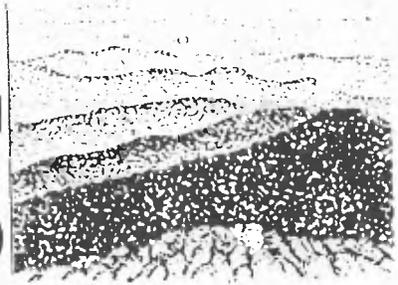


# TENNESSEE TRAILS



The monthly newsletter of the Tennessee Trails Association

## 1994 TTA HIKE SCHEDULE

Cl = Clarksville Chapter  
C = Cookeville Chapter  
M = Memphis Chapter

Mu = Murfreesboro Chapter  
N = Nashville Chapter

NOTE: The Cookeville Chapter will be sending in their hike schedule quarterly so check your monthly newsletter for their spring, summer and fall hikes. The dates for the spring and summer TTA Board meetings will be announced at a later date. All phone numbers listed are area code 615 unless otherwise noted.

### JANUARY

8	C	Virgin Falls, Bonnie Greene 836-3696
9	M	Eagle Watch, Reelfoot Lake, Betty Porter (901) 363-0213
15	Mu	Hidden Springs at Cedars of Lebanon, George Williams 890-3693
16	N	Radnor Lake, Paul Smith 270-8766; Wanda Cumberland 552-1956
17	N	Fairview Park Hike, Bob Barnett 832-6484
22	C	Greeter Falls, Judy Van Cleve 473-8136
22	Cl	Ft. Defiance, Class II, Robert Alley 647-7960
22	M	Herb Parsons Lake, Anne Lindholm (901) 388-4123
30	N	Mossy Ridge, Percy Warner Park, Ninez Giles 297-2281

### FEBRUARY

5	C	Frozen Head S.P., Paul D. Miller 526-7927
5	M	Big Hill Pond, Ray Burkett (901) 357-9183
19-20	Cl	Reelfoot Lake, Class II (Overnight), James McKenzie (502) 424-5285
19	C	Black Mountain, Ross Cardwell 738-2760
19	M	Ole Miss Campus and Rowan Oak (Home of Wm. Faulkner) Martye Taylor (901) 357-9183
19-20	Mu	Savage Gulf Overnight Backpack, Ron Ferrara 893-3515
TBA	N	Radnor Lake Night Hike, Bob Barnett 832-6484

(FEB. 1993 CONT'D)

26 TTA Board Meeting, Montgomery Bell S.P., Rob Weber  
952-2949

**MARCH**

5 M Puskus Lake Area, Holly Springs Nat'l Forest, Jerri Bull (901) 363-4408  
18-20 M Flatside Pinnacle in Ouachita Nat'l Forest, AR and  
Pinnacle Mtn S.P., Ken Novak (901) 377-9127  
19 Cl Natchez Trace, Class II, James Neblett 387-3317  
19 Mu Honey Creek, Daniel Parker 893-7502  
TBA N Hobbs Cabin, S. Cumberland, Rob Weber 952-2949

**APRIL**

TBA N Blue Heron, Big South Fork, Bob Stephenson 672-4064  
9 M Mousetail Landing, Debbie Gilbert (901) 454-0613  
9-10 Mu Hiwassee Canoe Trip, Ron Ferrara 893-3515  
17 Mu Radnor Lake Wildflower Hike, Cathy Williams 893-7748  
23 M Natchez Trace S.P., Ken Novak (901) 377-9127  
23 Cl Shiloh Nat'l Battlefield, Class II, William Brown (615) 645-4680  
TBA N Virgin Falls, Jeannie Myers 860-0842  
29-30 & M Laurel Hill Vineyard on Buffalo River, Ray Skinner (901) 725-0377  
May 1

