



Earth Day 1990

"Recycled" from *RENEWS*, November 1989

At this the beginning of 1990, attention turns to the decade ahead. What changes will come about, and how will life in the '90s be different from life in the '80s?

Supporters of Earth Day 1990 are calling for a "decade of the environment," emphasizing the need for efficient use of renewable energy and recycled resources. Earth Day 1990 on April 22 will mark the beginning of a long-term commitment to building a safe, sustainable planet.

Earth Day 1970 was the largest organized demonstration in history, with more than 20 million people participating. Activities on that day ranged from passive nature walks to active protests of major polluters, and members of Congress adjourned so that they could attend teach-ins.

In response to concerns voiced by Earth Day activities, the Environmental Protection Agency was created in 1971, and the Clean Water Act soon followed.

But what's happened since then? Some of the problems fueling the original Earth Day have been addressed effectively, but others have only grown worse. And to make a bad situation even more difficult, the planet now faces a diverse array of new ills: greenhouse

gases, ozone holes, acid rain, toxic wastes, expanding deserts, and shrinking rain forests. An international Earth Day 1990 will focus on these problems and link local concerns to global crises.

The organizers of Earth Day 1990 have outlined some specific goals to be accomplished, including:

- A worldwide ban on chlorofluorocarbons, which destroy the ozone layer and contribute to global warming.
- A plan to promote renewable energy sources and energy efficiency to slow the rate of global warming and the spread of acid rain.
- A halt to global deforestation and a program to plant a billion trees.
- A comprehensive program to handle hazardous wastes, emphasizing source reduction.
- Establishment of an international agency to monitor and safeguard the atmosphere, the oceans, and other global commons.
- Adoption by all nations of a strategy to stabilize its population to limits sustainable using environmentally-available agriculture and industrial processes.

Decisions about how to participate in Earth Day 1990 will be made at local, regional, and national levels.

Consistent elements in the activities and the common goals will, however, unite the diverse activities into a coherent force.

Organizers have prepared guidelines in specific areas like recycling, transportation, home energy use, eating habits, and hazardous products. One important area, they say, is activism. Every citizen of Earth can take steps to actively help save the planet.

First, educate yourself and others on environmental issues, then make it a point to support environmentally responsible businesses. Know the voting records of your representatives supporting environmental action. Getting involved in local politics offers an opportunity to influence local policy decisions about environmental issues.

Simpler actions also can encourage responsible behavior. Supporting small local businesses and taking time to learn about and enjoy nature are other options for activism.

For more information about Earth Day 1990, write to Earth Day 1990, P.O. Box AA, Stanford University, CA 94309, or call 415- 321-1990.

State News

Board of Directors Meeting & Hike Feb. 10th

There will be a TTA Board meeting on Feb. 10th, 7:30 p.m. (CST), at the Pin Oak Lodge Restaurant in Natchez Trace State Park (located off I-40 at Wildersville, TN). Prior to the meeting, attendees will feast at the park restaurant's buffet at 6:00 p.m. Anyone wishing to stay at the lodge can reserve a room by calling 901-968-8176.

The Memphis chapter will also sponsor a hike at Natchez Trace which will begin at 10:00 a.m. on the 10th at the park office. Those Memphis Chapter members who wish to attend can carpool from Kingsway Church at 7:30 a.m. For more information, call Jerri Bull at 901-363-4408.

All TTA members and guests are welcome to both the hike and the meeting.

Regrets & Sympathy

I was sorry to read in the latest issue of The Tennessee

Conservationist of the death of James Ewing, author of Tennessee Tales and frequent writer for local magazines. One of Mr. Ewing's stories was featured in January's issue of Tennessee Trails. Tennessee has lost another great storyteller. — Editor

Superior Hiking Trail

Prevention magazine is sponsoring a wathe Superior Hiking Trail, 80 miles north of Duluth in May. If interested, wPrevention Trip. Minor St., Box NF, Emmaus, PA 18098.

Cumberland Trail News

C.T. Section 9 Work Trip February 24

Graham Hawks says the most immediate trail work needed on C.T. Section 9 is not on the C.T. itself but on the 12-mile loop off the south end of the C.T. The Pot Point loop needs blazing and this will be our task on February 24. If at least 4 volunteers show up we will split into two groups, each of which will cover half the loop and meet in the middle. This will be a moderately difficult hike along the rimrock of the Tennessee River Gorge and Mullens Cove. If more volunteers come, we'll take along a bow-saw and and axe to clear out any winter blowdowns we encounter.

