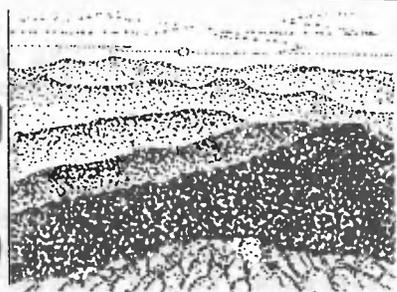


TENNESSEE TRAILS

The monthly newsletter of the Tennessee Trails Association



ALL IN A DAY'S WORK

by Debbie Gilbert

For the past year, the Memphis TTA chapter has been helping to build a new hiking trail at the Chewalla Lake Recreation Area in Holly Springs National Forest. On March 6th, we headed south of the Mississippi-Tennessee border again, armed with clippers and heavy-duty gloves, for another work day.

"I can always count on you people bringing perfect weather with you," said Gerald Inmon, the most enthusiastic, go-getting forest ranger you'd ever want to meet. And it was true: We seem to pick beautiful days for our "work" sessions, which turn out to be long stretches of adventure interrupted by brief periods of labor.

Oh sure, we painted meticulous white blazes and snipped away encroaching briars, but we also ate beside an impressive beaver dam and played--very carefully--with a nest of fire ants. And we walked on water. Sort of. The lake had been drawn down--that is, drained--in order to make it easier to build

a new dock. What was once a body of water had become an eerie, alien landscape, punctuated by the stumps of trees that had been cut when the lake was created 25 years ago. Exploring its sandy bottom, we could see the feeder streams that are normally hidden, and we also found the tracks of confused beavers who'd been wandering around the lake edge, chattering mournfully, "Where's the water? Why me?"

Mr. Inmon has been so pleased with our work on the trail that he's tried to shanghai us into other projects as well. The latest: Bagley Bottoms, a 1,171-acre former farm near the Tallahatchie River, about 30 minutes from Chewalla. If Inmon has his way (and he always does), the property will become a waterfowl refuge and environmental education center. A coalition of conservation groups, educational institutions, and government agencies, known collectively as Friends of Bagley Bottoms (or FOBB's, if you will), has been formed. The Memphis TTA chapter has written a letter of support, offering to help build a

LBL Hiking Trails Are Running Over With History and Opportunities for Exercise

If you enjoy hiking through rolling woodlands or strolling along miles of undeveloped shoreline, you should be making plans now to visit Land Between The Lakes (LBL) located in western Kentucky and Tennessee. Managed by the Tennessee Valley Authority (TVA) and dedicated to outdoor recreation and environmental education, the 170,000-acre peninsula serves as a "wilderness wonderland" for just about anyone who loves the out-of-doors. But for bikers, backpackers, and hikers LBL has a special appeal.

The 65-mile-long North-South Trail is the longest and most strenuous. LBL Recreation Specialists recommend that backpackers planning to hike the entire trail begin at the northern end near the free-flowing canal that connects Kentucky Lake to Lake Barkley. Tracing old logging roads and fire access lanes, the North-South Trail meanders through valleys steeped in the area's history of illicit moonshine production. Map stations and colored metal markers along the trail help hikers identify their locations.

The Fort Henry Trail, located in the southwest corner of LBL near Dover, Tennessee, is a 26-mile series of loops. These loops allow hikers to "customize" desired trail lengths. The trail follows the routes of Civil War troop movements at Fort Henry on the Tennessee River to Fort Donelson on the Cumberland River and extends to the entrance of Piney Campground. Not only does this trail have significant historical value, but the trail cuts through a rich variety of hardwood and pine forests. Deer and turkey sightings are also very common in this area.

The Canal Loop Trail on the northern end of LBL consists of two trails that parallel each other: the North-South and Barkley Trails. This 14-mile system allows for walks from one-and-a-half to 14 miles in length.

