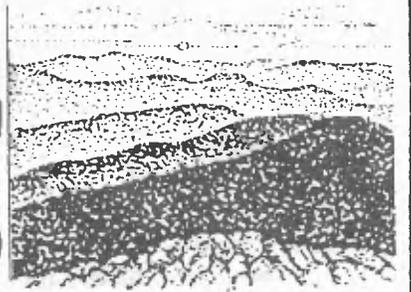


TENNESSEE TRAILS

The monthly newsletter of the Tennessee Trails Association



BREAK AWAY

On July 12th, TTA leaders started down the Bryant Grove Trail at Long Hunter State Park with eight college students participating in the Break Away (The Alternative Break Connection) Program, representing six different colleges or universities. The Break Away Program is considering Tennessee Trails, and specifically, working on the Cumberland Trail, as one of its projects for Spring Break in March, 1996 as well as other times during the year.

It was a day with temperatures in the high 90's and a heat index of 100+, but Bob Barnett, Jim Johnson and Rob Weber introduced the students to the world of trail building, trail clean-up and trail maintenance anyway. In a little more than two hours, the party of 11 very sweaty and hot workers managed to gather a lot of garbage (including recyclables), not the least of which was an automobile tire. Additionally, the work party did some much-needed trimming and pruning along the first two miles of the trail. Afterwards, Rob, Jim and Bob introduced the group visually (through photos) to what a week of working on the Cumberland Trail in the springtime would be like. As this newsletter went to press, there was a likelihood that one more demonstration work hike would take place the last week in July.

TTA would like to thank the staff of the Tennessee Environmental Council for letting the Break Away staff know about Tennessee Trails and the Cumberland Trail project. TTA would also like to thank Park Manager, Mike Cole, for being a gracious and informative host as we used Long Hunter State Park as a demonstration work site for the Break Away students who were housed at Vanderbilt University. And, of course, we thank the eight students who endured Saharan conditions with smiles and lots of water.

If the Cumberland Trail project is chosen by the Break Away Program, TTA members can support this venture in a number of ways. We need TTA members to do trail work with the volunteers during that week and provide guidance, members could provide home-cooking and/or lodging for the students if the TTA members live within a short driving distance of portions of the Cumberland Trail, members could provide sack lunches and snacks for the trail workers, etc. More details concerning specific dates and locations on the Cumberland Trail will be published in the months to come as soon as we know if TTA has been selected as a project.

--Bob Barnett, Nashville Chapter

SAVE THE DATE!

The 1995 Tennessee Trails Annual Meeting will be held October 27-29 at the Beersheba Springs Methodist Assembly Grounds on Monteagle Mtn. Full details and a registration form will be published in the September newsletter.

WE NEED YOUR HELP!

The 1995 Tennessee Recreation Plan, now in final draft form, is a 5-year plan setting the agenda for the usage and preservation of Tennessee's richest asset, our natural environment. TTA's main goal during the development of this plan was to reestablish State Leadership concerning trail issues in Tennessee by the creation of a full time State Trails Administrator position. We are happy to report that one of the objectives of the Trails and Greenways Chapter (page 72 of the draft) was the creation of such a position. We all know the importance of a trail administrator--with one, Tennessee was a leader on trail issues--without one, as we have been for many years, we have fallen behind our sister states. Now's our opportunity: since this is only an objective, we need to make it a reality. We need you to write Governor Sundquist--who has endorsed this plan--thank him for his support and reinforce the need for the creation of the Trails Administrator position. Write to:

The Honorable Don Sundquist
Governor of Tennessee
State Capitol
Nashville, TN 37243

Thanks for your support!
Rob Weber, TTA President

TTA BOARD MEETING

Our Summer Board Meeting will be held August 26th on the estate of TTA member David Rhyne in Athens, TN. The Rhynes' home sits on over 100 acres, with fields of daylilies, a lake for swimming and fishing, a hiking trail, and is described by Bob Brown as incredibly beautiful. We will have a potluck lunch at 1:00 pm Eastern time for which the Rhynes will provide the hamburgers and hot dogs and we need to bring the rest. The meeting will follow at 3:00 pm Eastern time. Overnight tent camping is available Saturday night and a 4,000 square foot pavilion is available for coverage if the weather is inclement. Board members will get directions and an agenda early in August, and as always, all TTA members are welcome to join us on what will be a great weekend. Please RSVP to me so the Rhynes will know how many to expect, and so I may send you directions if you are not a Board member. I need Board members to send in agenda items at this time.

