TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



Tennessee Trails Annual Meeting

4-H CAMP IN CROSSVILLE, TN
OCTOBER 12 – 14, 2007
SEE THE SPECIAL INSERT FOR REGISTRATION

IT'S PUMPKIN FESTIVAL TIME IN ALLARDT Oct 5-7

Join this multi-chapter activity.

March in a parade

Throw Candy at the crowd

Increase visibility of

TTA

Camp with fellow TTA members
Eat your fill of hot dogs
Shop til you drop

After the parade hike to
Lovely Northrup Falls
1.5-mile easy hike
(depending on how many hot dogs
you've had!!!)

Proposed Changes to TTA Bylaws

On Saturday, October 12 at the annual meeting, there will be a meeting of TTA's membership following dinner. At this meeting, TTA members will vote whether they want to approve the changes to our bylaws.

At TTA's October 2006 board of directors' meeting, a Bylaws Committee was formed to review the bylaws of both TTA and Cumberland Trail Conference. Don Dresser, TTA's West TN Regional Representative, chaired the committee, which consisted of TTA board members, CTC Advisory Board Members, CTC's Executive Director and a former TTA president. The Bylaws Committee spent several months discussing and debating successive drafts of potential changes to each organization's bylaws. CTC adopted bylaws at its July 7 Advisory Board Meeting. At TTA's August 04 board meeting, TTA's board of directors approved the CTC bylaws and recommended that the TTA bylaws be amended also. To become effective, these changes to the TTA bylaws must be approved by a majority vote of the TTA members present at the October 12 meeting. Please note, under our current bylaws "Family Memberships" receive one vote. Please take some time to study the proposed amendments. If you would like to download a copy of our current bylaws comparison, go to http://www.tennesseetrails.org/ click "Member Services".

If you have questions/comments or would like: (1) a synopsis of proposed changes to the TTA bylaws; (2) a copy of the newly-adopted CTC bylaws, you may e-mail Anne Wesley at ttahiker@msn.com

CUMBERLAND TRAIL CONFERENCE

CUMBERLAND TRAIL CONFERENCE STAFF:

General Manager.....Tony Hook Trail Development Cord.....Amanda Leamon Trail Programs Cord......Alex Schafer Office Manger......Marleya Pendleton

tonv.hook@frontiernet.net amanda.leamon@frontiernet.net alex.schafer@frontiernet.net marleyapendleton@frontiernet.net Office Location

Phone:

Fax:

19 East 4th Street

Crossville, TN 38555 8am-5pm

Office Hours

931-456-6259

931-456-4934 Email: cumberlandtrail@rocketmail.com

Website: www.cumberlandtrail.org

Cumberland Trail Update

October 2-4, 2007: Prentice Cooper WMA and State Forest; trail maintenance in preparation for the "Stump Jump Race".

October 6, 2007: Stump Jump Race 2007, Chattanooga, TN; visit www.rockcreek.com/stumpjump for details.

October 11-17, 2007: College Week, Smoky Mountain Segment CT, near Caryville, TN; college students volunteering to build trail in the Smoky Mountain segment of the Cumberland Trail. Lodging and meals will be provided at Stony Fork Community Center. Volunteers will need to bring a cot or some type of bedding. Camping is also available. This program is open to all adult volunteers.

November 3-4, 2007: Smoky Mountain segment backpack, Cove Lake to the New River, 17.5 miles, rated strenuous. Join CTC staff on an over-night backpack trip. Participates will be responsible for their own gear and how to use it. This will be a one-way hike with a shuttle being necessary, details TBA. There will be a limit of 10 hikers.

November 17-18, 2007: Volunteer Appreciation Weekend, Cumberland Mountain State Park, Crossville, TN. On Saturday. Nov.17, day hike on Black and Brady Mountains, dinner with awards ceremony following dinner. This is a weekend for all CTC volunteers so come and join us. For volunteers coming from out of town, some cabin space will be available for Friday and Saturday night, but is limited and first come first severed. Please contact the CTC and register for this event.

October-December, 2007: Soddy-Daisy, TN; Bridge building in the Rock and Possum Gorges, details TBA.

COVE LAKE CHAPTER

CHAPTER OFFICER: 423-562-1110 CO-CHAIR: George Gill

Richard Helm Richard. Helm@ahss.org 423-562-7121

Oct 1 MONTHLY MEETING: 6p.m. Cove Lake State Park, Shelter 1 For more information call Richard Helm 423-562-

Oct 7 Meet at 1:30 at Eagle Market. Big Ridge State Park, Andersonville. Rated Moderate 3-mile hike. For more information call Sue Edgemore 865-494-0931 Oct 27 Pending hike. Details to follow for information call

Shawn Phillip 423-563-0867

START SAVING!!! GOT STUFF???

Bring all those wonderful goodies you have stashed away but aren't using. TTA needs it!!!

The silent and not so silent auction and the white elephant table await your donations.

> One person's junk is another person's????????

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER:

Sherrie Yokley

931-703-2251

syokley@wavesinc.com

MEETS MONTHLY: 1st Tuesday at 6:30 pm CT Grand Buffet (North of Spring Hill)

Oct 2 Monthly Meeting. Grand Buffet Spring Hill, TN. We will work on our chapter's photo display for the annual meeting. Please bring photos of hikes we have taken over the last year. Our meeting starts at 7 we will meet about 6 for dinner.

Oct 12, 13 and 14 TTA Annual Meeting Clyde M. York 4-H Center Crossville, TN.

