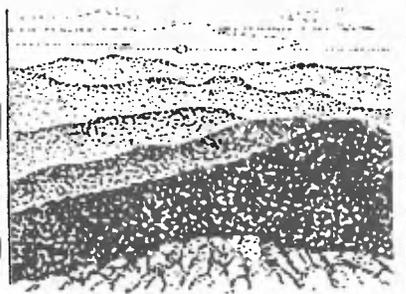


TENNESSEE TRAILS

The monthly newsletter of the Tennessee Trails Association



TTA OBJECTIVES: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail.



1996 HIKE SCHEDULE - JUNE - DEC

DATE CHAPTER

HIKE/ACTIVITY

JUNE

1	Nashville	National Trails Day - Trail Work at Short Springs
1	Nashville	National Trails Day - Natchez Trace Hike
1	East Tennessee	National Trails Day - Work Day Whites Creek TVA Small Wild Area (Joint TTA/TCWP Project)
1	Plateau	National Trails Day - Savage Gulf North Rim Trail
?	East Tennessee	Honey Creek, Big South Fork
8	Murfreesboro	Franklin Forest, Tom Pack Trail

JUNE 1996 (CONT'D)

8	Upper Cumberland	Grundy Forest/Foster Falls Hike/Swim
8-9	Nashville	Beginner's Backpack - Savage Gulf
9	Memphis	Wolf River Canoe Float
11	Nashville	Radnor Lake Evening Hike
14	Cumberland Mtn.	Double Waterfall Trail, Pickett S.P.
15	Nashville	Fiery Gizzard at South Cumberland
15	East Tennessee	Honey Creek
15	Plateau	Virgin Falls
22	Clarksville	Smoky Mountains
22	Cumberland Mtn.	Yahoo Falls, Big South Fork
22	Murfreesboro	Virgin Falls Backpack/Day Hike
22-23	Nashville	Appalachian Trail Segmentally
29	Plateau	Piney River

JULY 1996

6	Murfreesboro	Swimming Hole Hike, Rock Island S.P.
13	East Tennessee	Big South Fork
13	Nashville	Rutledge Falls
14	Memphis	Spring River Canoe Float
20	Murfreesboro	Duck River Canoe Trip/Lunch at Cortner Mill
20	Clarksville	Pontoon Boat Ride
20	Cumberland Mtn.	Middle Creek Nature Loop, Big South Fork
27	Nashville	Twin Arches, Big South Fork
27	Upper Cumberland	Black Mtn. Sit Out

AUGUST 1996

3	Murfreesboro	Tim's Ford Sunset Hike
10	Upper Cumberland	High Rock Plus
9-11	Nashville	Smokies Campout/Mt. LeConte
17-18	Nashville	Appalachian Trail Segmentally
18	Nashville	Honey Creek
24	Clarksville	White Water Rafting, Location TBA
24	Cumberland Mtn.	Lone Mtn. Trail, Morgan County
?	East Tennessee	TBA
24-25	Murfreesboro	Tennessee Aquarium/Lookout Mtn. Hike
25	Memphis	Annual Picnic, Location TBA

SEPTEMBER 1996

7	Murfreesboro	Buggy Top Trail/Lost Cove Cave
14	East Tennessee	Indian Boundary
14	Upper Cumberland	Stone Door/Big Creek Gulf/Rim
21	Clarksville	Fiery Gizzard
21	Cumberland Mtn.	Slave Falls, Big South Fork
21	Memphis	Village Creek S.P., Arkansas
21-22	Murfreesboro	Mammoth Cave Weekend
21	Nashville	Montgomery Bell S.P.
21-22	Nashville	Appalachian Trail Segmentally
28	East Tennessee	Piney River
28-29	Nashville	Big South Fork Bike Hike

OCTOBER 1996

4-6	Memphis	Shawnee Nat'l Forest, Giant City, Illinois
5	Murfreesboro	Greeter Falls to Stone Door
5-6	Nashville	Big South Fork
12	East Tennessee	Curry Mtn., Smoky Mtns.
12	Nashville	Virgin Falls
12	Upper Cumberland	Franklin State Forest
13	Nashville	Shiloh Military Parkway
19	Clarksville	Indian Town Bluff
19	Cumberland Mtn.	Blue Heron Loop, Big South Fork
19	Memphis	Ft. Pillow S.P.
19-20	Nashville	Appalachian Trail Segmentally
26	Clarksville	Annual Bonfire
?	Nashville	Mammoth Cave Hike/Overnight Camping

