



Congratulations to Jill and Charlie on the birth of their son, James Andrew, born Aug. 26th. Everyone is doing fine, and Jill says their trip out West will take place at the end of the month.

## TENNESSEE TRAILS

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Tennessee Trails Association, Inc.

VOLUME XVI, NO. 10

OCTOBER 1985

### NOTES ON ANNUAL MEETING

Cabins and one of the dorms have living room and cooking facilities. You may prepare all your own food if you wish, in cabin or dorm, or at your campsite. Pitch tent anywhere - sites not suitable for large camping vehicles. No hookups. If you sleep in a dorm with no cooking facilities, you can cook in one of the other dorms or cabins if you wish. Campers use showers in dorms and cabins. SOME BEDS STILL AVAILABLE TO RESERVE.

Beds will be assigned as soon as your application is received. You will be guided to your quarters after you have checked in.

The potluck dinner Friday will begin promptly at 7:00 P.M. Food will be left out for late comers. Free coffee will be available at all times in the dining room.

Bring your own bedding or sleeping bags, pillows, towels, lunches and snacks. Beds have mattresses.

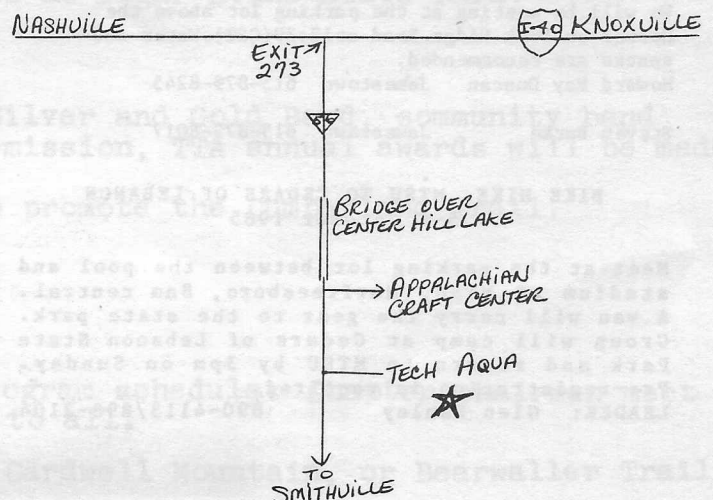
If you have any other questions about accommodations, call Pat Anderson, Nashville, 615-383-2355, or Tech Aqua, 615-597-4298.

### McMINNVILLE BAND TO PLAY AT ANNUAL MEETING

The McMinnville Gold and Silver Band will play in concert on Saturday evening at the annual meeting. The band has a long tradition. It is one of the oldest community bands anywhere, having started in 1910. It has had many directors over the years, one of them a member of TTA, Ed Oliver, who still plays in the band. Ed's father, Capt. Brown Oliver, was one of the chief moving forces for several years. In 1936 he started a band at Central High School in McMinnville and worked as director for a number of years without pay. Capt. Oliver is called the father of the school band movement of Middle Tennessee, the Central band having inspired other schools to start bands. Capt. Oliver directed the Gold and Silver community band for many years until his death in 1966, when his son Ed took over. The band has played at many area fairs over the years, as well as other events, and on radio station WLAC in Nashville. The present director is Capt. Sam Cordell.

DOOR PRIZES: Gene Curp, in charge of door prizes for the meeting, has collected some great ones. His list includes a day pack, set of topos for Big South Fork, a Coleman Lil' Oscar cooler, a bottle of wine, etc. etc. etc. We can use more.

Be collecting your stuff for the auction.



Send material for Tennessee Trails to: David Stidham, Editor  
1015 Hitt Lane  
Goodlettsville, TN 37072

The deadline is the 20th of each month. If possible, submit material camera ready, typed in a full 4½ inch column. Artwork is welcomed.

## HIKES

TVA'S  
**LAND  
BETWEEN THE  
LAKES.**

### FALL HIKE DAY

Saturday, October 5, 1985

The Tennessee Trails Association, Inc., and TVA's Land Between The Lakes (LBL) will cosponsor a Hike Day at the Fort Henry Hiking Trails in the southern portion of LBL.

The Fort Henry Trails offer hikes ranging from 2.4 miles to 15.5 miles. In addition, mini-workshops will be presented to increase participants' outdoor knowledge and skills.

