



TENNESSEE TRAILS

Official publication of the
Tennessee Trails Association, Inc.

VOLUME XVI, NO. 3

APRIL 1985

| | | CALENDAR OF EVENTS | | | | |
|-----------|---------|--|-------|-------|----------------------|------------------------|
| DATE | SPONSOR | EVENT | CLASS | MILES | LEADER | PHONE (HOME/WORK) |
| APR 6 | | Bear Creek and Big South Fork, BSFNRA sponsored by Big South Fork Hiking Club | I-II | 7 | Rita Ellis | (502)842-1102 |
| APR 6-7 | ME | CUMBERLAND MOUNTAIN STATE PARK | II | 10 | BOB BARNETT | (901)767-9347 |
| APR 13 | N | MONTGOMERY BELL NATURAL SPRING FESTIVAL | | | ANDRA FUSON | (615)797-2886/797-9051 |
| APR 13-14 | CM | WEEKEND OF FUN-PICKETT STATE PARK | | | STEVEN BURKE | (615)879-7770 |
| | | | | | or HOWARD RAY DUNCAN | (615)879-8245 |
| APR 13-14 | | Natural Spring Festival, Montgomery Bell State sponsored by the State Park | | | Andra Fuson | (615)797-2886 |
| APR 18 | ME | CHAPTER MEETING, KINGSWAY CHRISTIAN CHURCH | | | | |
| APR 20 | MU | SPRING WILDFLOWERS - LONG HUNTER STATE PARK | | | BERTHA CHRIETZBERG | (615)896-1146 |
| | | or JODIE & REGGIE REEVES | | | (615)885-2422 | |
| APR 21 | | Spring Wildflowers - Cedars of Lebanon State Park sponsored by the State Park | | | Reggie Reeves | (615)885-2422 |
| APR 21 | ME | VILLAGE CREEK STATE PARK (ARKANSAS) | I | 6 | LARRY LOHMANN | (501)238-9406 |
| APR 25 | N | CHAPTER MEETING | | | | |
| APR 27 | ME | SPRING IN THE FOREST-SHELBY FOREST STATE PARK | I | 5 | CHARLIE NORVELL | (901)873-2149 |
| APR 27 | S | FROZEN HEAD STATE NATURAL AREA WILDFLOWER HIKE | II | 8 | DON TODD | (615)346-3113 |
| MAY 3-4 | CM | BIG SOUTH FORK WILDFLOWER PILGRIMAGE | | | | (615)879-9948 |
| MAY 5 | CH | HIKE (DETAILS IN NEWSLETTER) | | | SAM POWELL | (615)886-2689/755-6781 |
| MAY 5 | ME | TISHOMINGO STATE PARK (MISSISSIPPI) | II | 8 | BOB BARNETT | (901)767-9347 |
| MAY 11 | S | CUMBERLAND TRAIL WORK TRIP, BLACK MT. | | | BOB BROWN | (616)648-4816 |
| MAY 12 | CM | JAKES PLACE/SLAVE FALLS, BIG SOUTH FORK NRRA | II | 6 | TOM SELLS | (615)879-7759 |
| MAY 18 | MU | BIKE HIKE - RUTHERFORD CO. | | | MARYEDITH McFARLIN | (615)896-1344 |
| MAY 19 | ME | BIG HILL POND ENVIRONMENTAL EDUCATION AREA | I | 8 | JILL NORVELL | (901)873-2149/767-7322 |
| MAY 25 | CH | WATERFALLS HIKE - CHATTANOOGA AREA | II-IV | | DAVID STIDHAM | (615)859-3621/251-5115 |

MEMPHIS NEWS

The April meeting, April 18, will feature Betsy Shaver, from Mphs Audubon Society. Her slides will tell the story of spring birding - identification and enjoyment. Everyone is welcomed to come. Memphis Chapter meets at Kingsway Christian Church, Poplar and Massey, at 7:30. Be there!

NASHVILLE CHAPTER MEETING - Thursday, April 25th, 7:30 pm at the Cumberland Museum. Ranger Steve Seven will present a slide illustrated program and discuss development of the Big South Fork National River and Recreation Area. Come to learn of the exciting happenings in upper middle Tennessee for the benefit of hikers, and campers. Bring your friend. Business meeting will follow program.