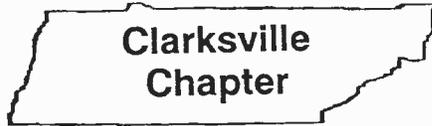
Trail guides are available at any LBL information center. Whether you're hiking for exercise, watching wildlife, or searching for a serene getaway from the busy city life, LBL has the trail for you.

For further information on LBL hiking and biking trails, call LBL Recreation Services Section at (502) 924-1233, or write TVA's Land Between The Lakes, Recreation Services Section, 100 Van Morgan Drive, Golden Pond, KY 42211-9001.

APRIL HIKES & ACTIVITIES

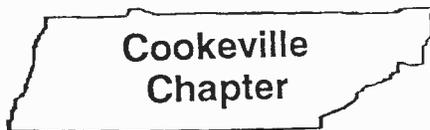
<u>Chapter</u>	
3	Memphis Natchez Trace S.P., Ken Novak (901) 377-9127
10	Nashville Virgin Falls, Jeannie Bumbalough (615) 824-6671
16-18	Memphis Petit Jean S.P., Arkansas, Debbie Gilbert (901) 454-0613
16-17	Cookeville Ramsey Cascades, Smoky Mtns., Bonnie (615) 836-3696
18	Nashville Fiery Gizzard, Paul Smith (615) 270-0738
24	Clarksville Frozen Head S.P., Bessie Daniel (615) 647-4837
24	Cookeville Laurel Falls, Bill Jones (615) 526-5317
24	Murfreesboro Old Stone Fort Wildflower Hike, Bertha Chrietzberg (615) 896-1146
24-25	Nashville Long Hunter S.P. Backpack, Libby Francis (615) 889-5718
25	Nashville Short Springs Wildflower Hike, Bob Barnett (615) 832-6484

CHAPTER NEWS



Meets the third Tuesday of each month at 7:00 p.m. in the Community Room at Governor's Square Mall.

April 24 - Frozen Head State Park. Call Bessie Daniel (615) 647-4837 for details.

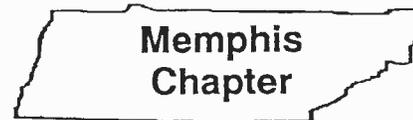


April 6 - Chapter Meeting at 6:30 p.m. at the China Star Restaurant. Ross Cardwell will be giving a presentation on wildflowers. If you haven't been to one of Ross' flower talks, you are in for a real treat! He usually has some good stories to share, too. Don't miss this one!

April 16-17 - Ramsey Cascades, Smoky Mtns. Meet at the trailhead at 10:00 a.m. EST. Some of us are planning to stay overnight at the Carriage Inn in Townsend on Friday night. Hike is 8-9 miles, strenuous. Call Bonnie at 836-3696.

April 24 - Laurel Falls. Meet at Penney's

in Cookeville at 8:00 a.m. CST or at Hardee's in Monterey at 8:30 a.m. or at the trailhead around 10:30 a.m. CST. Hike is about 9 miles, moderate to strenuous. Call Bill Jones at 526-5317.



Meets the third Thursday of each month at 7:30 p.m. in the Scout Building at Kingsway Church.

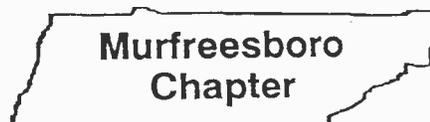
April 3 - Natchez Trace S.P. Info in March newsletter. Call Ken Novak at (901) 377-9127.

April 15 - Program Meeting at Kingsway Church. Our guest will be Frank Chance of the Mid-South Organic Network. He'll talk about how you can help the environment by gardening without chemicals.

April 16-18 - Overnight trip to Petit Jean S.P., Arkansas. Nice campgrounds and beautiful trails, with moderate terrain. We'll do a long hike Saturday, starting at 10:00 a.m. CST at the park office, and probably a short hike on Sunday also. Bring a dish for potluck dinner at Betty's cabin Saturday night. For info, call Debbie Gilbert (901) 454-0613.