**MAY**

14 M N.B. Forrest Historical Area, Gene Kortz (901) 398-7413  
21 Cl Savage Gulf, Class III, Ann Lowe 645-1454  
21 Mu N. Chickamauga Creek Hike/Swim, Heloise Shilstat/Kirt Huskie 896-6278  
22 M Elmwood Cemetery, Norma McMinn (901) 785-1479  
TBA N Piney River, Arleen Barnett 832-6484  
TBA N Laurel Snow Pocket Wilderness, Cecilia Dodd 292-9030

**JUNE**

TBA N Desoto Falls S.P., Debra Hill 449-3126  
11 M Canoe Harpeth River, Paul Goldstein (901) 276-2824  
18 Mu Volunteer Trail at Long Hunter S.P., Cathy Williams 893-7748  
25 Cl Long Hunter S.P., Class II, Wanda Cumberland 552-1956  
TBA N Roan Mountain OR Smoky Mtns, Bob Stephenson 672-4064

## JULY

10 M Spring River Canoe, AR, Paul Goldstein (901) 276-2824  
TBA N Rock Island Swim, Pat Anderson 383-2355  
23 Mu Duck River Canoe Trip, Tom Shepherd 895-2098  
23-24 Cl Mousetail Landing S.P., (Overnight) Class II, Manuel McKnight 358-2115

## AUGUST

TBA N Smoky Mtns., Paul Smith 270-8766  
20 Mu Rutledge Falls Wade/Swim, Heloise Shilstat/Kirt Huskie 896-6278  
20 Cl Radnor Lake, Class II, Amy Atkins 648-5526  
21 M Annual Picnic, Place and Time TBA

## SEPTEMBER

TBA N After Work Hike, Long Hunter S.P., Bob Barnett 832-6484  
24 M Village Creek S.P., AR, Julie Barham (901) 452-0085  
24 Cl Honey Creek, Big South Fork (Day or Overnight), Class III, David Higginbottom 289-3943  
TBA Mu Stones River Nat'l Battlefield Lantern Tour, David Dill 273-2707

## OCTOBER

8 M Big Hill Pond, Debbie Gilbert (901) 454-0613  
15 Mu Fall Creek Falls, Colette Dill/Cathy Williams 273-2707  
22 M Ft. Pillow Historical Area, Orene Palenik (901) 452-5631  
22-23 Cl Fiery Gizzard (Overnight) Class III, J.R. Tate 326-5453  
TBA N Short Mountain, Bob Barnett 832-6484

## NOVEMBER

4-6 Cl TTA Annual Meeting and Board Meeting, J.R. Tate 326-5453  
12 M Chewalla, Holly Springs, MS, Jerri Bull (901)363-4408  
19-20 Cl Cumberland Gap (Overnight) Class III, Manuel McKnight 358-2115  
25 N After Thanksgiving Hike, Long Hunter S.P., Bob Barnett 832-6484  
27 M After Thanksgiving Hike, Meeman Shelby S.P., Yvonne Morgan (901) 372-7002

## DECEMBER

8 N Christmas Party at Cumberland Museum  
11 M Mud Island Christmas Tour and Trolley Ride, Betty Porter (901) 363-0213  
15 M Christmas Party and Meeting, Place TBA  
17 Cl Cedars of Lebanon S.P., Class I, Bessie Daniel 647-4837  
31 M Holiday Hike TBA, Betty Porter (901) 363-0213

## A LETTER FROM YOUR PRESIDENT

Hello! First off, I must convey how honored I am to serve as your president for 94! Susan and I are often asked how we could possibly have left Colorado for Tennessee? Never to take away from Colorado, but Tennessee moved my spirit from the moment I first saw it. Its rolling forested hills, the deep gulfs of the plateau, the amazing shades of green as spring reaches into our forests; it is, in essence, me. We began hiking the state the day we arrived and as fate would have it, Susan began work at St. Thomas Hospital in Nashville and met then president Pat Anderson, who introduced us to TTA. This organization amazes me. TTA is grass roots; it was created and is run by everyday people; people who have the same goals, vision, and dreams as I. The idea of leading such a group overwhelms me, and I'm honored and excited for the new year.