Pat Anderson has been elected to the Board of Directors to represent the Nashville Chapter. Paul Smith is the new Secretary-Treasurer of the chapter.

The Cumberland Mountain Chapter met at Allardt Elementary School on March 11. The major topics of business on the agenda were the April Weekend of Fun at Pickett, along with the Big South Fork Spring Wildflower Pilgrimage. The special guests at the meeting were Buddy Bonnatser, Preston Lee, Jim Dale, and Paul Ensminger of the Tennessee Division of Forestry. Forestry is to lead a tour in to the Flint Fork region of Pickett State Forest for the Spring Wildflower Pilgrimage. Flint Fork is an unique area in Pickett State Forest known for its relatively pristine nature. While not a virgin forest, Flint Fork is unique because of the arrangement of the species that grow there, and over a hundred acres of forest land has been set aside to remain in its natural state. After the meeting there was refreshments of donuts, coffee, and soft drinks.

Send material for Tennessee Trails to: David Stidham, Editor
1015 Hitt Lane
Goodlettsville, TN 37072

The deadline is the 20th of each month. If possible, submit material camera ready, typed in a full 4½ inch column. Artwork is welcomed.

HIKES

Cumberland Mtn. State Park. April 6-7. Join the flatlanders from Memphis in the Cumberland Plateau uplands for hiking and camping fun Easter week-end. Anyone venturing east on Friday can obtain lodging at what has become known affectionately as the Barnett's Deluxe Hostel between Lebanon and Gallatin. Be prepared with a sleeping bag. Directions to the Barnett's abode may be obtained by contacting the trip leader.

For Saturday's initial hike the group will meet at the parking lot closest to the Lake Trail at 9:30 a.m. C.S.T. The 7.7 mile loop trail travels around the park lake and Byrd Creek. The group will probably find this trail interesting, invigorating and easy, so they will probably be ready for more hiking. So the hikers will choose another trail for afternoon hiking based on the disposition of the group.

To get to Cumberland Mountain State Park take I-40 east to Crossville and then take US 127 for 5 miles to the park.

Sunday the group will hike twice. Bob will lead a shortened hike of two miles around the lake at Cumberland Mtn. State Park for early risers at 7:00 a.m.

After breakfast and loading up the group will travel down I-40 to the Carthage exit. After exiting take TN 53 to Carthage and then TN 85N to Cordell Hull Lake. The group will meet at 10:00 a.m. at the Tater Knob Overlook parking area before hiking the scenic Bearwaller Gap Trail. This six mile trail passes through various forest types and alternates between the lake shore and the hills and bluffs above Cordell Hull Lake. This trail will be a fitting way to say farewell to Middle Tennessee before rolling down the road to Memphis.

Leader: Bob Barnett (901)767-9347

NATURAL SPRING FESTIVAL, MONTGOMERY BELL STATE PARK 13-14 APRIL 1985

The Nashville Chapter and Montgomery Bell State Park is cosponsoring the park's first Spring Festival. Programs will be presented by qualified naturalists and biologists in the following areas: aquatic ecology, tree identification, insect study, reptiles & amphibians, geology, bird study, wildlife, astronomy, edible & medicinal plants, wildflowers, mushrooms, park history, and much more. The festival is open to all at no charge. For more information, contact the leader.

LEADER: Andra Fuson
Burns

615-797-2886 797-9051

4th Annual Weekend of Fun at Pickett April 13 & 14, 1985

Once again, everyone is invited to Pickett State Rustic Park on the weekend of April 13 & 14 for a full "weekend of Fun" that has now become an annual event for the Cumberland Mountain Chapter. The activities will begin on Saturday evening at 7:00 p.m. CST with a chili supper followed by slide presentations. Anyone that has slides they would like to show are welcome to bring them. The following morning we plan to hike into Flint Fork Cove, which is an area of wilderness located in Pickett State Forest. Flint Fork is a local example of a mixed mesophytic forest which contains a wide variety of timber species and representative plant communities. As there are no established hiking trails in Flint Fork, there will be a designation of class III placed on the hike although it will be no more than three miles in length. We will leave from the Pickett State Park Office at 10:00 a.m. CST. Camping and cabins will be available at Pickett, however, it is advised that you make reservations.

