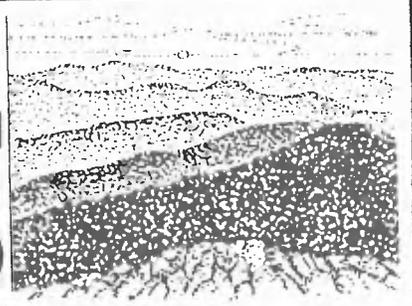


TENNESSEE TRAILS

The monthly newsletter of the Tennessee Trails Association



TTA OBJECTIVES: TO PROMOTE, CONSTRUCT AND MAINTAIN A STATEWIDE SYSTEM OF HIKING TRAILS, AND TO WORK FOR THE CONSERVATION OF NATURAL RESOURCES INHERENT TO THIS OBJECTIVE. SPONSOR FOR THE CUMBERLAND TRAIL.

A PART OF THE CYCLE

Autumnal scents of rich earth building.

The leaves drop slowly, one by one.

Becoming like a loosely lofted comforter,
drawn up on Earth's belly.

Activity sounds upon this brittle blanket.

Squirrels, birds and their comrades,
rushing to take advantage of this year's harvest.

They are somehow aware of the oncoming season:

of rest, cold, and bareness,

not as if with human trepidation,

but as a part of the cycle of

"this is the way it is, the way it is made."

I am drawn to the forest

as if in some preparation as well.

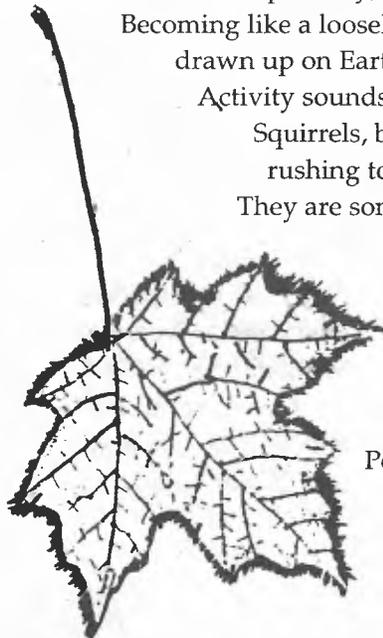
Perhaps to catch the last glimpses of the growing,
to store for myself a little more understanding
of life continuing

even though in the coldness it stands still.

Circles and cycles,

challenges and change,

life, death, and rebirth.



- Ken Voorhis

CHAPTER NEWS



Meets the third Tuesday at 7:00 pm in the Community Room at Governor's Square Mall.

SAT. NOV. 5 - BONFIRE AT WANDA CUMBERLAND'S HOUSE.

Meet at 1520 Noland Rd. for food, beverages and a good time for the entire family. Bring friends if you have any, also lawn chairs. Please confirm your participation by calling Wanda at 358-3338.

SAT. NOV. 11 - MOUNTAIN BIKE RIDE AT ROTARY PARK. At 10:00 am, Stacey Cumberland will lead a group of bikers over the trails; if you are brave enough to follow, please bring your helmets; you must wear them! Stacey 552-1956.

SAT. NOV. 11 - HIKE AT ROTARY PARK. Hikers meet at 10:30 am at the gate of Rotary Park for a hike after the bikers have left their smoke. We will follow the trails for a 5-6 mile hike. Call Wanda Cumberland for details and to confirm participation 358-3338.

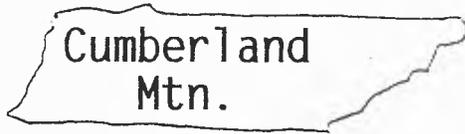
TUES., NOV. 21 - MONTHLY MEETING AT GOVERNOR'S SQUARE MALL.

NOV. 23, 24, 25, 26 - If anyone wants to hike on any of these days, please call and we will plan a hike. Wanda Cumberland or Bob Hancock 358-3338.

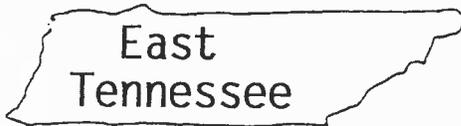


SAT. NOV. 18 - BLACK MTN. Does anyone remember the Crossville Chapter?? No?? Well, this is going to be our first attempt in organizing a chapter in this beautiful Eastern Plateau city. Black Mtn., Section 5 of the Cumberland Trail, will offer some incredible fall colors and distant views of the Smokies. The trail is approx. 2 miles and of moderate rating. We will meet at 9:30 am CST at the main office of Cumberland Mtn. State Park-- everyone is welcome!! Contact Rob Weber (952-2949) for more information, or if you are in the Crossville area, contact Bill & Sue Eldridge (456-4459) or Mary and Harry Kelly (456-7749).





SAT. NOV. 11 - SOUTH CUMBERLAND RECREATION AREA. Call Bob Washburn (879-5426) or Marvin Shanks (879-9765) for details.