Saying this much, I must tell you I will need your help. This organization is built on people--I cannot say this enough. I encourage everyone to participate. Attend your local chapter meetings, for these are our strengths, and if there's something you want done, speak up. What does it take to be a hike leader? Nothing more than the desire to lead folks to your favorite place in the woods and show them what you see--what more do you need? As TTA grows in membership, we gain a larger voice throughout the state and each individual member makes up a portion of that voice--remember individual choices add up to mass decisions.

What do I wish to see TTA accomplish in 94? Membership and Chapters are foremost on our minds. Bob Barnett will continue to lead our membership crusade and we need help from all members; especially chapter chairs. A broader membership allows us greater flexibility and voice and gives us a larger pool of folks to draw from for activities. Chapters are our anchors that draw these same folks in from each geographical area. They are hard to jump start, but once revived, they can be successful, as we have seen with the Clarksville chapter. Bob Barnett is already deeply involved in trying to organize a Knoxville chapter, and those East Tennessee members interested in helping should call Bob or I--we need your help! Along these lines, I wish to see us establish better ties with the other hiking organizations in Tennessee. This has the potential not only to increase our membership, but also to increase activity opportunities for our current members. Chattanooga has two active clubs and there is the Smoky Mtn. hiking club. The sharing of activities and ideas should only benefit all of us. On this I need membership help to find contacts for these groups; if you can help, give me a call.

Other goals include the membership directory, which we will have out mid-94! A greater involvement in local and state-wide political agendas, which will be brought to your attention through the newsletter. Does the Fiery Gizzard damming need to be addressed? And what of the Cumberland Trail--who out there believes this is not an asset for Tennessee? We will need your help in addressing these and other issues throughout the year.

(Letter From Your President, Cont'd)

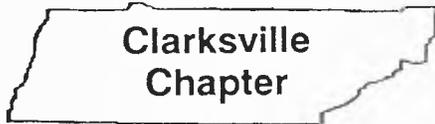
I would like to take this opportunity to thank Bob Barnett for his TWO years of presidential service. He is and will continue to be an important part of this organization. I'm also counting on his support during the coming year; his TTA memory files are immense and mine are rather small. My thanks also go out to Pat Anderson, who opened the door to TTA for me and has been my mentor ever since.

Have a fantastic Happy Hiking New Year!

--Rob Weber

### CHAPTER NEWS

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Meets the third Tuesday of each month at 7:00 p.m. in the Community Room at Governor's Square Mall.

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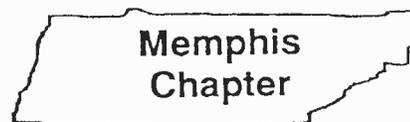
JAN 22 - Ft. Defiance Hike, Class II, Robert Alley 647-7960.

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Bonnie Greene 836-3696. Meeting time 9:00 a.m.

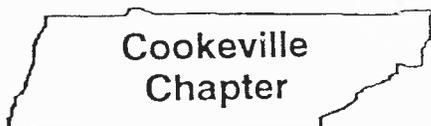
**JAN 22 - Greeter Falls Hike.** We will hike from Stone Door Ranger Station to Greeter Falls and shuttle back to the Ranger Station. Meet at First Union Bank, Sparta at 9:00 or at the Stone Door at 10:00 a.m. 5-6 miles easy. Judy Van Cleve 473-8136 or Nora Miller 526-9252.

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Meets the third Thursday of each month at 7:30 p.m. in the Scout Building at Kingsway Church.

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**JAN 8 - Virgin Falls Hike.** Meet at First Union Bank, Sparta (was Dominion Bank). Moderate to strenuous--8 miles. Call

**JAN 9 - Eagle Tour at Reelfoot Lake.** Twenty-five spaces have been reserved on the Park Service tour bus to see the eagles wintering on Reelfoot Lake. Bring binoculars if you have them or you can use the telescopes set up by the Park Rangers.