Meet at 8:30 a.m. EST, Saturday at the C.T. parking lot near the lookout tower in Prentice Cooper

State Forest. Call Graham at 615-266-0314 (work) or Bob Brown at 615-352-7474 (home), no later than Thursday, February 23 for information, directions, and/or carpooling.

Trip Report Caryville to Lake City

On November 19th, there was lots of snow lying on the upper slopes of Cross Mountain as 18 Smoky Mountains Hiking Club members plus Dorothy Sills, James Leininger and Sissy met at the C.T. office on a cold Sunday morning. Three hours later as we climbed the north end of Walden's Ridge, all the snow was gone and we were in shirt-sleeves.

The lunch stop at an open rocky high point gave us good views of Cross and Vowell Mountains to the

south, Cumberland Mountain all the way to Cumberland Gap to the north. Clinch and House Mountains could be seen to the east with English Mountain beyond and, beyond that, the Smokies clearly visible from Mt. Cammerer to the three peaks of LeConte. As we lunched, a large accipiter, possibly a Coopers Hawk soared down Cambria Hollow and soon a faraway babble drew attention to a flock of 40 large waterfowl slowly circling in a sinuous, undulating formation drifting away to the southeast. They were obviously not geese and my first guess, based on their call, was Whistling Swan. Later reflection, and a check with Michael Bierly, however, convinced me they were migrating Sandhill Cranes. — Bob Brown

News From Our Parks

Warner Park Nature Center Nashville, 352-6299 Pre-Registration Requested

- 2/2 Animals in Winter — 9:00-10:00 a.m., pre- school, dress warmly
- 2/10 Discover the Nature Center — 8:00-4:30, all ages
- 2/10 Organic Gardening Forum — 9:00-11:00 a.m., adults
- 2/10 Tracking Winter Wildlife — 1:00-3:00 p.m., ages 6 and up
- 2/10 Exotic Plant Removal — Volunteers needed; 9:00-3:30 p.m.
- 2/17&21 Woodcock Watch — 5:00-7:00 p.m., adults
- 2/24 Tracking Winter Wildlife — 9:00 a.m. to noon, adults
- 2/28 Tennessee Owls — 7:30 p.m. to 9:00 p.m., adults; slide and sound show with local owl authority, Bob English.

South Cumberland State Park 924-2980

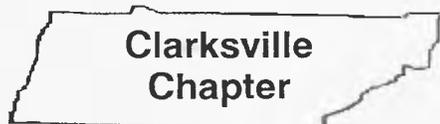
- 2/4 Greeter Falls Excursion — Meet at 1:00 p.m. at Stone Door Ranger Station; 1 mile round-trip, moderate
- 2/9 Values of a Natural Area — Meet at 4:00 p.m. at Visitor Center for a slide presentation; 30 minutes.
- 2/10 Cascade Falls Excursion — Meet at Visitor Center at 10:00 a.m. Rubber wading shoes advised. 2 miles round-trip, moderate
- 2/24-25 Cross Gulf Overnighter — Meet at Stone Door Ranger Station at 10:00 a.m. on 24th. Supply your own food and equipment. Out by 3:00 p.m. on

25th. 15 miles, moderate to strenuous.

Montgomery Bell State Park Burns, 797-9052

- 2/10 Annual Frostbite Half-Marathon — longest leg of Tennessee State Parks Running Tour. 1-mile "Fun Run" also planned.
- 2/24-25 Winter Wilds Weekend — Events and programs include: Animals in Winter, Dressing for the Winter Outdoors, Winter Woodland Hike (4 miles), watching the winter night skies, and canoeing the Harpeth. Call for more details.

Chapter News



Clarksville Chapter

Trip Report Eagle Hike

On January 6th, Jim Bryant, Roger Greer and his son Roger, my grandson J.R. Sims, myself, and our guest from the Memphis Chapter, Ray Burkett, traveled to the Woodlands Nature Center in Land Between the Lakes (LBL). We decided on the shorter hike around Hematite Lake and enjoyed a lovely, leisurely stroll there. We stopped often to view the various waterfowl.