Hike Day registration will be held at the Fort Henry Trail parking lot from 8 a.m. to 11 a.m. No preregistration is required. Groups should check in on arrival. Day hikers are asked to be off the trail by 5 p.m.

Adequate parking is available and groups may camp at Piney Campground or Boswell Landing lake access area. A fee of \$6 per night, plus \$1 for electricity, will be charged at Piney. There is no charge at Boswell Landing. Additional accommodations are available at nearby Paris Landing State Resort Park. *TTA will be at Boswell.*

TTA members are encouraged to attend and assist in the workshops. Planned workshops will address equipment, map reading, trail etiquette, and cooking. Your assistance in these activities or other outdoor skills sessions will be appreciated.

### CONTACT

Hike Day Coordinator, Programs and Facilities Branch, TVA-LBL, Golden Pond, Kentucky 42231, or call (502) 924-5602, extension 308. or David Stidham, 615-859-3621

CHARIT CREEK HOSTEL-TWIN ARCHES, (Sunday, Oct. 20, 1985) Fentress and Scott Co. Tennessee.

The Cumberland Mountain Chapter will sponsor a hike to Charit Creek Hostel and the Twin Arches. We will be hiking a new trail to the Hostel that was constructed this summer. We will also be looking at the recent renovation to the buildings at Charit Creek Hostel. The hike will be approximately 5 miles in length and Class II. We will be meeting at the parking lot above the Hostel on Fork Ridge Road at 12:30 (CST). Water and snacks are recommended.

Howard Ray Duncan Jamestown 615-879-8245

Steven Burke Jamestown 615-879-8017

### BIKE HIKE, MTSU TO CEDARS OF LEBANON 5-6 October 1985

Meet at the parking lot between the pool and stadium at MTSU, Murfreesboro, 8am central. A van will carry the gear to the state park. Group will camp at Cedars of Lebanon State Park and return to MTSU by 3pm, on Sunday. Pre-registration is required.

LEADER: Glen Hanley 890-4113/898-2104

MIDDLE CREEK TRAIL-WORKTRIP (Saturday, Nov. 2 and Sunday, Nov. 3) Big South Fork NRRA.

On Saturday, November 2 and Sunday, November 3 the Cumberland Chapter will be working in conjunction with the National Park Service's VIP program. We will be maintaining approximately 6 miles of the Middle Creek trail system. Both work groups will meet at the Middle Creek Trailhead on Fork Ridge Road. The Saturday group will meet at 9:00 (CST). The Sunday group will leave at 1:00 (CST). Tools will be provided by the Park Service. Dress in work clothes and sturdy shoes. Water and lunch are recommended.

Tom Sells Jamestown 615 879-7759

Steven Burke Jamestown 615 879-8017 (days)

Howard Duncan Jamestown 615 879-8245

### CUMBERLAND TRAIL, SIGNAL POINT 5 October 1985

Meet at Signal Point Park at Signal Mountain at 9:30 am Eastern Time. Hike will be 6-8 hours medium difficulty. Chattanooga Chapter sponsored.

LEADER: Sam Powell 886-2689/751-6273

MORE →



Schedule - Annual Meeting  
TENNESSEE TRAILS ASSOCIATION  
Tech Aqua, Smithville, Tenn., Center Hill Lake  
Oct. 11, 12, 13, 1985  
Hosted by Nashville Chapter, TTA

Theme - "Cumberland Trail"

Friday, Oct. 11

Beginning at 1 P.M. - Registration/check in-----Dining/Meeting Room  
Main Building

On your own for afternoon. Walk trail to nearby Appalachian Crafts Center, canoe, sail, or fish. Bring your own boat, fishing equipment, license.

6:00 P.M. - Board meeting.

7:00 P.M. - Potluck dinner. Each person bring a dish or drink to share.  
Coffee furnished.

8:00 P.M. - Show and/or Tell, projector furnished. Ten minutes to show your favorite slides or promote your project.

9:00 P.M. - Campfire. Bring your instruments and have voice in shape.  
Informal picking and singing. (Wind instruments, dulcimer, etc.  
strings.)

Saturday, Oct. 12

6:00 A.M. - Sunrise hike.

7:30 A.M. - Breakfast.