Oct 20 Wilderness Trail Cordell Hull Lake. Rick Lausten will lead this difficult 6-mile hike. We will leave A&D Market at 7:30. To register email Rick at saturncar1@aol.com or call 615-373-0029.

Oct 27 Canal Loop Land Between The Lakes. Bobby Hardeman will lead this 10-mile loop at the North end of the park. This hike is rated moderate to difficult only because of the length. We will leave A&D Market at 7:15 for our drive to the North Visitors Center. Bring lunch, snacks and water. Also plan to stop on the way home for dinner. Register with Bobby at puttr22@aol.com or phone 615-305-7955.

HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: Tom Bentley 931-455-5859 htbentley@charter.net **VICE PRESIDENT:** Joette Carter 931-968-0073 TREASURER: Marietta Poteet 931-924-7666 NEWSLETTER CONTACT: Sharon Bell 932-455-1652 MEETS MONTHLY: 1st Tuesday at 7:00p at the Crockett's restaurant in Tullahoma

Oct 2: Monthly meeting at Crockett's Restaurant, Tullahoma. Come at 6:00 for dinner and socialization with the business meeting to begin at 7:00. The guest speaker for this meeting will be Mary Priestley. She and Jim Poteet will talk about Friends of South Cumberland

Oct 12-14 TTA Annual Meeting

Oct 20: Third Saturday Eat-Hike-Eat hike. We will hike on the Mountain Goat Trail. Trail begins outside Sewanee and goes down the plateau to Cowan. The distance is5 miles and is rated easy because it is "all down hill." Meet at the Blue Chair, (thebluechair.com) Sewanee, at 9:00for breakfast. The hike will begin at 10:00. The location for lunch will be decided on the hike. Contact Tom Bentley at 931-455-5849, or email htbentley@charter.net.

Oct 21: Marietta and Jim Poteet will lead a hike to Big Frog in the Ocoee Ranger District. It is 5.5miles one way with outstanding views of the Ocoee Lake and the surrounding mountains. It is rated difficult because of the length, 11 miles total, with an elevation change of 2,000 feet. Please call Marietta at 931-924-7666 or email at nannietta@blomand.net to register and find out further informatio

CLARKSVILLE CHAPTER

CHAPTER OFFICER: Merri Hinton andrews@logantele.com 270-726-3141

CO-CHAIR: Suva Bastin 931-645-2849 SECRETARY: Lucy Weikel 931-358-5794

j107sw@aol.com TREASURER: Sandy Janus 931-551-8523

CONTACT FOR HIKES: J. R. Tate 931-920-2692 modelt@charter.net

or Bob Lyon at 931-648-2354

MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT, Crow

211 Richview Rd Clarksville, TN Community Center

Oct 6 Honker and Hematite Trail, LBL; 7 miles, easy to moderate; Darryl Rezac, 270-436-2022

Oct 12-14 TTA Annual Meeting at Crossville, TN

Oct 20 Annual TTA Bonfire and Potluck at Rotary Park Amphitheater. Bring a ghost story! Suva Bastin, 645-2849

Oct 27 Garden of the Gods (Illinois); 5 miles, easy to moderate: Sandy Janus, 931-551-8523

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER:

Charles Gibbs clgibbs@highland.net

423-628-5678 SECRETARY / TREASURER:

Benita Howell

423-628-5521/865-974-7797 bjhowell@highland.net

BOARD REPRESENTATIVES:

Tim & LynnTakacs

615-824-7048

lynntakacs@comcast.net

ttakacs@comcast.net

OUTINGS COORDINATOR

Tom Howell

423-628-5521

tshowell1003@highland.net

TRAIL MAINT Bob Hemminger dagbob@juno.com

Oct 27 Rugby State Natural Area, Rugby, TN Take advantage of this opportunity to explore this recently designated natural area with state naturalist Lisa Huff. Meet at Harrow Road Cafe at 10:30 Eastern time. We'll shuttle vehicles to Brewstertown Road, then begin hiking from the Rugby Visitor Center parking area to the Massengale home site. From there we'll follow Whaley Branch, hike along Little Creek, then climb to the Rugby bypass corridor to exit the area. This three-mile hike is through mostly open woodland but rated moderate because we'll be exploring an area without established trails. Wear sturdy boots, bring snacks and water, and come prepared for weather conditions. For more information contact Lisa Huff at Lisa.Huff@state.tn.us Benita or Howell bjhowell@highland.net.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER:

Rosemary Marshall rosemary_l@hotmail.com

CO-CHAIR:

Allie Hubbs

Hike_annoucement_etchapter@yahoo.com

TREASURER: Harold Draper .h.m.draper@att.net

Oct 6 Cumberland Trail, Frozen Head Segment: We'll explore Frozen Head State Park/Natural Area Trails, including the route the Cumberland Trail takes through the park along the Bird Mountain Trail. There are several options for loops in the park; we'll cover about 10 miles. Meet at 9 a.m. at Cracker Barrel at the Campbell Station Road exit off I-75 on the north end of Knoxville. From there, we will carpool, about an hour drive. Anyone wanting to do breakfast, meet at 8 a.m. For more information and to register, contact Russ Manning at 865/257-0427 (cell) or preferably russmanning@charter.net.