Thanks!

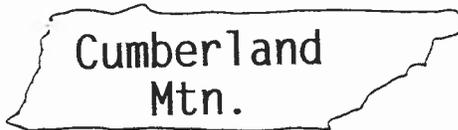
Rob Weber, TTA President

NOMINATIONS ARE NEEDED FOR THE BILL STUTZ AND TTA AWARDS FOR 1995 AND FOR OFFICERS OF THE TTA STATE BOARD FOR 1996. PLEASE GIVE YOUR NOMINATIONS TO YOUR CHAPTER CHAIRPERSONS BY AUGUST 20TH SO THAT THEY MAY BE PRESENTED AT THE AUG. 26TH BOARD MEETING. THANKS!

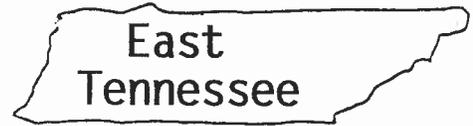


Meets the third Tuesday at 7:00 pm in the Community Room at Governor's Square Mall.

AUGUST 19 - VIRGIN FALLS POCKET WILDERNESS. Call James Neblett (615) 387-3317 for details.

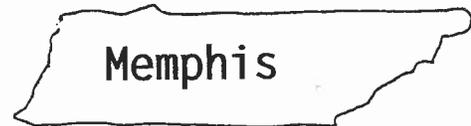


AUGUST 12 - ROCK CREEK LOOP, BIG SOUTH FORK, moderate 7.1 miles. Call Bob Washburn (615) 879-5426 or Marvin Shanks (615) 879-9765 for details.



AUGUST 10 - THURSDAY EVENING WALK AT WORTHINGTON CEMETERY CEDAR BARRENS.

Worthington Cemetery Trail is a short urban trail, located on the east side of Oak Ridge. This trail meanders through woods, beside a wetland, and through a small, picturesque family cemetery. It is rated very easy, and is appropriate for the whole family. Hikers should meet at Elza Gate Park on the Oak Ridge Turnpike at 7:00 pm. Eastern time. Questions? Call Judith at 494-9421.

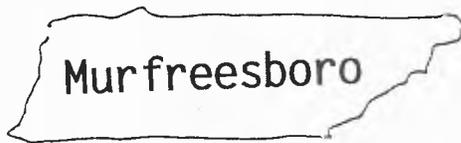


AUGUST 20 - ANNUAL PICNIC. We have a new location this year--member John Martin has graciously offered the use of his home in Raleigh. How to get there: from Austin Peay, go west on Stage Road. Turn right on Homewood, then left on Lakewood Dr. The address is 3876 South

Lakewood and it's the last house on the right--if you go past the dam, you've gone too far! Lost? Call John at 386-3722.

The picnic begins at 2:00 pm Sunday afternoon. As always, it's potluck so bring your favorite munchies, as well as something to drink and a lawn chair. We'll provide cups and plates. The yard faces the lake (Lake Windermere) so you can go fishing or boating if you wish. This picnic also serves as our August meeting. Hope to see you there!

We'd like to thank Freddi Felt and her assistant Paul Goldstein for their very informative canoe-training session June 25th. About a dozen people spent all afternoon at Patriot Lake, practicing their strokes, learning safety techniques, and battling a wicked headwind. It was a lot of fun--and potentially life-saving. Thanks, Freddi and Paul!



Meets the third Tuesday of each month at 7:00 pm at St. Mark's Methodist Church.

