

TENNESSEE TRAILS

Official publication of the Tennessee Trails Association, Inc.

Volume XVII, No. 3

March 1986

BOARD MEETING, March 7th, 1986, Cumberland Mt. State Park

Everyone is welcome to attend the TTA Board Meeting at Cumberland Mountain State Park, Friday evening, 7pm Central Time on March 7th. The Board will, among other things, be making decisions about the Cumberland Trail based on your ideas expressed at the 1985 annual meeting. There will be a Cumbeeland Trail hike Saturday morning, followed by a meeting of the TTA Cumberland Trail Committee. The meetings will be in a park cabin; ask at the office for exact location. A free cabin will be available for Friday night on a first come first served basis. Call David Stidham (615-859-3621) if you plan to attend and are interested in the cabin.

Big South Fork Wildflower Pilgrimage - Fentress, Scott, Pickett Counties, Tennessee, (May 2 & 3). The Cumberland Mountain Chapter is once again participating in the third annual BSF Wildflower Pilgrimage. This years Pilgrimage will be held at the new Bandy Creek Campground within the Big South Fork. Look for details in the next newsletter. For additional information contact: Howard Ray Duncan 615-879-8245 615-879-7759 Tom Sells Steven Burke 615-879-7770 Fentress Chamber of Commerce P.O. Box 496 Jamestown, TN 38556 615-879-9948

WOLF RIVER CONSERVATION - A group of people interested in protecting and conserving the natural areas of the Wolf River have formed a group called the Wolf River Conservancy. Their aim is to prevent it from bevoming another Nonconnah by having a greenbelt area along the river with canoe access ramps, hiking, birdwatching and other recreational facilities. Help is needed with this project and if anyone is interested in helping by attending meetings, writing letters, calling, etc. please call Ms. Lynn Bowers, 767-7329 or Jerri Bull, 363-4408.

SMOKY MOUNTAIN BACKPACK 25 May-1June, 1986

Smoky Mountain lovers come with me on this beautiful 68.6 mile backpack. We will leave 25 May 1986 from Smyrna, TN at 9:00 a.m. and drive to Fontana Dam. We will return on Sunday l June 1986. The cost will be \$45.00 per person, to cover transportation. Preregistration is mandatory (3 weeks notice please) with maximum of 7 persons. It will be first come, first serve. Equipment will be available, if needed, at a nominal fee. We will be averaging about 10 miles per day. Pre-trip meeting will be 6:00pm 24 May at National Guard Armory, Smyrna Airport, Smyrna, TN. Parking will be available at National Guard Armory for vehicles of those going on trip. This should be a grand time for wild flowers and wild life. See you in May.

LEADER: Arthur M. Yates
Outdoor Experiences
Smyrna, TN 615-252-3450 Ext 222
615-459-5661 Ext 222

ADOPT-A-TRAIL - CHAPTER COORDINATORS

Nashville - Pat Anderson Cumberland Mt. - Howard Duncan Memphis - Bob Barnett Murfreesboro - ? Chattanooga - ?

CARFUOL COORDINATORS:

Memohis - Gene Jacobson 901-755-9073

Nashville - Evelyn Tretter 615-859-0566

Murfreesboro - Maryedith McFarlin 615-896-1344

Chattanooga - Dot Lingerfelt

615-842-8043 615-751-3292 (work)

NEWS FROM OUR SUPPORTERS Smoky Mountains Hiking Club

March 22-23, 1986

CAR CAMP AT CUMBERLAND MOUNTAIN STATE PARK Saturday Hike in the Park Sunday Hike on the Cumberland Trail via Brady Mountain

Join us for a spring campout at one of Tennessee's beautiful state parks located on top of the Cumberland Plateau in middle Tennessee. After arriving Saturday, we'll hike some on one of the trails in the state park. Planned for Sunday is a 8 mile hike across Brady Mountain along the Cumberland Trail. The Cumberland Trail, envisioned as an "Appalachian Trail alternative," will eventually run from Cumberland Gap to Signal Point overlooking the Tennessee River gorge near Chattanooga. The Brady Mountain section, initially constructed over 15 years ago, provides outstanding views of Grassy Cove, a huge doline interlaced with scenic farmland. On a clear day, area lakes and eastern mountains are visible from the crest of Brady Mountain.

