

TENNESSEE TRAILS



THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*We are hikers and advocates that have helped to build, maintain,
and promote the responsible use of Tennessee trails since 1968.*

SUPPORTING THE CUMBERLAND TRAIL

2023 TTA ANNUAL MEETING

NOT TOO LATE TO REGISTER FOR THE 2023 ANNUAL MEETING

The deadline for meal reservations is 9/19/2023.

The Jackson and Memphis Chapters will host the TTA Annual Meeting on October 20-22, 2023, at Natchez Trace State Park, 567 Pin Oak Lane, Wildersville, TN 38388.

Lodging: The Lodge at Natchez Trace sits on scenic Pin Oak Lake just a few miles off I-40 between Jackson, TN and Nashville. There are 48,000 acres of public lands and lakes surrounding the Lodge, making it a true outdoor wilderness in West Tennessee. The Park is holding 41 Inn rooms until September 5, 2023. Individuals can make online reservations by using: tnstateparks.com (search: Natchez Trace) or call (800) 250-8616. Identity yourself as a Tennessee Trails Association member (or use code 3568) at the time of reservation. Reservations require the first night's room/tax at the time of reservation with the remaining balance due upon check-in.

Also available at the above number or website are standard one-bedroom cabins and deluxe two-bedroom cabins that include kitchens.

To reserve a site at one of their 4 campgrounds call: (731) 968-3742.

Meals: Inn rooms include a continental buffet breakfast. Cabins and campgrounds do not. Reservations must be made for Friday and Saturday buffet dinners and Saturday and Sunday Sack lunches on the registration form.

Menu:

Friday Dinner - Buffet Style

Southern Fried Catfish with Hushpuppies, Roast Beef, Coleslaw, Mashed Potatoes, Corn on the Cob, Tossed Salad, Bread, Banana Pudding, Tea, Coffee, and Water

Saturday Dinner - Buffet Style

Grilled Chicken Breast, Vegetarian Lasagna, Rice Pilaf, Green Beans Broccoli and Cheese, Tossed Salad, Bread Peach Cobbler, Tea, Coffee, and Water

Sack Lunch

Sandwich (select Turkey or Cheese), Chips, Cookie, Fruit

Hikes: Hikes will be in the state park and near the area. Detailed hike information is on the next page.

Annual Membership Meeting: TTA members in attendance will receive reports about the status of the Tennessee Trails Association and its chapters. New TTA Board Members will be elected for 2024. Your attendance and participation are encouraged. We need a quorum to make decisions as an organization that best supports our mission and our growth.

Fundraising: Silent Auction, Bake Sale, and Sale of TTA T-shirts. There will be no White Elephant sale and no bar will be available due to state park regulations. You may bring your own alcohol for your individual room or order beer and wine at the restaurant.

Members of the Jackson and Memphis Chapters are looking forward to hosting hikers from across Tennessee

TTA ANNUAL MEETING BRIEF SCHEDULE

PIN OAK LODGE, NATCHEZ TRACE STATE PARK

Times are Central Time Zone

FRIDAY, OCTOBER 20, 2023

- 12:00 p.m. Meeting registration opens and the afternoon hikes commence.
- 4:00 p.m. Lodging check-in
- 5:00 p.m. Dinner at Pin Oak Lodge
- 7:00 p.m. Evening Activities

SATURDAY, OCTOBER 21, 2023

- 7:00 a.m. Breakfast
- 8:00 a.m. Hikes depart from Pin Oak Lodge
- 5:00 p.m. Dinner at Pin Oak Lodge
- 6:00 p.m. General TTA Membership Meeting
- 6:00 p.m. Silent Auction Ends
- 7:00 p.m. Evening Activities

SUNDAY, OCTOBER 22, 2023

- 7:00 a.m. Breakfast
- 8:00 a.m. Hikes depart and the TTA Board Meeting starts.
- 10:00 a.m. Cabin checkout deadline
- 11:00 a.m. Deadline for checking out of rooms @ lodge/inn

Annual Meeting Hikes

Following are the hikes we've planned for the Annual Meeting. **The first time shown in each description is the time that we will leave Pin Oak Lodge.** For the Friday hikes, the description will also show a time that we will meet at the trail. This will allow people driving from East Tennessee on Friday to go directly to the hike without having to come to the lodge first. If you do plan to go directly to the trail, please inform the hike leader listed.

If you have any questions regarding the hikes, contact Wayne Simpson at w.simpson1@comcast.net.

Friday, October 20.

12:20 P.M. - Carroll Cabin Barrens. A 2.5-mile moderate loop trail departing from the small parking lot at 1:30 P.M. This area was designated a state natural area in 2002. It has a series of limestone glades, grassy forbs, wooded areas, and barrens along the hillsides above the Tennessee River. Marion Quinlen (mquinlen@gmail.com) is coordinating the hike, but it will be led by West Tennessee Stewardship Ecologist Allan Trently.

12:35 P.M. - Mousetail Landing State Park. Scenic Trail. Hike Leader: Glen Rognstad (glenrognstad@gmail.com). We will meet at 1:30 P.M. at the Park Visitor Center for a short shuttle ride to Parrish Cemetery to start the hike at 1:45 P.M. The 3-mile hike is an easy walk along old roadways to the ruins of the Mousetail Landing townsite along the banks of the Tennessee River. Continue the hike along an old path to reach Shelter#2 located on a large limestone bluff with views of the Tennessee River below. Return via a section of Eagle Bluff trail with a stop at an early settlement cemetery.

12:50 P.M. - Nathan Bedford Forest State Park. The 3-mile easy-to-moderate Pilot Knob Trail. The hike will depart from the Folklife Museum at 2:00 P.M. Highlights include the museum as well as views of Kentucky Lake. One portion of the hike follows one of the Trail of Tears routes. Hike leader Susan Woods (woodsboob@bellsouth.net).

Annual Meeting Hikes, continued

1:00 P.M. - Natchez Trace State Park. Pecan Tree/Maple Lake hike. The 5.7-mile trail is rated moderate (length and elevation changes). The hike will begin at 1:30. Directions: Exit 116, Natchez Trace exit off I-40. Go north to Pecan Tree Road and turn right, then left. Go approximately 4.5-5 miles to trailhead parking on the right. The site will be marked with orange balloons. We will meander through the forest and come to the back side of Maple Creek Lake. We will stop at the site of a shelter for a brief break. Continuing along the edge of Maple Lake through the woods along some "clear-cut" areas back to the trailhead. Bring water/beverage. Hiking boots and poles are recommended. Hike leader: Terry Warren (terrymccoy832@yahoo.com)

1:15 P.M. - Natchez Trace State Park. Cub Lake Loop Trail. The 4.8-mile, moderate loop trail will be hiked clockwise from the Cub Lake Lodge parking area beginning at 1:30 P.M. The trail has deep woods, rolling terrain, and some marshy areas. Waterproof boots are recommended, as well as water shoes if it has rained recently. At the end of the hike, we will walk across the levee on the eastern shore of Cub Lake, loop back through the woods, then through the campground and across a bridge to return to the Lodge parking area. Hike Leader: Charles Key (ckey2012@icloud.com).

