

TENNESSEE TRAILS

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June 1983

FOURTH SOUTHEAST TRAILS CONFERENCE TO BE HOSTED BY TTA -- The 4th southeast trails conference will be held at Pickwick Landing State Park in Tennessee Oct. 20-22 1983. The host organization will be TTA, supported by TVA, Tn. Dept of Conservation, and other agencies. The theme of the meeting will be "Volunteers on the Trail", addressing the growing use of volunteers in the construction and maintenance of trails in the region. Legislation, and the legal aspects of volunteer programs, including landowner liability, will be discussed.

Pickwick Landing is located at Counce, TN, about 12 miles south of Savannah and 110 miles east of Memphis on the shores of Pickwick Lake. Is is 15 minutes drive from Shiloh national military park, and ½ hour from the Big Hill Pond environmental education area.

Participants in the conference may check in any time Thru., Oct 20, and guides will be provided for informal trips or hiking in the park. There will be a get-acquainted reception at 5:30 pm and a show and tell session after dinner. Following a busy day of report sessions and workshops, Friday evening will be a social, with a fish fry, country music, and entertainment. The conference will wind up with a luncheon an Sat, after which participants can take to the trail if they so desire.

Chanter News

Cumberland Mountain

The Cumberland Mountain Chapter had their regular bimonthly meeting May 9 at Allardt Elementary School. After discussion of business a presentation was given by Steven Burke on insects and other pest encountered outdoors during the summer months. The program dealt specifically with such pests as ticks, chiggers, bees, and poisonous snakes, how to avoid them, the habitats where they are found, and the treatments involved for each. Refreshments were served during the meeting. On May 5 Howard Ray Duncan and Steven and Pamela Burke visited the Jamestown Chapter of the Home Demonstration Club and gave a presentation on the Tennessee Trails Association. We plan to lead the Home Demonstration Club members on a hike to Northrup Falls in June. The Cumberland Mountain Chapter has received much support from the community...Pamela Burke.

Murfreesboro

MEETING ON THE TRAIL.- Murfreesboro chapter's next meeting will be held on the trail. Yeap! We'll be meeting at the Coleman Bluff section of the Twin Forks Trail on May 28. Bring your hiking shoes and work clothes. Come try out our new bridge.

Trail administrators and organizations are invited to submit material for the conference. Show and Tell presentations will be coordinated by Evelyn Tretter, Sec. TTA. Get in touch with Evelyn at 306 Frances St. Goodlettsville TN 37072 by 1 Sept if you want to make a Show and Tell presentation. Other program material may be submitted to Evan Means, Conference Chairman, 200 Butler Rd., Oak Ridge TN 37830.

Conference participants will be housed at the Pickwick Landing Inn or they may camp in the park, There is motel space nearby to handle the overflow. A block of rooms have been set aside at the Inn, but you need to make your individual reservation by 30 Sept. by calling toll free 800-421-6683, or writing to Pickwick Landing Inn, PO Box 10, Pickwick Dam, TN 38365. Hope to see you at Pickwick in October.

NOTE TO TTA MEMBERS: Contact Jill Norvell 901-876 -5529 if you can help with registration or lead a hike during the conference.

SEPTEMBER IN THE SMOKEYS - There are still spaces available for the September 28 Mt. Le Conte trip. Here is a perfect chance for a beautiful overnight hike without the weight of a loaded pack. We hike in to Mt. Le Conte Lodge on Wednesday where we'll be given supper and breakfast and a good night's sleep with all bedding furnished. Then we'll hike back out on Thursday. Pre-registration is required by July 4. Call Betty Smith soon to reserve your place - 615-297-6355 after 8 pm.

Nashville

June Meeting - The Mashville Chapter will hold its June meeting at Cook's Recreation Area picnic shelter on Percy Priest Lake. Get off I-40 at Old Hickory Doulevard-Hermitage Landing exit, go south to Bell Road, east (left) on Rell Road and follow signs.

Potluck picnic 6:30 to 7:30, watch sunset 7:30 to 8:30, then slides by Joe Gaines, which will include those made at Indian Town Bluff on Chapter's hike on Feb. 19, 1983. (Camera was rescued from Bluff and film saved.) We will move from picnic area to amphitheater for slides. Utensils for picinic will be furnished. (Above schedule approximate.)

MOTE: Put this on your calendar. We will not call to remind members every month.