Round trip driving distance from Knoxville: 150 miles

Leaders: David Stidham (Goodlettsville)

Send material for Tennessee Trails to:

David Stidham, Editor 1015 Hitt Lane Goodlettsville, TN 37072

15th

The deadline is the 20th of each month. If possible, submit material camera ready, typed in a full $4\frac{1}{2}$ inch column. Artwork is welcomed.

HIKES

Rock Castle Bushwhackers Trip - Fentress Co. Tennessee (Saturday March 15, 1986) For those of you that like beautiful but rugged scenery, then this is the hike for you. Rock Castle is a steep sided, 700 foot deep gorge area surrounded by high, sandstone cliffs. Its beauty lies in its ruggedness. Be prepared for steep hills, jungles of mountain laurel, and climbing over huge boulders. Sturdy boots are a must. We will be visitig the triple waterfall formed by Rock Castle Creek as it tumbles its way into the gorge below. Be prepared with lunch and water. (No kidding this is a rough hike!!) We will meet at Talina's Pizza parking lot across from the Fentress County General Hospital, located 0.5 miles from the Courthouse on highway 52 West at 10:00 a.m. (CST). Class - V Miles - 6 Howard Ray Duncan 15-879-8245

CHICKASAW STATE PARK - Memphis Chapter Mar. 22nd.

Join us for a hike at Chickasaw State Park on Sat., March 22nd. Hike will be approx. 6 to 8 miles; comfortable shoes are in order along with lunch and water. Carpool will leave Kingsway Christian Church, 6310 Poplar Ave., at 7:30 a.m. or meet us at 9:30 a.m. at the park office. Leader will be Mary Wearne, ph. 873-1739. This is her correct phone as the one listed on hike schedule is not correct.

Worktrip - Middle Creek Trail - Big South Fork NRRA (Saturday, March 22 and Sunday, March 23) Two work parties will carry out the Cumberland Mountain Chapter's Volunteer in Parks trail maintenance agreement with the National Park Service at the Big South Fork National River and Recration Area. Both groups will meet at the Middle Creek Trailhead an Fork Ridge Road. Group one will be working on Saturday March 22 beginning at 9:00 a.m (CST). They will do the Slave Falls to Jakes Place section of the trail and lunch is recommended. Group two will be working on Sunday March 23 beginning at 1:00 p.m (CST). They will be doing the Middle Creek Loop Trail. Wear work clothes and gloves. Water and snacks are strongly suggested. Tools will be provided by the National Park Service. For information Howard Ray Duncan 615-879-8245 615-879-7759 Tom Sells

615-879-7770

Steven Burke 615
Historic Downtown Nashville

Notice change of date.

Neet at Riverfront Parking Lot at 1:30 P. M. Sunday afternoon March 23 for a hiking tour of downtown Nashville's historic area. The parking lot is \$1.50.

Margaret Mann

CUMBERLAND TRAIL WEEKEND - MARCH 29-30, 1986

All chapters are encouraged to sponsor work activities on the Cumberland Trail this weekend for its membership. The TTA Board has set this weekend aside for this work, since no other activities are planned. For ideas on needed work to do, contact one of the TTA Cumberland Trail Committee members:

Bob Brown	(615)748-4816	
Gene Curp	824-1171	
David Rhyne	745-4289	336-2211
Bob Wagoner	886-2420	267-2404
Sam Powell	886-2689	751-6781
Evan Means	483-5555	
Don Todd		
Grimes Slaughte	r 483~5859	

April 12 - HISTORIC PIDGETOP TUNNEL (Davidson County) - Class II, 3 miles

Meet in front of Goodlettsville High School (Highway 41-31W) at 1 p.m. for an afternoon of poking around the abandoned rail line that once led over the Highland Rim from Nashville to Evansville, built prior to the Civil War. The present tunnel under the Ridge, which carries the main line of the Seaboard System Railroad, was completed in 1902 and completely bypassed the resort town of Ridgetop, so the town became accessible to rail passengers only by carriage road from the new rail station near the tunnel entrance.

A shaft from the top of the Highland Rim down to the tunnel contains a waterfall of unknown proportions. Those who wish to descend to view and/or photograph this phenomena (provided permission can be obtained) should bring rappeling equipment.

