

# TENNESSEE TRAILS



THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*We are hikers and advocates that have helped to build, maintain,  
and promote the responsible use of Tennessee trails since 1968.*

**SUPPORTING THE CUMBERLAND TRAIL**

## 2023 TTA ANNUAL MEETING

The Jackson and Memphis Chapters will host the TTA Annual Meeting on October 20-22, 2023, at Natchez Trace State Park, 567 Pin Oak Lane, Wildersville, TN 38388.

**Lodging:** The Lodge at Natchez Trace sits on scenic Pin Oak Lake just a few miles off I-40 between Jackson, TN and Nashville. There are 48,000 acres of public lands and lakes surrounding the Lodge, making it a true outdoor wilderness in West Tennessee. The Park is holding 41 Inn rooms until September 5, 2023. Individuals can make online reservations by using: [tnstateparks.com](https://tnstateparks.com) (search: Natchez Trace) or call (800) 250-8616. Identity yourself as a Tennessee Trails Association member (or use code 3568) at the time of reservation. Reservations require the first night's room/tax at the time of reservation with the remaining balance due upon check-in.

Also available at the above number or website are standard one-bedroom cabins and deluxe two-bedroom cabins that include kitchens.

To reserve a site at one of their 4 campgrounds call: (731) 968-3742.

**Meals:** Inn rooms include a continental buffet breakfast. Cabins and campgrounds do not. Reservations must be made for Friday and Saturday buffet dinners and Saturday and Sunday Sack lunches on the registration form.

### Menu:

#### Friday Dinner - Buffet Style

Southern Fried Catfish with Hushpuppies, Roast Beef, Coleslaw, Mashed Potatoes, Corn on the Cob, Tossed Salad, Bread, Banana Pudding, Tea, Coffee, and Water

#### Saturday Dinner - Buffet Style

Grilled Chicken Breast, Vegetarian Lasagna, Rice Pilaf, Green Beans Broccoli and Cheese, Tossed Salad, Bread, Peach Cobbler, Tea, Coffee, and Water

#### Sack Lunch

Sandwich (select Turkey or Cheese), Chips, Cookie, Fruit

**Hikes:** Hikes will be in the state park and near the area. Detailed hike information is on the next page.

**Annual Membership Meeting:** TTA members in attendance will receive reports about the status of the Tennessee Trails Association and its chapters. New TTA Board Members will be elected for 2024. Your attendance and participation are encouraged. We need a quorum to make decisions as an organization that best supports our mission and our growth.

**Fundraising:** Silent Auction, Bake Sale, and Sale of TTA T-shirts. There will be no White Elephant sale and no bar will be available due to state park regulations. You may bring your own alcohol for your individual room or order beer and wine at the restaurant.

Members of the Jackson and Memphis Chapters are looking forward to hosting hikers from across Tennessee.

# TTA ANNUAL MEETING BRIEF SCHEDULE

## PIN OAK LODGE, NATCHEZ TRACE STATE PARK

Times are Central Time Zone

### FRIDAY, OCTOBER 20, 2023

- 12:00 p.m. Meeting registration opens and the afternoon hikes commence.
- 4:00 p.m. Lodging check-in
- 5:00 p.m. Dinner at Pin Oak Lodge
- 7:00 p.m. Evening Activities

### SATURDAY, OCTOBER 21, 2023

- 7:00 a.m. Breakfast
- 8:00 a.m. Hikes depart from Pin Oak Lodge
- 5:00 p.m. Dinner at Pin Oak Lodge
- 6:00 p.m. General TTA Membership Meeting
- 6:00 p.m. Silent Auction Ends
- 7:00 p.m. Evening Activities

### SUNDAY, OCTOBER 22, 2023

- 7:00 a.m. Breakfast
- 8:00 a.m. Hikes depart and the TTA Board Meeting starts.
- 10:00 a.m. Cabin checkout deadline
- 11:00 a.m. Deadline for checking out of rooms @ lodge/inn

## Annual Meeting Hikes

Following are the hikes we've planned for the Annual Meeting. **The first time shown in each description is the time that we will leave Pin Oak Lodge.** For the Friday hikes, the description will also show a time that we will meet at the trail. This will allow people driving from East Tennessee on Friday to go directly to the hike without having to come to the lodge first. If you do plan to go directly to the trail, please inform the hike leader listed.

If you have any questions regarding the hikes, contact Wayne Simpson at [w.simpson1@comcast.net](mailto:w.simpson1@comcast.net).

### Friday, October 20.

**12:20 P.M. - Carroll Cabin Barrens.** A 2.5-mile moderate loop trail departing from the small parking lot at 1:30 P.M. This area was designated a state natural area in 2002. It has a series of limestone glades, grassy forbs, wooded areas, and barrens along the hillsides above the Tennessee River. Marion Quinlen ([mquinlen@gmail.com](mailto:mquinlen@gmail.com)) is coordinating the hike, but it will be led by West Tennessee Stewardship Ecologist Allan Trently.

**12:35 P.M. - Mousetail Landing State Park.** Scenic Trail. Hike Leader: Glen Rognstad ([glenrognstad@gmail.com](mailto:glenrognstad@gmail.com)). We will meet at 1:30 P.M. at the Park Visitor Center for a short shuttle ride to Parrish Cemetery to start the hike at 1:45 P.M. The 3-mile hike is an easy walk along old roadways to the ruins of the Mousetail Landing townsite along the banks of the Tennessee River. Continue the hike along an old path to reach Shelter#2 located on a large limestone bluff with views of the Tennessee River below. Return via a section of Eagle Bluff trail with a stop at an early settlement cemetery.

**12:50 P.M. - Nathan Bedford Forest State Park.** The 3-mile easy-to-moderate Pilot Knob Trail. The hike will depart from the Folklife Museum at 2:00 P.M. Highlights include the museum as well as views of Kentucky Lake. One portion of the hike follows one of the Trail of Tears routes. Hike leader Susan Woods ([woodsboob@bellsouth.net](mailto:woodsboob@bellsouth.net)).

## Annual Meeting Hikes, continued

**1:00 P.M. - Natchez Trace State Park. Pecan Tree/Maple Lake hike.** The 5.7-mile trail is rated moderate (length and elevation changes). The hike will begin at 1:30. Directions: Exit 116, Natchez Trace exit off I-40. Go north to Pecan Tree Road and turn right, then left. Go approximately 4.5-5 miles to trailhead parking on the right. The site will be marked with orange balloons. We will meander through the forest and come to the back side of Maple Creek Lake. We will stop at the site of a shelter for a brief break. Continuing along the edge of Maple Lake through the woods along some "clear-cut" areas back to the trailhead. Bring water/beverage. Hiking boots and poles are recommended. Hike leader: Terry Warren ([terrymccoy832@yahoo.com](mailto:terrymccoy832@yahoo.com))

**1:15 P.M. - Natchez Trace State Park. Cub Lake Loop Trail.** The 4.8-mile, moderate loop trail will be hiked clockwise from the Cub Lake Lodge parking area beginning at 1:30 P.M. The trail has deep woods, rolling terrain, and some marshy areas. Waterproof boots are recommended, as well as water shoes if it has rained recently. At the end of the hike, we will walk across the levee on the eastern shore of Cub Lake, loop back through the woods, then through the campground and across a bridge to return to the Lodge parking area. Hike Leader: Charles Key ([ckey2012@icloud.com](mailto:ckey2012@icloud.com)).