2:00 P.M. Natchez Trace State Park. Pin Oak Trail. This is a 3-mile round trip on a moderate out-and-back trail that begins near the Pin Oak Lodge. The turnaround point of the trail is at a picnic area with nice views of the lake. The trail can be muddy following rain, so appropriate footwear is suggested.

Saturday, October 21

8:00 A.M. - Natchez Trace State Park. Browns Creek/Pin Oak Trails. The 8.7-mile hike is rated moderate due to its length and elevation changes. We will meander from Idem West Road through the woods to the banks of Browns Creek Lake (3.1 miles). We will continue through the woods to Pin Oak Lake and stop at the shelter for lunch/break. (3.2 miles). We will continue through the woods back to our cars (4.1 miles). Please bring lunch, snacks, and water. Hiking boots and poles are recommended. For more information, contact Terry Warren (731-535-0625 or terrymccoy832@yahoo.com).

8:10 A.M. - Ross Forest Savannah, Tn. 5 miles, moderate. Suitable sealed boots/water shoes may be needed for stream crossings. This hike will be on 7500 acres of property owned by the Ross family since 1881. 4500 acres of the property is designated a Registered State Natural Area, due to rare/endangered plant & animal species. Property features include seeps/springs, waterfalls, rich hollows of hardwoods with limestone bluffs, the banks and floodplains of Horse Creek, and very unusual geological features with numerous crinoid fossils. The hike will be led by property owner John Ross, a lifelong conservationist, and a former director for the Tennessee Nature Conservancy.

8:20 A.M. - Shiloh National Military Park. A challenging 5-mile hike where you'll learn how to use a compass to navigate off trail from monument to monument. You'll need to bring a compass (an old-school compass with a rotating bezel works best; inexpensive ones are available on Amazon). Before the hike, we'll teach participants how to use the compass and destination coordinates, and we'll help during the hike.

8:30 A.M. - Nathan Bedford Forest State Park. East Section of the Red Rock Trail. The hike is 8.6 miles and is rated moderate to difficult due to a couple of hills and length. Highlights include the boulder for which the trail is named, views of Kentucky Lake, and an abandoned retreat camp once owned by Bethel College.

8:40 A.M. - Johnsonville State Historic Park. We will hike this 4-mile, easy trail with Ranger Bob to learn the history of the Battle of Johnsonville. This park is named for President Andrew Johnson who was the Union Military Governor of Tennessee during the Civil War and was the site of a Union Supply Depot. Union forces were camped across the Tennessee River and skirmished with the Confederates led by General Nathan Bedford Forrest. Wear boots or sturdy shoes, and bring lunch, water, and snacks.

8:50 A.M. - Mousetail Landing State Park. Eagle Point Backpacking Loop Trail. This 8-mile hike is rated moderate to difficult due to overall length and several ups and downs in elevation - approximately 5 hours round trip. The trail winds through a variety of terrain types passing two overnight shelters and several good views. It runs through woodlands alongside the Lick Creek embayment to a bluff overlooking the Tennessee River.

9:00 A.M. - Chickasaw State Park. The hike uses parts of several trails to make up about 4.5 miles. Although there are some hills, the trail is rated easy. The trail goes through upland hardwood forests and wetlands and features views of the park's Lake Placid.

Annual Meeting Hikes, continued

9:10 A.M. - Pinson Mounds State Park. This will be an easy, ranger-led 3–4-mile hike in a park which is also a national historical monument. Along the way, we will learn about some of the fifteen Native American mounds and the people who built them.

9:20 A.M. - Natchez Trace State Park, Pecan Tree/Maple Lake hike. The 5.7-mile trail is rated moderate (length and elevation changes). We will meander through the forest and come to the back side of Maple Creek Lake. We will stop at the site of a shelter for a brief break. Continuing along the edge of Maple Lake through the woods along some "clear-cut" areas back to the trailhead. Bring water/beverage. Hiking boots and poles are recommended.

9:30 A.M. - Natchez Trace State Park. Cub Lake Loop Trail. The 4.8-mile, moderate loop trail will be hiked clockwise from the Cub Lake Lodge parking area. The trail has deep woods, rolling terrain, and some marshy areas. Waterproof boots are recommended, as well as water shoes if it has rained recently. At the end of the hike, we will walk across the levee on the eastern shore of Cub Lake, loop back through the woods, then through the campground and across a bridge to return to the Lodge parking area.

Sunday, October 22

8:30 A.M. - Montgomery Bell State Park. This 5.4-mile hike is rated moderate. Most of the trail is on natural turf in the woods. We will see two small lakes and dams, mature hardwood timber, iron ore pits, and the birthplace of the Cumberland Presbyterian Church. Trekking poles are recommended. Dogs are permitted if on a leash.

8:40 A.M. - Lady Finger Bluff. This is an easy 2.7-mile hike with a round trip time of approximately 2 hours. Lady's Bluff is a TVA small wild area located on the Tennessee River. The trail follows along the edge of the Lick Creek embayment to emerge at a high limestone bluff with spectacular views of the Tennessee River Narrows. The gnarled ancient cedar trees on the bluff edge are not to be missed. We will meet up at Fat Man's Keystop Gas Station at 9:15 AM (just across the Tennessee River corner of Highway 412 and 438). We will caravan to the trailhead to begin the hike at 9:45 AM.

8:50 A.M. - Pinson Mounds State Park. This will be an easy, 3–4-mile hike in a park which is also a national historical monument. Along the way, we will learn about some of the fifteen Native American mounds and the people who built them.

9:00 A.M. - Chickasaw State Park. The hike uses parts of several trails to make up about 4.5 miles. Although there are some hills, the trail is rated easy. The trail goes through upland hardwood forests and wetlands and features views of the park's Lake Placid.

9:10 A.M. - Natchez Trace State Park. Pin Oak Trail. This is a 3-mile round trip on a moderate out-and-back trail that begins near the Pin Oak Lodge. The turnaround point of the trail is at a picnic area with nice views of the lake. The trail can be muddy following rain, so appropriate footwear is suggested.



CLARKSVILLE CHAPTER

CHAPTER CO-CHAIRS: Paula Sanders - 954-993-5541 and Suva Bastin - 931-645-2849

ttaclarksville68@tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab - 931-801-9484 (*call Paul & volunteer to lead an outing*)

ttaclarksvillehikes68@tennesseetrails.org

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT, Wade Bourne Nature Center, 2308 Rotary Park Dr., Clarksville, TN 37043.

Please call hike leaders to confirm the hike time and meeting place.

Wednesday, October 4 - Clarksville Greenway. 4.0 total miles, easy. We will hike from Mary's Oak Drive Trail Head, out and back, to Pollard Road Trail Head. The trail is paved and follows an abandoned railroad right-of-way. You pass through pretty woods and some interesting rock formations. Dogs are welcome but must be on a leash. There is a restroom at the Pollard Road Trail Head. A.M. CT at Mary's Oak Trail Head. Contact Suva Bastin 931-645-2849.