HIKES

Cumberland Trail (Bledsoe County) Fun Trip June 4, 1983

This fun trip is to give you a chance to get acquainted with the Pikeville-Dunlap section of the Cumberland Trail now in the planning and scouting phase. By popular choice we will either take the auto tour to Pitts Gap and scout the bluffs to the north, or proceed directly to Crystal Falls to scout for a campsite. Maybe both! Both trips are off-trail, but should be no more than Class III. Long sleeves and pants with sturdy boots recommended. Bring water, lunch and a lite heart. Meet at 7:30AM at the Cumberland Museum for carpooling. We will reassemble at 10:30AM at Scotties Hamburgers, US127, off the Square in Pikeville. Come get acquainted with Walden Ridge.

> Gene Curp, Hendersonville 615-824-1171 (Home) 615-822-1660 (Work)

SPRING RIVER CANOE TRIP (Shelby County)
Sat., June 11, 1983 Sat., June 11, 1903
Join the Memphis Chapter for canoeing about 9 miles on the Spring River. Meet 9:00 a.m. at the Many Islands Campground near Hardy, Ark. You will need a partner for the trip which will take approx. 6 hours on the river. Canoes rent for \$21.00 ner day and paddles, ski belt, and shuttle to and from put in point are included. You will need lunch, drink, etc. and items should be packed in water-proof container. You may camp in the

campground at Many Islands or drive back

home if you prefer. For further details, call Betty Porter, 363-0213 or Jerri Bull, 363-4408. LEADER: Betty Porter - Memphis SHELTOEE TRACE HIKE (Pickett County) June 12, 1983

On Sunday, June 12 the Cumberland Mountain Chapter will sponsor a hike on the Sheltoee Trace. The distance will be approximately 6 miles and class II. Meeting place and time will be Pickett State Park Office at 9:30 a.m. C.S.T. Bring lunch and water. The hike will begin on Coffee Ridge and follow Rock Creek terminating at Great Meadow Camp Ground where ice cold watermelon will await the hikers. This section of the Sheltoee Trace has been recently built and some of the work was done by the Cumberland Mountain Chapter last spring. Due to the time of year insect repellent is recommended.

Leader - Tom Maddox 879-8404 after 5:00 p.m.

THE BOOK SHELF

"Great Smoky Mountains" - published by the Natl. Park Service, explores the natural lore, human history, and recreational opportunities of this biotically rich park. Heavily illustrated. (128 pp. \$6.50 at the visitor center; or, from Supt. of Documents, US Govt. Printing Office, Wash, DC 20402-Stock No. 024-005-00815-2).

MIDDLE TENNESSEE WATERFALLS (Putnam & DeKalb Cos) 18-19 June 1983

Join the Nashville Chapter for a repeat of this popular jaunt to waterfalls in the Cookville-Center Hill Lake area of Middle Tenn. The trip will consist of car hops from one site to the next and short hikes to the falls. There will be a little off trail and rock scrambling, so wear sturdy shoes. Waterfalls which may be seen include Burgess, Fanchers, Cane Creek, Cul-Car-Mac, Cummings, Hardscrabble, Waterloo, Mill Creek, Crawfords, etc. We will camp sat night at Ragland Bottoms on Center ' Hill Lake (\$6, showers). You can make a reservation by calling 615-858-3125. You may want to get together on the reservation since a site will accomodate several small tents. Carpool at the Cumberland Museum in Nashville at 7:30 am central tim Sat. Morning, or meet for breakfast at 9 am at the Rice Motor Inn at the Burgess Falls exit on I-40 at Cookeville.

615-859-3621 LEADER: David Stidham Goodlettsville 615-251-5115 (w)

THE PLANNED JUNE 11-12 TRIP TO COHUTTA WILDERNESS AREA HAS BEEN CANCELLED.

HORSEBACK RIDE, CEDARS OF LEBANON STATE PARK (Wilson Co) 25 June 1983

TTA and Cedars of Lebanon State Park are jointly sponsoring a trail ride along the recently renovated 12 mile trail . The horseback riding trail travels thru cedar glades, passes numerous sinkholes, and exhibits a beautiful showing of endemic flora. The area is known for its largest cedar forest in North America (red, that is). The ride will begin at the park's riding stables at 10 am Central time. Bring a lunch. The availability of rental horses is not known at this time. time. Call the leader for up to date info.