**2:00 P.M. Natchez Trace State Park. Pin Oak Trail.** This is a 3-mile round trip on a moderate out-and-back trail that begins near the Pin Oak Lodge. The turnaround point of the trail is at a picnic area with nice views of the lake. The trail can be muddy following rain, so appropriate footwear is suggested.

### Saturday, October 21

**8:00 A.M. - Natchez Trace State Park. Browns Creek/Pin Oak Trails.** The 8.7-mile hike is rated moderate due to its length and elevation changes. We will meander from Idem West Road through the woods to the banks of Browns Creek Lake (3.1 miles). We will continue through the woods to Pin Oak Lake and stop at the shelter for lunch/break. (3.2 miles). We will continue through the woods back to our cars (4.1 miles). Please bring lunch, snacks, and water. Hiking boots and poles are recommended. For more information, contact Terry Warren (731-535-0625 or [terrymccoy832@yahoo.com](mailto:terrymccoy832@yahoo.com)).

**8:10 A.M. - Ross Forest Savannah, Tn. 5 miles, moderate.** Suitable sealed boots/water shoes may be needed for stream crossings. This hike will be on 7500 acres of property owned by the Ross family since 1881. 4500 acres of the property is designated a Registered State Natural Area, due to rare/endangered plant & animal species. Property features include seeps/springs, waterfalls, rich hollows of hardwoods with limestone bluffs, the banks and floodplains of Horse Creek, and very unusual geological features with numerous crinoid fossils. The hike will be led by property owner John Ross, a lifelong conservationist, and a former director for the Tennessee Nature Conservancy.

**8:20 A.M. - Shiloh National Military Park.** A challenging 5-mile hike where you'll learn how to use a compass to navigate off trail from monument to monument. You'll need to bring a compass (an old-school compass with a rotating bezel works best; inexpensive ones are available on Amazon). Before the hike, we'll teach participants how to use the compass and destination coordinates, and we'll help during the hike.

**8:30 A.M. - Nathan Bedford Forest State Park.** East Section of the Red Rock Trail. The hike is 8.6 miles and is rated moderate to difficult due to a couple of hills and length. Highlights include the boulder for which the trail is named, views of Kentucky Lake, and an abandoned retreat camp once owned by Bethel College.

**8:40 A.M. - Johnsonville State Historic Park.** We will hike this 4-mile, easy trail with Ranger Bob to learn the history of the Battle of Johnsonville. This park is named for President Andrew Johnson who was the Union Military Governor of Tennessee during the Civil War and was the site of a Union Supply Depot. Union forces were camped across the Tennessee River and skirmished with the Confederates led by General Nathan Bedford Forrest. Wear boots or sturdy shoes, and bring lunch, water, and snacks.

**8:50 A.M. - Mousetail Landing State Park.** Eagle Point Backpacking Loop Trail. This 8-mile hike is rated moderate to difficult due to overall length and several ups and downs in elevation - approximately 5 hours round trip. The trail winds through a variety of terrain types passing two overnight shelters and several good views. It runs through woodlands alongside the Lick Creek embayment to a bluff overlooking the Tennessee River.

**9:00 A.M. - Chickasaw State Park.** The hike uses parts of several trails to make up about 4.5 miles. Although there are some hills, the trail is rated easy. The trail goes through upland hardwood forests and wetlands and features views of the park's Lake Placid.

## Annual Meeting Hikes, continued

**9:10 A.M. - Pinson Mounds State Park.** This will be an easy, ranger-led 3–4-mile hike in a park which is also a national historical monument. Along the way, we will learn about some of the fifteen Native American mounds and the people who built them.

**9:20 A.M. - Natchez Trace State Park, Pecan Tree/Maple Lake hike.** The 5.7-mile trail is rated moderate (length and elevation changes). We will meander through the forest and come to the back side of Maple Creek Lake. We will stop at the site of a shelter for a brief break. Continuing along the edge of Maple Lake through the woods along some "clear-cut" areas back to the trailhead. Bring water/beverage. Hiking boots and poles are recommended.

**9:30 A.M. - Natchez Trace State Park. Cub Lake Loop Trail.** The 4.8-mile, moderate loop trail will be hiked clockwise from the Cub Lake Lodge parking area. The trail has deep woods, rolling terrain, and some marshy areas. Waterproof boots are recommended, as well as water shoes if it has rained recently. At the end of the hike, we will walk across the levee on the eastern shore of Cub Lake, loop back through the woods, then through the campground and across a bridge to return to the Lodge parking area.

### Sunday, October 22

**8:30 A.M. - Montgomery Bell State Park.** This 5.4-mile hike is rated moderate. Most of the trail is on natural turf in the woods. We will see two small lakes and dams, mature hardwood timber, iron ore pits, and the birthplace of the Cumberland Presbyterian Church. Trekking poles are recommended. Dogs are permitted if on a leash.

**8:40 A.M. - Lady Finger Bluff.** This is an easy 2.7-mile hike with a round trip time of approximately 2 hours. Lady's Bluff is a TVA small wild area located on the Tennessee River. The trail follows along the edge of the Lick Creek embayment to emerge at a high limestone bluff with spectacular views of the Tennessee River Narrows. The gnarled ancient cedar trees on the bluff edge are not to be missed. We will meet up at Fat Man's Keystop Gas Station at 9:15 AM (just across the Tennessee River corner of Highway 412 and 438). We will caravan to the trailhead to begin the hike at 9:45 AM.

**8:50 A.M. - Pinson Mounds State Park.** This will be an easy, 3–4-mile hike in a park which is also a national historical monument. Along the way, we will learn about some of the fifteen Native American mounds and the people who built them.

**9:00 A.M. - Chickasaw State Park.** The hike uses parts of several trails to make up about 4.5 miles. Although there are some hills, the trail is rated easy. The trail goes through upland hardwood forests and wetlands and features views of the park's Lake Placid.

**9:10 A.M. - Natchez Trace State Park. Pin Oak Trail.** This is a 3-mile round trip on a moderate out-and-back trail that begins near the Pin Oak Lodge. The turnaround point of the trail is at a picnic area with nice views of the lake. The trail can be muddy following rain, so appropriate footwear is suggested.



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## CLARKSVILLE CHAPTER

**CHAPTER CO-CHAIRS:** Paula Sanders - 954-993-5541 and Suva Bastin - 931-645-2849  
[taclarksville68@tennesseetrails.org](mailto:taclarksville68@tennesseetrails.org)

**OUTINGS COORDINATOR:** [taclarksvillehikes68@tennesseetrails.org](mailto:taclarksvillehikes68@tennesseetrails.org)

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 6:00 pm CT, Wade Bourne Nature Center, 2308 Rotary Park Dr., Clarksville, TN 37043.