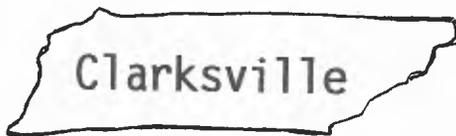
NOVEMBER 1996

2	Memphis	Meeman-Shelby Forest State Park
2	Murfreesboro	Burgess Falls and Fall Creek Falls
3	Nashville	Rock Creek Loop, Big South Fork
9	Cumberland Mtn.	Charlie's Bunion, Smoky Mtns.
9	Upper Cumberland	Bear Waller Gap
15-17	All Chapters	Annual Meeting, Cedars of Lebanon S.P.
17	East Tennessee	Porter Flats, Smoky Mtns.
23	Clarksville	Savage Gulf Overnight
23	Murfreesboro	Montgomery Bell S.P.
29	Nashville	Old Stone Fort

DECEMBER 1996

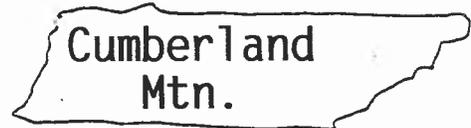
1	Murfreesboro	Stones River Battlefield & Greenway
6	Cumberland Mtn.	Frozen Head Nativity Scene Car Hike
7	Memphis	Herb Parsons Lake
7	Nashville	Shelby Bottoms
14	Upper Cumberland	Virgin Falls
19	Memphis	Christmas Party
21	Clarksville	Christmas Party
28	East Tennessee	Brady Mtn.
28	Memphis	Holiday Hike, Location TBA
30	Murfreesboro	New Year's Hike, TBA

CHAPTER NEWS



Meets the third Tuesday at 7:00 pm in the Community Room at Governor's Square Mall.

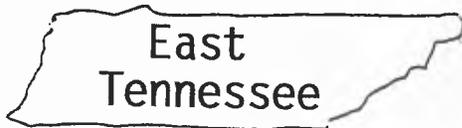
JUNE 22 - SMOKY MOUNTAINS. Call Bob and Wanda 358-3338.



JUNE 14 - DOUBLE WATERFALL TRAIL, PICKETT STATE PARK. Ella Jones, our expert on the Pickett State Park Trails, will lead the Cumberland Mtn. Chapter on this easy 5 mile stroll through the beautiful woods in the park. We will meet at the Jamestown Hardee's at 9:00 Central Time and drive to the Pickett Park Superintendent's Office where we will meet Ella at 10:00. Join us for a fun and

informative hike. Call Bob Washburn 1-800-841-5210 if you have questions.

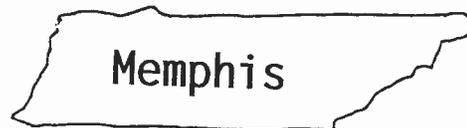
JUNE 22 - YAHOO FALLS, BIG SOUTH FORK. 3.5 miles moderate. We will hike the trails above and below the falls. Meet at intersection of Hwys 27 and Ky 700 just north of Whitley City, KY at 10:00 am Central Time. Call Bob Washburn 1-800-841-5210 to confirm that this trip is still planned and for additional details.



JUNE 1 - NATIONAL TRAILS DAY. TRAIL MAINTENANCE DAY AT WHITES CREEK TVA SMALL WILD AREA. In cooperation with Tennessee Citizens for Wilderness Planning, we will do light trail maintenance (trimming bush, painting blazes) on this 4-mile trail between Spring City and Harriman. Meet at 9:00 am at Big Turtle Park in Oak Ridge or 10:00 am at the trailhead between Harriman and Spring City. Bring work gloves, lunch and drink. Tools provided. For more info, call Judith at (423) 632-1592.

JUNE 15 - HONEY CREEK IN BIG SOUTH FORK. Trail is approx. 5 miles in length. One of the most beautiful trails in Tennessee, but difficult with boulders, stream walking and caged ladders. Meet at 9:00 am in the parking lot at Wartburg Central High School on State Hwy 62 or at trailhead at 10:00 am Eastern Time. Bring lunch and drink. For more info, call Keith at (423) 376-4827.

TRIP REPORTS - We were rained out three hikes in a row! Sally Jaunsen led a hike to Frozen Head and we made it as far as the field of white trillium on Panther Branch Trail. Carson Brewer was just in the middle of explaining how to tell the difference between a sugar maple and red maple at River Bluff Trail. Ken Cole prepared a great historical hike on the Norris watershed, but got rained out too. We believe the odds are in favor of sunshine on National Trails Day!



