

TENNESSEE TRAILS

Official publication of the Tennessee Trails Association, Inc.

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March 1984

THE SMOKIES NEEDS YOUR HELP

Senators Howard Baker and Jim Sasser and Congressmen John Duncan (TN) and James Clarke (NC) have introduced identical bills in the House and Senate to designate a 467,000 acre wilderness in the Great Smoky Mountains National Park. At the same time it would resolve the long standing controversy over constructing roads north of Fontana lake by paying Swain County, N.C. money in lieu of building the north shore road. For many years the Conservation organizations have supported this means of resolving this problem.

The State of Tennessee, Tennessee's Great Smoky Mtns. National Park Commission, the Swain County Commission, the Bryson City Board of Aldermen, the NC National Park, Parkway and Forest Development Council and several newspapers have endorsed these bills. These entities and all the conservation organizations reject the Helms-East bill that would designate only 400,000 acres as wilderness and provide for building roads north of Fontana lake. This is unacceptable.

Without Congressional hearings early in 1984 we will lose the best opportunity we have ever had to establish a Great Smokies Wilderness. A strong showing of citizen interest in early hearings is necessary to persuade the sponsors of these bills to seek committee hearings.

Everyone Should write Senators Baker and Sasser. In Tenn.
you should also write Representative Duncan and in
N.C. write Representative Clarke. Addresses: Senator—
U.S. Senate, Wash. D.C. 20510; Representative—,
House of Representatives, Wash. D.C. 20515.

A short letter will do but do it now. Pho

EVELYN'S DELICIOUS APPLE STREUDAL!!!!!!!!!!

1 box yellow cake mix 1 stick margarine Blend with pastry cutter and press into a pyrex dish (long) Bake at 350°, 10 min.

While this is baking, mix together:
2½ - 3 cups chopped apples (with peelings)
2 teaspoons cinnamon
½ cup sugar

Spread mixture over cake. Beat together 1 cup sour cream and 1 egg. Spread over top of apple mixture. Sprinkle coconut on top, if desired. (ED. note - nuts are good too). Bake at 350° for about 25 minutes.

NOTE: Please send in your favorite recipe(s). We will be glad to publish them...Sherry.

CARPOOL COORDINATORS:

Memphis - Gene Jacobson 901-755-9073

Nashville - Evelyn Tretter 615-859-0566

Murfreesboro - Maryedith McFarlin 615-896-1344

Chattanooga - Dot Lingerfelt

615-842-8043 615-751-3292 (work)

Nashville

Nature Photography Workshop at March Chapter Meeting - The March meeting will begin at 7:30 p.m. central time at the Gumberland Museum and Science Center. Well-known outdoor photographer Jim Robertson will present a how-to program on nature photography. Jim says he will show the "Jim Robertson style" of taking pictures in the outdoors, and it should be well illustrated with his excellent scenic slides. Nature photographers (and lovers of nature photography), don't miss this one! Bring refreshments to share.

Mark your calendar: April 26 - Chapter Meeting and a program by Joe McCaleb on his recent trek in northern Alaska.

Note: This will be your last newsletter if you have Not paid your 1984 dues!

Memphis

MARCH MEETING

Join Memphis Chapter at 7:30 at Kingsway Christian Church, March 15, for a refreshing review of hiking and camping gear. Dept. of Conservation's Steve Pardue will "gear us up" for spring hiking as we discuss hiking boots, heavy duty socks, and tents. We may even sample some campfire treats. So grab you neighbor and meet us on March 15 for another fun time!!

Cumberland Mountain

CUMBERLAND MOUNTAIN CHAPTER MEETING-March 3, 1984

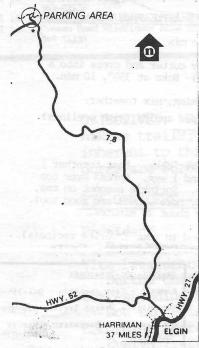
The Cumberland Mountain Chapter will hold their regular chapter meeting Saturday, March 3 at 7:00 p.m. at Allardt Elementary School. The special guest will be Larry Kangus, a ranger from the Big South Fork NRRA and a certified emergency medical technician. Mr. Kangus will give a presentation of the most frequent injuries and medical emergencies that could be encountered during outdoor activities and how to treat them. Refreshments will be served. Everyone is urged to attend.