Sponsor: Nashville Chapter Leader: John Hart, 615-833-7546

MURFREESBORO CHAPTER (Saturday, April 12,1986) Rutherford County

A work day on the Twin Forks Trail is scheduled on the above date. Meet in parking lot at Walter Hill Recreation Area, located North of Murfreesboro on Hwy 231, at 8:30 am Bring your lunch, water and a camera, as wild flowers will be in bloom. Tools and lots of hard work will be provided.

LEADER: Arthur M. Yates - Smyrna 615-252-3450 Ext 222 615-459-5661 Ext 222 BSF Hikers Meet Unexpected Challenge

Saturday, Dec. 14th, was a crisp 150-day but 5 Big South Fork hikers kept their date with the calendar to walk the Barren Fork Trail on the Sheltowee Trace in McCreary Co. The shuttle vehicle was left at the 4-H Campground before the hikers drove to the trailhead off S. 27, about 5 miles north of Whit-ley City, Ky. The time was 10 A.M. and a north wind was quieting down. Snow powder-ed the frozen earth and our first faux-pas occured as we chose the trail heading up the hill. After about 4 of a mile we realized our path was bending northward. This necessitated retracing steps to the trailhead where we made a fresh start. This time, going south. Despite the bleak appearance of dormant growth, the walk was exhilirating and enjoyable. Around noon, we found an oak log about 8 feet long with large limbs still attached which made wonderful back rests. Here we ate heartily out of our backpacks and drank hot tea and chocolate. A couple found this stopover a bit chilling and it took around an hour to get them warmed up again. The creekbed was lined with sleeping rhododendren and spruce. Holly trees were neatly flocked with snow. The trail meandered back and forth over the creek some 7 or 8 times. All but two crossings were shallow with good stepping stones. We felt a sense of gratitude to whomever produced waterproof brogans. Only a few tracks were seen on snow-covered logs. One was identified as mink. A fright-ened grouse took quick flight near the trail. The sun brightened the day as the sky cleared. Only a few fluffy cumulus clouds dotted the steel blue heavens. We started unzipping jackets and loosening scarves. About 1:30, we decided to leave the trail which was following the creek and bushwack to the ridge-top. This was faux-pas #2. The dead growth was tightly knit and laced with briars. Walking was so difficult we lost our direction and floundered for some time before coming upon a long-deserted road. This we followed for about a half mile before it began to bend and head back toward the creek. We retraced our path to a fork which we estimated to be going south. The winter sun was no help in giving directions. We followed the road for about an hour before hearing a distant rooster crow. How good is sounded! About ten minutes later we could see the large 4-H pavilion on the hill through the trees. When we reached this massive structure, we stood for some minutes laughing over our predicament. All were experienced hikers but leaving the trail just may cause some anxious moments. However, it was a wonderful adventure. The time was 3:45 and we had walked 8.8 miles. Temperature region tered 320 and we were thoroughly thawed.

VIRIN FALLS. JANUARY 11 NASHVILLE CHAPTER

The weather was wonderful in the mid- 50 and sunny, 10 T.T.A members hiked the rugged trail to the Big Branch Falls, Caney Fork Overlook, Big Laurel Falls, Sheep Cave and Virgin Falls. Didnt miss a thing we saw it all, we did hope for ice, which can change this area into a beatifull cascade of ice.

Maybe next year?

Charlie Hann

Middle Creek Loop Trail, January 19 (Cumberland Mountain Chapter) - In spite of the fact (or maybe because of it) that we had no snow for our "snow hike" eight TTA members, one from Cumberland Mountain and seven from Nashville Chapter hiked the delightful Middle Creek Loop Trail inthe Big South Fork National River and Recreation Area. The trail was in good shape due to recent maintenance bymembers of the Cumberland Mountain Chapter. For everyone that didn't show up you missed a great hike. (It really did snow, but only after the hike was over and we were at Druthers.)