AUGUST 5 - The Wild Orchid Hike listed on the annual hike schedule has been cancelled because of illness in Bertha Chrietzberg's family.



AUGUST 5 - The Cumberland Gap camping/hiking weekend has been cancelled by the Barnetts. (We didn't think we would have too many takers for hiking in 95+ degree weather!). Instead, we will have a swimming/watermelon outing at Rock Island State Park off of Hwy 70S between Sparta and McMinnville. Bob has promised to maintain the tradition of hauling a watermelon into the gorge in his backpack. This could be a new event for the summer Olympics--Rock Hopping With a Watermelon on Your Back! We will meet at 10:00 am at the parking lot for the overlook/picnic grounds in the park. Call Bob or Arleen for details (615) 832-6484 (home) or 343-0013 (Arleen's work).

AUGUST 11-13 - SMOKY MOUNTAINS CAMPING/HIKING. We will camp Friday and Saturday nights at Elkmont Campground inside the park (same place as last year). The hike this year will be from Clingman's Dome to Newfound Gap, about 7 miles, with the option to continue on to Chimney Tops for those who want to (an extra 5 miles). If we have a large turnout like last year, other hikes may be scheduled in addition to the Clingman's Dome hike. Call Paul Smith (615) 270-8766 for more info.

AUGUST 24 - PICNIC CHAPTER MEETING, 6:00 pm. Instead of our usual chapter meeting at the Cumberland Science

Museum, Charlie Hann is hosting a potluck picnic at his home at 5967 Cane Ridge Road in Antioch. Bring lawn chairs, your best vacation story for this summer, and of course, FOOD. Directions: I-24 South to Bell Rd. exit. Turn right on Bell Rd. Turn left at first light at Shoney's onto Cane Ridge Rd.. Go 3.5 miles on Cane Ridge Rd. House is on right. Call 941-1503 if you get lost.

*VA HIGHEST PEAK "TAKEN"
Moaning Reported*

Mt. Rogers, highest peak in Virginia, was taken by a group of Middle Tennessee climbers following an early morning Alpine style ascent on July 3, 1995. The group, a joint project of Tenn. Trails Assoc. and Sierra Club, was a coed team of 7 on which the distaff members came up "short" in numbers only. Upon successful completion of the trek, team leader, captain and facilitator Randall Grimsley was heard to say "I'd like to stop at a beer store on the way out."

The ladies made fashion statements: Nina Fitzgerald in plaid camp sneakers (Dollar General), Libby Francis in reef walker camp shoes (K-Mart), and Stacy Sutcliffe wearing a backpack rain cover as a rain jacket.

Male contributions were limited. However, one campfire (night 1 of 2) was ignited by Ryan Howard (who, being a Vista volunteer, was enough to warm the heart of the assembled old hippies and do-gooders). Jeff Stewart fetched water. This reporter consulted with a long distance Appalachian Trail hiker (a lady in a lite blue bivy sack with a black, waterproof bottom--the bivy, that is) who, obviously having good

fashion sense about the selection of colors, advised the group concerning bandanna sweatbands. While this may not seem to be a contribution to the group at first blush, I doubt you'd find it so upon further contemplation.

A remarkable physical achievement, the hike was 140 miles in 3 days, and each member contributed their proportionate share of miles without exception. In lieu of a campfire, kazoo music was offered to the skies on night 2. All in all, the entire event was quite a performance. Rest assured that the reputation of Tennessee has been maintained in our customary manner.

*Respectfully submitted,
Gene Curp*

*Upper
Cumberland*

Meets the first Tuesday of each month at First Union Bank in Sparta, TN.



*A map of communities in the state
developing rail-trails:*



**Your community can join these Tennessee communities
in their successful development of rail-trails.
Become a member of TRAC today and make it happen!**

I was honored to cut the ribbon for the opening of the Cumberland River Bicentennial Trail in April. It is a wonderful place to go and get away from the hubub for an hour or two and enjoy the many varieties of wildflowers and the beautiful rock formations. It is also a good place to go for exercise away from noise and traffic. I hope many people will use the trail and find enjoyment there.