Saturday, October 7 Hike with another chapter.

Saturday, October 14 - Lake Barkley SP Wilderness Trail, out and back, 4.9 total miles, moderate. There is a restroom near the trailhead. Ninety percent of the trail is on natural turf through the woods, the remainder is along a paved road. Trekking poles are recommended. Dogs are permitted if on a leash. Meet at 8 A.M. CT, at Kroger parking area, Dover Crossing Road, Clarksville. ~ 46 miles to the trailhead. Contact Paul Schwab 931-801-9484.

Tuesday, October 17 - Monthly Chapter Meeting. Meet 6 p.m. CT, at Wade Bourne Nature Center, 2308 Rotary Park Dr, Clarksville. Two volunteers will provide snacks for everyone. Bring your own drinks. Contact Paula Sanders 954-993-5541 or Suva Bastin 931-645-2849.

Friday, October 20 – Sunday, October 22 Annual Meeting: Natchez Trace State Park, Wildersville, TN.

Saturday, October 28 Annual Bonfire. Meet at 4 P.M. CT at Rotary Park Amphitheater. The entrance to the Amphitheater is on E. Old Ashland City Road. We will hike ~2 miles, moderate, and eat after the hike. Bring a covered dish. Drinks, cups, plates, etc. furnished; Contact: Ed Oliver 931-561-9946.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIRS: Jane Coffey - 615-516-6551 and Marvin Caine - 931-486-1632, ttacolumbia68@tennesseetrails.org

OUTINGS COORDINATOR: Jane Coffey - 615-516-6551, ttacolumbiiahikes68@tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 P.M. Meeting at 7:00 P.M.

Saturday, October 14 - Sherwood Forest Trail. Sherwood Forest is a 3,075-acre Designated State Natural Area located in Franklin County that protects the federally endangered Morefield's Leather Flower (*Clematis morefieldii*) and the federally threatened painted snake coiled forest snail (*Anguispira picta*) in addition to several other state-listed plant and animal species. This forest community has numerous dominant species that include sugar maple, buckeye, tulip poplar, buckeye, and basswood. Many of the slopes and spurs are an oak-hickory forest community with white oak prevalent on mid slopes and scarlet, black, and chestnut oak occurring on drier upper slopes. The natural area has a wonderful spring wildflower display that adds much seasonal color to the forest floor. Directions from the TN State Natural Area website: To Sherwood Forest State Natural Area: take exit 134 off I-24, turn left to Sewanee for 3.1 miles then turn left on Highway 156. Continue for 8.5 miles, turn right on Old CCC Road, and continue 2 miles to the parking area located at the end of the road. To South Cumberland Recreation Area: Take exit 134 off I-24 and turn right to Monteagle then turn left on Highway 41/56 to Tracy City. Continue for three miles to the visitor center located on the left. South Cumberland Recreation Area, 11745 US 41, Monteagle, TN 37356, phone (931) 924-2980. Hike Leader: Chris Hoffman.

Friday, October 20 - Sunday, October 22 – Tennessee Trails Association Annual Meeting at Natchez Trace State Park in Wildersville, TN 38388.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall - 865-985-9144 - ttaeasttennessee68@tennesseetrails.org
OUTINGS COORDINATOR: Tom Cressler - 865-582-5622 - taeasttennesseehikes68@tennesseetrails.org

Saturday, October 28 - Fort Dickerson Park, Knoxville, TN. 5 miles, moderate. Come hike with us in our beautiful downtown Knoxville. Ft. Dickerson is an important part of our history, and we are blessed to have such a wonderful park to hike. We'll meet at 9 A.M. in the parking area and start our hike at the Breastworks Trail. It will connect to the Pit Viper Trail. We may get to hike on the Quarry Greenway if it's open. Our next trail will be the Booger Trail which will lead us to the Trial and Error Trail. We will then get on the Breastworks Trail again and back to our vehicles. The estimated mileage is 5 miles, and the elevation is less than 500 ft. Directions to the Park entrance are as follows: Go South across the Henley St Bridge. You will see Arby's on your right. Go a little further and you will see the Park Entrance on your right. Turn in and go to the end of the road and park. If you bring lunch, we can picnic in the park after our hike. Pre-registration is advised. Call or email Rosie at 865.985.9144 or rosemary_L@hotmail.com

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Patricia Deen - 760-703-8115 - ttahighlandrim68@tennesseetrails.org
OUTINGS COORDINATOR: Tom Hartvigsen - 931-962-0811 - jhartvigs@comcast.net (contact Tom & volunteer to lead an outing)
MEETS MONTHLY: 4th Monday

Tuesday, October 3 – Friday, October 6. Camping at Double Springs Campground, Devils Fork State Park, Salem, SC. Kayaking Jocassee Lake. Double Springs Campground is accessed by a two-mile paddle from the remote boat ramp in Devils Fork State Park. BYOB or rent a canoe or kayak from Eclectic Sun Paddle Sports, which is located inside Devils Fork State Park, 864-944-1191. Contact Joan Hartvigsen for information on how to reserve your own site. Bring sufficient water and food for 4 days.

Sunday, October 8 – Sherwood Forest Trail, Sherwood State Natural Area, Sherwood, TN. 3-mile loop, easy. Meet at 2 P.M. at the trailhead, 1900 Old CCC Road, Sherwood, TN. This hike features overlooks, a natural bridge, and a beautiful forest. Please register with Joan Hartvigsen, jhartvigs@comcast.net, or 931-636-2914. Bring water and a snack.

Saturday, October 14 – Gilbert Gaul Loop, Fall Creek Falls State Park, Spencer, TN. 4.5-mile loop, easy to moderate. 100 ft. Elevation change, rolling hills. Meet at the trailhead at 8:00 A.M. CT. Please register with Joan Hartvigsen, jhartvigs@comcast.net, or 931-636-2914. Half of the loop is through the woods. On the return part of the loop, the trail parallels the shore of Fall Creek Lake, with several waterside views. Bring water and snacks. After the hike, lunch at the lodge and a planning session at 11 A.M. for the 2024 TTA Annual Meeting.

Monday, October 16 – Highland Rim Chapter Meeting. 7 P.M., DW Wilson Community Center, 501 N Collins Street, Tullahoma. Our featured speaker is Highland Rim Chapter member Marietta Poteet. In 2022 five members of TTA walked the Cotswold Way. Marietta was the lead. She will present a slideshow of their walk. The 110-mile Cotswold Way is a National Trail that explores the quintessential English countryside beginning in the town of Chipping Campden and ending in Bath. Marietta will share some unusually exciting adventures of the group's walk through this beautiful green landscape of rolling farmland, quiet woods, and picturesque villages steeped in history. Before the meeting, we will gather at 5:30 P.M. for dinner at La Fiesta Bar & Grill, 1410 N. Jackson Street, Tullahoma, next to the Quality Inn. Please contact Highland Rim Chapter Chair Patty Deen if you plan to attend dinner so I can confirm the number for the reservation. Contact Patty at pdeen@palomar.edu or 760-703-8115 for more information.

