



Tennessee Trails

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Tennessee Trails Association, Inc.

Volume XIII, No. 9

August 1982

CHICKASAW STATE RUSTIC PARK (Hardiman & Chester Co.) 31 July 1982

Memphis Chapter will hike through the scenic timberlands of Chickasaw State Rustic Park, (7 miles, Class I). One of Tennessee's largest state parks, this area is located in the Chickasaw State Forest and is well known for its tall pines and its heavy woodlands. Hikers are requested to pack in a lunch and water. We will meet leader Richard Cox, park naturalist, at the state park office at 9:30 a.m. CDT. Carpoolers will leave Kingsway Christian Church at 7:30. Chickasaw is located off Hwy 100 near Henderson, TN.

LEADER: Richard Cox 901-989-5141

RADNOR LAKE (DAVIDSON COUNTY) 7 August 1982

Join Nashville Chapter and Audubon on this jointly-sponsored Night Hike at Radnor Lake State Natural Area. Call the leader or Betty Smith (615-297-1026/329-7010) for info on meeting time and place.

LEADER: Mack Prichard 615-298-2313
Nashville 615-742-6666
(work)

ROCK ISLAND STATE PARK (Warren Co.) 14-15 August 1982

The Park is just off 70-S between McMinnville and Sparta. Swimming, wading, rock-hopping in the gorge of Caney Fork in the Park. There are many large and small waterfalls. Bring a lunch and drink. Wear wading shoes. There is camping in family campground or primitive campground. (Some of our party will probably camp in primitive campground, possibly both Friday and Saturday). If you need more information, call David Stidham, 615-859-3621, or the leader. Meet at Park office at 10:00 a.m. central time on Saturday.

LEADER: Evelyn Tretter 615-859-0566
Goodlettsville

CANOE TRIP ON NORTH FORK OF THE WHITE RIVER, MO. 14-15 August 1982

The Memphis Chapter will be teaming up with the Bluff City Canoe Club as we canoe the North Fork of the White River. Located in southern MO, this river provides the paddler with a beautiful, easy float and spectacular scenery. We will put

in at Hammond Campground on County Road CC off 63 bypass out of West Plains, MO, at 9:00 a.m. Camping facilities will be at Hammond Campground for both Friday and Saturday nights. Canoe rental is available at Outdoors, Inc., (901-767-6790), for \$37.50; or at Memphis State University Recreation Dept. for \$13.00. Call Jill Norvell for MSU information (901-454-2365). Bring your own.

LEADER: Jim Raymond 901-522-2184

FIERY GIZZARD TRAIL, GRUNDY FOREST (Grundy Co.) 21 August 1982

This will be a short hike through the upper end of the Big Fiery Gizzard Gorge down to the Sycamore Falls where we will eat lunch. After lunch, we can go swimming, lie in the sun or just relax and listen to the waterfall. We will return via the Grundy Forest Day Loop. The hike will be about 4 miles in length over a well established trail. Hikers should bring lunch, water and a swimsuit. Tennis shoes are permissible, but hiking shoes/boots are recommended. Meeting time is 10:00 a.m. CDT, at the South Cumberland Recreation Area Headquarters located between Monteagle and Tracy City on Hwy 56. For more information contact leader.

LEADER: Bob Richards 615-924-2956
Tracy City

TWO TRIPS THIS MONTH TO: VIRGIN FALLS POCKET WILDERNESS (White County) Sunday, August 22, 1982 Saturday, August 28, 1982

On Sunday, August 22, the Cumberland Mountain Chapter will sponsor a hike to Virgin Falls Pocket Wilderness in White County. Virgin Falls is formed by an underground stream that emerges from a cave, drops over a 110 foot cliff and goes back into a cave at the bottom. The area has numerous overlooks, caves, and streams. It is partially bordered by the Caney Fork River. This area is one of several Pocket Wilderness Areas maintained by Bowaters Corporation. This is a strenuous hike which will take between 6 and 8 hours. Be sure to wear sturdy hiking shoes, pack a good lunch and bring plenty of water. We will be carpooling from Hammond Motor Parts and leave promptly at 8:00 a.m. C.D.T. on Sunday, August 22, 1982. If you would like to meet us at the trail head follow these directions; Take Highway 70 to Derosssett, TN (located between Sparta and Crossville), follow the signs from Derosssett to the parking area. For more detailed directions see the map below. If more information is needed

contact Steven Burke at 615-879-8017 from 7:00 a.m.-5:00 p.m. or Howard Ray Duncan at 615-879-8245.
NOTE: The Murfreesboro Chapter is sponsoring another hike to Virgin Falls on Saturday, 28 August. For info on meeting time and place, contact the leaders: Linda & Don Magee (Murfreesboro) 615-895-2271.

