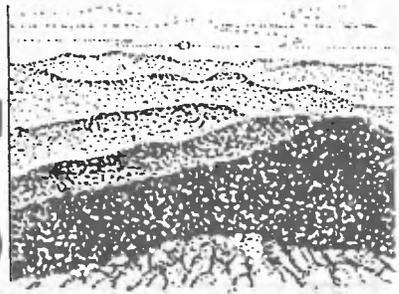


# TENNESSEE TRAILS

The monthly newsletter of the Tennessee Trails Association



## *SPECIAL PLACES*

*by Bob Barnett*

*The mention of Maine conjures up images of majestic Mt. Katahdin beckoning people to start or finish a journey on the Appalachian Trail. For many, Maine brings to mind places like Acadia National Park or Quoddy Head State Park, where smashing surf seems to applaud the sights to be seen.*

*Rachel Carson Wildlife Refuge is not as visually dramatic as the aforementioned places, but a protected salt marsh is an appropriate natural sanctuary saluting one of the most significant people of the 20th century--Rachel Carson. Rachel Carson worked for the U.S. Fish and Wildlife Service first as a biologist and then as a writer-editor. Her best known book *Silent Spring* (1962) challenged the widespread use of pesticides. Her writings fundamentally changed society's outlook on the environment.*

*Salt marshes are not as common in Maine as they are further south. Maine's rugged coast has few sheltered bays where waves slow to ripples and cordgrass can take root and build a marsh. To really experience the drama of a salt marsh, you must spend a full day or make periodic visits to catch the tide at different stages. Marshes are flooded and drained twice a day by meandering tidal creeks. The continual exchange of water and nutrients among the upland, marsh and ocean keeps the marsh thriving and helps support a complex marine food web, not to mention the pollution-reducing qualities of salt marshes.*

*Rachel Carson wrote, "All the life of the planet is interrelated...each species has its own ties to others, and...all are related to the earth." (from *The Sea Around Us*, 1951) I've only been to Rachel Carson Wildlife Refuge twice, and walked the one mile loop trail through upland forest and salt marsh, with views of the nearby ocean waves, but feel privileged to have experienced this sanctuary.*

## CHAPTER NEWS

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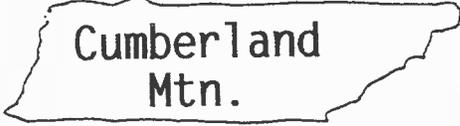
### Clarksville

Meets the third Tuesday of each month at 7:00 p.m. in the Community Room at Governor's Square Mall.

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AUG. 24 - WHITEWATER RAFTING. Location TBA. Call James Neblett (615) 387-3317 for details.

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### Cumberland Mtn.

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AUG. 24 - LONE MOUNTAIN TRAIL, MORGAN COUNTY. Call Jeannie Chambers (423) 569-5610 or Bob Washburn (800) 841-5210 for details.

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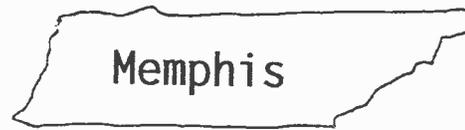
### East Tennessee

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AUG. 3 - NORRIS WATERSHED. Moderate 5-mile hike. Meet at Lenoir Museum on Hwy 441 near Norris Dam at 10:00 am. Trail features peaceful stream, remnant foundations of a 1930's CCC Camp, and 1800's grist mill site. Hikers should bring sack lunch and drink. Call (423) 494-6810 for additional information. This is a good family outing. Everyone is welcome.

AUG. 11 - HADRIANS WALL DINNER AT NEW CHINA PALACE. Ray Weymer will share his Hadrians Wall hiking trip at a dinner meeting at the New China Palace on Melton Lake Drive in Oak Ridge on Sunday evening, Aug. 11 at 6:00 pm. Hadrians Wall of defense for the Roman province of Britain was constructed by Hadrian in 121 A.D. between England and Scotland, and was considered to be the greatest Roman civil engineering accomplishment. The 70 miles long wall can still be walked today. Please call Judith at (423) 494-9421 to make a

reservation for dinner by Aug. 7th.



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Meets the third Thursday of each month at 7:30 p.m. in the Scout Building at Kingsway Church. PICNIC MEETING FOR AUGUST. SEE DETAILS BELOW.