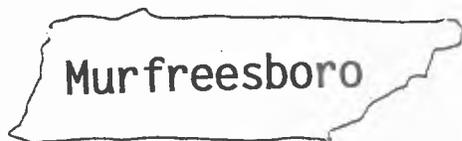
Meets the third Thursday of each month at 7:30 pm in Room 24 of the Sunday School Bldg. at Kingsway Church.

PLEASE NOTE: THERE IS NO MONTHLY MEETING IN JUNE OR JULY.

JUNE 9 (SUNDAY) WOLF RIVER CANOE FLOAT. As of press time, we had

not decided which section of the Wolf we wanted to canoe. For starting time, meeting place and other details, contact Norma McMinn at (901) 785-1479.

We'd like to thank everyone who turned out at the April meeting to discuss the future of Shelby Farms' trails. The Tennessee Department of Environment & Conservation has recommended that bicycles be banned from the Lucius Burch State Natural Area. Most members of Memphis TTA believe this is a reasonable and necessary course of action. There doesn't seem to be any other way to save the trails.



Meets the third Tuesday of each month at 7:00 pm at St. Mark's Methodist Church.

JUNE 8 - FRANKLIN STATE FOREST, TOM PACK TRAIL. Contact Mike Harvey 893-9594 for additional details.

JUNE 22-23 - VIRGIN FALLS BACKPACK/DAY HIKE. Call Mike Harvey 893-9549 for additional details.

Editor's Note: It was 93 degrees when I was typing this issue of the newsletter and the following trip report sounded COOL!

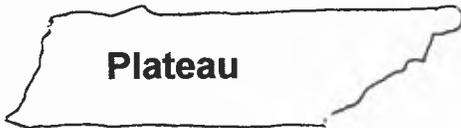
March 9-10 had been scheduled for a weekend of hikes on Section 5 of the

Cumberland Trail. Mark Hall and myself had planned since January to camp at Cumberland Mtn. State Park so we would be close to the trail. We did not expect to have near record cold temperatures that weekend, but Mark Hall, Allen Ragland and I braved 2 cold nights in a tent. We got several glances at the campground from folks in their warm RV's. Saturday, Gerry K. and Patti from M'boro joined us for a short hike on the lake trail in the park. It was beautiful! There was snow everywhere and icicles on the rock overhangs. The lake had a good crust of ice in shaded places. We had a sandwich at camp and then drove to the top of Black Mtn. for the view. It was great! It actually seemed warm on the mountain. We had a great time tromping in the snow and exploring the boulders on top. We said goodbye to Gerry and Patti and started thinking about supper preparations. I fixed a chicken and rice meal in the dutch oven and Mark fixed a peach cobbler for dessert. We received more stares from the RV'ers as we ate our meals with gloves on. It was getting "cold" by that time. The thermometer I brought for the occasion was moving toward zero very fast. Mark said it read below zero when we finally turned in but we slept very comfortably, though Mark said his fleece blanket inside his sleeping bag got turned around over his face during the night and ended up stiff from his frozen breath. And he must have been breathing pretty hard from all the firewood he sawed during the night!

Allen had already decided Sunday morning that he would not be outdone by our cooking Sat. night, so he fixed a wonderful country breakfast for us. We had a good time. Would we do it again? You bet! On the way home we decided to try and find Fanchers

Falls. We were close, but would not have found it if Mark had not stopped and asked someone. It turned out the person he asked was the man who had just sold the property with access to the falls. So the kind gentleman showed us the falls. It is a beautiful falls that dumps right into Center Hill Lake. Unfortunately, there will soon be a house built right at the falls. The new property owner has said that he will continue to let people in to view the falls. We hope so.

--Mike Harvey



Meets the third Thursday in the Crossville Housing Authority Meeting Room.

JUNE 1 - NATIONAL TRAILS DAY. SAVAGE GULF NATURAL AREA. 6.3 miles one way, easy to moderate terrain. Led by Matt Looney 788-5018.

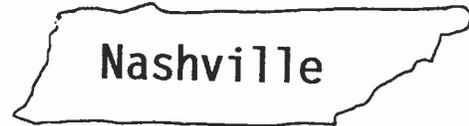
JUNE 15 - VIRGIN FALLS. 4 miles one way, moderate conditions, led by Vicky Perdue.