Howard Ray Duncan

There are additional most

Northryp Falls Hike, Feb. 9 (Cumberland Mountain Chapter) - On Sunday, Feb. 9, six people turned out for a winter stroll around the Northrup Falls Loop Trail at Colditz Cove State Natural Area. It was a cold, cloudy winter day, with snow in the forecast. Carl, Sheryl, Marta, and Mahaliah Cooper along with Carol and David Vierra were along on the outing, while leaders Steven and Pamela Burke were absent due to car trouble, while returning to Jamestown from Mt. Juliet earlier in the day. Those who went on the hike spent an enjoyable afternoon walking along the trail, and Steven and Pam made it home safe and sound about an hour after the hike ended. Special thanks go out to Carl & Sheryl for taking over and leading the hike ... S. Burke.

Eight people and one dog went on the Feb. 9
hike at Marrowbone Lake, sponsored by the
Nashville Chapter, on a beautiful, chilly,
overcast Sunday afternoon. The two-hour
walk took the group over a wooded ridge, down
a creek with small cascades and lovely
bluffs, and around a portion of the lakeshore. This is a fishing lake owned by the
state of Tennessee, in northwest Davidson
County. It is not very well-known, partly
because it appears on very few Metro maps
(left off because there is not room for the
odd-shaped corner of the county).

Those attending were Jim and Ellen Fuqua, John Hart, Evelyn Tretter, Ninez Giles, Vic Canada, Regenia McDowell, Margaret Mann and Pippi. Theleader, Evelyn Tretter, hosted a chili supper at her home in Goodlettsville after the hike.

LONG HUNTER STATE PARK VALENTINE SNOW HIKE - 15 February 1986. While basking in the glow of Valentine's Day, seven eager hikers set off to explore the snow-covered Volunteer Trail at Long Hunter State Fark. Hikers delighted in the crisp winter air, the sunny blue sky, and shimmering coat of ice and snow on the trees, rocks and trails. Highlights include a leisurely lunch and good conservation on a warm rocky ledge, flora and fauna breaks, photographic sojourns, and time to walk and daydream at the water's edge. Besides all this, we got some good exercise—hiking in the crisp snow was rather like hiking in sand. Many thanks to all the people who worked to make the Volunteer Trail a reality.

There are additional TTA hikes scheduled for this month, but information was not recieved in time for the newsletter. For details, call the leader (see Calendar of Events).

ECOLOGY AND MICRO ECONOMICS

by Gene Curp

My employer once looked at a plot of land in Florida on which to build a home. The plot was in the Keys with water frontage. How could such a plot even be considered since the cost would certainly be exorbitant?

But, lo, the plot was, comparably speaking, cdable. The ocean frontage was covered by affordable. mangroves. Relatively recent legislation protected all mangroves from any disturbance, much less clearance. The seller had purchased a large tract prior to the legislation with development in mind. But people who buy resort homes don't desire mangroves but instead beaches.

In the terms of the real estate industry, the majority of the would-be developers economic value had been destroyed by the legislation. Captains of industry and free enterprise types see such legislation as a confiscation of personal wealth by a unilateral act of a govern-

mental unit.

I am not here addressing the appropriateness of the legislation. Mangroves in Florida are endangered, with much of their prior domain now "developed". And the mangroves were essentially responsible for the original creation of the Keys.

My point here is to promote an understanding among the ecological oriented of the primary source of opposition - economic impact. In order to effectively conduct our campaigns, an understanding of the "other side" will be of great

Economic impact, as the example shows, can not only be personal and dramatic but also difficult to measure and lost to a casual overview. To disarm this problem, owners of property which have suffered economic reversal due to environmental action should have the right to compensa-They have lost the rights to unrestricted use and benefit. When land is condemned for purposes of a highway, owners lose the land but are compensated. The loss of certain rights of use associated with the land is no less an asset to the owner than the land itself.

If enacted, such a proposal could certainly be expensive for the government. To provide affordable relief to owners, rather than cash compensation, income tax deductions spread over a 5 to 10 year period could be employed. We won't get into the technicalities of the relative values of ordinary loss deductions versus capital loss deductions, carrybacks, carryforwards or all

the nuances which might be considered.

Just remember, many of the other side have (or perceive they might have) a big economic stake in environmental legislation. And our proposals generally take away rights or add costs to businessmen and property owners. Step down from righteousness and look for practical solutions (land swaps, income tax breaks, phasein schedules, property tax abatements, etc.) to the practical problems of the other side.

We cannot always trust the free market to make the best allocation of scarce resources since the market tends to take the short view. We can, however, use an understanding of the

market to effect our goals.