NOTE Dinner on Saturday night will be provided by the Cumberland Mountain Chapter. To insure that there will be plenty of food, please notify the Cumberland Mountain Chapter, Tennessee Trails Association, P. O. Box E, Jamestown, TN 38556, if you plan to attend on Saturday night.

Steven Burke - 879-9381 from 7:00a.m. to 5:00p.m.
APRIL 20 -- WILD FLOWER PILGRIMAGE, LONG

HUNTER STATE PARK

Join us for guided wildflower tours at Long Hunter State Park. This Park lies along the shoreline of Percy Priest Lake and touches three counties, Davidson, Rutherford and Wilson. We will visit a woodland area in the morning for early spring flowers and have lunch in a picnic area beside the lake at noon. We will hike a short nature trail near Couchville Lake after lunch to observe the unusual "cedar glade" flowers some of which are found only in the above three counties in Tennessee. We will also hike a portion of the Volunteer Trail to see the wild hyacinth in bloom. Bring lunch and beverage and join us for an easy hike and family-type outing.

Meet at 9:00 AM CST at the Couchville Lake Parking Area of Long Hunter State Park. From Nashville, take Murfreesboro Road east to Highway 171 (Hobson Pike). Turn north (left) on Highway 171 for approximately five miles, crossing the lake. The entrance to the Park is on your right. Drive all the way in to Couchville Lake. From Murfreesboro, take

Highway 41 (Murfreesboro Road) northeast toward Nashville, turning right on Hobson Pike (Highway 171).

On Sunday, April 21, there will be another hike in this area in connection with the Cedars of Lebanon Wildflower Pilgrimage held this same weekend by that Park. For further information:

Bertha C. Chrietzberg (615) 896-1146
1715 Elrod Street, Murfreesboro, TN 37130

Reggie Reeves, Supt. (615) 885-2422
Long Hunter State Park, Route 3, Mt Juliet, TN. 37122

April 21 - VILLAGE CREEK STATE PARK, ARK.

Memphis' annual visit to our favorite Arkansas park - a combination of Larry Lohmann and wildflowers. Meet Larry at the Park office at 9:30. Bring binoculars, cameras, lunch, and a friend. Hiking distance will be short but the wildflowers will take up the slack.

Leader: Larry Lohmann (501) 238-9406

April 27 - "SPRING IN THE FOREST" -
SHELBY FOREST STATE PARK

Memphis' annual spring trek in the woods, with all day displays, hikes, pontoon boat

rides, demonstrations, wildflower walks, and much more. Our TTA hike to Pioneer Springs will begin at 9:00 at the Recreation Lodge at the south end of Shelby Forest. Plan to stay all day!

Leader: Jill Norvell 873-2149

Big South Fork Spring Wildflower Pilgrimage
May 3 & 4, 1985

Mark your calendar now for the Second Annual Big South Fork Spring Wildflower Pilgrimage. The event will begin on Friday, May 3 at 7:00 p.m. CDT, at York Agricultural Institute in Jamestown, with slide presentations, exhibit by various organizations, and refreshments. On Saturday, May 4 there will be at least ten hikes, ranging from 1.5 to 8 miles in length and from class I to class III, most of which will be led by Cumberland Mountain Chapter members. The tours will cover an extensive portion of the entire area and will enable participants to experience one of the most diversified wildflower habitats outside the Great Smokey Mountains. This event is being sponsored by: The Fentress County Extension office, the Big South Fork NRRA, Pickett State Park and Forest, Fentress County Chamber of Commerce, and the Cumberland Mountain Chapter Tennessee Trails Association. For more information, contact: Fentress County Chamber of Commerce, Jamestown, TN 38556, 615-879-9948. Brochures will be available.

TRIP REPORTS

Trip Report-Dec. 2, 1984

Memphis Chapter - Tennessee Trails Association

The Memphis chapter took a trip to visit an interesting site in its "own backyard" on a very pleasant day. T. O. Fuller State Park consists mostly of a golf course at present, with a nice picnic area and one rather overgrown trail for the handicapped. It also is the location for Chucalissa Indian Village and Museum, and as such houses a fine collection of Indian artifacts and an extensive group of displays depicting and explaining the life and history of the first settlers of our region.