*Martha Sundquist
Wife of Governor Sundquist*

We think it (the Cumberland River Bicentennial Rail Trail) will be a show place for not only Ashland City, but all of middle Tennessee. As time goes on, the economic impact of the community will be wonderful.

*Mary Grey Jenkins
Mayor, Ashland City*



Tennessee Rail-Trail Advisory Council

Yes, I strongly support the concept of rails-trails for Tennessee and would like to become a member of TRAC:

Name: _____
Address: _____

Telephone Numbers: Home _____
Work _____

TRAC Annual Membership (check one):
Make your check payable to TRAC and send to the Tennessee Rail-Trail Advisory Council, P.O. Box 23647, Nashville, Tennessee 37202.

- Individual \$15.00
 Family \$20.00
 Corporate \$100.00

I would like to help fund rail-trail education and trail development. I have enclosed an extra contribution to help fund these activities.

Extra Contribution Enclosed: _____

I would also like to become involved in one of the following:

- Resources Committee
 Information Committee
 Projects Committee
 Legislative Committee

****Your membership entitles you to invitations to TRAC conferences and meetings, periodic updates of rail-trail activities around the state, and the knowledge that you've helped create a more conducive atmosphere in Tennessee for rail-trail development.**



FAIRVIEW AREA CHAMBER OF COMMERCE

P.O. Box 711 • Fairview • Tennessee • 37062

Tennessee Trails
PO Box 41446
Nashville, TN 37204

March 16, 1995

Dear Tennessee Trails:

Our small community was lucky enough to have been given an 800-acre wooded park; it sits smack in the middle of town, a treasure for the future.

Fairview Nature Park is the setting for Fairview Nature Fest, an annual event sponsored by the Chamber of Commerce. We are inviting groups like Tennessee Trails to participate with educational displays and/or booths that will inform the public about nature-related topics.

Nature Fest's focus on conservation, the environment and interactive nature-related activities has drawn significant interest in the Tennessee media. We believe the festival and its setting are unique, and "right down your alley."

Fairview is 25 miles from Nashville, and Nature Fest is set for Saturday, August 26, 1995 from 10 a.m. to 4 p.m. We hope your group can join us in the park that day.

Participation confirmation or questions should go to the above address or by telephone to Eva Harris, 615-799-2248.

Sincerely,

A handwritten signature in cursive script that reads "Mary E. Smith".

Mary Elizabeth Smith
Nature Fest Director

MES/ewh

AUGUST HIKES/ACTIVITIES

<u>Date</u>	<u>Chapter</u>	<u>Hike/Activity</u>
5	Nashville	Rock Island Swim
10	East Tennessee	Worthington Cemetery Cedar Barrens
11-13	Nashville	Smokies Weekend
12	Cumberland Mtn.	Rock Creek Loop, Big South Fork
19	Clarksville	Virgin Falls Pocket Wilderness
20	Memphis	Annual Picnic
24	Nashville	Picnic Meeting
26	All Chapters	Board Meeting at Rhynes

FOR SALE: Specialized "Hard Rock" Mountain Bike, 26", thumb shifters, 21 speeds, quick-release hubs, new seat. Includes extra tire. \$150.00 firm.

REI "Wonderland" Backpack, external frame. Size large (4,918 cu. in.) Ideal for longer trips. Many extra features. Includes pack cover. \$140.00 firm. Call (615) 228-9188, Nina Fitzgerald.

**NASHVILLE HIKING
HOTLINE** - Call 367-7045 for up-to-date hike listings.



ORDER FORM

_____	Hiking Tennessee Trails, 4th Edition	\$ 9.95
_____	TTA Adopt-A-Trail Manual	3.00
_____	25th Anniversary TTA Patch	3.00
_____	TTA Window Decal	1.00

Prices include postage. Mail your check payable to TTA to: TTA
Membership Director, P.O. Box 41446, Nashville, TN 37204

ADOPT-A-TRAIL

TRAIL MAINTENANCE VOLUNTEERS NEEDED! If you would like to be placed on a call list for trail maintenance, contact Rob Weber at (615) 952-2949 for details.