8:30 A.M. - TTA annual meeting. Welcome, Evelyn Tretter, chairman, Nashville Chapter, and David Stidham, president. President's report. Election of officers. State trail administrator's report. Chapter reports. Special ten-minute presentations by those unable to attend Friday night.

10:15 A.M.- Break.

10:30 A.M.- Symposium on the Cumberland Trail.

12:00 Noon- Lunch, on your own. Picnic table by lake or use dining room.

1:00 P.M. - Meet in meeting room for hikes: choice of Window Cliffs, a private waterfall, or trail at Edgar Evins State Park.

7:00 P.M. - Dinner.

8:00 P.M. - Concert, the McMinnville Silver and Gold Band, community band founded in 1910: At intermission, TTA annual awards will be made.

9:00 P.M. - Auction, proceeds to go to promote the Cumberland Trail.

Sunday, Oct. 13

7:30 A.M. - Breakfast.

8:30 A.M. - Meeting to make up 1985 program schedule. Chapter chairmen meet with vice president. Open to all.

10:00 A.M.- Meet for hikes. Choice of Cardwell Mountain, or Bearwaller Trail, Cordell Hull Lake.

**JOYCE KILMER-SLICKROCK CREEK WILDERNESS BACKPACK (TN & NC)**  
October 19-20 1985

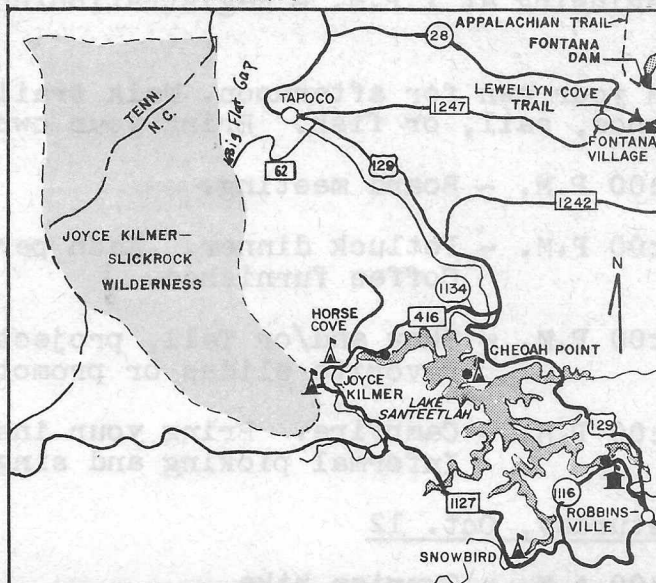
Join us for a fall backpack through much of this beautiful 14,900 acre wilderness area in the Unicoi Mountains along the State line south of the Smokies. The hike will start at Big Flat Gap (mile 0.0) near Tapoco, North Carolina. We'll hike up and over Cold Spring Knob (3460 ft.) to Yellowhammer Gap (mile 2.2). A short hike takes us to Slickrock Creek (mile 2.6). The hike through the heart of the wilderness area along Slickrock Creek is about 6 miles, but we'll stop at Wildcat Branch for lunch (mile 4.5). We'll camp somewhere along the creek, or maybe near the spring and grassy meadow on Bob Bald (mile 11). Sunday, be prepared to enjoy high country hiking and vistas, beginning with Stratton Bald (5341 ft., mile 12.2), Naked Ground (mile 12.5), Haze Lookout (5249 ft., mile 13.5), and the Hangover (mile 14.0) for lunch. The views from Hangover (5160 ft.) are incredible - four peaks to the west: Stratton Bald, Rockstack, Big and Little Fodderstack; the whole Smokies range to the northeast; and the Slickrock Creek valley at your feet. A hike down Hangover Lead and we will be back at our cars at Big Flat Gap (mile 16.2). Saturday's hike is 8 miles with a 2800 ft. gain in elevation; another 8 on Sunday with a 1300 ft. climb. If you're up to it you may want to hike the two mile loop after the hike Sunday exploring the BIG virgin timber at Joyce Kilmer Memorial Forest.

Meet at Big Flat Gap at 10 am Eastern Time on Saturday. To get there, take US 129 from Knoxville/Maryville to Tapoco, NC; go 1.5 miles beyond Tapoco Lodge and turn right onto Slickrock Road.