After lunch and a tour of the Nature Center, we embarked by van on a search for the eagles. The morning tours had had very impressive sightings ranging from 13 to 19 bald eagles. We had less success, sighting only two. But, we

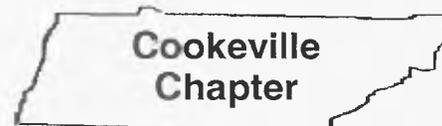
were rewarded with a great variety of other birds including hundreds of Canada geese and gulls, Mallard, Goldeneye and Gadwall ducks, kingfishers, a Great Blue heron, and several Red-tailed hawks. We also followed the progress of a Barred Owl for some time until he apparently grew tired of our attention and removed himself further into the woods. We halted, momentarily, while four Fallow deer — a buck and three does — crossed in front of us twice. It was a warm, sunny day with congenial companions. Our thanks to Ray Zimmerman from the center for all his patience. — June Adams

Ft. Henry Hike February 10

On Feb. 10th, we will meet in the parking lot of K-Mart/Krogers northside at 8:30 a.m. for our hike at Ft. Henry in Land Between the Lakes. Bring your lunch, water, and wear clothing suitable for the day's weather. Contact Bessie Daniels for further details at 645-5424.

Hidden Springs Trail February 24

Feb. 24th we'll meet at 8:00 a.m. in the Winn-Dixie parking lot (South). We'll carpool to Cedars of Lebanon State Park and walk the Hidden Springs Trail. Bring lunch, water, and dress appropriately. We hope to eat lunch at the spring, weather permitting. Contact Jesse Page at 648-0285 for more information.



Cookeville Chapter

Meets 1st Thursday, 6:00, TTU Biology Bldg., Pennebaker Hall

Cookeville News

Our Christmas potluck supper was a great success despite the weather. Icy road conditions necessitated a last-minute locale change to Bonnie Green's home. Nonetheless, 17

hardy souls braved the elements and were rewarded with an abundant and delicious repast and great fellowship. Food and friends proved to be the perfect recipe for a successful meeting.

January's meeting was quite productive. The eight members present set up a hike schedule through Labor Day weekend and slated speakers for several upcoming meetings to discuss such topics as wildflowers, birds, rappelling, and backpacking.

February's meeting has been moved to February 6 at 6:00 p.m. at Beth Gaspard's home. Alfred Ballinger will speak on preparing for and enjoying winter hiking and backpacking. The meeting will be a soup, salad, and dessert potluck supper. Call Beth at 526-5242 or 372-3330 for details and directions.

February Trips

Note that we have three excursions planned in February:

1. 2/2-4 Roan Mountain Cabin Retreat — Call Beth Gaspard, 526-5242 for more details.
2. 2/10 Angel Falls Overlook — Call Randy Hammontree at 528-8238 for more details.
3. 2/17-18 Frozen Head Backpack — Call Jack Murphy at 537-9827 for details.

Trip Report High Rock

On January 6th, Cookeville chapter members Jack Murphy, Beth Gaspard, and Paul and Nora Miller, along with new hiker Linda Smith, met at Bonnie Green's home in Sparta and went for a 1.5 mile hike up a logging trail to High Rock, near the Van Buren and White county lines.

The view from the top overlooks farmland and Scott's Gulf and is, truly panoramic. All agreed the hike up, while strenuous, was well worth the effort. Members rated the hike up a III, but coming down was an easy II.

After descending, the group when to Lost Creek Waterfall and cave,

making the total hike $3\frac{3}{4}$ miles. Bonnie generously threw together a delightful ad-lib soup and sandwich supper for a perfect ending to a wonderful day.



Meets 3rd Thursday, Kingsway Christian Church, 7:30 p.m.

Monthly Meeting February 15

Join us at Kingsway church on February 15th and escape to the islands! Execn Morgan, a former state president of the Sierra Club and a scuba-diving enthusiast, will show us dazzlingly colorful slides from her trip to the Cayman Islands.

Please note: because of the harmful effect of non-biodegradable styrofoam cups on the environment, we have decided to stop serving our refreshments in them. We ask that you bring your own re-usable mugs to the meeting. Thanks for your cooperation!

Natchez Trace Hike

See write-up on Board of Directors meeting in State News section.

Herb Parsons Lake Hike February 24

To carpool, meet us at Kingsway at 8:00 a.m.; hike begins at lake parking lot (Fisherville, TN) at 9:00 a.m. This hike is about 7 miles and is easy terrain. Bring lunch and water. For more information, call Anne Lindholm at 901-388-4123.

Trip Report Herb Parsons Lake

Eight TTA hikers and two four-legged hikers gathered at the parking lot at Herb Parsons Lake at 9:00 a.m., December 16th for a very enjoyable walk around the lake,

despite the sub-freezing temperatures. All of the shallow portions of the lake were frozen over, and much of the remaining portion was especially beautiful as fog appeared to rise off the water like steam. Scores of ducks took to the air as we approached, and we observed one group of nearly 200 white-fronted geese, plus a few Canada geese.