EXPEDITION BEHAVIOR

by Gene Curp

One of the main factors contributing to unsatisfactory results from serious climbing and research expeditions is from the personnel side. It is not technical ability, but interpersonal problems which can deny an expedition

Paul Petzodt deals with this subject, termed expedition behavior, at length in his writings. Expedition behavior is included in the curriculum of both Petzodt's National Outdoor Leadership School and Wilderness Education

Association.

In our group and chapter outings, all participants have a responsibility for their own expedition behavior. The results of behavior on a short trip are of course much less dramatic than the results of the same behavior in the setting of a protracted expedition possibly facing "full" conditions.

It seems there must be a reason the outings chairs have to go begging to dig up leaders. To provide a little support to that unappreciated cadre of regular outings leaders, I have developed a rambling list of Do's for an outing participant. Doubtless I left out something of supreme importance to some leaders and will offend participants by the very nature of the list. I'll sacrifice my PR and shoot it to hell in an effort to improve interpersonal relationships within the group as a whole.

DO:

 Be self reliant and prepared.
 Restrict trips to those you are physically capable of.

- 3. Be understanding and helpful of others in the party (their idiotic mistakes).
- 4. Understand leader's responsibilities and cooperate.

5. Keep your dog on a leash.

6. Rave about the beauty all you want.

7. Try to meet everyone.

8. Thank the leader.

- 9. Ask for rest breaks, moleskin breaks, slowing the pace, etc. when you need them.
- 10. Take a vote before skinnydipping.
- 11. Get off trail and stand still, allowing horse riders to pass.
- 12. Clear blowdowns or other light trail
- maintenance every trip.

 13. Leave the hiking stick for the next hiker at the trailhead.
- 14. Notify leader before wandering away from the group.

15. Avoid unnecessary risks.

- 16. Participate in car pooling, take a turn behind the wheel and be on time.
- Share any special knowledge with the group about the natural history setting of the hike.
- 18. Preregister with the leader.



Chapter News

Nashville

We are pleased to announce that one of our favorite Ranger Naturalists, Randy Hedgepath, from the South Cumberland Rec. Area, will be at the Cumberland Museum to share his knowledge and slides of the area at our March 27th meeting at 7:30 P.M.

Memphis

NOTICE OF MARCH MEETING
Join Memphis Chapter for regular meeting on March 20, 7:30 p.m., at Kingsway
Christian Church, 6310 Poplar Ave. Our
program will be about Lichterman Nature
Center with one of the staff as speaker.

CHATTANOOGA

No news to report.

MURFREESBORO

No news to report.

Cumberland Mountain

Cumberland Mountain Chapter Meeting (Tuesday, March 11, 1986) Fentress County, Tennessee. The Cumberland Mountain Chapter will hold its March meeting at the Fentress County Chamber of Commerce in Jamestown beginning at 7:00 p.m. (CST). Refreshments will be served. Topics to be discussed will include final details of the 1986 Wildflower Pilgrimage, the upcoming work trip on the Middle Creek Trail and the April Weekend of Fun. Everyone is asked to please attend this important meeting. For additional information contact:

Howard Ray Duncan 615-879-8245 Tom Sells 615-879-7759 Steven Burke 615-879-7770

Cumberland Mountain Chapter Meeting, January 18, (Cumberland Mountain Chapter) - On January 18 the Cumberland Mountain Chapter meet at the office of the Fentress County Chamber of Commerce. With recently installed new officers in charge topics discussed included: upcoming hikes, dues for 1986, developing a permanent meeting room at the Chamber of Commerce and the upcoming 1986 Big South Fork Wildflower Pilgrimage. The Wildflower Pilgrimage was the main topic of discussion with a meeting for the Pilgrimage being set for Tuesday, February 4 at 7:00 p.m. in the Regan Building in Jamestown. The next regularly scheduled chapter meeting will be March 11, at 7:00 p.m. at the Chamber of Commerce office in Jamestown.