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Please call hike leaders to confirm the hike time and meeting place.

**Wednesday, November 1 - McGregor Park Cumberland Riverwalk Pavilion, out and back, to Ft. Defiance. 2.7 total miles, easy.** We can eat lunch after the hike at Wendy's; The whole hike is paved. We walk along the Cumberland and Red River, cross the Red River on a highway sidewalk, and hike up switchbacks through the woods to the Fort's Museum. There are a couple of vistas overlooking downtown Clarksville and a few Civil War cannons along the way. Dogs are permitted if on a leash. The museum has bathrooms, exhibits, and a short video. Start walking at 9 A.M. CDT from McGregor Park Cumberland Riverwalk Pavilion. This is where the flags are. Contact Suva Bastin at 931-645-2849.

**Saturday, November 4 - Hike with another chapter.**

**Saturday, November 11 - LBL, Hematite Lake Trail 2.2 miles, Honker Lake Trail 4.3 miles, moderate.** The Hematite Lake Trail circles the 83.6-acre Hematite Lake. The lake was named for iron ore that was once mined here. The trail is in woods with large trees. You may see cranes, beavers, frogs, squirrels, and turtles. Honker Lake Trail circles the 180-acre Honker Lake named after Canadian Geese. The lake was built in the 1930s by the CCC Corps as a waterfowl refuge. The trail is on natural turf, and most of it is in the woods. Honker Lake is home to beaver, otters, Canadian geese, osprey, and many fish species. Restrooms are available near both trailheads. Leave at 8 A.M., CT, Kroger parking area, Dover Crossing Road, Clarksville; ~69 miles to the trailhead. Contact Philip Anderson 931-561-0925.

**Saturday, November 18 - Rotary Park, Clarksville. 3.5- or 5.25-mile loop, moderate.** You can exit after 3.5 miles. Most of the trail is on natural turf in the woods. It is curvy with many short ups and downs. You follow pretty Wall Creek part of the way. There is a creek crossing that is hard to do without getting your feet wet when the creek is up. Trekking poles are recommended. Dogs are welcome if on a leash. There is a restroom at the trailhead and another near the end of the trail. Start hiking at 8 A.M. CT, from the first shelter on the left after entering the park. Contact Steve Turner 931-220-0927.

**Tuesday, November 21 - Monthly Chapter Meeting.** Meet at 6 P.M. at Wade Bourne Nature Center, 2308 Rotary Park Drive, Clarksville. Two volunteers will provide snacks for everyone. Bring your own drinks. Contact Paula Sanders 954-993-5541 or Suva Bastin 931-645-2849.

**Saturday, November 25 - No hikes because of Thanksgiving.**

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CO-CHAIRS:** Jane Coffey - 615-516-6551 and Marvin Caine - 931-486-1632, [ttacolumbia68@tennesseetrails.org](mailto:ttacolumbia68@tennesseetrails.org)

**OUTINGS COORDINATOR:** Jane Coffey - 615-516-6551, [ttacolumbiahikes68@tennesseetrails.org](mailto:ttacolumbiahikes68@tennesseetrails.org)

**MEETS QUARTERLY:** Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 P.M. Meeting at 7:00 P.M.

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**Saturday, November 11 - Land Between the Lakes.** The exact hike has not been determined yet. We will be hiking Hematite Lake with the Clarksville Chapter. The hike is to start at 9:30 A.M... when determined. We will publish it on the website when the full hiking decision is made.

**Saturday, November 25 - Hike to be determined.**

**Tuesday, December 5 - Quarterly Meeting.** Barnabas Center. Join us at 6 P.M. for social hour and 7 P.M. for the meeting. We need to discuss hiking during the winter months in Tennessee. We are anxious to listen to your ideas and thoughts. If you want to hear a speaker or hike with another group, just let us know as the Tennessee Trails Assn has many chapters whose members would love to get to know you. We also have an annual New Year's Day hike at Preservation Park in Thompson's Station.

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## **EAST TN CHAPTER (Oak Ridge / Knoxville)**

**CHAPTER CHAIR:** Rosemary Marshall - 865-985-9144 - [ttaeasttennessee68@tennesseetrails.org](mailto:ttaeasttennessee68@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Tom Cressler - 865-582-5622 - [ttaeasttennesseehikes68@tennesseetrails.org](mailto:ttaeasttennesseehikes68@tennesseetrails.org)

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**Saturday, November 11 - Sharps Ridge, Knoxville, TN. 3 ½ miles, easy.** We will start at the Sharp Shin trail and go to the Memorial, then get on the Fire Breaker trail to return to our cars. There is a lot of history on Sharps Ridge and this hike will be easy without much elevation gain or loss. We will meet at 9:00 A.M. at the Shoney's on 4032 N. Broadway and park at the perimeter. We will carpool a short distance to the trailhead because of the limited parking. Preregistration is advised. Call or text Rosie at 865.985.9144

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## **HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)**

**CHAPTER CHAIR:** Patricia Deen - 760-703-8115 - [ttahighlandrim68@tennesseetrails.org](mailto:ttahighlandrim68@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Tom Hartvigsen - 931-962-0811 - [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) (contact Tom & volunteer to lead an outing)  
**MEETS MONTHLY:** 4<sup>th</sup> Monday

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**Saturday, November 4 – Cloudland Canyon State Park, Trenton Georgia. Overlook Trail, Waterfalls Trail, West Rim Loop Trail. 7 miles, moderate.** Meet at 9 A.M. CDT at the Visitor Center. Bring water, lunch, and hiking poles, and wear sturdy hiking boots. Register with Joan Hartvigsen, at [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) or 931-636-2914. Cloudland Canyon is located on the western edge of Lookout Mountain and offers rugged geology, beautiful vistas, and two awesome waterfalls. The park straddles a deep gorge cut into the mountain by the combined waters of Bear and Daniel Creeks.

**Tuesday, November 14 – Chumbley Woods, Eagle and Powerline Trails. Old Stone Fort State Park, Manchester, TN. 4.5 miles, easy to moderate.** Meet at the Chumbley Woods Trailhead on Powers Bridge Road at 9 A.M. Register with Joan Hartvigsen, [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net), or 931-636-2914. Bring water and lunch. These are the newest trails in Old Stone Fort. These trails feature the Little Duck River, beautiful mature hardwoods, and rolling hills.

**Thursday, November 16 - Big Creek Gulf Trail. 7.5 miles, moderate to difficult.** Savage Gulf State Park, Beersheba, TN. Marietta Poteet will lead a hike in Savage Gulf State Park from Stone Door descending into the gulf to Ranger Falls and the Sinks ascending to Alum Gap and returning to Stone Door. The hike will be about 7.5 miles long and is considered moderate to difficult for steep rocky ascents and descents. The hike is a beautiful hike along Big Creek and great views from Stone Door. Please contact Marietta to register or ask questions. Be sure to bring water, food, and possibly sticks. [nannietta@benlomand.net](mailto:nannietta@benlomand.net) or 931-924-7666.