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AUG. 25 (SUNDAY) - ANNUAL PICNIC. We had such a great time at John Martin's house last year that he has (bravely) invited us back! He lives in Raleigh beside the placid Lake Windermere. To get there: from Austin Peay, go west on Stage Rd. Turn right on Homewood, then left on Lakewood Drive. Look for 3876 South Lakewood. It's the last house on the right, before you reach the dam. If you get lost, whip out your cellular phone and call John at 386-3722.

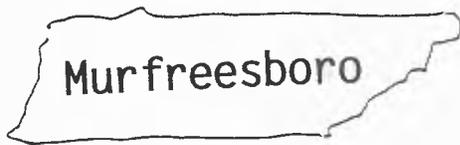
Picnic begins at 2:00 pm. It's potluck, so bring some good vittles. Also, a beverage and a lawn chair. The more adventurous folks may want to try boating on the lake. We will also hold our monthly meeting during the picnic, so bring any business you wish to discuss.

### TRIP REPORTS

*Fourteen people celebrated National Trails Day on June 1st by volunteering labor at TVA's Whites Creek Trail. TTA members joined with Tennessee Citizens for Wilderness Planning to repaint blazes, clear brush, and pick up litter. Trail is in fine shape.*

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*Fourteen hardy folks hiked Honey Creek Trail at Big South Fork June 15th. This trail was a first for several new hikers, and we had a great time. We found standing under waterfalls to be especially refreshing.*



Meets the third Tuesday of each month at 7:00 p.m. at St. Mark's Methodist Church.

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AUG. 3 - TIM'S FORD SUNSET HIKE. Call Mike Harvey (615) 893-9594 for details.

AUG. 24-25 - TENNESSEE AQUARIUM AND LOOKOUT MTN. HIKE. Call Mike Harvey (615) 893-9594 for details.

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Meets the fourth Thursday of each month at 7:30 p.m. at the Cumberland Science Museum.

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### **HIKING HOTLINE 367-7045**

AUG 9-11 - SMOKIES CAMPOUT. We will camp at Elkmont again this year and on Saturday we will hike to Mt. LeConte via Alum Cave Bluff Trail. This is a difficult hike because of the change in elevation. Call Paul Smith for more info at 270-8766.

AUG. 17-18 - APPALACHIAN TRAIL SEGMENTALLY. Call Judith Foster (615) 386-9630 or Len Toledo (540) 223-3020 for details.

AUG. 18 - HONEY CREEK IN BIG SOUTH FORK. Call Hiking Hotline for details.

AUG. 22 - PROGRAM MEETING. Charlie Hann and Jennifer Small will be sharing with us slides made during their trip to New Zealand. They will have many interesting stories to tell, and the scenery will be beautiful. Make plans to join us and bring a friend. We will have refreshments following the meeting.

### *TRIP REPORT*

*On June 15th, ten of us hiked the beginning of the Fiery Gizzard Trail from the trailhead in Tracy City to the "Fruitbowl" area about two miles in, and then back again with a circuitous route around the day loop trail for a total distance of 4.5 miles. Fiery Gizzard creek was flowing nicely and the view along the whole trail was breathtaking. The temperature cooperated and stayed in the low 80's to make the hike even more enjoyable. The only problem was the fact that it had rained the two days previous, making the rocks and exposed tree roots very hazardous to walk on. This resulted in about half of the hikers taking minor spills during the excursion with the only real damage being done to their collective pride. Veteran hikers Marietta Matthews, Elizabeth Gerlock, Judith Foster, Andrew McQueen, and Kathie McKenzie were in attendance as were new hikers Marilyn Manning, Paula Lee, Jim Holmes, and Pat Burns.*

*--Mike Schreiner*

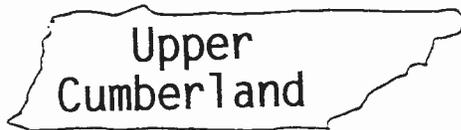


Meets the third Thursday of each month at 7:00 pm in the Housing Authority Meeting Room in Crossville.

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No hikes planned due to summer heat and vacations.

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Meets the first Tuesday of each month at various locations.