Oct 20 GSMNP, Mount Cammerer lookout via Low Gap and the AT. The hike begins with a 2.9 mile 2000 foot climb on the Low Gap Trail out of Cosby to the intersection with the AT. From there we head east on the AT for 2.1 miles and an additional climb of 700 feet. A short walk of .6 miles on the Mount Cammerer trail brings us to the tower. If it's a clear day, the tower provides some of the best views in the Smokies. Hopefully, our timing will be right and we'll be able to enjoy the fall colors. After lunch we'll retrace our steps back to the trailhead. The hike is 11.2 miles roundtrip and rated difficult. Bring snacks, lunch and plenty of water for the trip. The group will meet in the hikers parking lot just below the Cosby campground at 8:30am. Contact Bob Uhren @ 865-748-9227 or snowcap34@hotmail.com for info. L

MURFREESBORO CHAPTER

CHAPTER OFFICER: Anna Bertram

abertram@dtccom.net 615-765-5357

OUTINGS COORDINATOR: Millette Jones

millette.jones@comcast.net 615-397-9588

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT
Barfield-Crescent Park's Wilderness Station
697 Barfield-Crescent Rd., Murfreesboro

Oct 5-7-Allardt Pumpkin Festival-Car Camping/Hiking Weekend, Allardt, TN Once again the Great Pumpkin is quietly lying in the pumpkin patch ready to come forth on the first weekend in October to claim its rightful place as the star of the show! All these Great Pumpkins will gather at Allardt, Tennessee on October 6, 2007 for their claim to fame. Last year saw the first pumpkin to weigh over 1,000 pounds at the festival. TTA is again planning a weekend celebration and will enter a float in the parade and toss candy to the hundreds of kids along the 1.5 mile parade route. We will camp at Pickett State Park Friday and Saturday nights and will share a campfire and fellowship at the park. After the parade we plan to hike the Colditz Cove State Natural Area which includes the lovely Northrup Falls. It is a 1.5 mile easy hike. Come for the weekend or just for the parade and/or hike. We'll meet at the Allardt Elementary School at noon to decorate our float for the 1:00 pm parade. Bring lots of individually wrapped candy and join the fun....for more information call Fount Bertram at (615) 765-5357 fwbertram@dtccom.net

Oct. 20- Monte Sano State Park, Huntsville, Alabama, 5 miles, easy/moderate. Bob Goodwin and Sandra Parker will lead this hike which includes various panoramic views of the Tennessee Valley, a small waterfall, and steep rock outcroppings. Over half of the trail is on top of the mountain and the rest below the cliffs. The moderate rating is due to some rocky and uneven places as well as a 225ft. elevation gain during the last half mile of the trail. There is a \$3 per person access fee at the park. After our hike we will have lunch at a local restaurant. We will depart from the Murfreesboro Sam's Club overflow parking lot next to Hardee's at 8:00 AM. Distance from Sam's Club to Monte Sano State Park is about 90 miles. For more information and to register for the hike, please contact Bob Goodwin CAMEL40@earthlink.net or 256-564-8417.

Oct. 21- Big Frog Trail, near Benton, TN, 11 miles, difficult. Jim and Marietta Poteet will lead a Sunday hike to Big Frog in the Ocoee Ranger District of the Cherokee National Forest. It is 5.5 miles one way with outstanding views of the Ocoee Lake and the surrounding mountains. It is considered difficult because of the length, 11 miles total, and an elevation change of 2000 feet. Check the weekly enews for info on the carpool coordinator will be for Murfreesboro Chapter members.

JACKSON CHAPTER

CHAPTER OFFICER:

Gary Cooper

731-424-5375

gcooper52@yahoo.com

Oct 5-7 Allardt, Tn -Pumpkin Festival, Multi - Chapter- This is a very popular annual TTA activity. We walk in the parade and throw candy to the children and enjoy the many activities associated with the festival. We will also enjoy hiking after the parade. There are several options for lodging contact Roy Corley 731-668-5070 for additional information. Roycorley@aeneas.net

Oct 8-Monthly Meeting- 6:00pm to eat and socialize or 7:00 for the meeting. Come and hear all about the activities that are coming and meet new friends. Everyone welcome.Perkins
Restaurant 999 Vann Drive Jackson TN

Oct 12-14-TTA Annual Meeting 4-H Camp in Crossville, TN See additional info included in this newsletter. This is a wonderful opportunity to meet other hikers and hike new trails.

Oct 27-28-Queen Wilhelmina State Park-This is a joint outing with Memphis look for additional information in their section. Contact Woody Pierce 901-755-5635

Oct 20 Gentlemen's Swimming Hole and Meeting of the Waters, Rugby, TN This three-mile loop is rated moderate because of the steep, rocky descent and ascent into and out of Clear Fork gorge. We especially welcome Rugby visitors who have not hiked in this area before. Meet at Harrow Road Cafe at 10:30 Eastern time, or at the Gentlemen's Swimming Hole trailhead across from Laurel Dale Cemetery. Wear boots, bring snacks and water, and come prepared for weather conditions. For more information, contact Tom Howell at 423-628-5521 or tshowell1003@highland.net.

NEW TTA T-shirts

s-m-lg-xlg blue and yellow \$12.00

THE PLATEAU CHAPTER INVITES YOU TO ATTEND THE ANNUAL MEETING Oct 12-14 in Crossville, Tn

If this is your first annual meeting, expect to meet TTA members from around the state, make new friends on the hikes, and enjoy hikes to interesting locations. The focus of the annual meetings is the hikes in different areas of the state. With 14 hikes around the Cumberland Plateau, you will have the opportunity to see the structures that make hiking on the plateau unique: rock houses, waterfalls, overlooks, rock outcroppings, natural stone arches, and caves. Please see the separate listing for the hike descriptions. The two cave hikes have a limit on the number of hikers. You can pre-register for the either of the two cave hikes by contacting Jim McCullough at sue1290@frontiernet.net

The annual meeting starts on Friday with registration opening at noon. Come early and join the hikes, meet your friends, and explore the 4H center. Entertainment is scheduled for Friday night featuring the always fascinating State Naturalist, Mack Pritchard, followed by the Celtic/bluegrass band, Hickory Wind. Weather permitting: the activities for the night will end with a bonfire.