**Friday, November 24 – After Thanksgiving Hike. Old Stone Fort State Archaeological Park, Manchester, TN. Joint hike with the Murfreesboro Chapter.** About four miles, rated moderate because of steep sections and eroded trails. Meet at 9:00 A.M.CDT in the museum parking lot. Please register with Joan Hartvigsen, [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net), or 931-636-2914. We will hike the Forks of the River Trail, the Backbone Ridge Loop Trail, and the Moat Trail. We will visit Blue Hole Falls, Big Falls, and Step Falls. Our hike will be along the Duck River and the Little Duck River. We will enjoy our picnic lunch of turkey sandwiches in the park's picnic area.

**Friday, December 1 – Edgar Evins State Park. All Day. 8 miles rated challenging due to rocky terrain and steep ascents/descents with a total 1400-foot elevation gain.** We'll start on the John C. Clayborn Millenium loop passing old rock walls, a rocked-in spring, an old limestone chimney, and an old foundation. In the middle of the loop, we'll pick up a connector trail through a moist hollow and ascend steeply to a ridgeline, following this until Center Hill Lake comes into view and we descend to parallel the lake. We then join another loop and head steeply up to the top of Merritt Ridge where we'll see some lovely old rock walls with awesome lake views before descending to continue around the peninsula close to water level to complete the loop and trace our steps back on the connector to finish the Millenium Trail loop. Bring lunch, water, sturdy hiking boots, and hiking sticks or trekking poles. We will meet at the John C. Clayborn Millenium Trailhead in Edgar Evins State Park. To register or for more information contact Jim Barritt, at [jsbarritt@gmail.com](mailto:jsbarritt@gmail.com) or 931-492-3212.



## Highland Rim Chapter continued

Friday, December 8 - Highland Rim Chapter Christmas Party. Save the date.

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### JACKSON CHAPTER

**CHAPTER CHAIR:** Melinda Pearson - 731-225-4293 - [ttajackson68@tennesseetrails.org](mailto:ttajackson68@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Glen Rognstad - 731-217-5966 - [ttajacksonhikes68@tennesseetrails.org](mailto:ttajacksonhikes68@tennesseetrails.org)  
**MEETS MONTHLY:** 1<sup>st</sup> Monday at 6:00 P.M. CT

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**Monday, November 6 – Chapter Meeting at Mulligan's, Jackson at 6 P.M.**

**Saturday, November 11 - Walls of Jericho near Winchester, TN at the Tennessee/Alabama state line. 6 miles, strenuous.** We will meet at 10:00 A.M. on the Alabama end of the trail. It is approximately 3 hours from Jackson. It is about a 6-mile hike...3 miles down and a strenuous 3 miles back up. Please dress according to the weather. Bring water, snacks, lunch, etc. Hiking poles & and hiking boots are recommended. Please register with Phillip Crisp at [pcrisp86@gmail.com](mailto:pcrisp86@gmail.com) or at 256-698-4381.

#### Looking ahead:

**Saturday, December 2 - Cane Creek Canyon near Florence/Sheffield, Alabama.** We will meet at Panera Bread at 7:00 A.M. to leave promptly at 7:15. It is about a 2-hour drive to the trailhead. It will be an all-day trip but well worth the drive and the hike!! Glen Rognstad is the hike leader. We will stop and eat dinner on the way home. More details at the November meeting

**Friday, December 8 - Christmas party at the home of Barbara Hobock in Jackson. Save the date!** We will have dinner followed by games and fun. Please bring a \$25 gift to play Dirty Santa—more details to follow at the November meeting.

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### MEMPHIS CHAPTER

**CHAPTER CHAIR:** Charlie Bright - 901-829-4434 - [ttamemphis68@tennesseetrails.org](mailto:ttamemphis68@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Wayne Simpson - [w.simpson1@comcast.net](mailto:w.simpson1@comcast.net)

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**Saturday, November 4 - Tishomingo State Park. 6-7 miles.** This is a 6–7-mile hike winding along rocky ridges with spectacular views through shallow, fern-filled canyons. We will cross the Bear Creek Swinging Bridge constructed in the 1930's. The park is approximately 2.5 hours from Memphis. Hiking boots are recommended. We will meet at 9:30 at the park toll gate. There is a parking lot to the right just before entering the park through the gate. We will regroup into fewer vehicles. Heavy rain will cancel this hike. Bring water, snacks, and lunch. Registration required. Contact Kam Hipkins - 901-299-8359

**Saturday, November 11 – Lucius Burch North. 5.75 miles, moderate.** The hike will take between 2 1/2 and 3 hours. The terrain is relatively flat with a few steep ravine crossings. Bring water and a snack. Hiking boots are recommended especially if we have had recent rain. Rain will cancel the hike. We will meet in the unpaved parking area on the south side of Walnut Grove immediately east of the Wolf River. Registration is required including your name and contact info. The hike will begin at 9 A.M. Contact: Marion Quinlen - 901-482-8640 or [mquinlen@gmail.com](mailto:mquinlen@gmail.com)

**Saturday, November 18 - Pinecrest Retreat Center. 5 miles, easy to moderate.** The wooded and open trails on the campus are easy to moderate, mostly flat with some hills with an approximate climb of 50-70 feet. Some trails are wider while some are narrower and can be rugged to smooth. The hike will be approximately 5 miles. Boots, water, and snacks are recommended. Registration for the hike is required at which time you will receive the meeting location and start time. Contact: Janet Sheahan: [Janet.n.sheahan@gmail.com](mailto:Janet.n.sheahan@gmail.com)

## Memphis Chapter continued

**Saturday, November 25 – Nesbit Park, Bartlett. 5.5 miles, easy.** The trails of Nesbit Park are well-used by cyclists, runners, and hikers. They are mostly level with a few gentle rises and short steep slopes at low water creek crossings and dry creek beds (generally easy with a few moderate short sections). Waterproof hiking boots will work best as you may get your feet wet at the creek crossing. The hike is approximately 5.5 miles. Heavy rain may cancel the hike as it may make the creek impassable and the footing too slippery. Registration is required. Contact: Susan Hillebert – 901-359-6954 or [s.hillebert@me.com](mailto:s.hillebert@me.com)

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## MURFREESBORO CHAPTER

**CHAPTER CO-CHAIRS:** Jeanne Conatser - 615-971-8894 - [djconatser@comcast.net](mailto:djconatser@comcast.net)

Sara Kennedy - 615-692-9057 - [ttamurfreesboro68@tennesseetrails.org](mailto:ttamurfreesboro68@tennesseetrails.org)

**OUTINGS COORDINATOR:** Sara Pollard - 615-714-3610 - [ttamurfreesborohikes68@tennesseetrails.org](mailto:ttamurfreesborohikes68@tennesseetrails.org)

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 401 Volunteer Road, Murfreesboro