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AUG. 6 - CHAPTER MEETING AND WALK/COOKOUT AT BURGESS FALLS. Come early for a walk to the falls and back. Bring picnic foods. We will try to have a speaker to tell us about the possibilities for adding nearby Window Cliffs to the present park. The park closes just before sundown, so we will need to be out by 7:15 or so. Meet at the park at 5:00 to walk; 6:00 for cookout and meeting. Contact Paul & Pam Miller (615) 526-9259.

AUG. 10 - HIGH ROCK PLUS HIKE. 2-6 miles, moderate to strenuous. Hike to the best panoramic view this side of Scott's Gulf. A steep climb up! Weather permitting

we will hike on to see some of the other sights and places in the woodlands nearby. Meet at First Union Bank in Sparta at 9:00 am. Contact Bonnie Greene (615) 836-3696.

SEPT. 3 - CHAPTER MEETING AT MARNELL'S RIVERSIDE HOME IN SPARTA. Walk and sit beside the lazy river. Bring picnic foods. Meet at First Union Bank in Sparta at 6:00 pm to shuttle to Marnell's.

#### TABLE ROCK HIKE, MAY 11

*It seemed as if it might just be Riley and me. Then Denise Charvos showed up at Penney's. We carpoled to Monterey to Hardee's. In spite of the spitting drizzle, Barbara Phifer, Carol Swindell, and David Collins from Nashville were there to meet us. I led the way as we used a topographic map and compass to find the cemetery at the east end of Tablerock Ridge. Maps are wonderful inventions! We drove right to it.*

*About that time the rain stopped. We took our raincoats on the trail, but ended up not needing them. The woods were damp and dense. Using the map and compass again, I found a logging road we could walk up. It did not take Denise long to rate this hike as moderate to strenuous. I think she said at least a half dozen times, "No way is this an EASY trail." It was a steep climb, just not a long one. The top of the ridge was only a half mile from where we parked. However, the direct route was impassable, so our walk was about a mile and a quarter.*

*The Table Rocks were there. We had fun climbing around and looking at all the wildflowers on the tops of the rocks. We sat*

*and had a snack and tried to solve the troubles of the world while we soaked in the view. The sun even shined for us. Isn't it something how the troubles of the world are always so clear and easy to solve when you are in the woods? The hike was quiet and the woods were peaceful and serene.*

*After the hike, several of us went over to Barbara's house in Algood for lunch. Pam eventually joined us and Barbara gave us some wildflowers from her garden. We had some food left over--you should have been there!*

*--Paul D. Miller*

#### TTA BOARD MEETING

A meeting room has been reserved from 2:00-4:00 pm on Saturday, August 24, 1996, at Brandon Springs Group Camp on the Tennessee side of Land Between the Lakes. To get there, head north from Dover, TN into LBL and look for the right turn to Brandon Springs. We will also plan to eat lunch beforehand at 12:30 pm. In addition, I have reserved a dormitory room at Brandon Springs for Sat. night. It sleeps 15. To reserve a spot, board members and others who wish to attend, should call me. If there is interest, I will also contact LBL to see if we can do some trail maintenance on Sat. morning.

--Harold Draper  
(423) 689-7757

Chapter Chairs: Please bring nominations for 1996 TTA Award and Bill Stutz Award. Be thinking about nominations for 1997 TTA Officers also.

TTA has Opryland discount cards for members who request one. Send a self-addressed, stamped envelope to: The Barnetts, 4951 Edmonson Pike, Nashville, TN 37211.

The discounts are good for attractions such as Opryland Theme Park, General Jackson Showboat, Nashville On Stage Concerts, Opryland River Taxis, Ryman Auditorium (selected events), and Christmas in the Park. The discount cards are good for up to six admissions per attraction.