May 8 - Nathan Bedford Forrest S.P. I'm mentioning this now because I need to know by May 1 if you plan to go on this

overnighter. We'll be staying at the private campground of Lakeshore Methodist Assembly (\$5 a night). There's a bathhouse, a pavilion where we can have our meals, and hookups at some sites. We'll meet Sat. at 10:00 a.m. CST at the River Folk Life Center for hikes (3, 5 or 10 miles). Terrain is steep in some places. For info, or if you intend to go, call Debbie at (901) 454-0613.



Meets the third Tuesday of each month at 7:00 p.m. at St. Mark's Methodist Church.

Nature Photography Workshop

at

PICKETT STATE PARK

and

WILDWOOD LODGE
(a "bed and breakfast" inn)

April 2-4, 1993

presented by

WILLOW CREEK WORKSHOPS

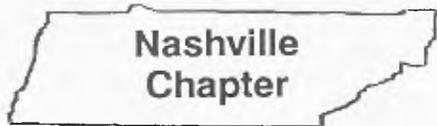


215 General J.B.Hood Dr., Franklin, TN 37064
(615) 791-1057

April 24 - Wildflower Hike at Old Stone Fort. We will meet at Old Stone Fort Park Visitor Center at 10:00 CST. The hike will be approx. 2 miles and will be very easy except for one short hill climb. This park has beautiful wildflowers, and has an outstanding patch of bluebells down by the river. The walls of the old Fort are very interesting and were apparently built by very early Indian tribes.

To get to the Park, take I-24 to exit 105 (Hwy 41). Go toward Manchester for about 5 miles and immediately after crossing the Duck River, turn right into the park. Follow the signs to the Visitor Ctr. Bring lunch, water, and a beverage if desired, and we will eat at the picnic area in the park. If you have any questions, you may phone me at (615) 896-1146, Bertha Chrietzberg.

May 1 - Fiery Gizzard/Sycamore Falls Day Hike. This hike was originally scheduled for April 24. It is a moderate 3 mile hike in a beautiful, rugged gorge. We're going at this time, hoping to see the Pink Lady's slippers which grow there. We'll hike along Little and Big Fiery Gizzard Creeks, cross a stream, climb some boulders and eat lunch at 12-foot high Sycamore Falls. Bring lunch and water. It may be a little cool in the gorge. We'll carpool from McDonald's at I-24 in Murfreesboro at 9:00 a.m. Please preregister at 893-7748, Cathy Williams.



Meets the fourth Thursday of each month at 7:30 p.m. at the Cumberland Science Museum.

April 10 - Virgin Falls. Come join me at one of my favorite places to hike. It is an 8-mile hike that takes 6-8 hours, rated moderate to strenuous (easy going in--but hard coming out). There are waterfalls, pretty overlooks, caves and there should be beautiful wild-flowers in bloom. We will meet at Hardee's in Lebanon at 6:30 a.m. CST. For more info and to preregister, call Jeannie Bumbalough at (615) 824-6671.

April 18 - Fiery Gizzard. Call Paul Smith at (615) 270-0738 for details.

April 22 - Program Meeting at Cumberland Museum at 7:30 p.m. Mother Nature forced the cancellation of the "Trails Tales" program in February. Several people have called asking if it would be rescheduled, so the April program meeting will be "Trails Tales." Popcorn and beverages will be served in the cafeteria upstairs at the museum.

April 24-25 - Backpack at Long Hunter State Park. Join us for an easy backpack. We will meet at 9:30 a.m. CST on Saturday at the Visitor Center and carpool to the trailhead. This is an ideal hike for the beginning backpacker. We will take the Day Loop and the Volunteer Trail for a total of 8 miles on Saturday. The return trip will be the Volunteer Loop only. There should be lots of wild-flowers, waterfowl and lake views. Please preregister with Libby Francis, (615) 889-5718. If you have any questions about equipment, or need to borrow some, I may be able to help you.

