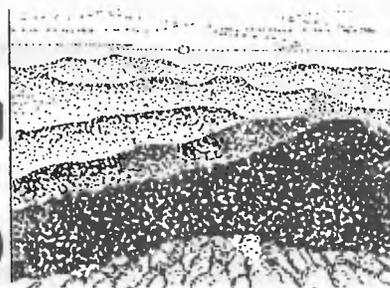


# TENNESSEE TRAILS

The monthly newsletter of the Tennessee Trails Association



## "HERMAN" EDWARD BAGENSTOSS

When Tracy City's "Herman" Edward Bagenstoss died after a brief illness on December 13th, his beloved wife Mary Elizabeth said, "There's not much more you can say about him. His actions spoke for themselves."

As a conservationist and environmentalist, Herman's awards came from the Tennessee Trails Association, the Kentucky Tennessee Society of American Foresters, Natural Resource Conservation Society, Carter Patten Award of the Tennessee Conservation League, Soil Conservation Society of America, U.S. Department of Agriculture Forest Service, Forest Industries, Tennessee Forest Resources, and Senate Joint Resolution for Efforts in Behalf of the South Cumberland Recreation Area.

Herman could truly be called the father of the South Cumberland Recreation Area. With the passing of Herman, somehow the whole area seems suddenly more threatened by development.

I was at a meeting with Bob Brown and Bob Richards when I learned of Herman's death. Bob Brown recalled being shown

around the South Cumberland area by Herman in 1947. Those are treasured memories for him. Bob Richards recalled when Herman "walked him in to the ground" when Herman was close to 70 years of age and Bob Richards was half that age and a rugged hiker in his own right!

I treasure every encounter I ever had with Herman. When I learned of his passing, I just stammered, "I know no one lives forever, but I thought Herman would." In many ways, he will live forever because of the actions of which his wife Mary Elizabeth spoke--the land he worked to preserve and the trees he planted are his legacy that should live forever.

Herman was a great and fun-loving man and he was truly a Tennessee treasure. If heaven is a place and I ever get there, then I know Herman will have some damn fine hiking trails waiting to be hiked. And there will probably be baked goods worthy to carry the name Dutch Maid Bakery waiting at the end of the trail!

I'll close with a quote from Tommy Swann that reflects

upon Herman perfectly--"When an old person dies, a library is lost."

Memorial contributions may be made to the Tennessee Conservation League, the Tennessee Forestry Association, the Tennessee Outdoor Writers Association, or an Episcopal church of your choice.

--Bob Barnett

## **Taking The Wind Out Of Your Tales**

Most outdoor enthusiasts thrive on telling wild stories about horrific winds, but few can really gauge wind speed worth a hoot. It's a tricky process because the wind's force goes up at a rate that's the square of its speed. For instance, a 20-mph wind flaps your tent four times stronger than a 10-mph breeze. Then consider that since air is less dense at higher altitudes, winds there don't push quite as hard. A 100-mph blast at the South Col of Mt. Everest (25,000 feet) equals a "mere" 68-mph squall at sea level.

Here's a seat-of-the-bib-overalls guide to estimating how hard the wind really IS honkin', figured for an elevation of about 10,000 feet.

- 1 mph:** Smoke rises straight up.
- 2 mph:** Pleasant, cooling breeze, smoke drifts.
- 5 mph:** Noticeable breeze, leaves rustle.
- 10 mph:** Feels like wind, extends a small flag. Tents must be handled carefully during setup and should be staked down well.
- 20 mph:** Feels like a strong wind, small trees sway, tent becomes a pretty good sail.
- 30 mph:** Large tree branches move, wind starts to interfere with walking. Tent setup takes significant effort and planning. Three-season tent owners should look for sheltered site and rig good guylines.
- 40 mph:** Large trees sway, people must lean to walk. Tent setup runs risk of personal or equipment damage. Erected tents need full guylines to stay up.
- 50 mph:** Twigs break off trees, walking is difficult, takes concerted effort to keep from being bowled over. Tents really rock and roll, even if well tied down.
- 60 mph:** Tree limbs break, walking (if you can) feels like climbing a steep hill with someone trying to push you over. Covering tentmates are likely to argue over who made the strongest guylines anchors.
- 70 mph:** Trees uprooted, walking almost impossible. Unless your tent is really tough and totally guyed out, kiss it goodbye.
- 80 mph:** Hang on to a big boulder.
- 90 mph:** Hang on tighter.
- 100 mph:** Beg forgiveness for life's sins.