**VIP**

**Big South Fork NRRRA**

*United States Department of Interior*

*National Park Service*

*presents this certificate to*

**T.N. TRAILS ASSOC.**

*In appreciation and recognition  
of your generous contribution  
to the Volunteers In Parks Program.*



*E. Lee Davis*  
**E. Lee Davis**  
Superintendent

*Sue H. Duncan*  
**Sue H. Duncan**  
VIP Coordinator



SOUTH CUMBERLAND RECREATION AREA

- (615) 924-2960
- AUGUST 3 GREETER ROCK HOP---Meet at the Greeter Falls  
1pm Parking Lot. Join Randy for a very strenuous tour  
of an absolutely spectacular area. Waterfalls,  
towering cliffs, and zillions of rocks to be  
expected. 2 miles roundtrip, very strenuous.
- AUGUST 3 LONE ROCK WET HIKE---Meet Stuart at the Grundy  
10am Lakes Parking Lot for a walk around the coke ovens  
which are on the National Historic Register and  
then take a dip in the lake. 1.5 miles roundtrip,  
easy.
- AUGUST 4 OUR BLUE PLANET ---See a 40 minute video filmed by  
1:30pm astronauts in IMAX format. Don't miss this amazing  
video on why water is so important.
- AUGUST 4 RAVEN POINT SUNSET---Join Stuart at the Visitor  
6:30pm Center for an evening stroll out to one of the  
best overlooks in the area. Hopefully, we will  
have a nice sunset and a twilight walk back,  
listening for night creatures. 2 miles roundtrip,  
easy
- AUGUST 10 LOST COVE CAVE TOUR---Meet Stuart at the Carter  
10am Natural Area Parking Lot. Walk the Buggytop Trail  
and spend about an hour exploring the cave with  
the most impressive entrance in the state. Bring  
lunch, extra water, and multiple light sources.  
Wear boots and, if possible, a helmet. 4.5 miles  
roundtrip, strenuous.
- AUGUST 10 GREETER FALLS HIKE---Meet Randy at the Greeter  
10am Falls. Parking Lot. Visit the magnificent falls  
of Greeter and Boardtree Creeks. 2 miles  
roundtrip, moderate.
- AUGUST 11 INTRO TO WILDERNESS BACKPACKING---Join Stuart at  
1:30pm the Visitors Center to learn more about preparing  
for a day hike. Emphasis will be on safety and  
survival. 30-45mins.
- AUGUST 17 LANDSCAPING NATURALLY---Join Stuart at the Visitor  
1:30pm Center for an informative program on the use of  
native species to beautify our homes and the  
dangers of exotics. 30-45mins.
- AUGUST 17 HIDDEN CREVICE HIKE---Meet Randy at the Stone Door  
1pm Ranger Station. Visit Stone Door overlooks and the  
amazing hidden crevice and rock shelters nearby. 2  
miles roundtrip, moderate.
- AUGUST 18 SYCAMORE FALLS HIKE---Join Stuart at the Grundy  
1:30pm Forest Pavillion for the last big swim before  
school starts. After a short hike, we will cool  
off in this beautiful pool. 3 miles roundtrip,  
moderate
- AUGUST 31 WILDFLOWER SLIDE SHOW---Meet Randy at the Stone  
8pm Door Ranger Station for a picture show of the most  
beautiful and interesting flowers of our area. 1  
hour long

## ADOPT-A-TRAIL

**TRAIL MAINTENANCE VOLUNTEERS NEEDED! If you would like to be placed on a call list for trail maintenance, contact Rob Weber (615) 952-2949 for details.**

**If you are interested in maintaining a particular trail or section of trail, please contact Harold Draper, Adopt-A-Trail Coordinator at (423) 689-7757.**

@--- ADT Hopes to Pass This Year ---@

A bill to designate the American Discovery Trail as the 20th long-distance trail under the National Trails System Act was introduced in the House of Representatives (H.R. 3250) and the Senate (S. 1725) in March. At the time of introduction, there were 51 House and 11 Senate co-sponsors. A hearing before the Senate Parks, Historic Preservation and Recreation Subcommittee, held in May, raised no opposition, either from witnesses or Congress Members. The ADT is a top priority for American Hiking and we hope to celebrate the bill's passage this year.

@--- Sterling Forest Purchase Edges Forward ---@

A peaceful escape for easterners and hikers worldwide alike, Sterling Forest, which sits on the New York/New Jersey border, is slated for intense development. It is 17,500 acres of wetlands and hardwood, providing water for 2.7 million New Jerseyans and open space in one of the most populated areas in the United States. The Appalachian Trail passes right through the Forest. The Swiss-owned Sterling Forest Corporation initially hoped to build 13,000 housing units and 8 million square feet of commercial space. An agreement was brokered to purchase 15,280 acres for \$55 million.

