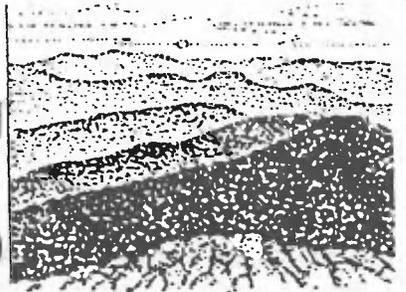


# TENNESSEE TRAILS

The monthly newsletter of the Tennessee Trails Association



## Ozone Falls Natural Area Expands

A land acquisition at the Ozone Falls State Natural Area will allow for new hiking trails and an additional route to the back of the falls.

The 28-acre acquisition was announced in May by Justin P. Wilson, commissioner of the Tennessee Department of Environment and Conservation in ceremonies at the site of the 110-foot waterfall on the Cumberland Plateau.

Ozone Falls is a Class I state natural area, designated for its scenic and recreational value. Wilson announced completion of the project from the top of the falls.

"I am pleased we have completed negotiations and now an additional 28 acres is part of the Ozone Falls State Natural Area," he said. "This ensures the site will be protected and preserved for the enjoyment of all Tennesseans. With Governor Don Sundquist emphasizing the development of greenways and trails as part of our Bicentennial celebration, the addition of land to our natural areas is also very appropriate."

The Commissioner praised the work of local officials and said the support of Representative Shirley Duer was important in getting the project completed.

"It is always good when the interests of the local government, state agencies and the support of legislators come together on a project like this, one that protects our state's natural beauty and resources and provides our citizens with additional opportunities for recreation and enjoying nature," he said.

Rep. Duer said the expansion of the Ozone Falls property was especially pleasing to her because of her concern for preserving the state's natural resources.

"I am appreciative that, in our Bicentennial year, we are putting an emphasis on preserving and protecting the wonderful beauty and outstanding resources Mother Nature has blessed us with," she said.

Cumberland County Executive Brock Hill noted his father, former state Representative Les Hill, was instrumental in the original designation of the falls as a natural site.

"In the early 70's, he played a part in setting aside the original 14 acres of the Ozone Falls State Natural Area," Executive Hill said.

"As a part of the next generation, I am proud and privileged to have worked toward the acquisition of this additional 28 acres. Each generation must renew its commitment to being good stewards of our state's land so as to preserve its nature for future generations."

Ozone Falls was created through geological action framing the 110-foot falls that drop into a gorge. The gorge forest is dominated by hemlock and also has yellow birch, basswood and magnolia trees, as well as a number of plants found throughout the Cumberland Plateau.

--*Crossville Chronicle, May, 1996*

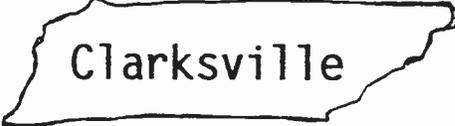
**ATTENTION TTA MEMBERS  
CUMBERLAND TRAIL SECTION I  
TRAIL MAINTENANCE DAY  
SEPTEMBER 21, 1996**

Help! Help! Help! We need volunteers to renovate the portion of CT from Lafollette south. This section of trail wanders along Walden's Ridge, through Royal Blue Wildlife Area, overlooking Lafollette and Cove Lake State Park. We will meet at Cove Lake State Park Office at 9:00 am EST (8:00 am CST). Trail tools and blazing paint will be provided, but we need you to bring hand clippers, gloves, sturdy boots, food and plenty of water. Call Rob Weber at (423) 533-2620 for further details and to sign up.

**SEPTEMBER HIKES AND ACTIVITIES**

7	Murfreesboro	Buggy Top Trail/Lost Cove Cave
7	Nashville	Montgomery Bell State Park
14	East Tenn	Flats Mountain, Cherokee Nat'l Forest
14	Nashville	Mt. Pisgah, North Carolina
14	Plateau	Roosevelt Mtn.
14	Upper Cumb	Stone Door/Big Creek Gulf/Rim
21	Cumberland Mtn	Slave Falls, Big South Fork
21	Memphis	Village Creek State Park, Arkansas
21	Murfreesboro	Mammoth Cave Weekend
21	All Chapters	Cumberland Trail Section I Trail Work
21	Upper Cumb	Frozen Head
28	East Tenn	Piney River
28-29	Nashville	Bike/Hike in Big South Fork
28	Plateau	Icy Cove

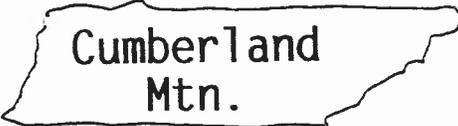
## CHAPTER NEWS



### Clarksville

Meets the third Tuesday of each month at 7:00 p.m. in the Community Room at Governor's Square Mall.