HIKES

March 3 - MEMPHIS HISTORICAL HIKE
Learn about Memphis and its history during our
annual trek through downtown Memphis. See the
Indian mounds in DeSoto Park, visit the historical Peabody, walk through Victorian Village,
and gaze across the Mighty Mississippi along this
10 mile, all day walk. Bring drink and lunch
and comfortable shoes. Meet for carpool at 7:45
at Kinsway Church and for hike at 8:30 at Rivermont parking lot.

Leader: Jerri Bull 363-4408

HONEY CREEK POCKET WILDERNESS March 3, 1984 Leader: Dot Lingerfelt



This rugged area is located in Scott County, Tennessee. It abounds in cliffs, streams, shallow caves, and varied plant life. Five to six hours will be required for the hike. Wear sturdy shoes and bring rain gear, lunch, and water. Meet at the trail head parking area at 10 a.m. (CDT). This is considered a difficult hike and would not be suitable for young children or novice hikers. Anyone in Chattanooga who is interested in going and would like to car pool, please call me at 842-8043 after 6 p.m. or 751-3295 during the day.

NORTHRUP FALLS TRAIL CONSTRUCTION TRIP Sunday, March 04, 1984

The Cumberland Mountain Chapter has scheduled a work trip to Northrup Falls for March 4. We plan to complete the final touches to the loop trail. The Northrup Falls loop Trail is a project that the Cumberland Mountain Chapter has devised and endeavored to finish by the time that the Department of Conservation takes possession of the area sometime this year. Everyone is urged to come out and help put the finishing touches on this project. We will be working from 9:00 a.m. to 4:00 p.m. Everyone is to meet at the Northrup Falls parking area.

Steven Burke 879-8017 Howard Ray Duncan 879-8245 HIKE AROUND & ON SHORT MOUNTAIN (LeKalb Co.)
March 10, 1984

Nashville Chapter meet at Cumberland Museum & Science Center at 8:00 a.m. cst. Second meeting Flace junction of Short Mountain Road and US 70 in Smithville, at 9:45 a.m. We will also visit waterfalls in the area.

LdADER: Warren G. Dixon Nashville 615-833-1199

There's No Match For It. Make your own match carrier out of a small plastic pill bottle. For a striker, just cut a piece of rough sandpaper to fit the inside of the cap and glue in place.

DEVIL'S CAVE HIKE (Scott County) Sunday, March 11, 1984

Due to the extremely icy conditions in January the Cumberland Mountain Chapter's Devil's Cave Hike was cancelled and has now been rescheduled for March 11. We will meet at the Big South Fork NRRA visitor center, 12 miles east of Big South Fork River on Leatherwood Ford Road, at 1:00 p.m. OST. This 22 mile, class V, hike will tour a vista into the river gorge.

LEADER: George Minnigh 879-5930 Jamestown

CUMBERLAND TRAIL ON BRADY MOUNTAIN (Cumberland Oo.) March 24, 1984

This $7\frac{1}{2}$ mile hike along the crest of Brady Mountain, overlooking beautiful Grassy Cove, is one of the earliest sections of the Cumberland Trail established by TTA. Meeting place will be the Cumberland General Store at Homestead, (jct. of US 127 x TN 68). Contact the leaders or Nashville Coordinator for meeting time and other details.

LEADERS: Toby Rogers 615-484-1702 Crossville

Nashville Coordinator:
Bob Brown 615-748-4816
Nashville

March 17 - CROWLEY'S RIDGE STATE PARK

Join the Memphis Chapter as we wxplore the hills and dales of Ark's Crowley's Ridge. This unusual land formation was once on the banks of the Mississippi, but now it's miles away. Bring lunch and a friend and get away for a new park to explore! Meeting time will be finalized at the March meeting.

Leader: Bob Barnett 767-9347

March 25 - OVERTON PARK, MEMPHIS

Have you ever wondered about Overton Park in middle Memphis? This great trek of land has been preserved since the birth of Memphis. Trails wind through the tall hardwood forest and are waiting to be explored! Come and bring a friend. Meeting time will be arranged at March Meeting.