This was one hike in which our two breaks were short, because of the necessity to keep moving. The dogs enjoyed one another and playing all along the trail; Maggie investigated a great blue heron that appeared to be injured, plus got an unexpected dip when she broke through thin ice. This was one time we didn't have to worry about Amber trying to stick her nose into the gaping jaws of a cottonmouth, as she did at Chewalla last spring.

Overall, it was a wonderful hike; our only regret was that it did not snow the night before. — Ray Burkett

Ignore It — Maybe It Will Go Away

On mountain hikes, I feel such pain
To see the signs of acid rain:
The pine trees all look dead and
bare;
No animals are nesting there.
Our government says we should wait:
"Would not be prudent at this date.
We don't have facts to back our
fears.
Let's study this for ten more years."
— Debbie Gilbert



Meets 4th Thursday, 7:30 p.m., Cumberland Museum

February Meeting Feb. 22, 7:30 p.m.

This month we will put our heads together and do some creative

brainstorming. It is time to begin planning the 1990 Annual Meeting which Nashville will host in November. Come prepared to volunteer both your time and your ideas. *Volunteerism* is definitely IN these days, so catch the spirit and make 1990 your year to participate. Let's make this the best Annual Meeting ever!

Other Nashville News

The 1990 slate of Nashville Chapter officers are as follows:

Dot Fowler, Chairperson
Paul Koehler, Vice-Chairperson
Mickey Sutton, Secretary/Treasurer

A parting thank you to Evelyn Tretter, last year's Chairperson, and to Marilyn Wolven for all the wonderful programs over the past couple of years.

Thanks also go to James Leininger and all his helpers who made the 1989 Christmas party a whopping success. We had a good crowd including a large group from the Murfreesboro chapter, plus lots of good food and games. The fun finally broke up around 2 a.m., proving once again that we really are party animals!

Radnor Lake Hike February 4th

Meet at the parking lot off Granny White Pike at 2:00 p.m. We will hike the Ridge Trail and return to the parking lot on the Lake Trail. The distance is about 3-4 miles with moderate difficulty. Call me at 297-2281 (home) or 665-7314 (work) if you have any questions. —Ninez Giles

Gary Smithson Farm Hike February 10

Gary Smithson has a farm, "ee-i-ee-i-o".

And on his farm he has some birds and deer and rabbits and, depending on weather, numerous other critters which we may see. Gary does not permit hunting, littering, or toxic dumping on his

farm. He does encourage us to walk, look, and listen there. We are invited to camp if we wish. The terrain is rolling hills, with fields, brush, and thick wooded areas. Snag-resistant clothing is suggested. Estimated difficulty is Class II or III.

The farm is about 2¹/₂ hours from Nashville near Big Cypress Tree State Natural Area. Our hike will be about 3 hours long. If there is sufficient interest, we can make a side trip to Big Cypress.

Bring a lunch. On the return trip we pass Parker's Crossroads. A restaurant at the I-40 interchange has artifacts relating to the Civil War activity which took place in that area. They also have food.

For carpooling and maps, call Judy Jacobs at 615-385-3327 (home — prefer getting calls here) or 615-741-4236 (work). Please pre-register.

Snow Hike February 11

If there is snow on the ground, we will meet at the Cracker Barrel on I-24 and Bell Road (Hickory Hollow) at 10:00 a.m.(CST) to carpool to Manchester. The Old Stone Fort trail along the forks of the Duck River is short but spectacular when covered with snow.

If snow doesn't show, call Pat Anderson at 383-2355 and we'll decide on another trail.

Mousetail Landing Hike February 18

On Sunday, February 18th there will be an eight-mile hike in Mousetail Landing State Park. Mousetail is approximately ninety miles west of Nashville on the Tennessee River. The terrain is gently rounding with some overlooks of the Tennessee River.

We will meet at the split of Highways 70 and 100 (Harding Road past Belle Meade) in the McClure's store parking lot at 8:00 a.m. to carpool to the park. We will travel Highways 100 and 412 to the turnoff to the park, arriving at the

park around 10:00 a.m. Depending upon the length of the lunch break, the hike will be from 5-6 hours. You should carry a lunch and fluids for this hike. Pre-registration is requested. For more information, call James Leininger at 790-7855.

Bearwaller Gap Backpack Feb. 24th

Bearwaller Gap Trail is six-seven miles long. We will camp at approximately the halfway point where scouts have built a shelter. I will use the shelter, but a tent would, of course, be warmer. This is a moderate trail that changes elevation 300 to 400 feet, but the changes occur repeatedly in a roller coaster fashion.