Eds. note: Thanks to Mike Scherer and Greg Card

## 1993 TENNESSEE TRAILS ASSOCIATION HIKE SCHEDULE

Cl = Clarksville Chapter      Mu = Murfreesboro Chapter  
CC = Cookeville Chapter      NC = Nashville Chapter  
MC = Memphis Chapter

### January

1-3    NC    New Year's Cabin Camp, Pat Anderson 383-2355  
1      CC    Virgin Falls, Jack Murphy 537-9827  
2      MC    Wapanocca Wildlife Refuge, Jerri Bull 363-4408  
17     CC    Squirrel Tail Point, Bill Jones 526-5317  
17     MC    Eagle Watch, Reelfoot Lake, Betty Porter 363-0213  
23     Mu    Alum Gap Day Hike/Overnighter, Ron Ferrara 893-3515  
23     Cl    Winter Hike, Fall Creek Falls, Ann Lowe 645-1454  
23     MC    Village Creek S.P., Julie Barham 452-0085  
30     NC    Virgin Falls, Kevin Kimbro 333-0629  
??     NC    Snow Hike at Honey Creek, Charlie Hann 941-1503

### February

6      MC    Herb Parsons Lake Hike, Anne Lindholm 388-4123  
13     NC    Night Hike at Deerwood Arboretum in Brentwood, Bob Barnett 832-6484  
20     Cl    Eagle Hike/Reelfoot Lake, James McKenzie 552-4200  
20     CC    Stone Door Rim Trail and/or Greeter Falls  
20     MC    Pinson Mounds/Cypress Swamp Nature Center, Ray Burkett 357-9183  
20     Mu    Grassmere Visit, Ron Ferrara 893-3515  
??     NC    Winter Waterfall Photo Hike, Charlie Hann 941-1503  
27     Cl    TTA Board Meeting and Stewart State Forest Hike, Bob Barnett 832-6484

### March

6      MC    Chewalla Nat'l Forest Work Day, Jerri Bull 363-4408  
7      NC    Monte Santo, Huntsville, AL, Pat Anderson 383-2355  
20     CC    Black Mountain  
20     MC    Shiloh Nat'l Park, Marti Taylor 357-9183  
20     Mu    Buggytop Trail/Cove Cave, Ron Ferrara 893-3515  
20     Cl    Radnor Lake, Donna Sleigh 326-5554  
20-21   NC    Mousetail Landing Backpack, Bob Barnett 832-6484  
27-28   NC    Blue Heron/Big South Fork, Bob Stephenson 672-4064

### April

3      MC    Natchez Trace S.P., Ken Novak 377-9127  
10     NC    Virgin Falls, Jeannie Bumbalough 824-6671  
16-18   MC    Petit Jean S.P., Debbie Gilbert 454-0613  
17     CC    Ramsey Cascades, Smoky Mtns.  
18     NC    Fiery Gizzard, Paul Smith 270-0738

24 Cl Frozen Head S.P., Bessie Daniel 647-4837  
 24 Mu Fiery Gizzard/Sycamore Falls Day Hike, Cathy Williams 893-7748  
 24 Mu Old Stone Fort Native Plant Hike, Bertha Chrietzberg 896-1146  
 24-25 NC Volunteer Trail Backpack, Long Hunter S.P., Libby Francis 889-5718

May

2 NC Short Springs Wildflower Hike, Bob Barnett 832-6484  
 8-9 MC N.B. Forrest S.P., Debbie Gilbert 454-0613  
 15 NC Piney River, Jeannie Bumbalough 824-6671  
 15 CC Piney River, Bill Jones 526-5317  
 22 Cl Cumberland Trail Work Day, Roger Greer 648-8769  
 22 MC Tour Downtown Helena, Ark, Ken Novak 377-9127  
 22 Mu Piney River Overnighter, Tom Shepherd 895-2098  
 22-23 NC DeSoto S.P., Alabama, Debra Hill 449-3126  
 ?? NC Honey Creek, Kevin Kimbro 333-0629

June

5 NATIONAL TRAILS DAY!!  
 5 NC TTA Board Meeting at the Barnetts' House and Hike TBA, Bob Barnett 832-6484  
 5 NC 4th Annual 39th Birthday Nightlife Hike in Downtown Nashville, Bob Barnett 832-6484  
 6 MC Mud Island/Harbortown Walk, Glenda Graff 371-0332  
 12-13 NC Gregory Bald Camp-out, Smoky Mountains, Allen Willett 794-6058  
 19 Cl Big South Fork/Blue Heron, James Neblett 387-3317  
 19 CC Scott's Gulf Overlook, Bonnie Greene 836-3969  
 19 Mu Duck River Canoe Float, Heloise Shilstat 896-6278  
 26 MC Bear Creek Canoe Trip, Ken Novak 377-9127