**BLOG:** [www.tennesseetrails.org/blog/murfreesboro](http://www.tennesseetrails.org/blog/murfreesboro)

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**Saturday-Sunday, November 11-12 – Overnight Backpacking to Hobbs Cabin campsites. Savage Gulf State Park. Palmer. The total hike is 18 miles rated moderate due to distance.** The hike begins at the Savage Gulf Ranger Station parking lot at 9:00 A.M. CT. We will start on the Savage Day Loop Trail and take a short side trail to the Savage Falls overlook at 1.5 miles. At 2.2 miles, we'll take the North Rim Trail which is 6.3 miles from the trail junction. The North Rim Trail has more overlooks than any other at Savage Gulf. The next morning we'll hike out on the North Plateau Trail 7.1 miles to the trail junction. We'll then take part of the day loop back to the ranger station. Two primitive campsites have been reserved and the limit is 8 backpackers. For more information or to sign up, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

**Tuesday, November 14 – Chapter Meeting – 7:00 P.M. CT. Barfield Crescent Park Wilderness Station.** This is our planning meeting for the January-June 2024 hikes. Bring your calendars to schedule hikes you want to lead or ideas for hikes. If you want to schedule a hike and cannot attend, contact Sara Pollard before the meeting at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

**Saturday, November 18 – Edgar Evins State Park - Merritt Ridge Trail. 8 miles. Strenuous.** This hike is on a beautiful trail along the hilly shoreline of Center Hill Lake. We will encounter rocky ridges, lakeside bluffs, and wooded hollows. Lunch will be near the water's edge, where we should be able to see Center Hill Dam. Bring water, snacks, and lunch. For more information or to sign up, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com)

**Friday, November 24 – After Thanksgiving Day Hike – Old Stone Fort Archaeological Park. Manchester. 4 miles rated moderate because of steep sections and eroded trails.** Joint hike with Highland Rim Chapter. Join us for our annual family-friendly after-Thanksgiving Day hike. We will hike the Forks of the River Trail, the Backbone Ridge Loop Trail, and the Moat Trail. We'll see Blue Hole Falls, Big Falls, and Step Falls. Our hike will be along the Duck River and the Little Duck River. Pack a picnic lunch to eat at a picnic table in the park after the hike. Meet at the museum at 9:00 A.M. CT. Bring lunch and water. For carpool information from Murfreesboro or to register, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com)





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## NASHVILLE CHAPTER

**CHAPTER CHAIR:** Doug Burroughs - 615-587-0085 - [ttanashville68@tennesseetrails.org](mailto:ttanashville68@tennesseetrails.org)

**OUTINGS COORDINATOR:** Barbara Bennett - 202-236-0880 - [ttanashvillehikes68@tennesseetrails.org](mailto:ttanashvillehikes68@tennesseetrails.org)  
(email Barbara & volunteer to lead an outing)

**MEETS MONTHLY:** 4th Tuesday 6:00 P.M. CT in the REI Community Room 261 Franklin Rd, Brentwood TN.  
Optional Pre-Meeting Activity if posted on the TTA website calendar.

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**Sunday, November 5 -- Montgomery Bell State Park, Montgomery Bell Trail (formerly known as the Overnight Trail). Burns TN. 10.5 miles. Strenuous due to the length.** Wooded terrain with some hills. The trail passes by several lakes, a historic cabin and church, and historic iron ore pits. Bring water, snacks/lunch, boots, and clothing appropriate for the weather that day. Contact Doug Burroughs by phone message or text at 615-587-0085 to register and for information about the meeting time and place.

**Saturday, November 11 — Nashville Urban hike, Nashville, TN. Easy.** A "river theme" hike commemorating Veteran's Day. We will meet at 9:00 A.M. in the War Memorial Building courtyard. To begin our hike, we will review the WW1, WW2, Korean War, Vietnam War, and Gulf War memorials on display. After circling the state capital with its panoramic views, we walk to the Metro Court building and City Hall. From there across the bridge over the Cumberland River toward Nissan Stadium. We will contemplate the East Bank development and future as well as the past of our fair city. Then south along the greenway next to the Cumberland to Seigenthaler Pedestrian Bridge and another great river view. We will circle Symphony Hall and make our way up along the rebuilding of 2nd Avenue to the starting point easily by 1 P.M. A parking option is the Nashville Public Library. Hike leader Tom Vickstrom 615.405.6713.

**Thursday, November 16 - Volunteer & Day Loop Trails, Long Hunter State Park, Hermitage, TN. Up to 12.5 miles, strenuous in length.** This relatively level trail winds along the shores of Percy Priest Lake. Since this is essentially an out-and-back route, those who want a shorter hike may turn around when they choose. Bring snacks, and plenty of water, and pack a lunch for the trail. Register with Mark for updates: [midtn@tnhiker.net](mailto:midtn@tnhiker.net) or (615) 669-3221. *Alternate date for inclement weather: Sunday, November 19th.*

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## PLATEAU CHAPTER (Crossville)

**CHAPTER CHAIR:** Bill Wisniewski - 931-335-9360 - [ttaplateau68@tennesseetrails.org](mailto:ttaplateau68@tennesseetrails.org)

**OUTINGS COORDINATOR:** Deb Westervelt - 931-267-2243 - [ttaplateauhikes68@tennesseetrails.org](mailto:ttaplateauhikes68@tennesseetrails.org)

**MEETS MONTHLY:** 2nd Thursday at 6:00 P.M. CT

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The TTA Plateau Chapter hikers are adding new Cumberland County, walk-at-your-pace hikes that are typically one to three miles in length. If you have participated in the annual Cumberland County Marathon at any time you will know these trails are in and around Crossville. One of the Chapter members will lead each hike. These walks/hikes are designed for beginners and folks who don't have a lot of time to travel to distant trails or folks who want to get outdoors for exercise. Walking on trails is much kinder on knee and hip joints than walking on hard pavement.

All of our hikes can be found in the Chronicle Scene Section calendar, on our website <https://tennesseetrails.org/chapters/plateau-chapter/> or on Facebook Group page: TTA PLATEAU CHAPTER CROSSVILLE. We look forward to Walking in the Woods with you.

**Wednesday, November 1 - Head of Sequatchie (HOS), Pikeville, TN. Joint hike with Upper Cumberland Chapter. Long Hike:** 6 mi in/out moderate hike led by TBD on the southbound CT trail to meet up with the backpackers and hike back to HOS. **Short Hike:** 3 mi loop around HOS, led by Howard, visiting the Devil's Step Hollow Cave. Bring (electrolytes) water, snacks, and lunch. Don't forget tick/bug spray and sunscreen. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart at 8:00 A.M. from Central Baptist Church, South Main St, Crossville, TN. Carpool cost is \$3. For additional information contact the hike coordinator, Deb, by email at [ttaplateauhikes68@tennesseetrails.org](mailto:ttaplateauhikes68@tennesseetrails.org) or text/call 931-267-2243.