**SEPT. 21 - FIERY GIZZARD.** Call James Neblett for more info, 387-3317.



### Cumberland Mtn.

**SEPT. 21 - SLAVE FALLS, BIG SOUTH FORK.** Call Jeannie Chambers (423) 569-5610 or Bob Washburn (800) 841-5210 for details.



### East Tennessee

**SEPT. 14 - FLATS MOUNTAIN TRAIL IN CHEROKEE NAT'L FOREST.** Meet at Bimbo's Fireworks at the Lenoir City exit at 8:30 am (EST). Hike is 6 miles long, mostly downhill. Will do car shuttle. Call Harold at (423) 689-7757 for more information.

**SEPT. 28 - PINEY RIVER.** Meet at the Harriman Cracker Barrel at 8:30 am (EST) to carpool to trail. Hike is approx. 10 miles in length. Car shuttle required. Sturdy footwear recommended. Hikers should bring lunch, drink and rainwear. Call Mike at (423) 483-1935 for more information.

**TRIP REPORT** - Thirty-five hikers and two dogs had a great hike on Norris watershed trails on August 3rd. The weather was beautiful, and we hiked beside CCC stonework, historic mill ponds, along Clear Creek, over the ridge and back. Ken Cole led his second hike for this chapter.

**GET TOGETHER REPORT** - Twenty five people enjoyed a great evening of slides

and dinner at New China Palace in Oak Ridge on August 11th. Ray Wymer showed slides of his hiking trip along Hadrian's Wall between Scotland and England. Beautiful countryside and interesting history of Roman defense, engineering, and transportation.

--Judith Bartlow



Meets the third Thursday of each month at 7:30 p.m. in the Sunday School Building at Kingsway Church.

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**SEPT. 19 - MONTHLY MEETING.** Hike the Canadian Rockies! Debbie Gilbert will present a program on exploring Banff and Jasper National Parks in Alberta. Learn how to avoid the tour bus crowds--and find out where the bears are.

**SEPT. 21 - VILLAGE CREEK STATE PARK, NEAR FORREST CITY, ARK.** Join us for our first outing of the new hiking season. Carpool at Kingsway 7:30 am; hike begins at 9:00 am at the park visitor center. It's about 6 miles, mostly easy. For more information, call Elaine Green (601) 895-0386. PLEASE NOTE: Elaine has moved to Olive Branch, MS so this is a different phone number from the one in your schedule.

**OCT. 4-6 - SHAWNEE NAT'L FOREST IN SOUTHERN ILLINOIS.** Just want to alert you that this is coming up--since it's a

3-day trip, you'll want to plan ahead. Shawnee is about 4 hours from Memphis. This year we plan to camp at Giant City State Park. The scenery in the area is amazing--not what you'd expect in Illinois. For information, call Ray & Martye Burkett, (901) 357-9183. Look for complete details in next month's newsletter.



Meets the third Tuesday of each month at 7:00 p.m. at St. Mark's Methodist Church.

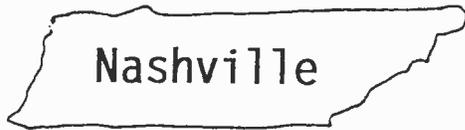
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**SEPT. 7 - BUGGY TOP TRAIL/LOST COVE CAVE.** Call Mike Harvey 893-9594 for details.

**SEPT. 21-22 - MAMMOTH CAVE WEEKEND.** Call Mike Harvey 893-9594 for details.

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**NOTE:** *If you plan on visiting Virgin Falls Pocket Wilderness, please note that the Sparta/White County Chamber of Commerce has advised that, as a result of installing 911 in their area, Mourberry Road has been changed to Eastland Road.*



Meets the fourth Thursday of each month at 7:30 p.m. at the Cumberland Science Museum.

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### **HIKING HOTLINE 367-7045**

**SEPT. 7 - MONTGOMERY BELL STATE PARK.** (Please note change of date.) This very nice historic and scenic trail is only a short drive from Nashville. We will hike the entire 11.7 miles of the trail. It is rated easy to moderate and has few hills. Meet at the Visitor's Center at Montgomery Bell State Park at 8:00 am or call Elizabeth Gerlock at 356-6260 to arrange to carpool.