July

17-18 NC Rock Island S.P. Swim, Pat Anderson 383-2355  
 18 MC Spring River Canoe Trip, Ray Burkett 357-9183  
 24 Cl Hiwassee and Tellico Rivers, Roger Greer 648-8769  
 24 Mu Stone Door Day Hike/Greeter Falls Swim, Heloise Shilstat 896-6278

August

7 Mu Wild Orchid Hike, Bertha Chrietzberg 896-1146  
 14-15 NC Smokies Camp-out and Hikes, Paul Smith 270-0738  
 21 Cl Buffalo River Canoe Float  
 22 MC Annual Picnic, Time and Place TBA

September

11 NC TTA Board Meeting and Cookout, Cedars of Lebanon S.P., Bob Barnett 832-6484  
 18-19 NC Gee Creek Wilderness and Tellico River, Jim Thoman 292-4161  
 18 MC Crowley's Ridge S.P., Norma McMinn 785-1479  
 21 Mu Lantern Tour, Stone River Battlefield (Tuesday evening), Ron Ferrara 893-3515  
 25 Cl Chicamauga and Tennessee Aquarium, Chattanooga, Ann Lowe 645-1454

October

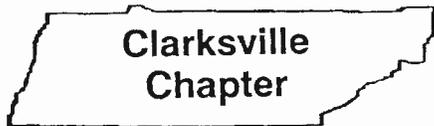
2 MC Mousetail Landing, Debbie Gilbert 454-0613  
10 NC Accordion Bluff/Dale Hollow Lake, Bob Barnett 832-6484  
16-17 NC Land Between the Lakes Camp-out, Hike and Bike, Libby Francis 889-5718  
16 MC Big Hill S.P., Ken Novak 377-9127  
23 Cl Cumberland Plateau, Roger Greer 648-8769  
23 Mu Radnor Lake Day Hike, Heloise Shilstat 896-6278  
23-24 NC Frozen Head State Natural Area, Charlie Hann 941-1503

November

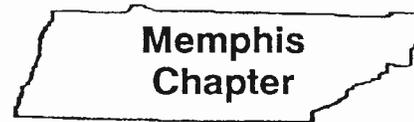
5-7 Annual Meeting and TTA Board Meeting at DuBose Conference Center in Monteagle, TN  
13-14 NC Bearwaller Gap Backpack, Bob Barnett 832-6484  
20 Cl Land Between the Lakes, Manuel McKnight 358-2115  
20 MC Arkabutla Lake Hike, Freddi Felt 685-9915  
26 NC Day After Thanksgiving Hike, Cedars of Lebanon S.P., Bob Barnett 832-6484  
28 MC Shelby Forest S.P., Jerri Bull 363-4408

December

11 MC Ft. Pillow Historic Area, Betty Porter 363-0213  
Cl Clarksville Chapter Christmas Party, Roger Greer  
CC Cookeville Chapter Christmas Party, Jack Murphy 537-9827  
16 MC Memphis Chapter Christmas Party, Jerri Bull 363-4408  
Mu Murfreesboro Chapter Christmas Party, Heloise Shilstat 896-6278  
NC Nashville Chapter Christmas Party, Evelyn Baker 833-5763  
26 MC After Christmas Hike, Betty Porter 363-0213



Meets the third Tuesday of each month at 7:00 p.m. in the Community Room at Governor's Square Mall.



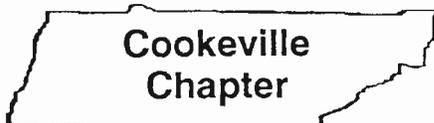
Meets the third Thursday of each month at 7:30 p.m. in the Scout Building at Kingsway Church.

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TRIP REPORT

On November 21, we made our planned hike to the Fort Donelson Military Battlefield. We had 5 Clarksville members and were very happy to have Janet from the Nashville chapter to come hike with us. In spite of predictions of rain all day, it did not rain at all. We had a very enjoyable 8 mile hike through land full of history.

--Bessie M. Daniel



The January chapter meeting will be Tuesday, January 5 at 6:30 p.m. at the Ponderosa Steak House.

Virgin Falls Hike, January 1. Meet at Dominion Bank 9:00 a.m. Call Jack Murphy 537-9827 for details.