After 0.3 mile, take the right fork, and proceed to the gap (5 1/2 miles). Call the leader at the number below for Friday night, the 18th, at Knoxville number 970-2207) to carpool from middle Tenn. or from Knoxville. Driving distance from Knoxville is 65 miles (2 hours - scenic!). There is a USFS campground near the Memorial Forest (Horse Cove) and on Lake Santeelah (Che Point). Be prepared for foul weather and 5400 ft. elevation cold temperatures. Stoves and water purification stuff is recommended.

LEADER: David Stidham  
Goodlettsville

(615) 859-3621/251-5115



## Chapter News

### Memphis

#### Notice of Oct. Meeting:

The Memphis Chapter's Oct. 17th meeting will feature Mrs. Frances Spence of the Memphis Wildflower Society. She will show some slides and also talk about her work with the wildflower gardens at Goldsmith's Civic Center as well as other interesting information about wildflowers. Join us at 7:30 p.m. at Kingsway Christian Church.

#### Notice of cancellations & substitutions

The 4th annual picnic scheduled for the Memphis Chapter on Aug. 25th was cancelled and a potluck dinner & swimming party was held instead at Jill & Charlie's home in Millington on Aug. 3rd.

The Aug. 31, Sept. 1 trip to Greer's Ferry in Ark. was cancelled because of conflicts with scheduling.

### Cumberland Mountain

#### CUMBERLAND MOUNTAIN CHAPTER MEETING

Saturday, November 9, 1985

The Cumberland Mountain Chapter will meet on Saturday, November 9 at 4:30 p.m. CST. at the Pickett State Park Lodge. Election of officers for the 1986 year will be held, along with a slide show of the past year's activities. It is important that everyone attend. Refreshments will be served.

### Nashville

There will be no October meeting. Our November meeting will be held at Bob Richards' cabin at Beersheba Springs, the weekend of November 15-16-17. Weiner roast Friday night, hiking Saturday, chili cook-in Saturday night, hiking Sunday. All chapters are invited to join us for a fun weekend in our favorite South Cumberland cabin. Preregistration is required. Call Pat Anderson at 383-2355 between 5:00-10:00 p.m.

We had an excellent turnout at Long Hunter State Park for trail maintenance on the Volunteer Trail. In nearly perfect weather, seventeen of us used saws, pruners, fire rakes and swing blades to clear part of the backpacking trail closest to Nashville. At this rate we may soon be swinging along this trail with packs instead of tools. Thank you Sally, Helen, Charles, Ninez, Mary, Charlie, Brad, Linda, Pat for a pleasantly productive day.



## TRIP REPORTS

### Great Smoky Mountains National Park, 20-22 June 1985

Bob Barnett and I arrived on Thursday to join up with three other Memphis chapter members who had gone up earlier to spend an entire week exploring the Smokies (lucky folks!) On our first day, for our "easy warm-up hike", we did the near-vertical "Chimney Tops" trail, the last 150 yards of which are a real challenge for a hiker without rock-climbing experience. Friday was the most perfect hiking day imaginable. First we went from Clingman's Dome to Siler's Bald, 5 miles each way. This is one of the best trails in the park. It is along a ridge, so you can see the spectacular view on both sides simultaneously, and it alternates uphill and downhill, so that you are not constantly straining the same set of muscles. The day was unusually clear—very little haze—with a sky so extraordinarily blue that we almost didn't see the little indigo bunting caroling to us from the top of a hemlock. Along the trail, cheerful bluets grew in great profusion, along with wood sorrel and Michaux's saxifrage. We spotted a few less common flowers, such as the exquisite Purple Fringed Orchid. At noon we reached Siler's Bald, and watched the playful flight of cedar waxwings and the soaring of ravens as we ate lunch. We returned by the same trail (it always looks different going the other way), Anne Lindholm, Betty Porter and I were still game for more hiking, so we chose to walk the 1½ miles to Andrews Bald—and were so glad we did! Among our treasured finds was the nest of a dark-eyed junco, in a mud bank just one foot off the trail. The little hollow contained 4 bluish-tan spotted eggs, each about ½" long. The mother hovered above us, chittering nervously. We clambered over the rocks to Andrews Bald, and we rewarded by abundant blossoms of rhododendron and flaming azalea. Back at Clingman's Dome, with scarcely a pause for breath, we did the ½-mile loop up to the tower, though by now the view was becoming obscured by haze. On Saturday morning, we did the Albright Grove Nature Trail, walking through one of the only patches of virgin forest left in the country. Magnificent antediluvian trees, everything shrouded in moss, dense undergrowth—truly a sacred place. Inspired by its indescribable beauty, we did 3 more miles up to Madron's Bald—a steep, arduous climb, all uphill. But lovely scenery! That evening, we relaxed with a cookout, and the rain didn't dare to mar a TMA gathering! Our entire stay was a delight; the Wonderland Hotel has luxurious comfortable beds. It was my first trip to the Smokies, and I have but one regret: I never saw a bear!—Debbie Gilbert