We hiked the handicap trail swiftly, then blazed our own trail through a wooded area where a trail is projected to be constructed soon. The great advantage of this kind of hike for our group is that there is no way to determine if one is lost or on the trail. We did wander off in several directions, but managed to find our way back to the museum area in time to eat lunch and see the very informative film about the Indian settlement. Our awareness of the history of our section of the mid-south was increased greatly, as well as our sense of well-being after a day outdoors in the pleasant company of fellow hikers.

Northrup Falls Loop Trail, March 3 (Cumberland Mountain Chapter) - Eighteen people turned out for the hike around the Northrup Falls Loop Trail at Colditz Cove State Natural Area. The day was balmy and sunny; a far cry from the blizzard conditions that existed only a couple of weeks before, which made for a perfect way to get out and walk off those late winter blues. The high cliffs, huge hemlocks, thick growths of rhododendron, along with the fact that early

wildflowers were beginning to peep through soil made for a short, but enjoyable Sunday afternoon hike...Steven Burke.

Mt. Nebo State Park and Pinnacle Mountain State Park, March 16th and 17th (Memphis).

Only six hikers journeyed to Mt. Nebo State Park.. The small turnout did not dampen the spirit of the hikers that did make the trip. When Paul and I arrived, of course, we discovered that Ann, Betty, Gene and Jerri had met and conquered the Rim Trail.

After recovering from the driving and hiking over lunch the reformed group ventured out on to the Summit Park Trail, Bench Trail and Gum Springs Trail. We enjoyed views from Sunset Point (but not the sunset), the Bench Overlook and from various points on each trail. Some trees, bushes and flowers were just beginning to bud.

Paul and I experienced a cold and very windy night camping atop Mt. Nebo but the sunrise seen from behind the park's pavillion overlooking the valley and Lake Dardanelle made any minor discomfort only a faint memory. The only disheartening thing about our visit was the amount of trash we saw in the park and the lack of knowledge of the park's staff. The park does possess a real sense of history because it was built by the CCC in the 1930's and since the area served as a resort area prior to the establishment of the state park.

The group hit the road with Pinnacle Mountain State Park just outside Little Rock, our destination for Sunday is hiking pleasure. Getting to the park allowed for a scenic drive especially the last portion where we traveled near the shoreline of Lake Maumelle.

The entire group hiked the pleasant Rocky Valley Trail and discovered mayapples in

bloom, a St. Patrick's day shamrock and some other flowers beginning to bloom. The short East Quarry Trail, a spur trail off of the Rocky Valley Trail, provided a scenic vista above the Arkansas River Valley. After that the energetic women set off to the Kingfisher Trail that is highlighted by hugh cypress trees along the Little Maumelle River and other hiking possibilities. The wornout men hit the road in a futile attempt to find a television featuring Tigers (the Memphis State basketball variety).

MONTE SAND STATE PARK, ALABAMA, March 3, 1985 - This was an unscheduled hike on a gloriously warm and sunny day to make up for the foggy, rainy, cold endured on the same "spacewalk trail" hike last November. Seven happy and grateful hikers enjoyed Natural Well, the overlooks, and our first glimpse of Spring wildflowers. Thanks Rhonda, Vic, Diane, Lisa, Paul and Risa for a fun day. - Pat Anderson.

I'm making plans to hike the 34-mile portion of the Ouachita Trail that starts at Pinnacle Mountain State Park and ends at Lake Sylvia. If anyone else is interested in such an adventure in July or August then contact me at 901-767-9347 or 4294 Goldie - Memphis 38122.

. . . Bob Barnett

CARPOOL COORDINATORS:

Memphis - Gene Jacobson 901-755-9073
Nashville - Evelyn Tretter 615-859-0566
Murfreesboro - Maryedith McFarlin
615-896-1344
Chattanooga - Dot Lingerfelt
615-842-8043
615-751-3292
(work)

TTA — The Tennessee Trails Association

OBJECTIVES: To promote, construct, and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail. Regular dues are \$8.00 per year; \$3.00 for students and family dependents.

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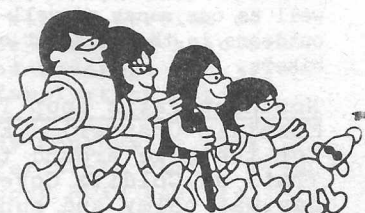
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