Squirrel Tail Point, January 17 Meet at Appalachian Craft Center at 1:30 p.m. Call Bill Jones 526-5317 for details.

January 2 - Wapanocca Wildlife Refuge near Turrell, Arkansas. Start the new year right with our annual mid-winter bird-seeking (and rarely finding) hike. Carpool at 8:30 a.m. at Kingsway, or meet at the refuge at 9:30. The gravel road goes in about 7 miles and dead-ends, so you could do a 14-mile round trip, or 7 miles one-way, or just turn around whenever you want. The land is completely flat, but boots are necessary because of rocks and mud. Dress warmly and bring water and lunch (and if you bring a thermos, everyone will want to be your friend!). Bring binoculars, maybe we'll get lucky this year and see geese. For more info, call Jerri Bull 363-4408.

January 17 - Reelfoot Eagle Watch. Twenty-five spaces have been reserved on the Park Service tour bus to see the eagles. If you have binoculars, bring them with you; if you don't, you can use telescopes set up by the Park Rangers. Temperatures on the lake are usually colder so be sure to dress for the weather. A rainy day does not always keep us from seeing eagles.

After the bus ride, we will try to get a quick lunch at a local

restaurant. Then, if there is time, we will walk a little before starting home. Reservations are required for the bus ride.

It is approximately 115 miles from Memphis to the Air Park Inn. You must be there by 9:30 a.m. All unclaimed tickets will be turned back in at 9:45 a.m. The tour bus leaves the Air Park Inn at 10:00 a.m. For reservations and information, call Betty Porter at (901) 363-0213.

January 21 - Program meeting 7:30 p.m. at Kingsway Church. This past summer, Ray Burkett and Martye Taylor threw a tent into their little red car and embarked on a wild trek that took them across the American Old West, the Pacific Northwest, and up into Canada. Don't miss slides of this Kerouacian adventure!

January 23 - Village Creek State Park near Forrest City, Arkansas. Carpool at 8:00 a.m. or meet at the Visitor Center at 9:30 a.m. Dress in layers and bring lunch. Trail is on Crowley's Ridge, so there are some moderately steep hills. About 7 miles. Call Julie Barham 452-0085.

\*\*We'd like to thank Ray Skinner for again allowing us the use of his Laurel Hill Winery for our Christmas Party. Always the perfect host!\*\*



Meets the third Tuesday of each month at 7:00 p.m. at St. Mark's Methodist Church.

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January 19 - Program meeting at 7:00 p.m. There will be a presentation on winter backpacking. All present and former members are encouraged to attend.

January 23 - Alum Gap Day Hike/Overnighter. Call Ron Ferrara 893-3515 for details.

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Meets the fourth Thursday of each month at 7:30 p.m. at the Cumberland Science Museum.

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January 1-3 - New Year's Cabin Camp at Center Hill Lake. Dorothy Sills has graciously offered her cabin for TTA members to ring in the New Year. Call Pat Anderson 383-2355 for information:

January ??? - Snow Hike at Honey Creek. Charlie Hahn will be leading this hike depending on when it snows on the Plateau. Call Charlie at 941-1503 if you are interested.

January 28 - Program meeting at 7:30 p.m. Marion Dunn, Cherokee storyteller and historian, will share Indian legends, artifacts and history with us.

January 30 - Virgin Falls,  
Kevin Kimbro 333-0629.

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## TTA BOARD MEETING

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The first Board meeting for 1993 will be on Saturday, February 27 in Clarksville. Mike Huddleston with the Forest Service will lead a hike in the Stewart State Forest Saturday morning. If there is time, we may make a trip to Dunbar Cave in Clarksville also. Ann Lowe has reserved a church for the Board meeting at 3:00 p.m. and a pot luck supper afterwards. There is motel lodging nearby for \$48 per night (double). More details will be published in the February newsletter.



### NEWS FROM OUR STATE PARKS

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#### SOUTH CUMBERLAND RECREATION AREA 924-2980 or 2956

Jan. 2 1:00 p.m. Savage Falls Hike. Meet at the Savage Gulf Ranger Station for this 3 mile easy hike. There will most likely be lots of water and giant icicles.

Jan. 3 1:00 p.m. Suter Falls Tour. Meet at the Savage Gulf Ranger Station then shuttle to trailhead. 1 mile moderate.

Jan. 3 5:00 p.m. Rock Video! Meet at the Visitor Center to rock out and experience our new BIG screen video projector with stereo sound. 30 minutes.

Jan. 9 1:00 p.m. Raven Point Excursion. Meet at Visitor Center. 2 miles easy.