Dress for the weather; you can usually expect colder temperatures near the water. After the bus tour, we will eat lunch at a local restaurant, then visit the museum and walk on the boardwalk. If you are interested in staying over on Saturday night, there are many motels in the area. The Air Park Inn phone # is (901) 253-7756.

Reservations are required for the bus ride. It is approximately 120 miles from Memphis to the Air Park Inn. You must be there by 9:30 a.m. All unclaimed tickets will be turned back in by 9:45 and the bus leaves at 10:00. Tickets are \$2.00. Call Betty Porter at (901) 363-0213 for further details and to make reservations.

**JAN 20 - Monthly Meeting at Kingsway Church.** Our guest will be Sven Thesen of the Sierra Club, who will speak about Inner City Outings, a program that introduces disadvantaged children to the outdoors.

**JAN 22 - Herb Parsons Lake, Fisherville, TN.** Meet at the Shelby Farms soccer field parking lot on Walnut Grove Rd. at 9:30 a.m. Hike starts at the lake at 10:00 and is 6-7 miles on easy terrain. For info, call Anne Lindholm, (901) 388-4123.

**WARNING!!!! THE END IS NEAR. DON'T FORGET TO RENEW YOUR MEMBERSHIP.**



**Murfreesboro Chapter**

Meets the third Tuesday of each month at 7:00 p.m. at St. Mark's Methodist Church.

**JAN 15 - Hidden Springs Trail at Cedars of Lebanon S.P.** Call George Williams for info, 890-3693.

**Nashville Chapter**

Meets the fourth Thursday of each month at 7:30 p.m. at the Cumberland Science Museum.

**JAN 16 - Radnor Lake.** Joint hike with the Clarksville Chapter. Meet at 2:00 p.m. at the Visitor Center on Otter Creek Rd. Call Paul Smith 270-8766 or Wanda Cumberland 552-1956.

**JAN 17 - Hike at Fairview Park, Fairview, TN.** Several miles of trail have been built on the newly opened Fairview City Park property. This is the first TTA outing to this park so I encourage you to join me in exploring some new hiking territory close to Nashville! Call Bob Barnett 832-6484 for details.

**JAN 27 - Program meeting.** HAPPY NEW YEAR! And we are off to the best possible start for 1994 with our January chapter meeting, guest speaker Ranger Randy

Hedgepath from South Cumberland State Park. Randy draws large groups of hikers from Middle Tennessee and North Alabama for his expertly led hikes in some of the most beautiful hiking country available anywhere. He will tell us about his park and show slides of some little-known trails.

If you would like to enjoy sharing a spaghetti dinner with Randy before the meeting begins, meet at the Spaghetti Factory at 6:00 p.m. So we may have some idea of the number of spaghetti-eating hikers to expect, call Pat Anderson at 383-2355. All chapters are invited and expected!

Don't forget we will elect our 1994 Chapter officers at the January meeting.

**JAN 30 - Super Bowl Sunday Hike at Mossy Ridge, Percy Warner Park.** Come hike the Mossy Ridge Trail at Warner Park on Sunday. We'll hike 4 1/2-5 miles. Many beautiful, large trees will highlight the winter scenery. Meet at the trailhead parking lot off of Hwy 100 at 11:00 a.m. Bring snacks and water. Afterwards, we'll stop in at Shoney's for lunch for those who are interested in doing that. Call Ninez Giles 297-2281.

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### Where Is It?

No, it's not a tent, it's a ROCK, created in this shape by nature! And it's easily visible from a well-known trail.



Let's see how well you know our Smoky Mountains! Do you know the location of this distinctive rock, 1/2 mile from a well-known trailhead in the Great Smoky Mountains National Park?