JUNE 29 - PINEY RIVER. 10 miles, easy to moderate conditions.



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NOTE: Unless otherwise indicated, all hikes depart from the Cumberland Mtn. S.P. Visitors Center at 8:00 am. For additional info, call Mary Kelly at (615) 456-7749.



Meets the fourth Thursday of each month at 7:30 pm at the Cumberland Science Museum.

HIKING HOTLINE 367-7045

JUNE 1 - NATIONAL TRAILS DAY. HIKE ON THE NATCHEZ TRACE NATIONAL SCENIC TRAIL. Please see the full page description of this hike on page 9.

JUNE 1 - NATIONAL TRAILS DAY. WORK DAY AT SHORT SPRINGS STATE NATURAL AREA. Meet at 9:00 am Central Time at the Dairy Queen on Hwy 55 in Tullahoma. We'll caravan from there to the trailhead. The work will include using fire rakes to clear leaf cover from the 1 1/2 miles of trail built last spring, a few blowdowns to chainsaw, trash pickup, minor pruning, and countour work to finish the last 400 yards of the trail. We may also dedicate and erect the Short Springs State Natural Area sign provided by the State's Division of Natural Heritage. Then we can PLAY! There are waterfalls, huge old trees, and wildflowers to see and creeks to wade in.

You don't have to be a manly man to help with this work day--we'll accept men, women and children. Fire rakes, mattoxes, shovels and trash bags will be provided. We do need at least one person with a chainsaw. Bring work gloves, pruning shears, lunch, sunscreen and lots of water. Call Arleen Barnett 343-0013 for additional info and to register to volunteer.

JUNE 8-9 - BEGINNER'S BACKPACK TO SAVAGE GULF/FALLS. We'll hike 3 miles from the Ranger Station to the Savage Falls Campsite. After making camp, we will continue to hike along the South Rim. All trails are easy to moderate. Please call Libby Francis 889-5718, to preregister and discuss meeting times and places. If you need backpacking gear or have any questions, give Libby a call.

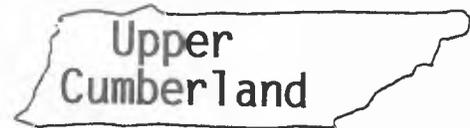
JUNE 15 - FIERY GIZZARD TRAIL near Tracy City, TN. Approx. 5 miles easy. We will hike the first two miles of the Fiery Gizzard trail down as far as the area known as the "Fruitbowl" and then return on the same trail. On the way back we will hike the short one mile loop that passes by the "old swimming hole." We will meet at the Service Merchandise parking lot at Hickory Hollow Mall at 8:00 CDT to carpool, or at the South Cumberland Recreation Area Visitors Center (located between Monteagle and Tracy City on Hwy 41) at 9:45 am CDT. We will then proceed to the trailhead in Tracy City. Call Mike Schreiner at (615) 889-2962.

TUESDAY, JUNE 11 - RADNOR LAKE. Need an after-work stress reliever? Come hike with us at Radnor Lake at 5:30 pm. We'll meet at the western parking lot by the

Visitor Center. If you need directions, call Sally Garrard 646-4079(h) or 269-8006 (w).

JUNE 22-23 - APPALACHIAN TRAIL SEGMENTALLY #3. Depart from Neel's Gap, Saturday morning. Overnight on the AT; finish at Unicoi at noon on Sunday after a 21 mile hike in 2 days. **PREREGISTER** with Len Toledo at (540) 223-3020 or Judith Foster at (615) 386-9630.

JUNE 27 - PROGRAM MEETING. An interesting program will be presented by TTA member, Spencer Knoch. Spencer is a backpacker guide and owner of Little Tree Adventures. He leads hikes in East Tennessee and central Maine. He will show slides from his 1992 thru hike of the Appalachian Trail, and share backpacking pointers.



Meets the first Tuesday of each month at various locations.

JUNE 8 - GRUNDY FOREST/FOSTER FALLS/HIKE/SWIM. Call Paul Miller at (615) 526-9259 or Bonnie Greene at (615) 836-3696 for additional info.



NATIONAL TRAILS DAY
June 1, 1996
Hike on the Natchez Trace
National Scenic Trail

Our hike will start at 8:00 am CDT at the Garrison Creek Parking Area near the site of the bivouac of U.S. Army troops who worked in 1801-02 to improve the old Natchez (or Chickasaw) Trace into a wagon road. Here we quickly climb to the crest of Butler Ridge named for Captain Thomas Butler who commanded those troops. Following the ridgetop southward 1.7 miles we will be walking the longest unimproved section of the old Natchez "Army Road" remaining in Tennessee.

