20 – Burch Reserve Trail at Edwin Warner Park, Nashville, 3 mile loop, moderate. We will meet at the Warner Park Nature Center, 7311 Highway 100, Nashville 37221 at 10 A.M. Carpoolers can meet at 9 A.M. at Glenbrook Kroger, 1010 Glenbrook Dr., Hendersonville. We will hike from the Nature Center, across Hwy 100, to the Burch Reserve parking lot where the trail begins. Dogs are prohibited on this trail. There are some steep uphill sections, mostly dirt. Sturdy hiking shoes, poles, and water are recommended. Call/Text: John, 925-759-0517 or Donna, 925-759-0518.

Wednesday, September 27 – Bledsoe Creek State Park, 3 miles, moderate. We will start and end at the boat dock and public launch ramp parking area, which is the road just past the road to the visitor center/park office. We will hike the Birdsong Nature Trail to the park office, make a bathroom stop and then proceed along the shoreline trail to ridgetop trail and back to the boat ramp parking area. The trail surface includes gravel, dirt, and rocks. You may want to bring water, hiking shoes, hiking poles, sunscreen, and insect repellent. Meet at 9:00 A.M. at the boat dock and public launch ramp parking area. If you want to shorten the hike, meet us a little after 9 at the park office, 400 Ziegler Fort, Gallatin, TN 37066. Contact is Judy Jenkins at judy_jenkins@comcast.com, or text/call 615-403-0002.

Thursday, September 28 – Chapter meeting, Hendersonville library, 6:00 - 7:30 P.M. Guest speaker is Joey Holland of the Wildflower Society of Sumner County (and formerly of the TN Dept of Environment and Conservation). Please bring donations for the wine baskets we will assemble for the TTA annual meeting silent auction—bottles of wine, fancy chocolates, nuts, or anything non-perishable that would make a good addition to a wine basket. If you can't attend and have something to donate, let us know and it will be picked up.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER CHAIR: Cathy Moran 931-544-2764 tauppercumberlandhikes68@tennesseetrails.org
OUTINGS COORDINATOR: Cathy Moran 931-544-2764 tauppercumberlandhikes68@tennesseetrails.org

Saturday, September 2 - CT via Dogwood West/Gilbreath Creek Access Trail to HWY 30, Dayton, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for details and registration information.

Wednesday, September 6 - CT Rock Creek Gorge, Sale Creek, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for details and registration information.

Wednesday, September 13 - Cumberland County Marathon Hikes, Crossville, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for details and registration information.

Wednesday, September 20 - BSF Honey Creek, Oneida, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for details and registration information.

September 23 – CT Stinging Fork State Natural Area, Spring City, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for details and registration information.

September 27 - CT Black Mountain to Ozone, TN. 8 miles, difficult due to steep climbs and descents. Joint hike with Plateau Chapter. See the Plateau Chapter listing for details and registration information.



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ttapresident68@tennesseetrails.org

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Will Latham (2024) 704-365-8889
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CHAPTER REPRESENTATIVES ON THE BOARD

ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Mary Lewis Tims 731-780-5550
ttaeditor68@tennesseetrails.org

2023 TTA Board of Directors Meetings

All members are invited to attend board meetings.
Contact Duane Frichtl for the link to join Zoom meetings!

Friday – Sunday, Oct 20 - 22

Natchez Trace State
Park
Annual Meeting



Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on or before the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
ttaeditor68@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster.



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To **Join** on-line go to <https://tennesseetrails.org/plans/memberships/>

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YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

☐

A NEW MEMBER

☐

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.

Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 ttamembership68@tennesseetrails.org

Sept 23

Please Mail This Form To:

Membership Director

P.O. Box 41446

Nashville, TN 37204-1446

PLEASE PRINT CLEARLY.

___ Individual \$25.00

___ Family \$35.00

___ Student (FULL TIME) \$15.00

___ Supporting (\$50.00, \$100.00 or more)

___ Life Member (Individual) \$500.00

___ Life Member (Family) \$750.00

Name _____

Address _____

City _____ State _____

Phone () _____ Zip _____ -- _____

E-mail (required) _____

For privacy, please do not list the following in
the TTA Annual Membership Directory

☐ E-mail addresses

☐ Mailing address

☐ Telephone numbers

Please list me with the following chapter:

___ Clarksville

___ Columbia/Franklin

___ East TN (Oak Ridge/Knoxville)

___ Highland Rim (Manchester/Tullahoma)

___ Jackson

___ Memphis

___ Murfreesboro

___ Nashville

___ Plateau (Crossville)

___ Scenic City (Greater Chattanooga Area)

___ Sumner Trails (Sumner County)

___ Upper Cumberland (Sparta/Cookeville)

___ At Large

When you become a TTA member, you will have access to the Members Area of our website (www.tennesseetrails.org) which includes the Membership Directory listing members by chapter and how to reach them. You will also receive our monthly newsletter which contains information on upcoming hikes, events, chapter meetings, and volunteer opportunities. We encourage you to review the Hiking Handbook (under the Hikes & Events section), a reference containing information about TTA, trail etiquette, and hiker responsibilities. We invite you to attend any number of monthly meetings where you will enjoy diverse programs, socializing and refreshments. Also, we hold our annual meeting in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

Not a member yet? Please check out one of our hikes or meetings soon!