## Plateau Chapter continued

**Wednesday, November 8 - CT Laurel Falls - Buzzards Point, Dayton, TN. Joint hike with Upper Cumberland Chapter.** We will hike the trail to beautiful Laurel Falls (past an old coal mine and over some small streams on bridges) to several options of **your choice**: 2.1 miles one-way on CT to 150-foot bridge; Laurel Falls spur 2.4 miles one-way; Bryan overlook is 3.3 miles one-way; Snow Falls spur 4.9 miles one-way passing side trails to Dunn Overlook and Buzzard Point. There are some short strenuous portions uphill. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart at 8 A.M. from Central Baptist Church, South Main St, Crossville, TN. Carpool gas costs \$6. Pack (electrolytes) water, snacks, and lunch. Don't forget tick/bug spray and sunscreen. For additional information contact the hike coordinator, Deb, by email at [tplateauhikes68@tennesseetrails.org](mailto:tplateauhikes68@tennesseetrails.org) or text at 931-267-2243.

**Thursday, November 9 - Plateau Chapter Meeting, Crossville, TN.** The 6 P.M. meeting is held at the First United Methodist Church Annex 69 Neecham St. We will meet for dinner at Bunkers Bar and Grill, 750 East HY 70, Crossville at 4:30 P.M. The meeting will start at 6:00 P.M. at the church annex. Please email or text Bill at [tplateauchairperson@gmail.com](mailto:tplateauchairperson@gmail.com) at 931-335-9360 with your intent to join us for dinner.

**Saturday, November 11 - CT Devil's Breakfast Table to Turkey Creek, Catoosa Wildlife Management Area, Hebbertsburg, TN. Joint hike with Upper Cumberland Chapter.** **SHORT HIKE:** 4-5 miles in/out hike to Morgan Overlook. The trail is difficult due to the elevation change and lots of rock steps. From the trailhead, the trail proceeds down "a thousand steps" through Daddy's Creek gorge under sheer bluffs. After a mile, the trail rises out of the canyon and remains on the top of the bluff. There are a couple of overlooks that provide a view of the gorge before the trail goes back down into the gorge on the way to the junction of Daddy's Creek and the Obed River. **LONG HIKE:** Devils Breakfast Table to Turkey Creek is a thru hike of 7 strenuous and difficult miles into the Daddy's Creek Gorge. There is a 1-mile car shuttle. Wear orange and good hiking shoes or boots. Depart at 8 A.M. from the NW parking lot at the intersection of Peavine Road and Stonehenge Drive in the Fairfield Glade Community. Bring (electrolytes) water, snacks, and lunch. Don't forget tick/bug spray and sunscreen. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. The gas cost is \$3. For additional information contact the hike leader, Deb, by email at [tplateauhikes68@tennesseetrails.org](mailto:tplateauhikes68@tennesseetrails.org) or text/call 931-267-2243.

**Sunday, November 12- Amherst Trail, FAIRFIELD GLADE Community, Crossville, TN 10 A.M. -11:30 A.M.** 1.9 miles, easy. This trail has very little change in elevation. There is limited parking just off St. George Drive on Castlebar Lane. After passing the Lake on St. George look for the trail sign on the left at the grassy road Castlebar Lane (first left past Amherst Drive). Meet at 10 A.M. Castlebar Lane on the grassy road. For more information contact hike coordinator, Sirka, email [plateaulocalwalks@yahoo.com](mailto:plateaulocalwalks@yahoo.com) or text (404) 790-3945.

**Wednesday, November 15 –BSFNRA Burnt Mill Bridge Loop, Rugby, TN. Joint hike with Upper Cumberland Chapter. 5 miles, moderate.** Our hike will be the Burnt Mill Bridge loop near Rugby. Depart from Cracker Barrel 127 North at the I-40 rear parking lot at 8:00 A.M. CT. We will stop for lunch at R.M. Brooks General Store in Rugby (if they are open). Don't forget tick/bug spray and sunscreen. Bring (electrolytes) water, snacks, and lunch just in case. Carpool costs \$6. For additional information contact the hike coordinator, Deb, by email at [tplateauhikes68@tennesseetrails.org](mailto:tplateauhikes68@tennesseetrails.org) or text/call 931-267-2243.

**Saturday, November 18 - CT Big Soddy Section, Board Camp Creek Trailhead on HWY 111 to Big Soddy Creek Gulf Trailhead, Soddy-Daisy, TN. Short Hike:** 4 moderate mile round trip to Board Camp Creek. **Long Hike:** 8 moderate miles following Big Soddy and Board Camp Creeks ending at the Big Soddy Creek Gulf Trailhead on Back Valley Rd. Short hikers will return to cars then shuttle cars to Big Soddy Creek Gulf TH. Depart 8 A.M. from Central Baptist Church, South Main St, Crossville, TN. Carpool cost is \$7. Don't tick/bug spray and sunscreen. Bring (electrolytes) water and a snack. Don't forget tick/bug spray and sunscreen. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. For additional information contact the hike coordinator, Deb, by email at [tplateauhikes68@tennesseetrails.org](mailto:tplateauhikes68@tennesseetrails.org) or text/call 931-267-2243.

**Sunday, November 26 - CUMBERLAND MOUNTAIN STATE PARK, Crossville, TN. 10 A.M. -11:30 A.M. Storybook Paved Trail.** 1.2 miles (round-trip), easy. This trail is 0.6 miles in length giving a 1.2-mile round trip hike. Start at the kayak marina behind the restaurant. Cross the wooden bridge onto the Storybook Trail. MEET 10 A.M. at the kayak marina behind the restaurant. For more information contact hike coordinator, Sirka, email [plateaulocalwalks@yahoo.com](mailto:plateaulocalwalks@yahoo.com) or text (404) 790-3945.

## Plateau Chapter continued

### **Wednesday, November 29 - CT Graysville Mountain (Roaring Creek) Section, Graysville, TN. 5 miles, moderate.**

This hike will be moderate with short spurts of strenuous through hikes from the Dogwood West/Gilbreath Trailhead near Dayton to the Roaring Creek Trailhead on Brayton Mountain Rd. The climber's access trail requires some rock hopping for a quarter mile before you get to the bridge junction with the CT. Three miles are relatively level and include Cranmore Cove Overlook, Cove Loop Overlook, and Roaring Creek Overlooks. There is a 900 ft descent to end the hike. Depart at 8 A.M. from Central Baptist Church, South Main St, Crossville, TN. Carpool cost is \$7. Don't tick/bug spray and sunscreen. Bring (electrolytes) water, lunch, and a snack. Don't forget tick/bug spray and sunscreen. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. For additional information contact the hike coordinator, Deb, by email at [ttaplateauhikes68@tennesseetrails.org](mailto:ttaplateauhikes68@tennesseetrails.org) or text/call 931-267-2243.

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## **SCENIC CITY CHAPTER (Greater Chattanooga Area)**

**CHAPTER CHAIR:** Jane Ellett - 423-309-7879 - [ttasceniccity68@tennesseetrails.org](mailto:ttasceniccity68@tennesseetrails.org)

**OUTINGS COORDINATOR:** Betsy Darken - 423-718-2060 - [ttasceniccityhikes68@tennesseetrails.org](mailto:ttasceniccityhikes68@tennesseetrails.org)

**MEETS QUARTERLY:** Thursday of the week following the TTA Board Meetings in Feb, May, Aug and Oct at 5:30 P.M. ET

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**Thursday, November 2 - Scenic City Chapter Quarterly Meeting, Hixson Community Center, 5401 School Drive, Hixson TN 37343.** Agenda pending.