Meet me at Shoneys in Lebanon for breakfast at 8:00 a.m. on Feb. 24th or at the trailhead of the Bearwaller Gap Trail in the Defeated Creek Recreation Area of Cordell Hull Dam at 10:00 a.m.

Please pre-register for this trip by Monday, February 19th. For directions, more information, and to pre-register, call Bob Barnett at 831-1136.

Trip Report Burgess Falls

On January 6th, two men, one woman, and one dog strode boldly past signs of ice on the trail and hiked into the gorge of the Falling Water River, down past the series of cataracts, over the wet metal steps and ramp to the rocky debris below. Ed Wright, James Leininger, and dog Sissy continued downstream to the site of the old power plant, destroyed by flood

Quotable Quote

"Garbage is not something you throw away. There is no such place as away. Disposal is a myth..."

— Nancy Cosper,
Knowing Home

some sixty years ago. I picked my way to the river and picked up remains of hikes and parties left by earlier visitors. Two men, one woman, a dog, and about 35 pounds

of trash came out. We continued along the bluff trail and the road back to the trail head, having covered no more than four miles. On the return to Nashville, we made

two shopping excursions in Monterey and Cookeville. — Judy Jacobs

Upcoming Hikes

CLARKSVILLE

2/10 Ft. Henry Trails, Land
Between the Lakes
2/24 Hidden Spring Trail, Cedars
of Lebanon

3/10 Longhunter State Park
3/24 Savage Gulf

COOKEVILLE

2/2-4 Roan Mountain Cabin Retreat
2/10 Angel Falls Overlook
2/17-18 Frozen Head Boundary
Trail Backpack

3/10 Virgin Falls
3/24-25 Savage Gulf/Stone Door
Connector

3/31 Frozen Head Chimney Trail

MEMPHIS

2/10-11 Natchez Trace State Park
2/24-25 Herb Parsons Lake

3/10 Chewalla
3/24 Shelby Forest State Park

MURFREESBORO

2/17 Cedars of Lebanon State Park

3/17-18 South Cumberlands
Beginners Backpack
3/18-23 Appalachian Trail Backpack

NASHVILLE

2/4 Radnor Lake Hike
2/10 Gary Mithson's Farm Hike
2/11 Snow Hike
2/18 Mousetail Landing
2/24-25 Bearwaller Gap Backpack

3/3 Savage Gulf
3/10 Grassmere Volunteer Day
3/17 Montgomery Bell Lake Hike
3/23-24 Cedars of Lebanon
Hike/Campout
3/25 Bicycle Tour

STATE

2/10-11 Board Meeting at Natchez
Trace State Park

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Objectives: To promote, construct, and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail. Regular dues are \$8.00 per year; \$3.00 for students and family dependents.

Mail dues and address changes/corrections to: TTA, P.O. Box 4913, Chattanooga, TN 37405

1990 TTA LEADERS

PRESIDENT: Jerri Bull, Memphis 901-363-4408
VICE-PRESIDENT: Tom Shepherd, Murfreesboro
IMMEDIATE PAST PRESIDENT: Pat Anderson, Nashville 383-2355
CORR. SECT./TREASURER: Dot Lingerfelt, Chattanooga, 842-8043
RECORDING SECRETARY: Evelyn Tretter, Goodlettsville, 859-0566

James T. Jones, Jackson, TN Board Rep. 1989-1991
Betty Porter, Interim Board Rep. 1988-1990
Bertha Chrietzberg Board Rep. 1990-1992

Bob Brown, TTA Chairman of Cumberland Trail
James Leininger Adopt-a-Trail State Coordinator, 790-7855
June Adams, Clarksville Chapter Chairperson
Debbie Thibault, Cookeville Chapter Chairperson
Bettie Herring, Murfreesboro Chairperson
Ken Pittman, Cumberland Mtn. Chapter Chairperson
Chattanooga Chapter — Inactive
Debbie Gilbert, Memphis Chapter Chairperson
Dot Fowler, Nashville Chairperson (James Leininger, Board Rep.)

EDITOR: Dot Fowler, 4501 Packard Dr. N-4, Nashville, TN 37211, 615-834-2654 (Hm), 615-350-7866 (R & M Biometrics).
All submissions for the newsletter due no later than the 15th of each month.

Come Hike With Us!
Tennessee Trails Association
P.O. Box 4913
Chattanooga, Tennessee 37405