615-444-9394 LEADER: Andra Fuson Cedars of Lebanon State Park 615-444-7775

CARPOOL COORDINATORS:

Memphis - Gene Jacobson 901-755-9073

Nashville - Evelyn Tretter 615-859-0566

Murfreesboro - Maryedith McFarlin 615-896-1344

Chattanooga - Dot Lingerfelt

615-842-8043 615-751-3292 (work)



TRIP REPORTS

Long Hunter State Park Wildflower Pilgrimage. April 9, 1983. (Murfreesboro Chapter)
In spite of threatening weather, a total of 25 persons showed up for the wildflower walks at Long Hunter State Park, some for the morning session and some for the afternoon and most spent the day. The rain held off, and people were able to enjoy the uniqueness of the tiny cedar glade flowers in the morning, and picnic in the new lakeside picnic area, wading in Spring Beauty to get to a table. In the afternoon, we hiked the Inland Mature Trail to appreciate early signs and blooms of woodland spring flowers. It was a little early for full bloom, so if you missed out hikes, visit Long Hunter in the next two or three weeks and enjoy its beauty.

---- Bertha Chrietzberg and Jodie Reeves

Piney River Trail Hike, April 9, 1983

Due to threatening weather, we only had three people for the Piney Hike. It was raining Saturday morning when I left home, but at the Piney River Picnic Area the clouds lifted and the weather cleared and remained good for the rest of the day.

Piney River was roaring after the heavy rains, and water was coming down every little rivulet and from several places I had not imagined water coursing. The flowers were not quite at their peak but were still lovely.

Next year, I think the hike will be scheduled for about a week later in the month.

David Rhyne

Land Between the Lakes, April 9-10,1983(Memphis Chapter) - A chilly, wet weekend didn't dampen the spirit of three hardy souls and their leader, even though this trip had been planned as an overnight camping trip. Gene Jacobson and Wilma Overton from Memphis "camped"in style in the Paris Landing Inn on Friday nite and met Randy Hedgepath and Steve Pardue on Sat. to hike the Devils Backbone of the Fort Henry Trails. The weather cooperated nicelyto provide a cool but dry day for the 7 mile hike. The dogwood were not blooming, but a good variety of wildflowers and fungi were seen. Vists to the buffalo herd, Barkley Lodge, and interpretive centers after the hike made this a most enjoyable weekend in a beautiful setting. Gene Jacobson

CUMBERLAND MOUNTAIN CHAPTER'S WEEKEND OF FUN BUFFALO ARCH TO COFFEE OVERLOOK WILDFLOWER HIKE-April 16 & 17-On the weekend of April 16 and 17 the Cumberland Mountain Chapter hosted their most successful activity to date; a full weekend of eating, slide shows, and of-course, hiking. It all began at 7:00 p.m. on Saturday evening at the Pickett State Park Lodge with a chicken dinner and all the trimmings. Fifty people were present for a marathon session of eating, topped off by a full evening of slide shows. The first slide presentation was given by Ralph Mallicoat, a Jr. Ranger at Pickett. Ralph's program dealt with the many sights and activities which are offered at Pickett State Park. The second slide presentation was a pictorial chronicle of the activities and experiences of the Cumberland Mountain Chapter. The speakers were Howard Ray Duncan and Steven Burke. The final presentation was given by Bill Davis, of Nashville. Bill's program consisted of an impressive collection of slides which were taken during a recent back packing trip in the Big South Fork

NRRA in which he hiked over 50 miles. At 9:30 a.m. on Sunday morning a group of thirty-two hiked from Buffalo Arch in the Daniel Boone National Forest to Coffee Overlook in the Pickett State Forest with Big South Fork NRRA Naturalist, Nancy Flynn leading the hike. The day was cool, but beautiful. Many wildflowers were seen, such as Bluets, Trillium, Toad Shades, and Buttercups, just to name a few. The 1983 Weekend of Fun proved to be a great success, and a big "thank you" goes to everyone who helped to make it that way, especially our guest mostly of whom came from Jamestown, Cookeville, Chattanooga, and the Nashville area. Note: In the early morning hours of April 18, four inches of snow fell on the Cumberland Plateau. Our wildflower hike was almost a snow hike... Steven Burke.