Jan. 10 1:00 p.m. Stage Road and Blue Branch Overlook. Meet at Savage Gulf Ranger Station for a tour of the fabulous stone work (built in the 1830's) on our Stagecoach Road Trail. Afterwards we'll walk out the Collins Trail to the grand overlook. 3 miles moderate.

Jan. 10 5:00 p.m. Country Video. Meet at Visitor Center. 30 minutes.

Jan. 16-17 North Plateau Overnighter. Meet at 10:00 a.m. Saturday at Savage Gulf Ranger Station for this 18 mile round-trip adventure jointly sponsored by the Huntsville Chapter of the Sierra Club. We'll camp at Hobbs Cabin. Bring your own equipment and food. Call 924-2980 by January 15th for reservations.

Jan. 23 10:00 a.m. Small Wilds Hike. Meet at Foster Falls picnic shelter. 5 miles easy.

Jan. 24 10:00 a.m. Lost Cove Cave Tour. Meet at the Carter Natural Area parking lot on Hwy 56 South. Bring flashlights, drinking water, lunch and some type of hardhat. 5 miles strenuous (about 5 hours).

## JANUARY HIKES & ACTIVITIES

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<u>Chapter</u>		
1-3	NC	New Year's Cabin Camp, Pat Anderson 383-2355
1	CC	Virgin Falls, Jack Murphy 537-9827
2	MC	Wapanocca Wildlife Refuge, Jerri Bull 363-4408
17	CC	Squirrel Tail Point, Bill Jones 526-5317
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23	Mu	Alum Gap Day Hike/Overnighter, Ron Ferrara 893-3515
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23	MC	Village Creek S.P., Julianne Barham 452-0085
30	NC	Virgin Falls, Kevin Kimbro 333-0629
??	NC	Snow Hike at Honey Creek, Charlie Hann 941-1503

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### MEMBERSHIP FORM

Unless you have a Lifetime Membership in the Tennessee Trails Association, your membership expires on January 1 of each year. All TTA memberships are based on the calendar year and not one year from the month you join.

Please register me as a member for the calendar year 1993 (Jan-Dec) with the type membership checked below:

<input type="checkbox"/>	Student	\$ 6.00	MAIL DUES TO:
<input type="checkbox"/>	Individual/Family	15.00	Tennessee Trails Assn.
<input type="checkbox"/>	Supporting	\$30, \$40 or \$50	P. O. Box 41446
<input type="checkbox"/>	Life	150.00	Nashville, TN 37204

Students do not have voting privileges. Supporting members may be organizations or individuals. Each organization should designate a representative to cast its vote and up to three addresses to receive the newsletter. Family dependent members do receive a separate newsletter.

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

PLEASE LIST ME WITH \_\_\_\_\_ CHAPTER

\*\*\*\*\*

Mail dues, address changes/corrections and membership applications to:

TTA  
P.O. Box 41446  
Nashville, TN 37204

All newsletter submissions due by the 15th of each month. All submissions, questions and/or comments should be addressed to:

ARLEEN BARNETT  
P. O. Box 41446  
Nashville, TN 37204

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Objectives: To promote, construct, and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail.

1993 TTA LEADERS

PRESIDENT:	Bob Barnett (615) 832-6484
VICE-PRESIDENT:	Tom Shepherd (615) 895-2098
CORR. SEC/TREAS:	Judy Van Cleve (615) 473-8136
SECRETARY:	Evelyn Tretter (615) 859-0566
IMMEDIATE PAST PRES:	Jerri Bull (901) 363-4408
BOARD REP:	James T. Jones (901) 422-1444
BOARD REP:	Bertha Chrietzberg (615) 896-1146
BOARD REP:	Sally Garrard (615) 646-4079
MEMBERSHIP:	Bob Barnett (615) 832-6484
CUMBERLAND TRAIL	
CHAIRMAN:	Bob Brown (615) 352-7474
Adopt-A-Trail:	Jerri Bull, Coordinator (901) 363-4408
	Bob Barnett, Coordinator (615) 832-6484
Cookeville Chapter:	Jack Murphy, (615) 537-9827
Murfreesboro Chapter:	Ron Ferrara, Chair, (615) 893-3515
Memphis Chapter:	Debbie Gilbert, Chair, (901) 454-0613
Nashville Chapter:	Evelyn Baker, Chair, (615) 391-3479/833-5763
Clarksville Chapter:	Roger Greer, Chair, (615) 648-8769

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Come Hike With Us!  
Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204