Most of the hikes are scheduled for Saturday, but we will get back to the center in time for dinner, the TTA annual meeting, and then the live auction. A silent auction will run from Friday evening through Saturday evening. The live auction and the silent auction provide a good opportunity to purchase items for yourself or gifts for special people. Other fundraising activities during the weekend include a bake sale and a White Elephant sale.

As in past years, it is requested that each TTA Chapter donate at least 5 quality items for the Live Auction. We also need items for the Silent Auction. Items for the Live Auction are usually new, unless their value has increased with age. Examples of items that have been donated in the past include sleeping bags, tents, trekking poles, backpacks, water hydration systems, paintings, and handmade bed quilts. As most hikers have enough equipment, consider donating items that might not be related to hikingSilent Auction items usually include some gently used equipment similar to the items listed for the live auction, new items of lesser value (hiking socks or trail guide books), plus gift certificates for services, such as restaurants, overnight lodging, etc.Sometimes there is a fine line between whether an item should be in the Live Auction or the Silent Auction, so the auction "staff" reserves the right to place any item into the auction category that will probably bring the best bid.

There will also be a "White Elephant Sale", which is similar to a yard sale. Use this opportunity to clean out your cupboards, closets, nooks, and crannies and bring these items with you when you come. There is no need to price the items, as there will be tables set up with a range of prices. Just place the item on the table you think is appropriate. These items can be just about anything small enough to carry, but clothing (other than hiking or camping gear) does not sell well. Used books, movies, household and camping items, candles, figurines, wreaths, small appliances, and hand tools are just a few items on the bargain tables in past years.

No Annual Meeting would be complete without a Bake Sale! We're counting on TTA cooks to bring their homemade goodies, packaged for individual purchase. These baked goods make great snacks between meals and during the hikes.

The auction and other fundraising activity proceeds will be donated to the 2008 Alternative Spring Break Trail Building Program hosted by the Cumberland Trail Conference.

Chapter displays will be in the Recreation Hall. We want each Chapter to bring a display of pictures from your hikes and activities throughout the year.

There will be TTA Merchandise for Sale. Individuals and chapters wishing to sell other items must clear this in advance with the Annual Meeting Planning Committee: please contact either Carolyn Miller or Rita Senko. (Contact information on the registration sheet).

Due to the size of the group, we have reserved the entire camp. The 4H center is located on 190 acres of well-maintained grounds and hosts modern cabins and lodges, dining facilities, meeting rooms, a lake, and some short hikes around the camp. Hikes within driving distance of Crossville are the main attraction on Saturday, but if you prefer to stay at the 4H center, there are horseshoe pits, a volleyball court, a basketball court and catch-and-release fishing in the lake (bring your license).

The housing accommodations consist of two lodges, Cedar and Pine, and dorm style cabins. Tent camping is available on the property. All accommodations will be based on first come, first serve basis. If you should require other accommodations, a list of area motels is available. The food will be prepared by experienced cooks and served cafeteria style.

If you want to explore Crossville area attractions, they include the respected Cumberland Country Playhouse, numerous golf courses, and an outlet mall. For history buffs, the 4 H center itself was the location of one of the first POW camps during World War II and housed German and Italian officers. There will be a video presentation about the history of the camp on Friday evening. Additionally, the Homestead area south of town provides a glimpse into the Works projects sponsored by the New Deal during the 1930's.

Undecided yet about attending this year's Annual Meeting? Just consider the benefits: the opportunity to hike on the Plateau, see old friends, be entertained, and support the activities of Tennessee Trails Association and the Cumberland Trail Conference.

TTA Annual Meeting: October 12 – 14, 2007 Clyde M. York 4-H Camp Crossville, TN (clydeyork4hcenter.org) Registration Form

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<u>Directions to the Clyde M. York 4-H Center, Crossville, TN.</u>

FROM NASHVILLE: Take I-40 East to Exit 317 (Highway 127). Exit to Right and go South 3 miles to Elmore Road intersection (Stoplight # Take a Right. Go West 4.8 miles to POW Camp Road. There is a large brown University of Tennessee sign at the intersection pointing direction to the 4-H camp. Turn Left onto POW Camp Road. Go approximately 3 miles to the Clyde M. York 4-H Camp. Turn Left into the car Registration will be in the Dining Hall.

FROM KNOXVILLE: Take I-40 West to Exit 317 (Highway 127). Exit to Right, cross over the interstate and go south 3 miles to Elmore Rointersection (Stoplight #9). Take a Right. Go West 4.8 miles to POW Camp Road. There is a large brown University of Tennessee sign at 1 intersection pointing the direction to the Clyde M. York 4-H Camp. Turn Left onto POW Camp Road. Go approximately 3 miles to Clyde M. Y 4-H Camp. Turn Left into the camp. Registration will be in the Dining Hall.

FROM CHATTANOOGA: Take Highway 27 North to Highway 111. Take Hwy 111 to Dunlap. At Dunlap, take Highway 127 North to Crossvi Go through downtown Crossville and turn left at the Elmore Road intersection (Stoplight # 9). Go West 4.8 miles to POW Camp Road. There i large brown University of Tennessee sign at the intersection pointing the direction to the 4-H camp. Turn Left onto POW Camp Road. approximately 3 miles To Clyde M. York 4-H Camp. Turn Left into the camp. Registration will be in the Dining Hall.