BIG HILL POND ENVIRONMENTAL ED. AREA -Apr. 23. (Memphis Chapter) Four of us braved the misty weather and enjoyed a leisurely hike along the east side of Dismal Branch Lake to Dismal Swamp, then along the railroad tracks to Big Hill Pond. Contrary to their names, the lake and swamp were beautiful. Two of us from TTA, Betty Thompson and Ray Burkett, and two from the Mphs. Wildflower Soc., Ellen Holland and Larry Wilson, hiked about seven miles amid flowering dogwoods and wild azaleas. Many wildflowers were in bloom, and all bushes and trees were alive with their early spring green. Thanks to Betty's and Larry's expertise, nearly all species of plants were promptly identified (or debated about first)! One unusual surprise was a wren's nest in a small mud hole beside the trail. Although the weather could have been better, the trail was not muddy, and we thoroughly enjoyed day, as did the 17 mallards that followed us back up the hill from the lake to beg for a free snack.

Cumberland Trail (Section II) April 23
It was a day which bespoke of high winds on the ridge top, continuous driving rain, and undetected hyperthermia. Bobby Harbin, Ruth Slusher, and Grimes Slaughter waited at Dutch Valley School in a FWD vehicle. The eminent good sense of the TTA membership was amply demonstrated; no one appeared. After a decent interval of time we showed our eminent good sense; we disappeared.

...Grimes Slaughter

CUMBERLAND TRAIL WORK REPORT

April 30, 1983 was a beautiful day for the work project on Cumberland Trail from Tri-bridges to about 3/4 of a mile past Lockharts Arch Campsite. The unauthorized short cuts were closed and re-routed to the main trail. The downed trees from last years storm were cleared and the new outgrowth was cut back and water drained from several places on the trail. Thanks to Imogene and Freddie Yentsch, Brad Huggins, Pam Souther and Max Thomas for their hard work.

Chickasaw Bluff Trail - If observing wild turkey, seeing countless spring wildflowers, finding a humming-bird nest with two eggs, a warbler nest with two, observing new born watersnakes make their way into the woods, watching as the Mississippi River literally followed us down the trail, observing other flora and fauna examples rare to any place by the forest bottomlands of the Mississippi River delta makes for a great hike we had a great hike! See you on a Tennessee Trail! Charles Norvell, Ranger-Naturalist

Prentice Cooper State Forest Hike

May 14, 1983 was another beautiful day for being out of doors and 9 from the Chattanooga Chapter and 2 from the Nashville Chapter took advantage of it. 'We hiked from the parking area to Poplar Springs Campsite and back, a distance of 6.6 miles. Those attending were Imogene & Freddie Yentsch, Beth Griffey, Angelia Griffith, Max Thomas, Everett Kidder, Mark Williams, David Thompson, Alicia Hickey and from the Nashville Chapter, Riley Canada and Pat Anderson. A good time was had by all and the rhododendron was in beautiful bloom.

Virgin Falis Pocket Wilderness, May 7, (Murfreesboro Chapter) - It was a beautiful day for a hike - sunny, breezy, and warm but not hot. Nashville Chapter's Pat Anderson, "Ed" Norfleet, and Vic Canada carpooled from Murfreesboro with Linda and Kevin Magee to the trailhead. Plentiful rainfall this spring made the waterfalls cascade spectacularly. Since the day was clear, the view from Caney Fork Overlook was excellent. Wildflower highlights of the trip were the showy orchid between Sheep Cave and Virgin Falls, dwarf crested iris, fire pinks, and the trilliums - white, red, and toadshade, all of which were well photographed. The most interesting wildlife of the day was a yellow and black salamander among the moist leaves at Sheep Cave.



Calendar of Events

May 28 May 30	Memphis ChMemphis Historical trail Memorial Day
June 4 June 11	Cumberland Trail (Gene Cum 645 004
	Memphis ChCanoe trip in Arkansas (Betty Porter 901-363-0213) Chattanooga ChCohutta Wilderness
June 12	101 II
	Cumberland Mt.ChSheltoee Trace (Tom Maddox 615-879-8404)
June 25	Middle Tn Waterfalls (David Stidham 615-859-3621/251-5115)
oune 2)	Murfreesboro ChHorseback ride at Cedars of Lebanon (Andra Fuson
Aug 19-20	615-444-7775) Chattanooga ChWeekend rally at
Sept 14-18	Prentice Cooper Forest TVA barge, Nashville
Oct 12-23 Oct 14-16	TVA barge, Memphis
Oct 20-23	Southeast Trails Conference

TENNESSEE TRAILS ASSOCIATION, INC.

OBJECTIVES: To promote, construct, and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail. Regular dues are \$8.00 per year: #3.00 for students and family dependents.

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E. W. Means 200 Butler Road Oak Ridge, TN 37830