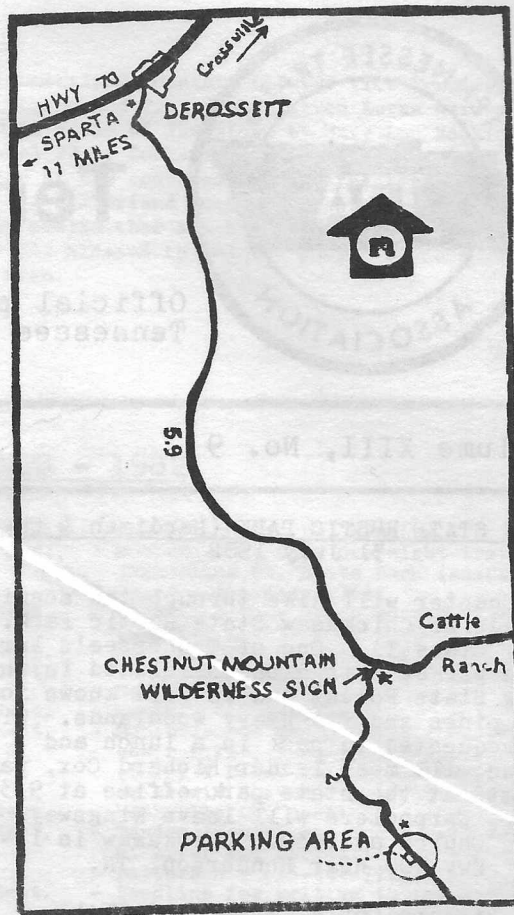
CARPOOL COORDINATORS:

Memphis - Connie Mahoney 901-528-5899
 901-278-1817 (work)

Nashville - Evelyn Tretter 615-859-0566

Murfreesboro - Maryedith McFarlin
 615-896-1344

Chattanooga - Dot Lingerfelt 615-842-8043
 615-751-3292
 (work)



TTA Affairs

HIWASSEE RIVER V.I.P. WEEKEND - 14 August- On Saturday, August 14, TTA will co-sponsor, with TN Scenic Rivers Association, a weekend on the Hiwassee River for Tennessee's politicians and other V.I.P.'s, to introduce them to this scenic river. TSRA will conduct a float trip on the river, while TTA leads a hike on the John Muir Trail along the river. On Sunday, there will be a hike up to the Gee Creek Gorge. If you can participate, (e.g. backpacking lunches to the lunch stop) call David Stidham (615-251-5115).

ANNUAL MEETING - Mark your calendar now and plan to attend the annual TTA meeting, October 15-17, 1982, at the Lakeshore United Methodist Assembly in Eva, TN. This group camp has cabins (\$10.00 for both nights) and provides meals at \$2-\$3.00 each (½ price for children). The camp is located adjacent to Nathan Bedford Forrest State Park (campground available). The theme of the meeting will be "A Tennessee Trails Advisory Council- Do We need One?". Guest speakers from the Arkansas Trails Advisory Council will share with us their experiences in Arkansas. Representatives from government agencies and other trail user groups in TN will be invited to attend and possibly help kick off

a trails council in Tennessee. Other planned activities are mini-workshops on trail-related themes, show-and-tell, equipment exhibits, hiking, eating, fun and fellowship. If you have any ideas for the meeting, contact Dave Stidham (615-859-3621). Join us in West TN for an enjoyable weekend.

TRIP REPORT - Piney River Trail - Our Piney River Trip for this year was an enjoyable one. We didn't have a big crowd so so we took time to observe the wildflowers closely. This must have been the year for "gay wings" because they were in evidence from almost one end of the trail to the other. Trillium, Jack-in-the pulpit, and assorted violets were numerous. We were also lucky enough to see yellow Lady Slippers in full bloom at several places and, yes, one baby rattlesnake. We had two hikers from Murfreesboro - Carol Shelton and Elinor Hardison, and three from Nashville - Betty Smith, James Galloway and Maggie, the wonder dog - we wonder why she didn't grow bigger? David Rhyne.

Send material for **TENNESSEE TRAILS** to:
 David Stidham, Editor
 1015 Hitt Lane
 Goodlettsville, TN 37072
 The deadline is the 20th of each month. If possible, submit material camera ready, typed in a full 4½ inch column. Artwork is welcomed.

Chapter News

Murfreesboro

NO CHAPTER MEETING IN AUGUST - Plan now to attend the fall kick-off meeting on Sept. 14th.