Twelve BIG SOUTH FORK HIKING CLUB members from Somerset and Whitley City in KY and Oneida in Tenn traveled to Frozenhead State Natural Area near Wartburg, Tenn on Saturday, Sept. 7 for the club's September hike.

The hikers took the 2.8 mile South Old Mac Mountain trail then the .5 mile trail to the lookout tower on Frozen Head Mountain, thus climbing approximately 2,000 feet in elevation, to reach this highest point in the park at 3,324 feet. Of course when you find a lookout tower, you must climb it to see the view, and if there are apple trees near-by, the apples must be sampled. The apples were small, but delicious. The view of the surrounding mountains and countryside was beautiful, although a large patch of fog blocked the view in one direction.

Following a cloudburst Friday afternoon, several springs and small streams provided cooling water to be splashed on faces, arms and legs. They also provided pretty waterfalls. The rushing waters of the larger Judge Branch and North Prong of Flat Fork far below in the narrow hollows provided background music during most of the trip. A drink from the cold waters of Tub Spring rewarded these pedestrians before they started down Old Mac Mountain on its 3.6 mile North Trail.

Five of the six trails located and described on the trails map are rated as difficult. Both North and South Old Mac Mountain trails are difficult. They are well maintained, but steep.

A meeting was held in the picnic shelter at the trailhead parking lot then the group adjourned to Mildred's Restaurant in Wartburg to reward themselves with steak, seafood, chicken cordon-bleu or gigantic Wart-burgers. Can't you just imagine the reaction when you tell someone that you ate a Wart-burger?

### Ocoee River Raft Trip 10-11 August 1985 (Memphis chapter)

Ray Burkett and I went up a day early, on Friday, to camp at Chilhowee in the Cherokee National Forest. It's a nice campground, with plenty of entertainment: the amphitheatre by the lake shows wildlife films on Friday and Saturday evenings, and if you get bored with that, you can listen to the shrieks of people taking their cold showers! On Saturday, Ray and I hiked all the trails in the park. Both nature enthusiasts, we found many flowers of interest: yellow fringed orchid, showy tick trefoil, rattlesnake plantain, lobelia. We were fortified in our exertions by several varieties of wild blueberries—surprisingly sweet—which we plucked and ate as we walked. The trails are wide and airy, covered with pine needles or sand, very well maintained and marked. The exception is the little-used 2.75-mile Azalea Trail, where the gnats are unbelievably annoying. That afternoon we met up with Chuck, Gene, and Julie, and hiked some more, returning to Benton Falls, which had less water than last year.

Sunday morning we met with the Memphis contingent, including Betty Porter and her family, and Jerry Bull with her husband (there were a dozen of us in all) at Nantahala Outdoor Center. It was a perfect day to raft: sunny and very hot. I was an old hand, having done this last year, and I'd figured out all the tricks for staying in the raft. This year I chose to sit in the middle; in front, you get a face full of water; in back, you get bounced out. Gene managed to get us into the lead boat, so we had a guide who really knew what he was doing. A wild time was had by all, and Chuck and Gene even summoned the nerve to swim a rapid. There was one casualty—Betty Porter's daughter injured her foot—but in general everyone found it a thrilling experience, and we were sorry to see our voyage come to an end.