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### An Invitation to Come Walking in Wales

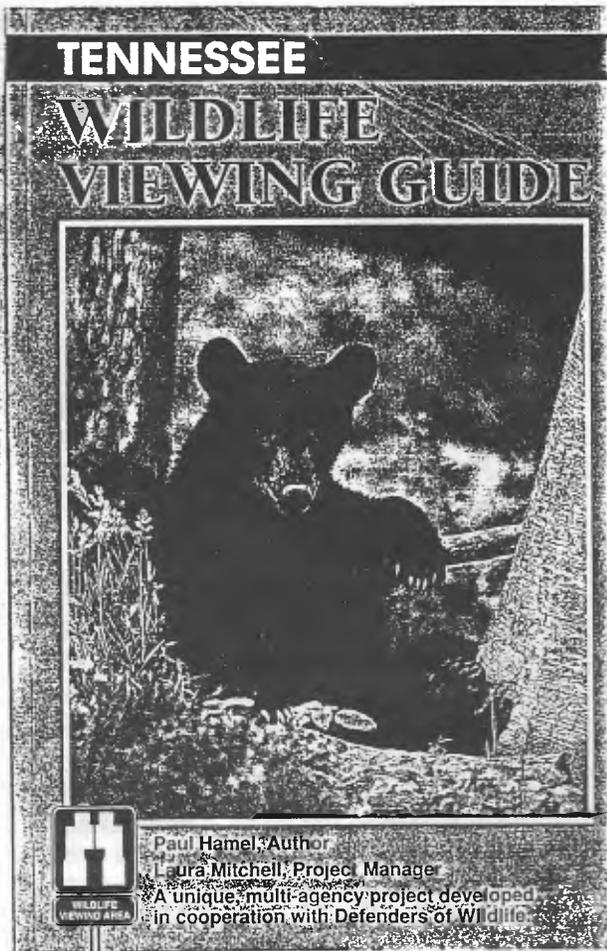
Davis-Kidd Booksellers is delighted to offer for a 2nd year a week-long holiday walking in Wales from April 23-30 or from April 30-May 7, 1994. To ensure maximum enjoyment for everyone, we will keep the group size to 14 plus the guide. The cost of the tour is \$890 which includes hotel, all meals, and guide service (travel costs are not included).

I will be doing a slide presentation about the tour in the atrium of the Nashville Davis-Kidd store on Jan. 20 at 7:00 p.m. Some people who went last year will be there to share their experiences. TTA member, Judith Bartlow, from Norris, TN went on the 1993 tour. She said she was eager to talk with anyone who is considering the 1994 tour. Take her up on her offer at (615) 632-1592.

Please call me if you have questions or would like additional information and a detailed brochure, at (615) 833-9192.

--Karen Davis, Davis-Kidd





### BOOK REVIEW

Falcon Press, with the cooperation of the Defenders of Wildlife, has published the Tennessee Wildlife Viewing Guide. Biologist Paul Hamel, formerly of the Tenn. Dept. of Environment & Conservation, and now employed by the U.S.D.A. Forest Service, is the author. Laura Mitchell served as project manager for the book, which reflects much cooperation between the USDA Forest Service, TVA, Tenn. Wildlife Resources Agency, Tenn. Conservation League, Tenn. Ornithological Society, etc.

This book is a virtual roadmap to the natural treasures of Tennessee. The black bear cub on the front cover and the Tennessee coneflowers and yellow warbler pictured on the back cover are well worth the price of the book--but there is so much more.

The viewing sites are divided into three regions. There are 18 sites listed in the western plains of Tennessee, 25 sites in the limestone heartland, and 38 sites listed in the eastern mountains and valleys. There is a special pictorial section on the unique karst terrain found in Middle Tennessee entitled "A Honeycomb of Stone: Karst Terrain."