SAT. NOV. 18 - NORRIS DAM HIKES. Join us for 2 hikes on Sat. Nov. 18. We will hike TVA's River Bluff Trail at Norris Dam starting from the trailhead at 10:00 am. This is a fairly easy 3.1 mile loop. Bring a lunch and drink to eat at picnic tables next to Clinch River. We will drive a short 2 miles to Norris Dam State Park to hike Andrews Ridge, Rock Creek Loop and Sinkhole Trails after lunch. This combination of trails totals approx. 4.2 miles., also considered easy. Join us for morning or afternoon hikes, or both. Questions: Call Judith at 494-9421.

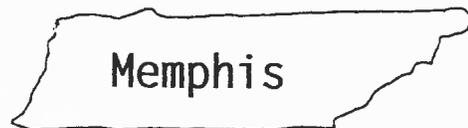
TRIP REPORTS

The day of our Piney River hike was rainy and the trail very slippery, but 5 intrepid hikers pressed on regardless. We lunched on the

swinging bridge and returned the way we came. We saw the mother of all scary-looking caterpillars called a "hickory horned devil" and lots of fall wildflowers.

Ten people sauntered around the 3.6 mile paved trail at Cove Lake State Park on our evening hike (This is a great trail for rainy day exercise.) Several of us stayed for dinner and conversation at the park restaurant.

--Judith Bartlow



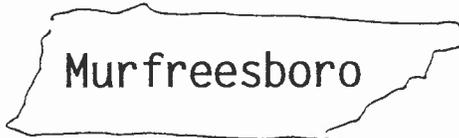
Meets the third Thursday of each month at 7:30 pm in Room 24 at Kingsway Church.

SAT. NOV. 11 - SHILOH NAT'L MILITARY PARK near Pittsburg Landing, TN. Carpool at Kingsway at 7:00 am or meet at the park headquarters by 9:30 am. There are several trails we could hike (all of them flat and easy), but we will most likely do the 10-mile compass hike. For more information, call Margaret Dixon 795-8634.

THURS. NOV. 16 - MONTHLY MEETING AT KINGSWAY CHURCH, ROOM 24.

SUN. NOV. 26 - ARKABUTLA, MS. Shake off that post-Thanksgiving torpor and join us for a leisurely Sunday afternoon hike. Meet us at noon in the Piggly Wiggly parking lot at Perkins and Knight Arnold. Hike begins at 1:00 pm at

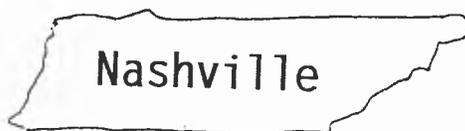
the Arkabutla Dam. We'll do an easy 5-mile walk through a lovely bottomland forest. Bring snacks and water. For information, call Ralph Gabb 357-1719.



Meets the third Tuesday of each month at 7:00 pm at St. Mark's Methodist Church.

NOV. 21 - CHAPTER MEETING.

Wendy Allsbrook and Rob Javier will be presenting slides and stories about their recent 28-day, 250-mile backpack on the John Muir Trail in California. They will tell how trail coffee was made and how to get coffee when 100 miles from nowhere. They have been working in Yosemite Nat'l Park for the last 2 years.



No monthly meeting in November.

HIKING HOTLINE 367-7045

FRI. NOV. 24 - SHELBY BOTTOMS.

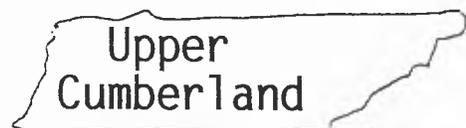
The Barnetts' day-after-Thanksgiving hike this year will be at Shelby Bottoms Natural Area along the Cumberland River in Nashville. Meet at 1:00 pm (that gives the shopaholics a few hours to shop before

292-4161 * Jim Thomas

hiking), at the Shelby Park Community Center). Take the Shelby St. exit off the downtown Interstate loop and head away from downtown on Shelby St. Just as you get to the entrance to Shelby Park, turn left on S. 20th and you'll see the Community Center on your right. We'll carpool from there to the trailhead. Hike will be approx. 3-4 miles. We promise we won't make you pitch mulch, push wheelbarrows or clear brush off trails; we'll enjoy the handiwork of the Metro Parks Dept. and a couple hundred citizen trail volunteers. Call Bob or Arleen Barnett to preregister or for additional details 832-6484 or 343-0013.

SAT. NOV. 25 - SHORT SPRINGS

NATURAL AREA. Come join the Barnetts for a "Give Thanks Hike" at the state's newest natural area. The Barnetts are thankful for the protection afforded Short Springs by its designation as a state natural area and thankful for the volunteers who helped build 2-3 miles of trail at Short Springs this past spring. Meet at 9:30 am for a 2 hour hike on the new trails and old favorites. Bob and Arleen will be decked out in Vandy black-and-gold (Arleen), and UT orange (Bob) so wear your colors. Meet at the Dairy Queen on Hwy 55 in Tullahoma. We'll carpool/caravan from there to the trailhead (without the scenic tour of Tullahoma, hopefully). Call Bob or Arleen 832-6484 or 343-0013.