Memphis

MEETING - Our program for the August meeting is designed to prepare us for our canoe trip in August. Jim Raymond, our leader for the trip, and an experienced canoer, will discuss the basics of canoeing and what we will need to bring. This should help us make this a safe as well as fun trip. Everyone is invited to attend. We meet at 7:30 p.m., every third Thursday of the month, at Kingsway Christian Church, Poplar and Massey.

Memphis Chapter's August program will focus on first aid along the hiking trail. Since fall is just around the corner, and all of us will be outside enjoying the cool weather, tips on what to do in case of emergency will be discussed.

TRIP REPORT - Saturday, June 26, fourteen hikers from Memphis Chapter met at Pinson Mounds State Archaeological Area for a walking tour led by Mike Carlton, Park Naturalist. After an introductory slide show about the area, we climbed Saul's Mound, second highest Indian mound in the United States. Our 5-mile hike took us past more than a dozen mounds of various sizes and shapes; some sites where archaeologists are presently digging; related earthworks and habitation areas; and along a delightful nature trail (certainly the coolest part of our hike!). The terrain of the area confirmed the fact that this is not one of the "most beautiful" of our state parks, but the history and atmosphere more than made up for any lack of breathtaking vistas. Pinson Mounds is a unique and very interesting part of Tennessee worth a return trip on a cool fall or spring day...B.P.

FOOD AND FUN AT SHELBY FOREST STATE PARK - Aug. 29- There'll be lots of "goings on" at Shelby Forest State Park's Picnic Shelter #4 beginning at 2:00 p.m. as the Memphis Chapter cools off and takes it easy with swimming, eating, and special events. Charlie Norvell, Ranger-Naturalist, has promised us "super-duper" programs, including a pontoon boat ride on Poplar Tree Lake. Bring your bathing suit, badminton set, or anything else in which you'd like to indulge. Be sure to bring a dish, dessert, or drink enough to share. More details at the Memphis Chapter August meeting, Aug. 20, or call Jill Norvell at 901-454-2365. See you there!

PREVIEW - Memphis Chapter bicycle tour and visit to historic Collierville, TN. Bike touring expert to accompany us. Plans include distances for experienced and inexperienced cyclists. Date: Sunday Sept. 26. Details at August and September Chapter meetings. Join us...J. Stotts

Nashville

TTA PROGRAM FOR AUG. 26 - Warner Park Nature Center, 7 p.m. central time. The monthly meeting of the Nashville Chapter will consist of a slide program on the Cherokee National Forest Rare II designations and future recommendations. This presentation was put together by the Cherokee National Forest Wilderness Coalition and deals with many of the issues concerning wilderness designations within Tennessee's National Forest. Following the slide presentation will be a brief question and answer period. Bring a generous covered dish and drink. Plates and utensils' furnished. (See enclosure on Rare II proposal).

TRIP REPORT - Five of us hiked the 3½ mile wooded path at Old Stone Fort, July 17. The superintendent, Bill Thompson, and naturalist Tom Langlin, told us the history of the 900 acres. The so-called walls, now earth mounds, are what is thought to be Indian ceremonial grounds, but long ago the first settlers called it a stone fort. This is how it got its name. The beginning of Manchester was right here when two Englishmen built a paper mill using the water power from the Duck River. They named the town after their home town in England. The stone walls still stand. We chewed the leaves of the Sourwood tree to find out why the Thai community in Manchester has been stripping the branches for the leaves. Very tasty. Marilyn Turner and Mildred Lassiter were hesitant when Tom Langlin asked if they wanted to see a copperhead. Naturally, after that Helen McGregor and Vic Canada were on the lookout for others. We saw no more, but enjoyed the yellow blossoms of the Foxglove and Hearts-a-bustin'. After a picnic lunch and wade in the water we headed home...Gayle Douglas.

Cumberland Mountain

The Cumberland Mountain Chapter meeting will be held Monday, August 30, 1982 at 7:00 p.m. C.D.T. at Allardt Elementary School library. Our guest speaker will be Rick Mallory of the TVA Conservation Worker's Corp and the topic of conversation will be work projects pertaining to trail building and planning with the Big South Fork NRR and the John Muir Trail. There will be slides and refreshments served. Everyone is invited to attend.

On June 28 the Cumberland Mountain Chapter had a combined homemade ice cream party and meeting at Pickett State Park lodge. The group along with several visitors gorged themselves on approximately three gallons of homemade ice cream, straight from the maker, flavored with various fruits and toppings. The meeting itself consisted of a program given by George Minnigh on safety procedures on white water rafting and canoeing, along with familiarizing the members with the sport. The program consisted of a lake side demonstration on the differences of a white water canoe and a lake canoe, along with the essential gear used in white water canoeing. George also showed two informative films and a slide show. The slide show was about canoeing and rafting white water in our local areas of the Big South Fork and the Obed rivers. After other minor business was discussed the meeting was adjourned.