The guide offers directions that are usually geared to driving but also includes directions to hiking trails or overlooks for viewing possibilities once you get there.

The sites included in the book take in well-known and over-used areas such as the Smokies, Land Between the Lakes, Overton Park in Memphis, and Nashville's Radnor Lake. Also included, however, are lesser known places such as Moss Island Wildlife Management Area in West Tennessee, the Blythe Ferry Unit of the Hiwassee Wildlife Refuge in east Tennessee, and Granddaddy's Branch in south central Tennessee. Optimal viewing times of the day and months of the year are given for observing sandhill cranes, bat colonies, glow worms, waterfowl, wild turkey, reptiles and amphibians, deer bald eagles, and a host of other birds and mammals.

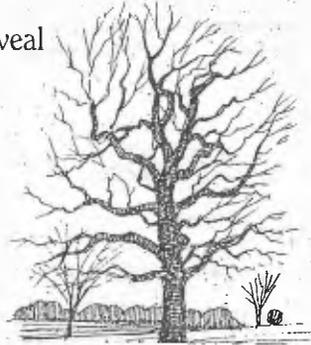
I'll close with a brief look at Granddaddy's Branch near Lawrenceburg, since that is my birthplace and that of both my grandfathers. The book says, "Beauty and solitude are the reasons to visit this site. The waterfalls, cool cove, high bluffs, and moist forest of sugar maple, beech, and spicebush are secluded and scenic. Follow the creek downstream along an old roadbed; then bear left to reach a 1/2 mile trail to New Twin Falls. This is on private land owned by Champion International Corp."

--Bob Barnett

# Warner Park Nature Center

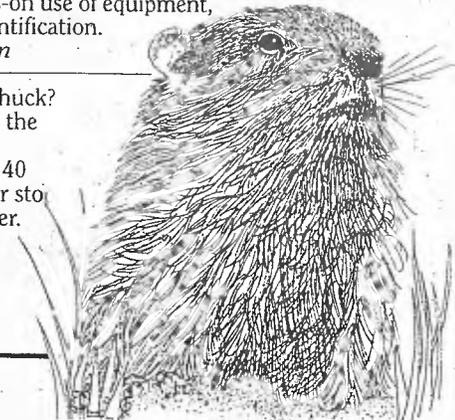
## 1993-94 Winter Schedule

Winter mornings reveal the crisp silhouettes of our leafless trees still cradling an arm of respite for the creatures who roamed the cold winter night.



The Warner Parks offer relief for all who visit, urging warm thoughts and fulfillment through the simple enjoyment of nature. Reservations are required for most programs; call 352-6299.

<b>Winter Woods Hike</b>	Thursday, January 6 & Saturday, January 8 9 a.m.-2 p.m.	Registration opens December 23 Age level: Adults	The Mossy Ridge trail provides 4.5 miles of hiking pleasure. Bring a sack lunch and enjoy a winter's day in Percy Warner Park. This is great way to start the new year.  <i>Leaders: Brian Bowen and Deb Beazley</i>
<b>Furry Friends</b>	Tuesday, January 11 10-11:30 a.m.	Registration opens December 28 Age level: 3-5 years	Preschoolers will learn all about the different types of mammals that inhabit the Warner Parks and what they are doing to protect themselves from the cold winter weather.  <i>Leader: Judy Dulin</i>
<b>Sunset Stroll</b>	Wednesday, January 12 4-6 p.m.	Registration opens December 29 Age Level: Adults	Enjoy a pleasant twilight stroll along the Old Roadway (the roads closed to vehicles in Edwin Warner) to the top of a nearby ridge and experience the best sunset vista in the park.  <i>Leaders: John Hardcastle and Deb Beazley</i>
<b>Winter Bird Banding Day</b>	Wednesday, January 19 9 a.m.-3 p.m.	Registration opens January 5 Age Level: All ages	Cold winter days are busy days at the Nature Center's feeding stations. Drop by any time today and watch the birds, explore the museum, review the study skins, and watch a bird bander at work. This day is dedicated to the birds!  <i>Leader: Sandy Bivens</i>
<b>Exotic Plant Removal Party</b>	Saturday, January 22 8:30 a.m.-noon	Please call to register Age level: Adults	Want some fun? Come out to the park and pull out our bad plants. Yes, bad plants are causing much trouble these days. We need to keep them from taking over. You can help by signing up for our exotic removal party. You won't regret it.  <i>Coordinator: Brian Bowen</i>
<b>Warner Park Field Biology</b>	Saturday, January 29 9 a.m.-noon	Registration opens January 18 Age level: Adults	This program will provide you with an overview of restoration ecology in the Warner Parks with emphasis on the Warner Park Vegetation Study. The outdoor portion of the program will be hands-on use of equipment, laying out a plot, and some plant identification.  <i>Leader: Brian Bowen</i>
<b>Groundhog Day Hike</b>	Wednesday, February 2 10-11 a.m.	Registration opens January 18 Age level: 3-5 years	How much wood can a woodchuck chuck? On Groundhog Day we will celebrate the habits of this large rodent that lives underground in tunnels that may be 40 feet long, gnaws with teeth that never stop growing, and can even predict weather.  <i>Leader: Deb Beazley</i>