Thursday, October 19 - Sunday, October 22 – Natchez Trace State Park, Wildersville, TN. Cub Lake Campground Two, Group Site 3. TTA Annual Meeting. Contact Joan Hartvigsen for a spot in the group campsite, jhartvigs@comcast.net or 931-636-2914.

Highland Rim Chapter continued

Thursday, October 26 –Sewanee Perimeter Trail segment. Round trip, about 8 miles, moderate. Meet at the Lake Cheston Parking lot off Cosby Lane at 8:00 A.M. We will take the Wiggins Creek Trail to the Sewanee Perimeter Trail, then head west. We will have lunch at King's Farm, then retrace our steps back to Lake Cheston. We will enjoy overlooks, beautiful forests, and interesting geology. Please register with Joan Hartvigsen, jhartvigs@comcast.net, or 931-636-2914.

Tuesday, May 14 – Thursday, May 16, 2024 – Camping at Cosby Group Campsite, Great Smoky Mountains National Park. We will hike to the Mount Cammerer Lookout via the Low Gap and Appalachian Trails. Other hikes include Porters Creek Trail or Ramsay Cascades Trail and Gabes Mountain Trail to Hen Wallow Trail. Joint outing with the Murfreesboro Chapter, Sara Pollard. Register with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson - 731-225-4293 - ttajackson68@tennesseetrails.org
OUTINGS COORDINATOR: Glen Rognstad - 731-217-5966 - ttajacksonhikes68@tennesseetrails.org
MEETS MONTHLY: 1st Monday at 6:00 P.M. CT

Saturday, October 7 - Annual picnic and hike – 10 A.M. Natchez Trace State Park - Pecan Tree Trail. After the hike, we will drive to Terry's house for a picnic at 4 P.M. Register for the hike with Terry Warren at terrymccoy832@yahoo.com

Friday, October 20 - Sunday, October 22 TTA Annual Conference at Pin Oak Lodge located in Natchez Trace State Park

Saturday, November 11 - Walls of Jericho near Manchester/Lynchburg TN. Philip Crisp will lead us on this hike which can be quite challenging. It is rated moderate to difficult due to elevation changes. More details to follow.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright - 901-829-4434 - ttamemphis68@tennesseetrails.org
OUTINGS COORDINATOR: Wayne Simpson - w.simpson1@comcast.net

Saturday, October 7 - Lucius Burch North. 5.75 miles, moderate. The hike will take between 2 1/2 and 3 hours. The terrain is relatively flat with a few steep ravine crossings. Bring water and a snack. Hiking boots are recommended especially if we have had recent rain. Rain will cancel the hike. We will meet in the unpaved parking area on the south side of Walnut Grove immediately east of the Wolf River. Registration is required at which time you will receive a start time. Contact: Jennifer Mills - (870) 565-0034

Saturday, October 14 - Lucius Burch South - Germantown Road. 5.75 miles, moderate. This hike in the woods partly on the Wolf River on the White/Yellow/Blue trails in Lucius Burch Natural Area. The terrain is relatively flat with a few steep ravine crossings. Plan to hike 3 hours. We will meet in the paved Shelby Farms parking lot off Germantown Road across from Lowe's. Bring water and a snack. Hiking boots and poles are recommended. Heavy rain will cancel the hike. Please register. Contact: Marion Quinlen - mquinlen@gmail.com

Memphis Chapter continued

Friday, October 20 - Sunday, October 22 - Annual Meeting - Natchez Trace State Park

Saturday, October 28 - Meeman Shelby Forest Pioneer Springs Trail. 5 miles, moderate. This hike requires a short shuttle. We will hike the entire Pioneer Springs trail including a newly opened section of trail that follows a ridge along the top of the bluff. There are a couple of steep hills but most of the trail is rolling or flat. We will snack at the Woodland Shelter and see the Pioneer Springs Shelter. In case of rain, we may reschedule the hike for Sunday. Registration is required. Contact: Wayne Simpson - w.simpson1@comcast.net or 901-385-1988 (no texts).

MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS: Jeanne Conatser - 615-971-8894 - djconatser@comcast.net

Sara Kennedy - 615-692-9057 - ttamurfreesboro68@tennesseetrails.org

OUTINGS COORDINATOR: Sara Pollard - 615-714-3610 - ttamurfreesborohikes68@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 401 Volunteer Road, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Tuesday, October 10 – Chapter Meeting – 7:00 P.M. CT. Barfield Crescent Park Wilderness Station. For more information contact Chapter Co-Chair Jeanne Conatser at djconatser@comcast.net.

Saturday, October 14 – Fall Creek Falls State Park – Gilbert Gaul Loop. 4.5-mile loop rated easy to moderate with a 100 ft. elevation change. Joint hike with the Highland Rim chapter. This trail is one of the favorite hikes listed in the Fran Wallas Hiked'em All program that involves a patch and an achievement rocker to be worn under the patch. More information about the program is at <https://tennesseetrails.org/hikes-events/36-fran-wallas-hikes/>. Half of the loop is through the woods and the return part of the loop parallels the shore of Fall Creek Falls Lake. Bring water and snacks. Meet at the trailhead at 8:00 A.M. CT. After the hike, we'll enjoy lunch at the lodge and a planning session at 11:00 A.M. for the 2024 TTA Annual Meeting. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Wednesday, October 18 - Raccoon Mountain Hike. 13-mile loop rated moderate with some elevation change. Raccoon Mountain is located 15 miles west of Chattanooga. The trail system circles around the TVA Raccoon Mountain Pumped Storage Facility. This facility is a true engineering feat that works like a large battery: water is pumped from the Nickajack Reservoir up to a man-made lake on the mountain and stored to be released when needed. We'll start our hike at the Visitor Center which offers a beautiful view of the river gorge. The trails offer a variety of wooded settings and natural features, including spectacular views of the Tennessee River Valley and Gorge. The mountaintop is home to whitetail deer, woodchucks, gray foxes, and of course, raccoons. Bring water, snacks, and lunch. For more information about carpooling from Murfreesboro or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Friday, October 20 - Sunday, October 22 - TTA Annual Meeting. The Jackson and Memphis chapters of the TTA are hosting the 2023 Tennessee Trails Annual Meeting at Natchez Trace State Park. The park is a few miles off I-40 between Jackson and Nashville. The conference will include the election of TTA Board Members for the 2024 calendar year. There is also an outstanding program of hikes planned in the area. This is a great opportunity to meet and make new friends from other chapters. For more information contact Chapter Co-Chair Jeanne Conatser at djconatser@comcast.net.



NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs - 615-587-0085 - ttanashville68@tennesseetrails.org

OUTINGS COORDINATOR: Barbara Bennett - 202-236-0880 - ttanashvillehikes68@tennesseetrails.org
(email Barbara & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday 6:00 P.M. CT in the REI Community Room 261 Franklin Rd, Brentwood TN.
Optional Pre-Meeting Activity if posted on the TTA website calendar.

Sunday, October 8 - Stones River Greenway, Nashville, TN. 8 miles, moderately strenuous in length. We'll step off at 8:30 A.M. and head away from downtown on a quieter trek through Two Rivers Park, across and along the Stones and Cumberland rivers, and by the Ravenwood property. Meet at the skate park in Wave Country. Bring plenty of water and snacks and wear shoes appropriate for the mostly paved greenway (We may take a short detour down the McGavock Spring House natural trail.) Register with Mark for updates: midtn@tnhiker.net (615) 669-3221. *An alternate date for inclement weather: Friday, October 13th.*

Thursday, October 12 - Timberland Park, Franklin, TN. Timberland Park is off the Natchez Trace Parkway at mile marker 437.2, south of the SR Highway 96 entrance. Contact Kathy Woods for mileage, start time, and other details. Kathy Woods, 615-473-6824, kwoodz@comcast.net.

Tuesday, October 24 - Nashville Chapter Meeting, REI Brentwood, TN. 6 P.M. *Buongiorno!* Libby Francis and Alice Cannon will take you on a journey to the Dolomites-the Italian Alps, as well as lakes, wineries, ancient cities, and a mountain train ride into Switzerland. Join us as we travel well off the beaten path into the northern region of Italy and share our experiences of meeting people and amazing landscapes with you. *Ciao!* Plan to attend and join us for dinner prior to the meeting at Jason's Deli, next door to REI at 5:00. Invite a friend.

Thursday, October 26 - Bells Bend Park Sunset Hike, Bells Bend Park, Nashville, TN. 3-5 miles, easy. The hike begins at 5:30 P.M. We'll take a late afternoon walk of 3-5 miles along wide trails and open meadows in Bells Bend Park, located in western Davidson County. Third-quarter Moonrise is 3:55 P.M. and Sunset is 5:59 P.M., so the moon will be visible as the sun is setting, weather permitting. Bring sturdy boots as the trails can be muddy for several days after a rain. Bring water and snacks. Meet at the Bells Bend Outdoor Center (2nd Entrance), 4187 Old Hickory Blvd, Nashville, TN 37218 at 3:00 P.M. For more information and to register: Text or leave a message - Doug Burroughs at 615-587-0085. We'll cancel if there's rain or severe weather. Please check the TTA website Events listing for possible update/cancellation information.

Saturday, October 28 - Nashville Urban Hike, Nashville, TN. Approx. 5 miles, easy. The hike begins at 9 A.M. We will meet at the north end of Bicentennial Mall, in the circle of Carillon Bells. Free parking is available between the Farmers Market and the TN State Museum. Our walk begins along the edge of the park chronicling the state's history and across a giant map of Tennessee. We then walk up to the state capital, enjoying some views. Continuing to Union Street, east to the Cumberland River, then south to Broadway. Walk continues through the honky-tonk district heading west past Bridgestone Arena, and then to Union Station. At 11th Avenue near Nashville Yards, turning north along the Gulch Greenway and back to the starting point. Ice cream cones at Farmer's Market are an optional reward. Tom Vickstrom 615.405.6713

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Bill Wisniewski - 931-335-9360 - tplateau68@tennesseetrails.org

OUTINGS COORDINATOR: Deb Westervelt - 931-267-2243 - tplateauhikes68@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 P.M. CT

The TTA Plateau Chapter hikers are adding new Cumberland County, walk-at-your-pace hikes that are typically one to three miles in length. If you have participated in the annual Cumberland County Marathon at any time you will know these trails are in and around Crossville. One of the Chapter members will lead each hike. These walks/hikes are designed for beginners and folks who don't have a lot of time to travel to distant trails or folks who want to get outdoors for exercise. Walking on trails is much kinder on knee and hip joints than walking on hard pavement.

Plateau Chapter continued

All our hikes can be found in the Chronicle Scene Section calendar, on our website <https://tennesseetrails.org/chapters/plateau-chapter/>, or on our Facebook Group page: TTA PLATEAU CHAPTER CROSSVILLE. We look forward to Walking in the Woods with you.

Wednesday, October 4 - Blue Trail-Fairfield Glade Community, Crossville, TN. 6.1 miles, moderate. Joint hike with Upper Cumberland Chapter. The Blue Loop is the longest hike in Fairfield Glade. It has four interconnected trails: the Hemlock Trail, the Rotherham Trail, the Canyon Trail, and the McGinnis Trail, along with a short segment of the Good Samaritan Trail. This is a moderate hike due to its length and due to the elevation changes. The hike will start from the north parking lot off Catoosa Blvd. Bring (electrolytes) water, and snacks. Don't forget tick/bug spray and sunscreen. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart 8:00 A.M. CDST from The Grove parking lot on Stonehenge Lodge Drive off Fairfield Blvd behind Cumberland Eye Care in the Fairfield Glade Community. For additional information contact the hike leader, Melissa, by email at plateauhikes68@tennesseetrails.org or text/call 763-742-2934.

Saturday, October 7 - Cumberland County Hike Fest, Crossville, TN. 10 A.M. - 1:30 A.M. at the Fairfield Glade Square (corner of Peavine Rd and Stonehenge Drive). The culmination of the Cumberland County Hiking Marathon. Outdoor sports-related vendors will be on hand. There will be live music and a concession stand selling burgers, hotdogs, etc. With over thirty information booths there will be plenty to interest everyone. <https://hikingmarathon.com/trails-festival/>

Wednesday, October 11 - Hidden Passage Trail, Pickett State Park, Jamestown, TN. Joint adventure with Upper-Cumberland Chapter. Bring water shoes just in case the creek is deep to hike a side trail to a waterfall. **Short Hike:** 5 mi moderate in/out. **Long Hike:** 9mi moderate to strenuous loop with overlooks, rock bluffs, and waterfalls. Depart at 8:00 A.M. CDST from the Crossville Cracker Barrel Southeast parking lot. Carpool gas costs \$6. Bring lunch, (electrolyte) water, and snacks. Don't forget tick/bug spray and sunscreen. For additional information contact the hike leader, Deb, by text/call at 931-267-2243 or email at taplateauhikes68@tennesseetrails.org

Thursday, October 12 - Plateau Chapter Meeting, Crossville, TN. The 6 P.M. meeting is held at the First United Methodist Church Annex 69 Neecham St. We will meet for dinner at Gondola, Woodmere Mall, Crossville at 4:30 P.M. The meeting will start at 6:00 P.M. at the church annex. Please email or text Bill at tplateauchairperson@gmail.com at 931-335-9360 with your intent to join us for dinner.