In other chapter news on June 27 the Cumberland Mountain Chapter conducted another trail construction trip to the Sheltoee Trace Trail and built approximately another 300 feet of trail. The work consisted of much digging and raking and lasted around four hours of working time. This brought the total amount built to approximately 400 yards. Those participating were: Tom and Diane Maddox, Howard Ray Duncan, Steven and Pamela Burke, Carl and Sheryl Cooper, Tony Terry, Marta and Mahaliah Cooper... Steven Burke.

The Cumberland Mountain Chapter Vice-President, Howard Ray Duncan and President, Steven Burke were interviewed on WCLC Radio of Jamestown by Mary Lou Robbins of WCTE channel 22 of Cookeville on Saturday, July 10. The topics of the conversation was the history of the TTA, how the Cumberland Mountain Chapter was formed, and the major trails that are being established in our area. We were all pleased to see the public support we have in our area.

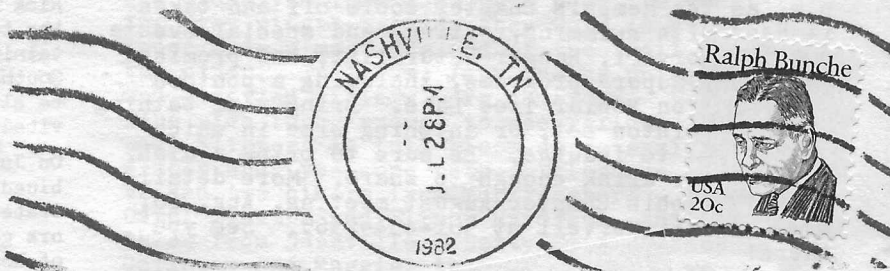
CALENDAR OF EVENTS - 1982

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|------------|--|------------|--|
| 7 August | - Nashville Ch.- Radnor Lake Hike. | 30 August | - Cumberland Mt. Ch. meeting. |
| 8 August | - Cumberland Mt. Ch.-Sheltoee Trace trail construction workshop. | 4-5 Sept. | - Murfreesboro Ch.- Overnight trail, Cumberland Mt. State Park (Andra Fuson - 615-444-7775). |
| 14 August | - Hiwassee River V.I.P. trip. | 12 Sept. | - Nashville Ch.- Percy Warner Park (Charles Arnott - 615-889-0621). |
| 14-15 Aug. | - Nashville Ch.-Rockhop & swim, Rock Island State Park. | 14 Sept. | - Murfreesboro Ch. meeting, MTSU. |
| 14-15 Aug. | - Memphis Ch.- Canoe trip on North Fork of the White River, MO. | 15 Sept. | - TEC Board Meeting, TSU's Downtown Campus. |
| 15-21 Aug. | - Murfreesboro Ch.- Appalachian Trail hike (trip full! For standby, call Glenn Hanley (615-890-4113/898-2104). | 16 Sept. | - Memphis Ch. meeting. |
| 19 August | - Memphis Chapter meeting. | 18 Sept. | - Murfreesboro and Nashville Ch.-"Wheel-chair Hike", Long Hunter State Park, (Larry & Diane Wilson - 615-297-6181, or Reggie Reeves - 615-459-8194). |
| 21 August | - Fiery Gizzard Trail. | 23 Sept. | - Nashville Ch. meeting. |
| 22 August | - Cumberland Mt. Ch. - Virgin Falls Pocket Wilderness. | 25 Sept. | - Tandem Arches, Big South Fork National River and Recreation Area (Sharon Patterson - 615-444-7775). |
| 24 August | - Public meeting on Citico Creek & Big Frog Mt. wilderness proposals, Cherokee Nat'l. Forest, 7:30 p.m., courthouse at Athens, TN (see enclosure). | 25 Sept. | - Deadline for writing to the Forest Service about the Citico Creek and Big Frog Mt. wilderness proposals. |
| 26 August | - Nashville Ch. meeting, Warner Park Nature Center. | 15-17 Oct. | - TTA Annual meeting, Lakeshore Assembly, Eva, TN. |
| 28 August | - Murfreesboro Ch.- Virgin Falls Pocket Wilderness. | 12-14 Nov. | - TEC Intergroup Conference. |
| 29 August | - Memphis Ch.- Shelby Forest State Park. | | |

TENNESSEE TRAILS ASSOCIATION INC.

OBJECTIVES: To promote, construct, and maintain a state wide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail.

P.O. BOX 4913
CHATTANOOGA, TENNESSEE 37405



E. W. Means
200 Butler Road
Oak Ridge, TN 37830