**Saturday, November 4 - Cumberland Trail: Signal Point to Suck Creek Road, strenuous, 8.4 miles.** Multiple fine overlooks of the Tennessee River Gorge and other gorges, intriguing rock formations, and (we hope) gorgeous fall scenery! Shuttle required. For carpooling/caravanning, meet at Food City on Signal Mountain Road, near the back corner of the parking lot, at 8:30 am ET. <https://bit.ly/3pk0suY> Please register with hike leader Betsy Darken, at 423-718-2060. Carpool cost \$2.00.

**Tuesday, November 7 - Friday, November 10 - Scenic City Chapter Fall trip.** We are going to the Natural Bridge State Park and the Red River Gorge in Kentucky. These places are chockful of spectacular rock features and great trails!

**Tuesday, November 7 - McGill Creek Section of the Cumberland Trail, moderate 5.6 miles, out and back, el. gain 410'.** We will start at the Roaring Creek trailhead near Dayton. This is a forest trail and hopefully, the trees will be showing fall colors. The trail initially parallels Brayton Mountain Road with stone steps, a couple of water crossings, and a very short section on the road. At 1.1 miles the route crosses the road and gradually descends into the McGill Creek Gulf, alternating between old roadbed and single file sections. At 2.2 miles the creek is reached and shortly after that the bridge. There are beautiful views of the creek from the bridge and the creek bank. The trail to the falls is across the bridge and to the right. From the bridge to the falls, the terrain is rocky with ups and downs. At 2.8 miles, we will reach a spur that will take us 200 feet down to the falls and the end of the trail. Bring hiking poles for the rocks and creek crossings as well as rain gear, snacks, and water. For carpooling/caravanning, meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8:30 A.M. ET. <https://bit.ly/3Qjdc0S> Please register with hike leader Delores Ladd, 214-422-7206 (text only) or [ladddelores@gmail.com](mailto:ladddelores@gmail.com). Carpool cost \$3.00.

**Saturday, November 11 - Cumberland Trail: Lower Connector to Rock Creek Loop and back, lollypop, about 6 miles, moderate, 1,115' elevation gain.** Our hike starts at the Lower Leggett Road trailhead and includes Leggett Point Overlook, along with a spur trail to boulders on Rock Creek—a good spot for lunch. Beautiful views of Rock Creek and the gorge. The upper side of the loop has lots of rocks and can be tricky in spots. For carpooling/caravanning, meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8:30 A.M. ET. <https://bit.ly/3Qjdc0S> Please register with hike leader Will Latham, (704) 365-8889. Carpool costs \$2.00.

## Scenic City Chapter continued

### **Tuesday, November 14 — Sitton Gulch Trail to Hemlock Falls, about 3.5 miles, 400-500' el. gain, easy/ moderate.**

This trail at the bottom of Cloudland Canyon follows a beautiful and rambunctious creek upstream to a bridge over an unnamed yet quite respectable waterfall. It gets slighted because it is downstream of not one but two immense waterfalls. They will not be immense unless the drought breaks.) The first, Hemlock Falls, is a little further upstream and a good turnaround point. In addition to these attractions, we may still have some autumn leaves to admire, being further south and at lower elevations. (This may be a forlorn wish.) For carpooling/caravanning, meet at the parking lot just after LaQuinta Inn, right (north) off I-24 Exit 175 at 8:30 A.M. ET. <https://bit.ly/3QITAD4> Please register with hike leader Tom McElhone, 805-208-4654 or [sarmiitta@yahoo.com](mailto:sarmiitta@yahoo.com). Carpool costs \$2.00.

### **Saturday, November 18 -Trail work with the Cumberland Trail Conference on the Upper Piney section of the CT.**

This is our chance to contribute to the work of completing the wonderful Cumberland Trail, sections of which we have hiked many times. No experience is necessary, tools will be provided, and the work will not be taxing. Please bring work gloves, dress appropriately for the weather, wear sturdy closed-toe shoes, and bring water. Prior to November 18, please complete the volunteer form at <https://form.jotform.com/231134354561045> Lunch will be provided at no cost for everyone who completes this form. For carpooling/caravanning, meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at **7:15 A.M. ET.** <https://bit.ly/3Qjdc0S> From here we will drive to Piney River Trailhead to meet CT team leaders at 8:30 A.M. ET. Please register with Randy Medley, [randymedley@icloud.com](mailto:randymedley@icloud.com), or 423-667-0975, who will be glad to answer any questions.

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## SUMNER TRAILS CHAPTER

**CHAPTER CO-CHAIRS:** Donna & David Hobbs - 803-634-3470 - [tsumnertrails68@tennesseetrails.org](mailto:tsumnertrails68@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Donna Hobbs - 803-634-3470 - [tsumnertrailshikes68@tennesseetrailsorg](mailto:tsumnertrailshikes68@tennesseetrailsorg).

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**Wednesday, November 8 – Montgomery Bell State Park. 7.7-mile loop, easy except for distance.** A shorter hike can be arranged as an out-and-back hike. Meet at the visitor center at 10:00 A.M. From the parking lot at the visitor center, we will head down the road briefly to reach the Wildcat Trail. This trail circles the campground and leads you to the Ore Pit Loop Trail. The trail swings by the southern end of Lake Woodhaven where we will have nice lake views. We will take a short detour on the Woodland Trail to the Woodland Shelter to eat our lunch. About a half mile after the Woodland Trail, we take a left onto Creech Hollow Trail heading north. We follow this trail along the shore of Creech Hollow Lake, past the dam, and back to the visitor center. Bring lunch or heavy snacks and water. Hiking shoes and poles are recommended. Those carpooling meet at 8:45 A.M. at the Kroger in Glenbrook Shopping Center, 1010 Glenbrook Way, Hendersonville, TN. For more information or to let us know you are coming, call or text David Hobbs at 803-634-3470.

**Monday, November 13 – Old Stone Fort State Archaeological Park, Manchester TN. 3 miles. Moderate with uneven difficult footing in places.** We will hike the Old Stone Fort Trail. Old Stone Fort is a 2,000-year-old American Indian ceremonial site. The two forks of the Duck River cut into the edge of the Highland Rim Plateau at the site of the Old Stone Fort. On the hike, we will see waterfalls, cascades, and rock bluffs bordering the Duck River. You will need hiking poles, hiking shoes, desired snacks, and water. Those carpooling meet at 8:30 A.M. at the Kroger in Glenbrook Shopping Center, 1010 Glenbrook Way, Hendersonville, TN. Please call if meeting at the trailhead by the Old Stone Fort Museum and Visitors Center at 10:00 A.M. For more information or if you are meeting at the trailhead, contact John Thomas at 925-759-0517 or Ron Jenkins at 615-483-3774.