—Debbie Gilbert

HONEY CREEK HIKE, August 18 (Cumberland Mountain Chapter) - On Aug. 18, eighteen hikers turned out for a rugged hike into the Honey Creek Pocket Wilderness, in the Big South Fork NARA. The trail led the group into one of the most wild and scenic regions of the National Area treating us to the sight of huge trees, high cliffs, numerous waterfalls, and the panoramic Honey Creek Overlook. Due to heavy rains the waterfalls were at full flow and one creek crossing was almost waist deep; pleasant cooling off places on a warm day. The Honey Creek Gorge is definitely a beautiful world of its own. Other than a few bee stings and minor falls everyone had a great time...Steven Burke.

The BSF Hiking Club is planning a return trip to Mt. LeConte Lodge in the Great Smokey Mountains National Park in October, 1986. Anyone interested in making this trip should contact a member by September 25, as reservations will be phoned in on October 1, of this year.

For further information on any of the club's activities call: 376-5989 in Whitley City, 679-7563 in Somerset or 569-9102 in Oneida(Tenn).

## Calendar of Events

DATE	SPONSOR	EVENT	CLASS	MILES	LEADER	PHONE (HOME/WORK)
OCT 5	S	FALL HIKE DAY - LAND BETWEEN THE LAKES			DAVID STIDHAM	(615)251-5115 (H)
OCT 5	CH	CUMBERLAND TRAIL - SIGNAL POINT			SAM POWELL	(615)886-2669/751-6273
OCT 5		Big South Fork Hiking Club - Angel Falls Overlook, Leatherwood Ford				(615)569-9102
OCT 5-6	MU	BIKE HIKE - RUTHERFORD CO.			GLEN HANLEY	(615)890-4113/598-2104
OCT 11	S	4TH QUARTER TTA BOARD OF DIRECTORS MEETING				
OCT 11-13	S	ANNUAL MEETING - TECH AQUA, CENTER HILL LAKE - NASHVILLE CHAPTER HOST				
OCT 17	ME	CHAPTER MEETING, KINGSWAY CHRISTIAN CHURCH				
OCT 19-20	N	JOYCE KILMER-SLICKCROCK WILDERNESS (TN & NC)	II-III	14	DAVID STIDHAM	(615)859-3621/251-5115
OCT 19	ME	MOUSETAIL LANDING STATE PARK	II	8	JIM KEETON	(901)847-8029
OCT 20	CM	CHARITT CR HOSTEL-TWIN ARCHES	II	5	HOWARD RAY DUNCAN	(615)879-8245
OCT 26	ME	NATHAN BEDFORD FORREST STATE PARK	I	8	RAY BURKETT	(901)358-7150
NOV 2-3	CM	MIDDLE CREEK TRAIL WORKTRIP			TOM SELLS	(615)879-7759
NOV 2	MU	STONES RIVER CANOE FLOAT			BERTHA CHRITZBERG	(615)896-1146
NOV 2		Big South Fork Hiking Club - Hidden Passage Trail, Pickett				(615)369-9102
NOV 9	N	BEAR WALLOW GAP TRAIL, CORDELL HULL LAKE	II	6	GAYLE DOUGLAS	(615)297-1435
NOV 9	CM	CHAPTER MEETING, PICKETT STATE PARK				
NOV 10	ME	SHELBY FARMS	I	3	ANNE LINDHOLM	(901)388-4100
NOV 15-17	N	CHAPTER MEETING, BEERSHEGA SPRINGS				
NOV 23-24	S	CUMBERLAND TRAIL WORK WEEKEND			DAVID RHYNE	(615)743-4289, 318-2211 (H)
NOV 30	ME	THANKSGIVING DAY HIKE -SHELBY FOREST STATE PARK I	10		CHARLIE NORVELL	(901)873-2149

## TTA — The Tennessee Trails Association

**OBJECTIVES:** To promote, construct, and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail. Regular dues are \$8.00 per year; \$3.00 for students and family dependents.

### TTA OFFICERS - 1985

#### President

David Stidham - Goodlettsville

#### Vice President

Howard Ray Duncan - Jamestown

#### Coresponding Secretary-Treasurer

Dot Lingerfelt - Chattanooga

#### Recording Secretary

Evelyn Tretter - Goodlettsville

#### Immediate Past President

Evan Means - Oak Ridge

### TTA BOARD OF DIRECTORS

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Bertha Chritzberg - Murfreesboro

1985-1986

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Ken Pittman - Jamestown

Cumberland Mountain Chapter

Everett Kidder - Chattanooga

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