**SEPT. 14 - MOUNT PISGAH, NORTH CAROLINA.** Jim Johnson will lead a hike in the vicinity of Mount Pisgah along the Blue Ridge Parkway on Sept. 14. Length will be approximately 6 miles with some climbing. Another short hike is planned for Sunday morning. Overnight accommodations may be available at Pisgah Inn (704) 235-8228. If booked, try motels in Waynesville or Brevard. For particulars and to register, call Jim at 356-6246.

**SEPT. 21-22 - APPALACHIAN TRAIL SEGMENTALLY.** Call Judith Foster 386-9630 for details.

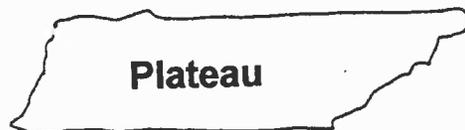
**SEPT. 26 - PROGRAM MEETING.** Please join us for a great program presented by our expert hiker of the British Isles, Jim Poteet. He will share slides and stories of his recent hike in Ireland. Make plans to come

and bring a friend. Refreshments will be served following the meeting.

**SEPT. 27-29 - HIKE/BIKE IN BIG SOUTH FORK.** Libby Francis will lead a hike on Saturday, Sept. 28 on the Burnt Mill Bridge Loop Trail. On Sunday, we will bike on an easy 10-mile converted rail trail. The trail is easy, but there are rocks and dirt, so mountain bikes would be best. We will camp at the Bandy Creek campground Friday and Saturday night. If there is interest, we will go to the Harrow Road Cafe in Rugby for dinner on Saturday night. Please call 889-5718 to preregister, get directions, and discuss a possible carpool.

**OCT. 4-5 - BIG SOUTH FORK OVERNIGHT BACKPACK, YAMACRAW-YAHOO FALLS, KY.** 15.4 miles, difficult. Join me for a rugged hike along the Big South Fork of Kentucky. This trail is littered with (not trash!) natural wonders, Yahoo and Princess Falls, a natural arch, spectacular bluffs, and plenty of history. This is a difficult hike, with creek crossings, rock scrambling, and climbs-a-plenty, so be prepared. For more information and to register, you must call Rob Weber at (423) 533-2620.

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Meets the third Thursday of each month at 7:00 pm at the Crossville Housing Authority 202 Irwin Ave.

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The Plateau Chapter of TTA took off the months of July and August due to a lot of

vacations and heat. I'm sure everyone will be anxious to hit the trails again in September.

We are all excited about the fact that when we meet again, we will have two new members, Rob and Susan Weber, who have relocated to the beautiful Sequatchie Valley. Rob is a former State President of the Tennessee Trails Association. We look forward to great things happening as we all work together here maintaining and hiking all the trails in our beautiful area. Our schedule for the rest of the year is as follows:

SEPTEMBER 14 - ROOSEVELT MTN. 4 miles, moderate to difficult. Call Bill & Sue Eldridge 456-4459.

SEPTEMBER 28 - ICY COVE. 3.5 to 4 miles, moderate. Call Jim Lifsey (615) 839-3939.

OCTOBER 12 - BRADY MTN. 7.5 miles, moderate to difficult. Call Carolyn Miller, 456-4465.

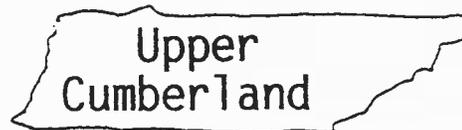
OCTOBER 26 - HONEY CREEK. 3.5 miles and COLDITZ COVE, 2 miles, in Big South Fork, moderate. Call Diana Jones, 456-6249.

NOVEMBER 9 - STANDING STONE. 6 miles, moderate. Call Bob & Ruth Worshik, 456-8576.

DECEMBER 19 - CHRISTMAS PARTY PITCH-IN at the home of Mary Kelly 6:00 pm, 456-7749.

All of our hikes leave from the Visitor's Center at the Cumberland Mtn. State Park at 8:00 am.

--Sue Eldridge



Meets the first Tuesday of each month at various locations.

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**SEPT. 3 - CHAPTER MEETING AT MARNELL'S RIVERSIDE HOME IN SPARTA.** Walk and sit beside the lazy river. Bring snacks. Meet at First Union Bank in Sparta at 6:00 pm to shuttle to Marnell's. Contact Marnell Cothran 738-5874, Sparta, or Bonnie Greene 836-3696, Sparta.

**SEPT. 14 - STONE DOOR/BIG CREEK GULF/RIM.** 10-12 miles, strenuous. Meet at First Union Bank in Sparta at 8:00 am, or trailhead at 10:00 am. Contact Paul & Pam Miller 526-9259.