2007 TTA ANNUAL MEETING

HIKE DESCRIPTIONS

PLEASE PRE-REGISTER FOR THE CAVE HIKES:

Contact Jim McCullough by e-mail at sue1290@frontiernet.net. Limited space availableTrying to decide which hike to do? Pictures from the hikes are posted at: http://picasaweb.google.com/sue1290.

LOST CREEK CAVE

FRIDAY

Lost Creek Cave is a few miles east of Sparta, south of Rt 70; it is about 45 minutes from the 4-H Camp. Total hiking distance is 3 miles, including 2.5 miles in the cave. There is a steep descent to the cave entrance and the footing in the cave is challenging. There is some rock scrambling. So, the hike is rated moderate but easy enough for a caveman to do. Inside the cave there is plenty of head room. The destination is a room with a 30' waterfall. After returning to the cave entrance, there is a short side trip to an above ground waterfall with a drop of about 60 feet. Lost Creek Cave was a film set for the Disney production of The Jungle Book about fifteen years ago. NOTE: There is a 30 person limit on this hike. Bring two flashlights

BLACK MOUNTAIN

Black Mountain is part of the Cumberland Trail, east of Crossville, south of Interstate 40. It is 45 minutes from the 4-H Camp. Hikers will shuttle cars and descend about 1000' from the top of the mountain to the ending trailhead. The hike is easy to moderate, about 5 miles with generally good footing on a new trail completed earlier this year. There are massive rock outcroppings and overlooks at the top of the mountain. The trail passes thru these rock structures on the way down to Windlass Cave and then on to the ending trailhead. The first couple hundred yards of Windlass Cave can be explored for those with flashlights.

SATURDAY

ANGEL FALLS OVERLOOK

Angel Falls Overlook is in the Big South Fork. Hikers will shuttle cars and depart from the Bandy Creek trailhead finishing at Leatherwood Ford. Bandy Creek is about 1.5 hrs from 4-H Camp. The hike is 10 miles but the footing is good and the overall grade is downhill. It is usually rated difficult due to its length. The hike passes several rock houses, a small waterfall and a couple overlooks on the way to Angel Falls Overlook, which is a massive rock outcropping several hundred feet above the Big South Fork of the Cumberland River. It is 2-3 mi from the overlook to the cars at Leatherwood Ford. Due to a fairly long drive, a car shuttle, and a long hike, this hike will take about 9 hrs, door to door.

TWIN ARCHES

The Twin Arches Loop is the best known of the Big South Fork hikes. The trailhead is a little over an hour from 4-H Camp. The hike is moderate, about 6 miles with good footing but some ups and downs. The scenic highlights are the Twin Arches about 0.7 mi from the trailhead. The South Arch, 100' high with a 100' span, is a little larger than the North. There is a narrow crack in the rocks that hikers can squeeze thru at the South arch. After the arches the trail circles at the base of a cliff by rock houses and a natural chimney structure descending to Jake's Place, the remains of a 19th Century farmstead. From Jakes the trail follows a creek to the Charit Creek Hostel. Hikers usually relax, eat lunch, and entertain the cats on the Hostel porch. After lunch, we climb back up to the arches and on to the cars.

HIDDEN PASSAGE

The Hidden Passage trailhead is a short distance beyond the Pickett State Park Visitor Center about an hour from 4-H Camp. The hike is moderate, about 8 mi with good footing and little elevation change. The Hidden Passage is a series of rock houses with a rock opening connecting two near the beginning of the hike. The twenty-foot Crystal Falls is a short distance beyond Hidden Passage. The rest of the hike circles along the rim of the Big Thompson Creek gorge with lots of rock houses and overlooks. There is an old spring and some wet weather falls along the trail.

BRADY MOUNTAIN

Brady Mountain overlooks Grassy Cove just southeast of Crossville. Hikers will shuttle cars and hike north over the mountain on the Cumberland Trail. The departing trailhead is about an hour from 4-H camp. The hike is about 8 miles with a several hundred foot climb to the top of the mountain. It is usually rated difficult. There are three overlooks of Grassy Cove along the way. The best is Brady Bluff (which is probably the nicest overlook on the Plateau as well). Watch for rattlesnakes that like to sun themselves on the rock outcroppings near Brady Bluff. Before getting to Brady Bluff there is an area of nice rock structures on the western slope of the mountain. After Brady Bluff the trail descends 1000 feet to the finishing trailhead.

FALL CREEK FALLS

This is a series of short hikes in Fall Creek Falls State Park, about 45 minutes from the 4-H Camp. Hikers will start at the nature center and do the Cable Trail which is a bit intimidating but is one of the best short (less than 0.5 mi) hikes on the Plateau. It is a very steep cable assisted descent a couple hundred feet to the base of Cane Creek Falls. If you don't like heights, you can sit this one out and spend a half hour exploring the nature center. But if you can deal with a little intimidation, it is a great experience. After the Cable trail, the hikes are in the easy to moderate class with a total hiking distance of less than 5 miles. The trail follows the Cane Creek gorge to the top of Fall Creek Falls and then descends to the bottom of the falls. The hike also includes stops at Buzzard's Roost and Pine Falls overlook which depart from separate trailheads

VIRGIN FALLS

The Virgin Falls trailhead is about 20 minutes west of the 4-H Camp. The hike is difficult, about 8-9 miles with a lot of ups and downs. Virgin Falls is formed by an underground stream that comes out of a cave, drops over 100 feet, and flows back into another cave. Hikers pass two other significant waterfalls on the way. There are a couple cave entrances that can be explored by those with flashlights.