Saturday, October 14 – Savage Falls Day Loop, TN. 5.1-mile, easy. Joint hike with Upper Cumberland Chapter. Savage Gulf Day Loop Trail is a lollipop loop. A walk through the woods on top of the plateau along with a trip down to beautiful Savage Falls. Don't forget tick/bug spray and sunscreen. Bring (electrolytes) water, snacks, and lunch. Carpool cost is \$7. Depart at 8:00 A.M. CDST from the outer parking lot of Harbor Freight, 145 Highland Square, Crossville, TN. Hike Leader: Cheryl Heckler, (931) 200-7436 or thehecklers@charter.net.

Wednesday, October 18 - BSFNRA Leatherwood Ford to Devil's Den, Oneida, TN. Joint hike with Upper Cumberland Chapter. Long hike: This is a 6-mile moderate hike to the O&W Bridge then on to Devil's Den which includes a ½ mile strenuous climb. **Short hike:** 4 miles moderate to the O&W Bridge and back. Depart at 8:00 am CDST from the Crossville Cracker Barrel rear lot SW corner. Carpool cost is \$7. Don't forget tick/bug spray and sunscreen. Bring (electrolytes) water and a snack. Don't forget tick/bug spray and sunscreen. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. For additional information contact the hike coordinator, Deb, by emailing plateauhikes68@tennesseetrails.org or text/call 931-267-2243.

Wednesday, October 25 - Window Cliffs State Natural Area, Baxter, TN. 5.4 miles out and back, moderate. Joint hike with Upper Cumberland Chapter. Bring water shoes. 2.4 stream-miles of Cane Creek flow through the natural area along with Phelps Branch, a tributary to Cane Creek. A few small cascades, steep slopes, narrow ledges, and a 20 ft. waterfall occur along Cane Creek. Many of these features can be observed along a 2.7-mile trail (5.4 miles total) that leads from the parking area to the Window Cliffs. The hike is moderately difficult with 18 or so creek crossings. Depart at 8:00 A.M. from the outer parking lot of Harbor Freight, 145 Highland Square, Crossville, TN. Carpool gas costs \$5. Don't forget tick/bug spray and sunscreen. Bring (electrolytes) water and a snack. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. For additional information contact the hike coordinator, Deb, by emailing plateauhikes68@tennesseetrails.org or text/call 931-267-2243.

Plateau Chapter continued

Friday, October 27 – Sunday, October 29 - Fall Getaway, Cumberland Gap. TN. Joint hike with Upper Cumberland Chapter. **Friday** - the CT Mount Cloud Trail 5 mi. **Saturday** - CT Tank Spring Trail 7 mi, visit Hatfield Knob Elk Viewing tower to see Elk. **Sunday** - Tri-State Trail to the northernmost section of the Cumberland Trail 8 mi. Cumberland Gap area has numerous trails to choose from on the TN side or the KY side of the line if you want to hike those on your own. Carpools will be prearranged. We'll depart from the Chestnut Hill Winery Parking lot just off Peavine Rd and I-40 in Crossville at 8:00 A.M. For additional information and carpool arrangements contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Tuesday, October 31- Wednesday, November 1 – CT BACKPACKING Stinging Fork State Natural Area to Head of Sequatchie, Spring City, TN. Joint hike with Upper-Cumberland Chapter. Two-day 17-mile hike on the newly opened section. We'll primitive camp about 7.5 mi in. Depart 8:00 A.M. CDST from Central Baptist Church, South Main St, Crossville, TN. Don't forget tick/bug spray and sunscreen. Bring (electrolytes) water and lunch. Carpool costs \$4. Sign up with the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Wednesday, November 1 - Head of Sequatchie, Pikeville, TN. Joint hike with Upper Cumberland Chapter. Long Hike: 6 mi in/out moderate hike on the southbound CT trail to meet up with the backpackers and hike back to HOS. **Short Hike:** 3 mi loop around HOS visiting the Devil's Step Hollow Cave. Bring (electrolytes) water, snacks, and lunch. Don't forget tick/bug spray and sunscreen. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart 8:00 A.M. CDST from Central Baptist Church, South Main St, Crossville, TN. Carpool cost is \$3. For additional information contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

SCENIC CITY CHAPTER (Greater Chattanooga Area)

CHAPTER CHAIR: Jane Ellett - 423-309-7879 - ttasceniccity68@tennesseetrails.org

OUTINGS COORDINATOR: Betsy Darken - 423-718-2060 - ttasceniccityhikes68@tennesseetrails.org

MEETS QUARTERLY: Thursday of the week following the TTA Board Meetings in Feb, May, Aug and Oct at 5:30 P.M. ET

Tuesday, October 3 - Stringer's Ridge: Blue Trail plus additional loops, 3.3-4.5 miles, moderate, 508' elevation gain. Stringer's Ridge is a forested and rippled ridge separating Red Bank from downtown Chattanooga. We'll circumnavigate it, wriggling up and down more than you might expect as we stroll through shady woods. We'll be sure to check out Cherokee Trail, which will take us to an overlook that provides a fine view of downtown Chattanooga in all its glory! Even though the ridge is surrounded by urban areas, we will see only occasional glimpses of civilization. Meet at 8:30 A.M. ET at the Stringer's Ridge trailhead at the end of Spears Ave. Some GPS systems are confused about the location of this trailhead, so please follow these directions: Take North Market St. slightly more than 0.3 miles north of the first light after crossing the Market St. Bridge. Turn left on W Bell St. Turn right in one block onto Spears Ave, which dead ends at the parking lot for the trailhead. Please register with hike leader Jean Smith (423) 596-7681.

Saturday, October 7 - Bear Creek Backcountry Trail, 9 miles, 1300', moderate, lollipop. This trail in Cloudland Canyon GA takes us through the forest, across Bear Creek (perhaps a wet crossing), and up to the northeast part of the park. At the top, we'll loop through more forest and then follow the rim to some great overlooks. Bring water shoes just in case, along with lunch, snacks, water, and bug spray. For carpooling/ caravanning, meet at 8:30 A.M. ET at the parking lot just after LaQuinta Inn, right (north) off I-24 Exit 175. <https://bit.ly/3QITAD4> Please register with Tammy Hendrick at 315-949-8187. Parking costs \$5 per car (free with GA State Park Pass). Carpool cost: \$2.

Tuesday, October 10 - Huckleberry Knob and Joyce Kilmer Memorial Forest, about 3 miles total, easy. Join us for a spectacular drive and a couple of short hikes on the Cherohala Skyway, a National Scenic Byway that starts near Tellico Plains and takes us into North Carolina. The two hikes have trailheads located a short distance from each other, near mile marker 8 on the Skyway. Plan on an all-day outing, encompassing beautiful 360° views and fall colors at higher altitudes. We will cap our trip with a visit to Joyce Kilmer, which contains trees that are over 400 years old, 20 feet in circumference, and 100 feet tall! We plan to have lunch at the Joyce Kilmer picnic area. Bring water, lunch, and a snack, and wear sturdy

Scenic City Chapter continued

hiking boots. Watch the weather forecast, be prepared for cooler weather at higher altitudes, and dress in layers. Due to the long drive, we'll start earlier than usual. Meet at **8:00 A.M. ET** in the parking area near the gas station at Food City in Ooltewah, right off I-75 exit 11. <https://bit.ly/3dwmbxn> Please register with hike leaders Marti & Roy Owensby at sewmarti@aol.com. Carpool cost: \$10.