April 25 - Short Springs Wildflower Hike. This hike was scheduled for May 2, however, it has been changed. An incredible variety of wildflowers are found on this short, 1/2 mile hike in the Manchester/Tullahoma area. There is a steep descent to the springs, which can be muddy if it's been raining, but it is well worth it. We will meet at the Dairy Queen on Hwy 55 in Tullahoma at 10:00 a.m. CST. Call Bob Barnett (615) 832-6484.

FOR SALE: Winter Sleeping Bag, Minus 20, Polarguard, Peak 1. Fits to 6 feet. Only \$50 plus shipping. Used. Gene Curp (615) 824-1171.

Warner Park Nature Center

1993 Spring Schedule

Wildflower Hikes	<p>Saturday, March 27 9 a.m.-noon & 2-5 p.m.</p> <p>Friday, April 2 9 a.m.-noon</p>	<p>Saturday, April 3 9 a.m.-noon & 2-5 p.m.</p> <p>Friday, April 9 9 a.m.-noon</p>	<p>For many a springtime ritual, for some a first-time event, for everyone an unforgettable experience enjoying wildflowers in the Warner Parks. <i>Leaders: Deb Beazley and Sandy Bivens</i></p>	
Trillium Tramp	<p>Tuesday, April 6 9:30-11 a.m.</p>	<p>Registration opens March 23 Age level: 6 to 12 years</p>	<p>It's spring break and spring has sprung! Take a wildflower walk with a naturalist and cure your spring fever. <i>Leaders: Sandy Bivens and Deb Beazley</i></p>	
Trees Are Treerific	<p>Tuesday, April 6 1:30-2:30 p.m.</p>	<p>Registration opens March 23 Age level: 3 to 5 years</p>	<p>Children learn the parts of a tree, all the wonderful things that trees provide, and how we can protect our urban forest while participating in hands-on interactive stories, games, and art projects. <i>Leader: Jesse Hill, Metro Beautification and Environment Commission</i></p>	
Marvelous Mammals	<p>Wednesday, April 7 9:30-11 a.m.</p>	<p>Registration opens March 23 Age level: 6 to 12 years</p>	<p>You have a lot in common with a Striped Skunk! Learn about the mechanisms unique to mammals. <i>Leaders: Judy Dulin and Shaun Bible, Metro Beautification and Environment Commission</i></p>	
Of Swallowtails and Luna Moths	<p>Thursday, April 8 9:30-11 a.m.</p>	<p>Registration opens March 23 Age level: 6 to 12 years</p>	<p>Butterflies and moths belong to the order Lepidoptera, the second largest order of insects. Participants get an opportunity to view our tremendous butterfly and moth collection and do field observations with naturalists. <i>Leaders: Judy Dulin and Jean Yeatman</i></p>	
Aquatic WILD Workshop	<p>Saturday, April 17 9 a.m.-4 p.m.</p>	<p>Registration closes April 12 Age level: Adults</p>	<p>Join us for a day filled with "wet" WILD programming. Hands-on activities bring the world of aquatic environmental education to your classroom, troop, or other group in an exciting, accessible way. You don't even need to add water! <i>Leaders: Margo Farnsworth and Judy Dulin</i></p>	
Tropical Rainforests	<p>Wednesday, April 21 7:30-9 p.m.</p>	<p>Registration opens April 7 Age level: Adults</p>	<p>The theme for Earth Week this year is tropical rainforests. Join LEAPS as they share their slides and sounds from Costa Rica, Ecuador, and Puerto Rica. <i>Leaders: Bob and Pandy English, LEAPS</i></p>	
Celebrate the Stars	<p>Friday, April 23 7-9 p.m.</p>	<p>Registration opens April 9 Age level: All Ages</p>	<p>National Astronomy Week begins as the Warner Park Nature Center, Barnard-Seyfert Astronomical Society, and Sudekum Planetarium co-sponsor a spring star party. The Lyrids meteor shower, Jupiter, Mars, and a crescent moon are a few of the heavenly bodies that we will observe. If clouds prevail please call the Nature Center for cancellation information. <i>Coordinator: Brian Bowen</i></p>	
Discover the Nature Center Day	<p>Saturday, May 1 8 a.m.-4:30 p.m.</p>	<p>Registration not required Age level: All ages</p>	<p>We honor our anniversary with a hike into the past. Stop by any time and look through the museum, explore the grounds, and hike a trail. Don't miss the special "bird table" outside and programs listed below.</p>	
History Hike	<p>Saturday, May 1 9 a.m.-noon</p>	<p>Registration opens April 19 Age level: Adults</p>	<p>Hike the Warner Woods Trail and celebrate the past. John Hardcastle, with his lasting friendship and familiarity with the Warner Parks, will share his memories and reveal interesting bits of history about this land. <i>Leader: John Hardcastle</i></p>	
Bird Hikes	<p>Friday, April 30 8-11 a.m.</p> <p>Saturday, May 1 8-11 a.m.</p>	<p>Registration opens April 16 Age level: Adults</p>	<p>The migrants are coming! Grab your binoculars and get your eyes and ears ready for the return of our southern friends. <i>Leader: Sandy Bivens</i></p>	
The Tennessee Biodiversity Slide Show	<p>Saturday, May 1 1-2 p.m.</p>	<p>Registration opens April 19 Age level: Adults</p>	<p>The Tennessee Biodiversity Program is a unique multi-agency effort designed to identify and protect biological diversity in Tennessee. The program has developed a biodiversity slide show as an introduction to this important conservation measure. <i>Leader: Brian Bowen</i></p>	
Harmony Wildlife Rehabilitation Center Program	<p>Saturday, May 1 2:30-3:30 p.m.</p>	<p>Registration opens April 19 Age level: Adults and kids 6 years and up</p>	<p>A 10-acre farm has been converted into a temporary home for hundreds of injured and orphaned wildlife. Meet a federally licensed wildlife rehabilitator and learn how you can help the injured and orphaned animals you might find. <i>Leader: Carol Burgess, Wildlife Rehabilitator</i></p>	
Nighttime Adventure	<p>Wednesday, May 5 7-9 p.m.</p>	<p>Registration opens April 21 Age level: Adults and kids 8 years and up</p>	<p>A vast number of Warner Parks' animal species can only be seen after dark. Striped skunks, red foxes, barred owls, and flying squirrels play and feed in the forest after the sunset. Join staff naturalists for this awakening in the woods. <i>Leaders: Judy Dulin and Brian Bowen</i></p>	