POLLY BRANCH

Hikers will shuttle cars a short distance and begin this hike at the Polly Branch trailhead and end at the Yellow Bluff. The trailheads are about 20 minutes west of the 4-H Camp. The hike is about 7 miles and in the moderate class. The main features are Upper and Lower Polly Branch Falls, Jenny Branch Falls and the Yellow Bluff overlook of the Caney Fork Gulf. The falls are in the 15-30 foot class, but are very photogenic.

CUMBERLAND MOUNTAIN STATE PARK

The Pioneer Loop trailhead is at the boat dock parking lot about 30 minutes east of the 4-H Camp. The hike is a 5mile loop along opposite sides of Byrd Creek. The footing is good and the terrain is flat, so the hike is rated easy. This is a good hike for non hikers or those who might have over done it the prior day. Byrd Creek is scenic and the fall color may be good.

BONE CAVE

Bone Cave is near Rock Island State Park, about an hour southwest of the 4-H Camp. Once at Rock Island State Park, the hike will be led by a Park naturalist. Expect a short but fairly steep descent to the cave entrance and then 2 hours in the cave. The footing in the cave is generally good but there is some hands and knees crawling and narrow spaces. The crawls are never very long so it's not a claustrophobic experience. The hike probably belongs in the moderate class. Bone Cave is bone dry, but got its name for the bones of a prehistoric giant sloth that were found preserved in the dry environment. Saltpeter was mined as early as the war of 1812 and much of the equipment has been preserved by the dry environment. NOTE: There is a 20 hiker limit on this hike and a State Park fee of \$3. Bring two flashlights. Hard hats are a convenience, but not mandatory.

HONEY CREEK LOOP

The Honey Creek trailhead is about 1.5 hours north of the 4-H Camp in the Big South Fork. The loop is about 6 miles but seems longer due to lots of ups and downs, rock stepping and slippery footing in the creek bed. The hike is rated difficult due to the terrain. The loop passes Honey Creek Falls and three other falls (one of which runs only in wet weather) before reaching Indian Rockhouse which is only accessible by ladder. After Indian Rockhouse the trail is in the creek bed....slow going but scenic. After leaving the creek bed, the trail climbs to the base of Honey Creek Overlook and winds around the base of that cliff. After completing the hike it's a short drive out to the top of Honey Creek Overlook which looks down on the Big South Fork Gorge.

BURGESS FALLS

Burgess Falls State Park is about 45 minutes west of the 4-H Camp. The easy, two mile hike follows the Falling Water River providing a view of four consecutive falls of 20 feet, 30 feet, 80 feet and 136 feet. This would be a great stop on the way west Sunday after a hard day of hiking Saturday.

LILLY BRIDGE

The Lilly area of the Obed Wild and Scenic River is an hour northeast of the 4-H Camp. This is actually two hikes totaling about 6 miles over rough terrain. Taken together the hikes are of moderate difficulty. The first hike begins at the top of Lilly Cliffs which overlook the 200 foot Clear Creek gorge. After hiking downstream along the top of the gorge and passing several overlooks the trail descends to the base of the cliffs and heads back upstream along the cliff line, climbing back to the top and the cars. While at the base of the cliffs, cantilevered rocks of the overlooks can be seen. The second hike starts at Lilly Bluff Overlook on the other side of Clear Creek. It descends to the river passing two waterfalls. The hike concludes with a trip into Lilly Boulders which is a network of rock houses and large boulders that climbers use to practice maneuvers.

	2007 TTA Annual Meeting – Schedule of events
Friday, October 12	
Noon	Check-In Begins
1:00 PM Hikes: Lo	est Creek Cave and Black Mountain
4:00 PM	Social Hour
4:30 - 5:30 PM	History of the 4H Camp: WW II POW Camp Video
5:30 PM - 6:30 PM	Dinner Buffet
7:00 PM	Silent Auction Begins
7:00 PM - 8:00 PM	Mack Pritchard
8:30 PM	Entertainment: Hickory Wind
8:30 PM	Bonfire starts
Saturday, October	13
6:30 - 7:30 AM	Breakfast Buffet
6:30 - 7:30 AM	Pick up Bag Lunches
7:00 - 9:30 AM	Depart for Hikes
4:00 PM	Social Hour
7:00 AM - 5:00 PM	Hikes
5:30 - 6:30 PM	Dinner Buffet
6:45 - 7: 45 PM	TTA General Membership Meeting
7:55 PM	Silent Auction Ends
8:00 PM	Live Auction with Bear Stephenson, Auctioneer
Sunday, October 14	
7:30 - 8:30 AM	Breakfast Buffet
7:30 - 11:00 AM	Check out
8:30 AM	Depart for Hikes: Burgess Falls and Lilly Bridge
9:00 AM - Noon	TTA Quarterly Board Meeting

MEMPHIS CHAPTER

CHAPTER OFFICER: Carolyn Pierce 901-755-5635

cedpierce2000@yahoo.com

MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00 pm at Cordova Library, 8457 Trinity Rd. Turn east off Germantown Parkway onto Trinity Rd. approx. 1 mile on the right. Library shares entrance with Bert Ferguson Community Center Oct 6, Germantown Greenbelt / Riverwood Natural Area Margaret will lead an easy 3-4 mile walk through the Riverwood Natural Area. Meet at 9:00 a.m. at the Riverwood Natural Area parking lot. For information call Margaret Dixon at 662-893-1794 or 901-608-7680cell. directions: Turn east on Wolf River Blvd. off Germantown Pkwy. Once past the Stern Cardiovascular Clinic travel a short distance (approx1/5 mi) and look for the entrance and small parking lot on the left across from Kimbrough Grove