## Sumner Trails Chapter continued

**Wednesday, November 29 – Columbia, TN.** Leave Hendersonville by 9:00 A.M. and arrive in Columbia by 10:30 A.M. A downtown walk to view murals, buildings, and other sites of interest. Lunch. Another walk-in nature somewhere close by. Return home by 2:30/3:00 P.M. Specifics to be developed by Karen. Enjoy scenic Maury County. Contact Karen at 615-429-5691 for more information.

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### UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

**CHAPTER CHAIR:** Cathy Moran 931-544-2764 [ttauppercumberlandhikes68@tennesseetrails.org](mailto:ttauppercumberlandhikes68@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Cathy Moran 931-544-2764 [ttauppercumberlandhikes68@tennesseetrails.org](mailto:ttauppercumberlandhikes68@tennesseetrails.org)

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**Wednesday, November 1 - Head of Sequatchie (HOS), Pikeville, TN. Joint hike with Plateau Chapter.** See the Plateau Chapter listing for details and registration information.

**Wednesday, November 8 - CT Laurel Falls - Buzzards Point, Dayton, TN. Joint hike with Plateau Chapter.** See the Plateau Chapter listing for details and registration information.

**Saturday, November 11 - CT Devil's Breakfast Table to Turkey Creek, Catoosa Wildlife Management Area, Hebbertsburg, TN Joint hike with Plateau Chapter.** See the Plateau Chapter listing for details and registration information.

**Wednesday, November 15 –BSFNRA Burnt Mill Bridge Loop, Rugby, TN. Joint hike with Plateau Chapter.** See the Plateau Chapter listing for details and registration information.

#### **Don't Miss an Outing Plan Register Early!**

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

Sometimes, a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

Plan and register early.

## OFFICERS:

### President

Duane Frichtl 309-830-9720  
[ttapresident68@tennesseetrails.org](mailto:ttapresident68@tennesseetrails.org)

### Vice-President

Michelle Kelley 901-484-2998  
[ttavicepresident68@tennesseetrails.org](mailto:ttavicepresident68@tennesseetrails.org)

### Treasurer

June Callahan 615-945-7462  
[ttatreasurer68@tennesseetrails.org](mailto:ttatreasurer68@tennesseetrails.org)

### Secretary

Susan Woods 731-441-8066  
[ttasecretary68@tennesseetrails.org](mailto:ttasecretary68@tennesseetrails.org)

### *At-large Directors (terms expiring listed after name)*

Mark Hubbard (2025) 615-715-1517  
[ttaboard68@tennesseetrails.org](mailto:ttaboard68@tennesseetrails.org)

Wayne Drown (2025) 803-646-0972  
[ttaboard68@tennesseetrails.org](mailto:ttaboard68@tennesseetrails.org)

Susan Woods (2025) 731-441-8066  
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Libby Francis (2024) 615-319-7501  
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Duane Frichtl (2024) 309-830-9720  
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June Callahan (2024) 615-945-7462  
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Cheryl Heckler (2023) 931-200-7436  
[ttamembership68@tennesseetrails.org](mailto:ttamembership68@tennesseetrails.org)

Jenny Fitzgerald (2023) 615-517-8185  
[ttaboard68@tennesseetrails.org](mailto:ttaboard68@tennesseetrails.org)

Jane Coffey (2023) 615-614-1083  
[ttaboard68@tennesseetrails.org](mailto:ttaboard68@tennesseetrails.org)

## Regional Directors

### West TN

Terry Warren (2023) 731-535-0625  
[ttaregionalwest68@tennesseetrails.org](mailto:ttaregionalwest68@tennesseetrails.org)

### Middle TN

Sara Pollard (2025) 615-714-3610  
[ttaregionalmiddle68@tennesseetrails.org](mailto:ttaregionalmiddle68@tennesseetrails.org)

### East TN

Will Latham (2024) 704-365-8889  
[ttaregionaleast68@tennesseetrails.org](mailto:ttaregionaleast68@tennesseetrails.org)

CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

### Newsletter Editor

Mary Lewis Tims 731-780-5550  
[ttaeditor68@tennesseetrails.org](mailto:ttaeditor68@tennesseetrails.org)

## 2023 TTA Board of Directors Meetings

All members are invited to attend board meetings.  
Contact Duane Frichtl for the link to join Zoom meetings!

Friday – Sunday, Oct 20 - 22

Natchez Trace State  
Park  
Annual Meeting



## Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on or before the 10<sup>th</sup> of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:  
[ttaeditor68@tennesseetrails.org](mailto:ttaeditor68@tennesseetrails.org)

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster.





**IT'S EASIER AND FASTER TO JOIN OR RENEW ONLINE !**

To **Join** on-line go to <https://tennesseetrails.org/plans/memberships/>

To **Renew** online go to <https://tennesseetrails.org/account/?action=subscriptions> and log-in.

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

☐

**A NEW MEMBER**

Nov 23

☐

**RENEWING MY MEMBERSHIP**

Memberships are for one year, unless you have a Lifetime Membership.

Gift Memberships are also available. Contact our Membership Director,  
Cheryl Heckler 931-200-7436 [ttamembership68@tennesseetrails.org](mailto:ttamembership68@tennesseetrails.org)

**Please Mail This Form To:**

**Membership Director**

**P.O. Box 41446**

**Nashville, TN 37204-1446**

**PLEASE PRINT CLEARLY.**

\_\_\_ Individual \$25.00

\_\_\_ Family \$35.00

\_\_\_ Student (FULL TIME) \$15.00

\_\_\_ Supporting (\$50.00, \$100.00 or more)

\_\_\_ Life Member (Individual) \$500.00

\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Phone ( ) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_

**E-mail (required)** \_\_\_\_\_

For privacy, please do not list the following in  
the TTA Annual Membership Directory

- ☐ E-mail addresses
- ☐ Mailing address
- ☐ Telephone numbers

Please list me with the following chapter:

- |   |  |
|---|--|
| ___ Clarksville                         | ___ Murfreesboro                           |
| ___ Columbia/Franklin                   | ___ Nashville                              |
| ___ East TN (Oak Ridge/Knoxville)       | ___ Plateau (Crossville)                   |
| ___ Highland Rim (Manchester/Tullahoma) | ___ Scenic City (Greater Chattanooga Area) |
| ___ Jackson                             | ___ Sumner Trails (Sumner County)          |
| ___ Memphis                             | ___ Upper Cumberland (Sparta/Cookeville)   |
| ___                                     | ___ At Large                               |

When you become a TTA member, you will have access to the Members Area of our website ([www.tennesseetrails.org](http://www.tennesseetrails.org)) which includes the Membership Directory listing members by chapter and how to reach them. You will also receive our monthly newsletter which contains information on upcoming hikes, events, chapter meetings, and volunteer opportunities. We encourage you to review the Hiking Handbook (under the Hikes & Events section), a reference containing information about TTA, trail etiquette, and hiker responsibilities. We invite you to attend any number of monthly meetings where you will enjoy diverse programs, socializing and refreshments. Also, we hold our annual meeting in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

***Not a member yet? Please check out one of our hikes or meetings soon!***