nature trail as part of the project.

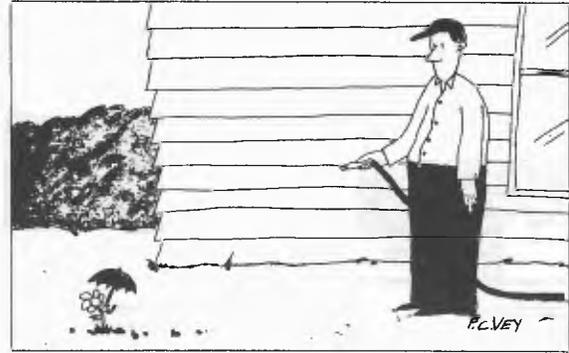
Of course, this will mean there are more work days ahead--and more adventures!

We received the following letter from new TTA member Jason Carr of Signal Mountain, TN:

"I am writing to you in order to obtain information concerning the location of "starting and stopping points" on the Cumberland Trail. Specifically, I am requesting information about the sections of the C.T. near Crossville, and the section running between Cumberland Gap and Lone Mtn S.P. If possible, maps of these sections would be greatly appreciated. Also, I wish to obtain information concerning becoming a member of the T.T.A. and adopting a specific trail to maintain. If possible, I would be happy to maintain the Pot Point and Mullens Cove Loop Trails in Prentice Cooper State Forest, which I walk once or twice a week and are in a serious state of disrepair. I thank you for your time and wait for your reply."