Oct 12-14, TTA Annual Meeting Clyde M York 4H Camp. Crossville

Oct 18 Monthly Meeting 7:00 p.m. Cordova Public Library Hiking in the Swiss Alps See Jerry and Gloria Lenski's hiking adventure which begins in Grindelwald hiking in snow, then on to green alpine meadows and snow-capped mountains near Kandersteg, and discovering an off-the-beaten path near the village of Wiler. And the trip concludes with hiking high-altitude mountains around Zermatt and Saas Fee. Bring a friend and enjoy the most beautiful mountains in the world...the Bernese Oberland Oct 20, Harbor Town Walk Meet John at 9:00 a.m. for an easy 3-4 mile walk. Directions: cross the Auction Street Bridge next to the Pyramid, at the bottom of the hill turn right then an immediate left into the parking lot. For information call John Martin at 901-386-3722

Oct 27, Queen Wilhelmina State Park - HIKE CANCELLED Alternate hike: Poplar Lake Trail at Meeman-Shelby Forest. Meet at the visitor center at 9 a.m. and bring water and snack/lunch. Hike begins with a car shuttle to the south end of the trail for a 5-6 mile easy to moderate hike through the forest connecting with the Woodland Trail and back to the visitor center. For information call & Woody Pierce901-755-5635. Carolyn www.state.tn.us/environment/parks/MeemanShel by

Nov 3, Shiloh National Military Park near Counce, TN -- Registration Required -- This is a flat and easy 8-9 miles hike through the battlefield. Meet at Ed Shaw's Café located of TN Hwy22 at 10:00 a.m. Carpoolers meet at 7:45 a.m. at Target 9235 Hwy 72 (Village Shops of Forest Hill Irene). Target is east of intersection

MEMPHIS (cont)

US Hwy 72 and Forest Hill Irene Road. Bring lunch and water. To registration and for information call Freddi Felt at 901-685-9915.

PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER:

Rita Senko

865-354-6101

rsenko@usit.ne

SECRETARY/TREASURER: Mitze Anderson

mitzel@yahoo.com

931-788-6731

NO MEETING IN OCT DUE TO ANNUAL MEETING

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or Jim McCullough at sue1290@frontiernet.net. cancels.

Oct 12 - 14 - TTA Annual meeting hosted by the Plateau Chapter. Clyde M. York 4H Center, Crossville, TN.

Oct 27. Clyde M. York 4H Center, Crossville, TN. Trail building Project. For more information and to register. contact Rita Senko at 865-354-6101 or rsenko@usit.net.

TTA's Calendar*

The following dates in 2007 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days,
- will consider organizing/leading volunteers from your chapter/region for an event listed
- can be sure to prevent scheduling conflicts with an activity you wish to plan

Oct 12-14 Annual Meeting (Crossville, TN)

Oct 27 Make a Difference Day(National Volunteer Week)

*Calendar will be revised as needed

NASHVILLE CHAPTER

CHAPTER OFFICER:

Nora Beck

615-617-6486

nora_beck@comcast.

OUTINGS COORDINATOR:

Libby Francis

Libbyslibbys@Comcast.

(email Libby & volunteer to lead an outing)

MEETS MONTHLY:

HIKING HOTLINE: 615-367-7045

Oct 23 Monthly Program Meeting: Our members travel! And this month we take you to the breathtaking Northern Rocky Mountains. Our guides are Libby Francis and Jenice Johnson and together they will take us powerpointing through Glacier, Jasper and Banff National Parks with a side trip to the Calgary rodeo. Come share in the stories and the amazing images. 7PM at the Tennessee Wildlife Wildlife Resources Agency Region 2 headquarters building. On the Ellington Agricultural Center campus on Edmondson Pike. =

Oct. 6, Long Hunter State Park, Nashville. Volunteer Trail Day Loop. This is a four-mile hike that borders Percy Priest Lake. The terrain is fairly level and the hike is moderate. We will meet at the Kinko's in Donelson near the airport at 8:30 AM. The hike will begin at 9AM, CT. Call or e-mail David Jenkins at go4no1@aol.com, or 615-426-3754 to register.

Oct. 6. Beaman Park, Nashville. Beaman Park. Trailbuilding Work Day, 9:00 am, CT, to noon. For info contact, nancydorman@yahoo.com, or 615-202-5891. We will be working on the trail from the new nature center to the existing park trail system. Please wear long pants and sturdy shoes. Bring a snack and water if you'd like. Tools, gloves, and training will be provided.

Oct. 14-16 Annual Meeting, Join us for some awesome hikes at the annual meeting. See you there!!

Oct. 19-21, Best of the Big South Fork, Backpacking, 24-mile loop. Moderate. Friday, 8-mile hike from the visitor center to an overlook of the BSF river, where we camp on the overlook, fabulous view! Then Saturday, 9 miles to the waterfall campsite at Laurel Creek, great plunge hole! Then Sunday, 7 miles to the visitor center, and a well deserved early dinner. Contact Keith White at 615-305-9078

Oct. 20, Bicentennial Mall, Nashville. Hike in the city of Nashville. We will meet at 9 AM, CT, and start at the water fountains at the end of Bicentennial Park. We will head up two sets of stairs to the Capitol building, then we will go down 5th Ave. to the GEC and then cross the Shelby Street Bridge. We will go around Titans stadium, back across the river, into Bicentennial Park, take the walk down the history of Tennessee, and back to the fountains. My guess is that this is around 5 miles. e-mail or call David Jenkins at Please go4no1@aol.com or 615-426-3754 to register or for more information.