**MEMBERSHIP FORM**

Unless you have a Lifetime Membership in the Tennessee Trails Association, your membership expires on January 1 of each year. All TTA memberships are based on the calendar year and not one year from the month you join.

Please register me as a member for the calendar year 1994 (Jan-Dec) with the type membership checked below:

----- Student	\$ 6.00	MAIL DUES TO:
----- Individual/Family	15.00	Tennessee Trails Assn.
----- Supporting	\$30, \$40 or \$50	P. O. Box 41446
----- Life	150.00	Nashville, TN 37204

Students do not have voting privileges. Supporting members may be organizations or individuals. Each organization should designate a representative to cast its vote and up to three addresses to receive the newsletter. Family dependent members do receive a separate newsletter.

NAME:----- DATE:-----

ADDRESS:-----

CITY:----- STATE:----- ZIP:-----

HOME PHONE:----- WORK PHONE:-----

PLEASE LIST ME WITH CHAPTER----- OR AT LARGE----- HOW DID YOU HEAR ABOUT

TTA?-----

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Mail dues, address changes/corrections, newsletter submissions and membership applications to:  
All newsletter submissions are due by the 15th of each month.  
Arleen Barnett, Newsletter Editor  
P.O. Box 41446  
Nashville, TN 37204

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Objectives: To promote, construct, and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail.

**1994 TTA LEADERS**

PRESIDENT:	Rob Weber (615) 952-2949
VICE-PRESIDENT:	Bob Barnett (615) 832-6484
CORR. SEC/TREAS:	Judy Van Cleve (615) 473-8136
SECRETARY:	Evelyn Tretter (615) 859-0566
BOARD REP:	James T. Jones (901) 422-1444
BOARD REP:	Bertha Chrietzberg (615) 896-1146
BOARD REP:	Bessie Daniel (615) 647-4837
MEMBERSHIP:	Bob Barnett (615) 832-6484
CUMBERLAND TRAIL	Bob Brown (615) 352-7474
ADOPT-A-TRAIL:	Jerri Bull, Coordinator (901) 363-4408
	Bob Barnett, Coordinator (615) 832-6484
Cookeville Chapter:	Paul D. Miller, Chair, (615) 526-7927
Murfreesboro Chapter:	David & Colette Dill (615) 273-2707
Memphis Chapter:	Debbie Gilbert, Chair, (901) 454-0613
Nashville Chapter:	Bob Stephenson, Chair, (615) 672-4064
Clarksville Chapter:	J.R. Tate,, Chair, (615) 326-5453

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Come Hike With Us!  
Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204