Malcolm
646-8562

ADOPT-A-TRAIL



TRAIL MAINTENANCE VOLUNTEERS NEEDED! If you would like to be placed on a call list for trail maintenance, contact Rob Weber at (615) 952-2949 for details.

If you are interested in maintaining a particular trail or section of trail, please contact Harold Draper, Adopt-A-Trail Coordinator at (423) 689-7757.

SHELBY BOTTOMS VOLUNTEER DAY

On Saturday, Oct. 7, approximately 150 people gathered to dedicate Metro Nashville's 810-acre natural area along the Cumberland River at Shelby Bottoms. It was heartwarming to see children, college students, council members, senior citizens, State officials, neighborhood residents, baby boomers and the Mayor present to lend a hand. As Mayor Bredesen so aptly put it, "Long after the Oilers have moved on to another city, and long after the Arena has been torn down to be replaced by a new structure, this natural area will be here for the people of Nashville and my great grandchildren to enjoy." The Parks Dept. had cleared paths and deposited strategic piles (mountains to be exact) of mulch to be loaded into wheelbarrows and spread on designated sections of walking trails. They provided wheelbarrows and tools, and even arranged for trolleys to transport trail volunteers. TTA members Ann Tidwell, Bob Richards and Bob Brown have been instrumental in bringing about natural area status for this land. TTA members Jim Poteet, Jim and Jenice Johnson, Bob Brown, and Bob and Arleen Barnett served as crew leaders on the work day. 95% of the walking trails were mulched that day. The multi-use trails will be paved by the Parks Dept. before too long. Once completed, there will be 3-4 miles of outstanding walking/biking/skating/birding/wildlife viewing trails for Tennesseans to enjoy.

Handwritten notes: 952-2949, Rob Weber, 952-2949

DON'T FORGET TO RENEW YOUR MEMBERSHIP DUES FOR 1996!

ORDER FORM

<input type="checkbox"/> Hiking Tennessee Trails, 4th Edition	\$ 9.95
<input type="checkbox"/> TTA Adopt-A-Trail Manual	3.00
<input type="checkbox"/> 25th Anniversary TTA Patch	3.00
<input type="checkbox"/> TTA Window Decal	1.00

Prices include postage. Mail your check payable to TTA to: TTA Membership Director, P.O. Box 41446, Nashville, TN 37204

MEMBERSHIP FORM

Memberships are based on the Jan-Dec. calendar year, unless you have a Life Membership. Please register me for the 1996 calendar year.

<input type="checkbox"/> Student	6.00	MAIL TO: Membership Director
<input type="checkbox"/> Individual/Family	15.00	Tennessee Trails
<input type="checkbox"/> Supporting \$30,\$40or	50.00	P. O. Box 41446
<input type="checkbox"/> Life	150.00	Nashville, TN 37204

NAME: _____ DATE: _____
(PLEASE PRINT CLEARLY)

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ HOME PHONE: _____

WORK PHONE: _____ PLEASE LIST ME WITH THE FOLLOWING CHAPTER:

<input type="checkbox"/> CLARKSVILLE	<input type="checkbox"/> EAST TENN	<input type="checkbox"/> MURFREESBORO	<input type="checkbox"/> UPPER CUMBERLAND
<input type="checkbox"/> CUMB MTN	<input type="checkbox"/> MEMPHIS	<input type="checkbox"/> NASHVILLE	<input type="checkbox"/> AT LARGE

ALL NEWSLETTER SUBMISSIONS DUE BY THE 15TH OF THE MONTH. MAIL TO: ARLEEN BARNETT,
NEWSLETTER EDITOR, P.O. BOX 41446, NASHVILLE, TN 37204

1995 TTA LEADERS

President:	Rob Weber (615) 952-2949	Adopt-A-Trail:	Harold Draper (423) 689-7757
Vice-President:	Jim Johnson (615) 356-6246	Clarksville Chapter:	J.R. Tate (615) 326-5453
Corres. Sec./Treas.:	Judy Cleary (615) 473-8136	Cumberland Mtn.:	Marvin Shanks (615) 879-9765
Secretary:	Evelyn Tretter (615) 859-0566	East Tennessee:	Harold Draper (423) 689-7757
Board Rep:	Heloise Shilstat (615) 896-6278	Memphis:	Debbie Gilbert (901) 454-0613
Board Rep:	Bertha Chrietberg (615) 896-1146	Murfreesboro:	Mike Harvey (615) 893-9594
Board Rep:	Bessie Daniel (615) 647-4837	Nashville:	Jim Poteet (615) 377-4777
Membership:	Ninez Giles (615) 297-2281	Upper Cumberland:	Paul D. Miller (615) 526-9259
Cumberland Trail:	Bob Brown (615) 352-7474		

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Come Hike With Us!
P. O. Box 41446
Nashville, TN 37204