Saturday, October 14 - High Wire 2 and High Wire 1 Trail, around 7 miles, around 1200', moderate. Short shuttle required. These trails connect the top of Raccoon Mountain to the Tennessee River, just outside of Chattanooga. As we descend through the woods, there should be some good views of the Tennessee River Gorge along with sightings of a manmade TVA lake, a "pumped storage facility" on top of Raccoon Mountain. For carpooling/caravanning, meet at the parking lot just after LaQuinta Inn, right (north) off I-24 Exit 175 at 8:30 A.M. ET. <https://bit.ly/3QITAD4> Please register with hike leader Tom McElhone, 805-208-4654 or sarmitta@yahoo.com. Carpool cost: \$1.

Tuesday, October 17 - Mabbitt Springs Trail, 4.9 miles, 500' elevation gain, easy/moderate, out-and-back. This trail on Signal Mountain mostly follows Little Falling Water Creek to the top of Falling Water Falls and has a spectacular view. We'll be in the shade most of the time and, if it has been raining recently, we'll be hearing the babbling brook. For carpooling/caravanning, meet at Food City on Signal Mountain Road, near the back corner of the parking lot, at 8:30 A.M. ET. <https://bit.ly/3pk0suY> Please register with hike leader Dave Graham, 423-315-7886. Carpool cost: \$2.

Saturday, October 21 — TTA Annual Meeting

Tuesday, October 24 - Point Disappointment and Potter Ridge Trail to the picnic area, about 4 miles, about 800'-900', moderate, out-and-back. This trail just outside of Sewanee takes us down an interesting ridge with curious cliffs and rock formations. For carpooling/caravanning, meet at the parking lot just after LaQuinta Inn, right (north) off I-24 Exit 175 at 8:30 A.M. ET. <https://bit.ly/3QITAD4> Please register with hike leader Will Latham, (704) 365-8889. The cost to carpool is \$5.

Saturday, October 28 - Mount Joy Trail, 8.1 miles, 826 feet elevation gain, moderate, out and back. Take a wonderful fall hike on this trail near Summerville Georgia. This is a popular trail for birding, hiking, and walking, but we can still enjoy some solitude during quieter times of the day. For carpooling/caravanning, meet at 8.30 A.M. ET at the Wendy's at the East Ridge Exit (Exit 1) off I-75. Please register with hike leader Will Latham, at (704) 365-8889. The cost to carpool is \$4.

Tuesday, October 31 - Trails at Woodcock Climbing Area, around 3 miles, moderate, about 400'-500', lollipop. This relatively new climbing area, not far from Dunlap, was developed by the Southeastern Climbers Coalition, which also developed Denny's Cove. While the primary purpose of the trails is to provide cliff access to climbers, they are also open to hikers. We will see awesome cliffs, great views, a freestanding rock tower, and (if there's water) a small yet beautiful waterfall. Starting at the top of the plateau, we will take a trail down to the trail that putters along the bottom of the cliffs. Yes, we'll also have to hike back up to the top, but we'll just take it slow. For carpooling/ caravanning, meet at the Durham Street parking lot by the ball fields, just off Dayton Pike in Soddy-Daisy at 8.30 A.M. ET. <https://bit.ly/3Qjdc0S> Please register with hike leader Betsy Darken, (423) 718-2060. Carpool gas cost: \$3.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Donna & David Hobbs - 803-634-3470 - ttasumnertrails68@tennesseetrails.org
OUTINGS COORDINATOR: Donna Hobbs - 803-634-3470 - ttasumnertrailshikes68@tennesseetrails.org

Saturday, October 7 – Angel Falls, Oneida, TN. 4 miles out to some rapids and back, easy. Bathrooms at the trailhead. Leave Grey Gables at 9:30 A.M. EST to begin a hike at Angel Falls around 10:15. Drive to the end of the parking area following arrows. You may want to bring water, hiking poles, and insect repellent. Wear sturdy hiking shoes. For more information or questions, call/text Judy Jenkins at 615-403-0002.

Sumner Trails Chapter continued

Sunday, October 8 – Pogue Creek Canyon Overlook. 1.5 Miles. Easy. Meet at Grey Gables at 10:00 A.M. EST. We will caravan to the ranger station. Then we will drive back to the trailhead. If you have questions or need more information, Call/text Judy Jenkins at 615-403-0002.

Wednesday, October 11 – Bernheim Arboretum and Research Forrest, Clermont, KY. Meet at the Gallatin Walmart parking lot near Chick-fil-A at 8:30 A.M. to carpool for the two-hour drive. Bernheim has 16,140 acres with 40 miles of trails. We will see the Forest Giants sculpted by Danish artist Thomas Dambo from reclaimed wood and walk some of the easy-to-moderate trails of two miles or less. We should return to Gallatin by 5 P.M. This event depends on the weather. If you plan to go, please email Marcia Powell by October 9. An email will be sent the week before as a reminder if the weather cooperates. Marcia Powell mpow1221@gmail.com

Wednesday, October 18 - Station Camp Greenway, 2115 Long Hollow Pike. Gallatin, TN. 10 A.M. 4 miles. Easy. Park by Douglass-Clark House. The hike is flat and paved and runs along Station Camp Creek. Dogs on leash are welcome. Meet at the trailhead. For more information, text/call Donna at 925-759-0518 or John at 925-759-0517.

Friday, October 20 - Sunday, October 22. Annual TTA Meeting, Natchez Trace State Park.

Friday, October 27– Winding Stairs. Lafayette, TN. 2.8 miles. We will hike the Red Oak to Milk Pail loop. Moderate with difficult uneven footing in places. There are several small waterfalls and beautiful rock formations. The trail consists of some optional stairs and concrete trail but most of the trail is rock, dirt, and gravel with a creek crossing or two. Hiking boots, hiking poles, and water are recommended. Those carpooling or caravanning, meet in Gallatin beside the Gallatin Chick-fil-A in front of Walmart at 9:00 A.M. or meet at the trailhead, 655 Nature Trail Way, Lafayette, TN at 10:00 A.M. There are restrooms at the trailhead. Lunch at Gibson's Café in Lafayette for those interested. If meeting at the trailhead or to let us know you are coming, call/text David Hobbs at 803-634-3470.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER CHAIR: Cathy Moran 931-544-2764 tauppercumberlandhikes68@tennesseetrails.org
OUTINGS COORDINATOR: Cathy Moran 931-544-2764 tauppercumberlandhikes68@tennesseetrails.org

Wednesday, October 4 - Blue Trail-Fairfield Glade Community, Crossville, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for details and registration information.