Oct 28, Pre-Halloween Hike on Montgomery Bell State Park's Perimeter Trail (west side). Burns, TN. The west side of MBSP's Perimeter Trail is approximately 7 miles long and rated moderate due to the continuously rolling and hilly terrain. MBSP is home to lots of wildlife, so we'll be on the lookout for deer, turkeys, owl, foxes, chipmunks, squirrels, toads and frogs. Halloween themed attire is encouraged. Sturdy hiking boots or trail shoes are a must! Bring snacks, lunch and water.

NASHVILLE (cont)

Carpoolers will meet in the Wal-mart parking lot (left side of the store – "garden center area") on Charlotte Pike (Exit 201 off of I-40). For more information, carpool meeting time, and to register, call Diane Manas at 615-352-7777.

NORTHWEST CHAPTER

(UT at Martin/Weakley County)

CHAPTER OFFICER: Jim Clark 731-587-2225 *jclark@utm.edu* Contact Jim Clark for information about hikes.Be sure to participate with other chapters on weeks when our chapter does not have a hike.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Pam Miller 931-526-9259 pdmiller@citlink.netettlink.net

Oct 6 Max Patch, Pisgah National Forest, Hot Springs, NC. Spectacular views atop the grassy bald. The 6-mile hike will begin at Lemon Gap and is rated moderate. Bring lunch, water, snacks, sturdy hiking boots, etc. After the hike, for those interested, I have reserved a hot tub in Hot Springs. To reserve a spot in the hot tub email or call by Oct 1. You can meet us at 6:30am CT in the Penney's parking lot in Cookeville. For information and to register contact Kathleen Sullivan at 931-520-6294 or gkhs@multipro.com October 12-14 State meeting

Oct 20 Castle Rock, Frozen Head State Park, Wartburg, TN. The first section of this hike is an ascent of 2 difficult miles with many switchbacks to Castle Rock. We will then go west on the new Cumberland Trail for 1 mile. After retracing our steps back to Castle Rock, we by-pass Castle Rock and continue on the Cumberland Trail until it junctions with the Jeep Trail. We will take the Jeep Trail back down to the trailhead. The hike is 10 miles and rated difficult because of the ascent to Castle Rock. Bring snacks, lunch, water, and wear hiking boots. You can meet us at 8:00am CT in the Penney's parking lot in Cookeville or about 9:30 CT at the Frozen Head Ranger Station. For information contact Carol Anderson at ander743@bellsouth.net. To register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Oct 27 Big Creek Trail, Great Smoky Mountains National Park, Cosby, TN. The Big Creek Trail is an old logging road that roughly follows Big Creek for 5.8 miles. The trail offers views of waterfalls and multiple cascades and sightings of old cable, bolts, and other vestiges of the logging industry. There is an elevation gain of 1375 feet along the 5.8 miles, but it is a gradual climb. The hike is out-and-back, affording an opportunity to turn back early if you do not wish to hike the entire 11.6 miles. The hike is rated moderate for the distance. Bring water, snacks, lunch, and wear sturdy hiking boots. You can meet us on the west side of Penney's parking lot in Cookeville at 7:30am CT. For information and to register contact Lillian Ey at 615-746-8890 or eyintn@hotmail.com.

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Cumberland Trail Conference

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TN Rails To Trails Advisory Council

VACANT

CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interestare due as follows:

Due	For Newsletter Dated		
Oct 5	Nov 1		
Nov 10	Dec 1		
Dec10	Jan 1		

Articles submitted are subject to editing and will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

Evan Means Small Grants Program

The TTA board of directors voted in February 1999 to honor Evan Means, one of the founders of TTA, by establishing a Grants Program in his name. This program annually funds trail-related projects across the state and is open to TTA chapters, as well as to other non-profit, volunteer-based organizations. Grant amounts are normally given in the range of \$300-\$600, but larger requests will be considered. Applications for the 2008 Grants Program should be received by December 31, 2007 for grants awarded in February 2008Grant criteria and applications may be downloaded by going to http://www.tennesseetrails.org/ and clicking on "Grants".Please remember: Supporting Members Support the Grants Programs. When TTA members join TTA or renew their memberships, they have the option to become "Supporting Members" by contributing extra money beyond the normal dues. These tax-deductible donations are allocated directly into the Evan Means Small Grants Program fund. In 2007, Evan Means Small Grants were awarded to: TTA's Cove Lake chapter to revitalize the LaFollette Nature Trail; WATER to help complete a trail system along the shore of the Tellico Reservoir; Cumberland Trail Conference to help finance spring trail building programs on the Cumberland Trail; The Touliatas Nature Center in Memphis for construction of an interpretive trail; and An Eagle Scout project on the Smoky Mountain section of the Cumberland Trail.

At the TTA Annual Meeting, October 12-14, TTA members will elect officers and a representative from middle Tennessee to serve on the board of directors during 2008. The elections are held on Saturday, October 13 after dinner. The board of directors presents the following slate of candidates:

President - Rosemary Marshall

Vice President Lou Ann Partington Secretary - Carolyn Miller

Treasurer – Don Dresser

Membership Director - Garnett Rush

Middle Tennessee Regional Representative - Libby Francis
All candidates are being elected for a one-year term, except
Regional Representatives serve for three-year terms.
Nominations for any position may also be submitted "from the
floor" at the meeting.

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