Leader: Bob Barnett 767-9347

March 31 - NIGHT HIKE AT WAPANOCCA

We love Wapanocca Wildlife Refuge during the day, but what about night? It's a different world waiting for Memphis Chapter and we'll explore it with Mhps. Museums' Robbie Krampf. From the rilling ffogs to the star filled sky, we'll look and listen at every peep and glimmer. Meeting arrangements will be finalized at the March meeting.

Leader: Robbie Krampf 454-5600

CUMBERLAND MOUNTAIN CHAPTER'S WEEKEND OF FUN PICKETT STATE FARK - APRIL 14 & 15, 1984

Mark your calendar now for the Cumberland Mountain Chapter sponsored "Weekend of Fun" April 14 & 15 at lickett State Park. We will begin with a homemade chili dinner on Saturday evening at 7:00 p.m. CST at the Pickett State Fark Lodge, followed by a slide presentation of the TTA Annual Meeting and other activities held since the Annual Meeting. We invite you to bring slides or anything else you would like to share with us. Camping facilities will be available at the park. On Sunday, April 15 we will hike in the Big South Fork NRRA in the area of the Twin Arches. The hike will be around five

miles in length and class II. It is hoped that there will be plenty of wild flowers to be seen on this hike, however the scenery is magnificent anytime of the year. We will leave at 9:00 a.m. CST from the Pickett State Park Office and carpool to the trail head. We hope you plan to join us for what has become an annual event!

NOTE Dinner on Saturday night will be provided by the Cumberland Mountain Chapter. Everyone planning to attend is asked to register to insure plenty of food and a good time for all. Please send registeration to: Cumberland Mountain Chapter Tennessee Trails Association P. O. Box E

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TRIP REPORTS

TRIP REPORT
ACCORDION BLUFF TRAIL
November 19, 1983
Dot Lingerfelt

This was the second inspection of my adopted rail. When I arrived at Celina, I was joined by Evelyn Tretter and Pat Anderson. They followed me to Willow Grove Recreation Area. There was a hiker waiting for us (Ken Pittman from Jamestown) and since it was almost a half hour past the scheduled meeting time, we drove in Pat's car to Lilydale Recreation Area to begin our hike. It was a beautiful day and we enjoyed a leisurely hike--stopping to inspect fossils and basking in the sun during lunch break at the edge of the lake. The trail was practically free from litter, and the only maintenance needed (a few broken planks in one or two of the foot bridges) has been reported to the Corps of Engineers. Thanks to Evelyn, Pat, and Ken for sharing their day with me.

On December 18, 1983, eight members of the Memphis Chapter of the TTA embarked on an eight and one-half mile hike around Herb Parson's Lake (formerly Fisherville Lake) in Fayette County. We affectionately referred to it as the hike around Lake Superior. The weather was, well...lousy. It was overcast all day and threatened to rain, sleet, or snow, but it never did. The high temperature for the day was 36° (in Memphis 30 miles away) with winds out of the north at 10-15 miles an hour for a wind chill factor of around 13°. It felt much colder around the lake. The outer fringes of the lake were iced over; nevertheless, we trudged on. We found: a stand of Devil's Walking Sticks, a burl on a dead tree about the size of a 55 gallon drum, some resurrection fern, stands of staghorn sumac and many other plants and shrubs too numerous to mention. We also found some owl pellets, deer, raccoon and squirrel tracks,

and signs and several flights of mallard and canvas backed ducks. We half froze, but we had a good time laughing and enjoying nature's sights...Paul Goldstein