If you are interested in maintaining a particular trail or section of trail, please contact Harold Draper, Adopt-A-Trail Coordinator at (615) 689-7757.

CUMBERLAND TRAIL WORK REPORT

This summer we've spent three days clearing and blazing Brady Mountain, Section 5 of the Cumberland Trail. Our leading trail blazer is Marvin Shanks of the Cumberland Mtn. Chapter, who has made all three sessions. Marvin has a story to tell of Brady Mtn., now, of the bite marks in his leggings from the 6-foot rattler he scared out from beneath a rotting log. Others wanted to perish the snake that day, but not Marvin. He knew the rattler had a place in nature, and besides, he said, "the fang holes improved my ventilation and kept me cool all day." Also joining Marvin were Bob Hinckley and Bob Washburn of the Cumberland Mtn. Chapter, Bob Brown, Jim Johnson and myself of the Nashville Chapter. We still have work to do, so watch your newsletter for a possible Fall work party, and call me if you want to join us sooner. Thanks to everyone!!!

--Rob Weber

MEMBERSHIP FORM

Memberships are based on the Jan-Dec. calendar year, unless you have a Life Membership. Please register me for the 1995 calendar year.

<input type="checkbox"/> Student	6.00	MAIL TO: Membership Director
<input type="checkbox"/> Individual/Family	15.00	Tennessee Trails
<input type="checkbox"/> Supporting \$30, \$40 or 50.00		P. O. Box 41446
<input type="checkbox"/> Life	150.00	Nashville, TN 37204

NAME: _____ DATE: _____
(PLEASE PRINT CLEARLY)

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ HOME PHONE: _____

WORK PHONE: _____ PLEASE LIST ME WITH THE FOLLOWING CHAPTER:

<input type="checkbox"/> CLARKSVILLE	<input type="checkbox"/> EAST TENN	<input type="checkbox"/> MURFREESBORO	<input type="checkbox"/> UPPER CUMBERLAND
<input type="checkbox"/> CUMB MTN	<input type="checkbox"/> MEMPHIS	<input type="checkbox"/> NASHVILLE	<input type="checkbox"/> AT LARGE

ALL NEWSLETTER SUBMISSIONS DUE BY THE 15TH OF THE MONTH. MAIL TO: ARLEEN BARNETT,
NEWSLETTER EDITOR, P.O. BOX 41446, NASHVILLE, TN 37204

TTA OBJECTIVES: TO PROMOTE, CONSTRUCT AND MAINTAIN A STATEWIDE SYSTEM OF HIKING TRAILS, AND TO WORK FOR THE CONSERVATION OF NATURAL RESOURCES INHERENT TO THIS OBJECTIVE. SPONSOR FOR THE CUMBERLAND TRAIL.

1995 TTA LEADERS

President:	Rob Weber (615) 952-2949	Adopt-A-Trail:	Harold Draper (615) 689-7757
Vice-President:	Jim Johnson (615) 356-6246	Clarksville Chapter:	J.R. Tate (615) 326-5453
Corres. Sec./Treas.:	Judy Cleary (615) 473-8136	Cumberland Mtn.:	Marvin Shanks (615) 879-9765
Secretary:	Evelyn Tretter (615) 859-0566	East Tennessee:	Harold Draper (615) 689-7757
Board Rep:	Heloise Shilstat (615) 896-6278	Memphis:	Debbie Gilbert (901) 454-0613
Board Rep:	Bertha Chrietzberg (615) 896-1146	Murfreesboro:	Mike Harvey (615) 893-9594
Board Rep:	Bessie Daniel (615) 647-4837	Nashville:	Jim Poteet (615) 377-4777
Membership:	Ninez Giles (615) 297-2281	Upper Cumberland:	Paul D. Miller (615) 526-9259
Cumberland Trail:	Bob Brown (615) 352-7474		

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Come Hike With Us!
P. O. Box 41446
Nashville, TN 37204