Howard Ray Duncan

1984	CAL	ENDAR	UE	EVE	NTC
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DATE	SPONSOR	1986 CALENDAR OF EVENT (MILES	LEADER	PHONE (HOME/WORK)
	TTA	TTA BOARD MEETING, CUMBERLAND MOUNTAIN STATE PA	ARK	~~~~	DAVID STIDHAM	(615)859-3621
	TTA	CUMBERLAND TRAIL COMMITTEE MEETING, CUMBERLAND	MT. S	TATE F	'ARK	
MAR 8		Frozen Head Natural Area, Big South Fork Hiking	Club		Donald Thompson	(606)679-7563
MAR 8-9	MU	EARLY SPRING BACKPACK	II	10	GLENN HANLEY	(615)898-2104
MAR 11	CM	CHAPTER MEETING, FENTRESS COUNTY CHAMBER OF COM	MERCE			
MAR 15	CM	ROCK CASTLE BUSHWACKERS TRIP	٧	6	HOWARD DUNCAN	(615)879-8245
MAR 20	ME	CHAPTER MEETING, KINGSWAY CHRISTIAN CHURCH				
MAR 22	ME	CHICKASAW STATE PARK			MARY WEARNE	(901)377-1744
MAR 23	N	HISTORIC DOWNTOWN NASHVILLE	I	3	MARGARET MANN	(615)883-6212
MAR 22-23		WORKTRIP' - MIDDLE CREEK TRAIL			HOWARD DUNCAN	(615)879-8245
MAR 22-23		SMHC - Cumberland Mt. State Park	III	8	David Stidham	(616)859-3621
		and Cumberland Trail (Brady Mt.) hike				
MAR 27	N	CHAPTER MEETING, CUMBERLAND MUSEUM				
MAR 29-30	ALL	CUMBERLAND TRAIL WORK WEEKEND		OF T		körnőn Alt Hibraria
MAR 29-30	MU	SAVAGE GULF BACKPACK			RANDY HEDGEPATH	(615)924-2980
APR 5	MU	SPRING WILDFLOWERS - LONG HUNTER STATE PARK	I	6	REGGIE REEVES	
APR 5	MU	WILDFLOWERS - BLUE BELL ISLAND			RANDY HEDGEPATH	
APR 12	MU	WILDFLOWERS - SHAKE RAS HOLLOW			RANDY HEDGEPATH	
APR 12	MU	TWIN FORKS TRAIL WORK DAY			ARTHUR YATES	(615)252-3450X222
APR 12	N	HISTORIC RIDGETOP TUNNEL	II	2	JOHN HART	(615) 833-7546
APR 17	ME	CHAPTER MEETING				1010/000 /570
APR 19		BANDY CREEK RIBBON CUTTING, BIG SOUTH FORK NRRA				
APR 19-20	CM	WEEKEND OF FUN - PICKETT STATE PARK			STEVE BURKE	(615)879-7770
				OF	HOWARD DUNCAN	(615)879-8245
APR 19-20	ME	NATHAN BEDFORD FORREST STATE PARK		0,	BETTY PORTER	(901) 363-0213
AFR 24	N	CHAPTER MEETING			OCTIT TOMILIN	(1011202-0712
MAY 2-3	OM .				HOWARD DUNCAN	(415)070_07#F
MAY 3	ME	SPRING IN THE FOREST - MEEMAN SHELBY FOREST S.	Ρ.		CHARLIE NORVELL	(901)873-2149
		The state of the s			ANNE LINDHOLM	(901)388-4123

Please register me as a member for the calendar year 198	(Jan. through Dec.) with the type of membership checked:
Student (fulltime undergraduate and high scho	ool) \$ 3.00
Individual	\$ 8.00
Family dependent (one who resides with an ir	ndividual member) \$ 3.00
Supporting	\$ 15.00
Life	\$150.00
representative to cast its vote and up to three addresses to receive the r	may be organizations or individuals. Each organization should designate a newsletter. Family dependent members do not receive a separate newsletter.
It's dues time again! Mail this with your 1986 dues today. Mail to	NAME
with your 1986 dues today. Mail to	ADDRESS
athers I day	PHONE NO. (home) (work)

TTA — The Tennessee Trails Association

OBJECTIVES: To promote, construct, and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail. Regular dues are \$8.00 per year; \$3.00 for students and family dependents.

TTA OFFICERS - 1986
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P. O. Box 4913 Chattanooga, Tenn. 37405





Evan Means 200 Butler Road Oak Ridge, TN 37830