MEMPHIS CHAPTER TRIP TO WAPANOCCA REFUGE - JANUARY 22, 1984

The Tennessee Trail group was ready to hike. A clear day dawned - just the kind we like! Who cared if cold chilled our hands and feet? Wapanocca Refuge was the place we'd meet. T'was barely dawn when our group of twenty or so Converged to see waterfowl - and there were plenty, you know TOS' Jeff Wilson proved a marvelous guide As TTA and TOS folk tramped the icy countryside. Horned Larks and sparrows were sighted or heard And prints told where a hawk had dined on a bird. Tracks showed where rabbits, geese and otters had been, Things city dwellers might never have seen. On the observation platform were more thrilling sights Geese on the ice, in the water, in flight, Eagles circlingslowly, soaring with grace Lending a measure of grandeur to this safe-stopping place. A Tundra Swan gliding in stark, lonely splendor Gleamed in silhouette both streamlined and slender. Over the corn fields fed geese - snow and blue -As Red-tailed Hawks kept their vigil, too. To the West the sky seemed suddenly to darken As geese by the thousands went flying and honki.g. Our spirits soared at this glorious view As we glimpsed nature's forces, so ageless yet new. The sky was so blue, the day cold but so clear, In all a day to treasure for many a year. Gene Jacobson

O & W Overlook Hike, January 22 (Cumberland Mountain Chapter) - Twenty-five people turned out for the Cumberland Mountain Chapter sponsored O & W Overlook hike. The group hiked via an old logging road some two miles to one of the most scenic overlooks in the entire Big South Fork NRRA. Once at the overlook the group beheld a breath taking view of the Big South Fork River Gorge from some 400 feet above the river. The overlook gets its name because one can see the old C & W Railroad bridge which crosses the Big South Fork just up river from the mouth of White Oak Creek. The day was sunny, but cool and there was approximately 8 inches of snow on the ground, which made for a perfect winter outing...S. Burke.

CALENDAR OF EVENTS - 1984

Cumberland Mtn. Chapter Annual weekend at - Honey Creek Pocket Wilderness -see this nl. Fickett - see this nl.
Nashville Chapter meeting March 3 - Memphis Historical Hike -see this nl. Cumb. Mtn. Chapter meeting, Allardt Elem. Sch. March 3 Comb. Min. Chapter meeting, Allardt Elem. So. Northrup Falls work trip - see this nl. Short Min. - see this nl. Devil's Cave Hike - see this nl. Memphis Ch. meeting, Kingsway Christian Ch. Crowley Ridge St. Park, AR - see this nl. Overton Park, Memphis - see this nl. Nashville Ch. meeting, Cumberland Museum (May becknet; in Swage Culf - sponsored by April 21 - Long Hunter State Park Wildflower pil-grimage (Bertha Chrietzberg 615-896-1146) April 21 - Frozen Head Wildflower Hike (Don Todd 615-March 4 March 10 March 11 346-3113).
Collins River float - sponsored by South Cumberland Rsc. Area, TN Dept. of Conservation (J.T. Butler 615-686-2285). March 15 April 21-22 March 17 March 25 March 22 April 22 -Twin Forks Trail Wildflower hike (Vickie March 26-29 4 day backpack in Savage Gulf - sponsored by S. Cumberland Recreation Area TN Dept. of Hillis) Fills)
Village Creek State Fark (Larry Lohman
501-238-9406)
3rd Annual Wildflower Festival at Savage
Gulf - sponsored by South Cumberland Recreation Area (Randy Heagepath 615-924-2980)
Shelby Forest (Jill Norvell 901-876-5529). April 22 -Conservation (Randy Hedgepath 615-924-2980). March 31 - Night Hike at Wapanocca April 27-March 31backpack in Savage Gulf sponsored by S. Cumberland Rec. Area, TN Dept. of Conservation, (Randy Hedge-path 615-924-2980) April 1 April 28-April 7-8 - Big Hill Pond (Steve Pardue 901 536-5433) May 26-National Trails Conference - Petit Jean State Ft. Pillow Long Trail (Betty Porter 901-April 14 -June 2 June 23 Fark, Arkansas 363-0213) CUMBERLAND TRAIL DAY - a day of volunteer work and fun - MARK YOUR CALENDAR.
TTA Annual Meeting, Beersheba Springs. April 14 -Mennonite Hike (Gayle Douglas 615-297-1435) Frozen Head Wildflower Hike (Don Todd 615-April 14 Oct. 19-346-3113)

TENNESSEE TRAILS ASSOCIATION, INC.

OBJECTIVES: To promote, construct, and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail. Regular dures are \$8.00 per year: \$3.00 for students and family dependents.

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