A bill authorizing the federal government to pay \$17.5 million toward the \$55 million purchase price has already passed the Senate. This crucial piece of legislation (H.R. 400) is currently before the House of Representatives.

Please contact Speaker Newt Gingrich, President Bill Clinton and your own congressional delegation and ask them to support H.R. 400 and the \$17.5 million it will bring toward the purchase of Sterling Forest. Remind them that the House interior appropriations bill for FY '97 states that Sterling Forest is one of the two highest priority projects in that bill.

@--- Teaming with Wildlife Proposal Stalled ---@

American Hiking Society has urges the International Association of Fish and Wildlife Agencies to improve its Teaming with Wildlife proposal to better reflect the interests of hikers, in concert with conserving wildlife. This proposal, which has not yet been introduced in Congress, will tax manufacturers of outdoor equipment and direct the money to state fish and wildlife agencies.

At a House oversight hearing June 6th, three Congress Members raised serious questions about the efficiency and fairness of the proposal (Committee members Jim Saxton (R-NJ), Peter Torkildsen (R-MA), and Jim Longley (R-ME)). Representatives John Dingall (D-MI) and John Shadegg (R-AZ), who are not members of the committee, indicated their support. Congress is reluctant to support a new tax in an election year and significant opposition is roiling through the outdoor industry and a growing number of recreation groups. Thus, it is unlikely this proposal will move anywhere this year.

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To call your Member of Congress:  
US Capitol Switchboard:  
(202) 224-3121

To write your Senator:  
The Honorable \_\_\_\_\_  
United States Senate  
Washington, DC 20510

To write your Representative:  
The Honorable \_\_\_\_\_  
United States House of Representatives  
Washington, DC 20515

## MEMBERSHIP FORM

Memberships are based on the Jan. - Dec. calendar year, unless you have a Life Membership. Please register me for the 1996 calendar year: \_\_\_\_\_ NEW MEMBER \_\_\_\_\_ RENEWAL

\_\_\_\_\_ Student \$ 6.00 \_\_\_\_\_ Supporting \$30, \$40 or \$50  
\_\_\_\_\_ Individual/Family \$15.00 \_\_\_\_\_ Life Member \$150  
\_\_\_\_\_ Corporate Sponsor \$ \_\_\_\_\_ (Amt. Enclosed)

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_  
(PLEASE PRINT CLEARLY)

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE \_\_\_\_\_

ZIP \_\_\_\_\_ HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_

PLEASE LIST ME WITH THE FOLLOWING CHAPTER:

\_\_\_\_\_ CLARKSVILLE \_\_\_\_\_ EAST TENNESSEE \_\_\_\_\_ MURFREESBORO \_\_\_\_\_ PLATEAU  
\_\_\_\_\_ CUMBERLAND MTN. \_\_\_\_\_ MEMPHIS \_\_\_\_\_ NASHVILLE \_\_\_\_\_ UPPER CUMBERLAND

**MAIL TO: MEMBERSHIP DIRECTOR, TTA, P.O. BOX 41446, NASHVILLE, TN 37204**

NEWSLETTER SUBMISSIONS DUE BY 15TH OF THE MONTH. MAIL TO: ARLEEN BARNETT, NEWSLETTER EDITOR, P.O. BOX 41446, NASHVILLE, TN 37204 OR E-MAIL TO [arleen.barnett@mcmail.vanderbilt.edu](mailto:arleen.barnett@mcmail.vanderbilt.edu)

President: Harold Draper (423) 689-7757  
Vice-Pres: Jim Poteet (615) 377-4777  
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Adopt-A-TraIL: Harold Draper (423) 689-7757  
Clarksville Chair: James Neblett (615) 387-3317  
Cumberland Mtn: Jeannie Chambers (423) 569-5610  
East Tennessee: Judith Bartlow (423) 494-9421  
Memphis: Debbie Gilbert (901) 454-0613  
Murfreeseboro: Mike Harvey (615) 893-9594  
Nashville: Libby Francis (615) 889-5718  
Plateau: Mary Kelly (615) 456-7749  
Upper Cumberland: Paul D. Miller (615) 526-9259

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**COME HIKE WITH US!**  
**P.O. BOX 41446**  
**NASHVILLE, TN 37204**