Sincerely, Jason Carr

WELCOME to TTA, Jason, and we greatly appreciate your volunteer spirit!



APRIL SHOWERS BRING MAY FLOWERS!

TTA TRIP REPORT
Pinson Mounds State
Archeological Area and Cypress
Swamp Nature Center
February 20, 1993

Although rain was predicted and the sky was gray, we had a dry, pleasant drive, spotting some deer and interesting old homes along Hwy 64 and 100, on the way to Pinson Mounds, the largest Middle Woodland period mound group in the United States. These mounds date back to 1-500 A.D. Our hike began with a climb to the top of Sauls Mound, the 2nd tallest mound in the U.S. The trails took us along a boardwalk through cypress swamp and past the Division of Forestry nursery. From Pinson we drove to the Cypress Swamp Nature Ctr where we followed a boardwalk through a variety of trees. We had the unexpected pleasure of watching a heron patiently stalking his meal and caught a glimpse of a nutcracker or two. The raindrops held off until our group of 16 hikers got into their cars to head home!

MEMBERSHIP FORM

Unless you have a Lifetime Membership in the Tennessee Trails Association, your membership expires on January 1 of each year. All TTA memberships are based on the calendar year and not one year from the month you join.

Please register me as a member for the calendar year 1993 (Jan-Dec) with the type membership checked below:

Student \$ 6.00
Individual/Family 15.00
Supporting \$30, \$40 or \$50
Life 150.00
MAIL DUES TO: Tennessee Trails Assn. P. O. Box 41446 Nashville, TN 37204

Students do not have voting privileges. Supporting members may be organizations or individuals. Each organization should designate a representative to cast its vote and up to three addresses to receive the newsletter. Family dependent members do receive a separate newsletter.

NAME: DATE:

ADDRESS:

CITY: STATE: ZIP:

HOME PHONE: WORK PHONE:

PLEASE LIST ME WITH CHAPTER

HOW DID YOU FIND OUT ABOUT TTA?

***** Mail dues, address changes/corrections and membership applications to: *****

TTA
P.O. Box 41446
Nashville, TN 37204

All newsletter submissions due by the 15th of each month. All submissions, questions and/or comments should be addressed to:

ARLEEN BARNETT
P. O. Box 41446
Nashville, TN 37204

Objectives: To promote, construct, and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail.

1992 TTA LEADERS

- PRESIDENT: Bob Barnett (615) 832-6484
VICE-PRESIDENT: Tom Shepherd (615) 895-2098
CORR. SEC/TREAS: Judy Van Cleve (615) 473-8136
SECRETARY: Evelyn Tretter (615) 859-0566
IMMEDIATE PAST PRES: Jerri Bull (901) 363-4408
BOARD REP: James T. Jones (901) 422-1444
BOARD REP: Bertha Chrietzberg (615) 896-1146
BOARD REP: Sally Garrard (615) 646-4079
MEMBERSHIP: Bob Barnett (615) 832-6484
CUMBERLAND TRAIL CHAIRMAN: Bob Brown (615) 352-7474
Adopt-A-Trail: Jerri Bull, Coordinator (901) 363-4408
Bob Barnett, Coordinator (615) 832-6484
Cookeville Chapter: Jack Murphy, (615) 537-9827
Murfreesboro Chapter: Ron Ferrara, Chair, (615) 893-3515
Memphis Chapter: Debbie Gilbert, Chair, (901) 454-0613
Nashville Chapter: Bob Stephenson, Chair, (615) 672-4064
5763
Clarksville Chapter: Roger Greer, Chair, (615) 648-8769

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Come Hike With Us!
Tennessee Trails Association
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Nashville, TN 37204