Wednesday, October 11 - Hidden Passage Trail, Pickett State Park, Jamestown, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for details and registration information.

Saturday, October 14 – Savage Falls Day Loop, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for details and registration information.

Wednesday, October 18 - BSFNRA Leatherwood Ford to Devil's Den, Oneida, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for details and registration information.

Wednesday, October 25 - Window Cliffs State Natural Area, Baxter, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for details and registration information.

Friday, October 27 – Sunday, October 29 - Fall Getaway, Cumberland Gap. TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for details and registration information.

Upper Cumberland continued

Tuesday, October 31- Wednesday, November 1 – CT BACKPACKING Stinging Fork State Natural Area to Head of Sequatchie, Spring City, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for details and registration information.

Wednesday, November 1 - Head of Sequatchie, Pikeville, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for details and registration information.

Help Share the Word of Available Grant Money

Do you have a favorite Tennessee hiking destination that could benefit from an Evan Means Grant offered by the Tennessee Trails Association? All members, chapter representatives, and regional directors are encouraged to reach out to their favorite Tennessee Park Friends group or other non-profit at their next hike and mention this wonderful opportunity! Our Evan Means Grants program was created in 1999 to honor the memory of Evan Means, one of the co-founders of the TTA in 1968. This grant provides funding for nonprofit groups and might be the perfect match for needed funds at your favorite location.

Purchasing tools to help create new trails, repairing storm-damaged trails and bridges, rerouting established trails, and adding signage are just a few great ways this grant could help improve trails and enhance the hiking experience in your Tennessee parks! There are several requirements an applicant is encouraged to follow, and requests are generally ~\$1,000 or less; however, we will consider other amounts if the chapter can prove the necessity. We consider grant applications quarterly and would love to see more requests come in! Please help share the word on this great program to get funds where they are needed and continue the TTA's direct mission to build, maintain, and promote the responsible use of Tennessee trails!

Specific application details can be found on our website at:

<https://tennesseetrails.org/get-involved/grant-programs/>.

Did you know:

- You can log in to the Members Area of the TTA website by using your Username **OR** your Email Address.
- How do I get to the Members Area?
 - o Go to <https://tennesseetrails.org/>
 - o Choose "Login" (found on the top menu to the far right).
 - o Follow the instructions to Login. If you don't remember your password, you can always choose "change password" and the system will send you an email with a link to change your password.
- If you have never checked out the Members Area, there are some great resources there:
 - o Members Directory – organized by Chapter. Lists members' contact information as allowed in the member's privacy selections.
 - o Members of TTA Leadership – Board Members and Media Contacts.
 - o TTA Newsletter Archive – From the most recent TTA Newsletter back to December 1969.
 - o Handouts – Printable Brochure, Flyer, and QR Code page.
 - o Style Guidelines for using the TTA logo.
 - o TTA Bylaws.
 - o Annual Conflict of Interest form – for TTA Board members.
 - o TTA Annual Meeting information is posted in the MEMBERS AREA June-October each year

OFFICERS:

President

Duane Frichtl 309-830-9720
ttapresident68@tennesseetrails.org

Vice-President

Michelle Kelley 901-484-2998
ttavicepresident68@tennesseetrails.org

Treasurer

June Callahan 615-945-7462
ttatreasurer68@tennesseetrails.org

Secretary

Susan Woods 731-441-8066
ttasecretary68@tennesseetrails.org

At-large Directors (terms expiring listed after name)

Mark Hubbard (2025) 615-715-1517
ttaboard68@tennesseetrails.org

Wayne Drown (2025) 803-646-0972
ttaboard68@tennesseetrails.org

Susan Woods (2025) 731-441-8066
ttasecretary68@tennesseetrails.org

Libby Francis (2024) 615-319-7501
ttaboard68@tennesseetrails.org

Duane Frichtl (2024) 309-830-9720
ttapresident68@tennesseetrails.org

June Callahan (2024) 615-945-7462
ttatreasurer68@tennesseetrails.org

Cheryl Heckler (2023) 931-200-7436
ttamembership68@tennesseetrails.org

Jenny Fitzgerald (2023) 615-517-8185
ttaboard68@tennesseetrails.org

Jane Coffey (2023) 615-614-1083
ttaboard68@tennesseetrails.org

Regional Directors

West TN

Terry Warren (2023) 731-535-0625
ttaregionalwest68@tennesseetrails.org

Middle TN

Sara Pollard (2025) 615-714-3610
ttaregionalmiddle68@tennesseetrails.org

East TN

Will Latham (2024) 704-365-8889
ttaregionaleast68@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD

ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Mary Lewis Tims 731-780-5550
ttaeditor68@tennesseetrails.org

2023 TTA Board of Directors Meetings

All members are invited to attend board meetings.
Contact Duane Frichtl for the link to join Zoom meetings!

Friday – Sunday, Oct 20 - 22

Natchez Trace State
Park
Annual Meeting



Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on or before the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
ttaeditor68@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster.



IT'S EASIER AND FASTER TO JOIN OR RENEW ONLINE !

To **Join** on-line go to <https://tennesseetrails.org/plans/memberships/>

To **Renew** online go to <https://tennesseetrails.org/account/?action=subscriptions> and log-in.

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

☐

A NEW MEMBER

Oct 23

☐

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 ttamembership68@tennesseetrails.org

Please Mail This Form To:

Membership Director

P.O. Box 41446

Nashville, TN 37204-1446

PLEASE PRINT CLEARLY.

____ Individual \$25.00
____ Family \$35.00
____ Student (FULL TIME) \$15.00
____ Supporting (\$50.00, \$100.00 or more)
____ Life Member (Individual) \$500.00
____ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Phone () _____ Zip _____ -- _____

E-mail (required) _____

For privacy, please do not list the following in
the TTA Annual Membership Directory

- ☐ E-mail addresses
- ☐ Mailing address
- ☐ Telephone numbers

Please list me with the following chapter:

____ Clarksville	____ Murfreesboro
____ Columbia/Franklin	____ Nashville
____ East TN (Oak Ridge/Knoxville)	____ Plateau (Crossville)
____ Highland Rim (Manchester/Tullahoma)	____ Scenic City (Greater Chattanooga Area)
____ Jackson	____ Sumner Trails (Sumner County)
____ Memphis	____ Upper Cumberland (Sparta/Cookeville)
____	____ At Large

When you become a TTA member, you will have access to the Members Area of our website (www.tennesseetrails.org) which includes the Membership Directory listing members by chapter and how to reach them. You will also receive our monthly newsletter which contains information on upcoming hikes, events, chapter meetings, and volunteer opportunities. We encourage you to review the Hiking Handbook (under the Hikes & Events section), a reference containing information about TTA, trail etiquette, and hiker responsibilities. We invite you to attend any number of monthly meetings where you will enjoy diverse programs, socializing and refreshments. Also, we hold our annual meeting in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

Not a member yet? Please check out one of our hikes or meetings soon!