At the Old Trace Parking Area the National Scenic Trail leaves the ridgetop, but the route of the "Army Road" continues along the ridge, shortly becoming a county road. Our trail, meanwhile, winds and climbs over two spurs on the east side of the ridge before descending into Davis Hollow (named for an early settler) to the Burns Branch Parking Area, 1.5 miles from the Old Trace Parkway Area.

From here we walk up botanically rich Burns Branch Hollow 1.4 miles to the top of Duck River Ridge, the watershed divide between the Cumberland and Tennessee Valleys and, until 1805, the eastern boundary of the Chickasaw Nation. At this point the "Army Road", built northeastward alongside a ridge, diverges from the ancient Chickasaw Trace which follows alongside Burns Branch in a more northerly direction. Here, at the Tennessee Valley Divide Parking Area, those satisfied with having done a moderately strenuous 5 miles may catch a shuttle back to Garrison Creek at noon.

From this point the hike will continue at a faster pace another 10 miles generally following the now coincident routes of the "Army Road" and the centuries old Chickasaw Trace along the divide between the watersheds of Leipers Creek and Lick Creek, both tributaries of Duck River. This moderately hilly section ends at the Highway 7 Staging Area which we should reach by 5 p.m., when a return shuttle to Garrison Creek will be provided.

Anyone wishing to hike the remaining 10 miles of the National Scenic Trail southward to the trailhead near John Gordon's Ferry on Duck River (which he started in 1802) will be met about 8:00 p.m. at the Highway 50 Staging Area by the return shuttle to Garrison Creek.

Drinking water will be available at the Tennessee Valley Divide Parking Area and the Highway 7 Staging Area and midway between these points as well as midway between Highway 7 and Highway 50.

Hikers wishing to use any of the return shuttles to Garrison Creek should preregister, indicating which shuttle they need. To preregister, send your name and the number of people in your party no later than May 25, 1996 to Bob Brown, 123 Blackburn Avenue, Nashville, TN 37205.

--Bob Brown



MEMBERSHIP FORM

Memberships are based on the Jan-Dec. calendar year, unless you have a Life Membership. Please register me for the 1996 calendar year.

Student \$ 6.00
 Individual/Family \$ 15.00
 Supporting \$ 30,\$40 or 50.00
 Life \$150.00
 Corporate Sponsor \$ _____
Amt. Enclosed

NAME: _____ DATE: _____

(PLEASE PRINT CLEARLY)

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ HOME PHONE: _____

WORK PHONE: _____ PLEASE LIST ME WITH THE FOLLOWING CHAPTER:

CLARKSVILLE CUMBERLAND MTN EAST TENN MEMPHIS NASHVILLE
 PLATEAU UPPER CUMBERLAND

PLEASE CHECK ONE: NEW MEMBER RENEWAL

MAIL TO: TTA MEMBERSHIP DIRECTOR, P.O. BOX 41446, NASHVILLE, TN 37204

1996 TTA LEADERS

President: Harold Draper (423) 689-7757
Vice-President: Jim Poteet (615) 377-4777
Treasurer: Judy Cleary (615) 473-4673
Secretary: Evelyn Tretter (615) 859-0566
Board Rep: Ray & Martye Burkett (901) 357-9183
Board Rep: Bertha Chrietberg (615) 896-1146
Board Rep: Bessie Daniel (615) 647-4837
Membership: Ninez Giles (615) 297-2281
Cumberland Trail: Bob Brown (615) 352-7474
Adopt-A-Trail: Harold Draper (423) 689-7757
Clarksville Chair: James Neblett (615) 387-3317
Cumberland Mtn: Jeannie Chambers (423)569-5610
East Tennessee: Judith Bartlow (423) 494-9421
Memphis: Debbie Gilbert (901) 454-0613
Murfreesboro: Mike Harvey (615) 893-9594
Nashville: Libby Francis (615) 889-5718
Plateau: Mary Kelly (615) 456-7749
Upper Cumberland: Paul D. Miller (615) 526-9259

Newsletter submissions due by
15th of the month. Mail to:
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TN 37204.

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Come Hike With Us!
P. O. Box 41446
Nashville, TN 37204