**SEPT. 21 - FROZEN HEAD.** 8-12 miles, strenuous. Meet at First Union Bank in Sparta or Penney's in Cookeville at 8:00 am. Cracker Barrel in Crossville at 9:00 am. OR trailhead at 10:30 am. Contact Dave or Carol Anderson 597-5660, Smithville; or Paul & Pam Miller 526-9259, Cookeville.

**OCT. 1 - HIKING CLASS AND MEETING AT COOKEVILLE CIVIC CENTER.** We will advertise and try to get some new folks from the Cookeville Area interested in one of our favorite hobbies. We plan to educate and entertain. We will conduct the class for about an hour starting at 7:00 pm and follow with our meeting at 8:00 pm. Come for one or both! Contact Paul & Pam Miller, 526-9259, Cookeville.

## ADOPT-A-TRAIL

**TRAIL MAINTENANCE VOLUNTEERS NEEDED!** If you would like to be placed on a call list for trail maintenance, contact Rob Weber (615) 952-2949 for details.

If you are interested in maintaining a particular trail or section of trail, please contact Harold Draper, Adopt-A-Trail Coordinator at (423) 689-7757.

**SAVE THE DATE !!**  
**1996 TTA ANNUAL MEETING**  
**NOV. 15-17**  
**CEDARS OF LEBANON STATE PARK**

**Details to be published in October newsletter**

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**1996 ENVIRONMENTAL CONGRESS**  
**SATURDAY, SEPT. 21, 8:30 - 5:30**  
**AT SECOND PRESBYTERIAN CHURCH, NASHVILLE**  
**SPONSORED BY TENNESSEE ENVIRONMENTAL COUNCIL**  
**CALL (615) 321-5075 FOR ADDITIONAL DETAILS**

### ORDER FORM

___ HIKING TENNESSEE TRAILS, 4TH EDITION	\$ 9.95
___ TTA ADOPT-A-TRAIL MANUAL	3.00
___ 25TH ANNIVERSARY TTA PATCH	3.00
___ TTA WINDOW DECAL	1.00

PRICES INCLUDE POSTAGE. MAIL YOUR CHECK PAYABLE TO TTA TO: TTA MEMBERSHIP DIRECTOR,  
P.O. BOX 41446, NASHVILLE, TN 37204. PLEASE ALLOW 4-6 WEEKS.

NAME: \_\_\_\_\_ ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

## MEMBERSHIP FORM

Memberships are based on the Jan. - Dec. calendar year, unless you have a Life Membership. Please register me for the 1996 calendar year: \_\_\_\_\_ NEW MEMBER \_\_\_\_\_ RENEWAL

\_\_\_\_\_ Student \$ 6.00 \_\_\_\_\_ Supporting \$30, \$40 or \$50  
\_\_\_\_\_ Individual/Family \$15.00 \_\_\_\_\_ Life Member \$150  
\_\_\_\_\_ Corporate Sponsor \$ \_\_\_\_\_ (Amt. Enclosed)

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_  
(PLEASE PRINT CLEARLY)

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE \_\_\_\_\_

ZIP \_\_\_\_\_ HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_

PLEASE LIST ME WITH THE FOLLOWING CHAPTER:

\_\_\_\_\_ CLARKSVILLE \_\_\_\_\_ EAST TENNESSEE \_\_\_\_\_ MURFREESBORO \_\_\_\_\_ PLATEAU  
\_\_\_\_\_ CUMBERLAND MTN. \_\_\_\_\_ MEMPHIS \_\_\_\_\_ NASHVILLE \_\_\_\_\_ UPPER CUMBERLAND

**MAIL TO: MEMBERSHIP DIRECTOR, TTA, P.O. BOX 41446, NASHVILLE, TN 37204**

NEWSLETTER SUBMISSIONS DUE BY 15TH OF THE MONTH. MAIL TO: ARLEEN BARNETT, NEWSLETTER EDITOR,  
P.O. BOX 41446, NASHVILLE, TN 37204 OR E-MAIL TO [arleen.barnett@mcmail.vanderbilt.edu](mailto:arleen.barnett@mcmail.vanderbilt.edu)

President: Harold Draper (423) 689-7757  
Vice-Pres: Jim Poteet (615) 377-4777  
Treasurer: Judy Cleary (615) 473-4673  
Secretary: Evelyn Tretter (615) 859-0566  
Board Rep: Ray/Martye Burkett (901)357-9183  
Board Rep: Bertha Chrietberg (615) 896-1146  
Board Rep: Bessie Daniel (615) 647-4837  
Board Rep: Rob Weber (423) 533-2620  
Membership: Ninez Giles (615) 297-2281  
Cumberland Trail: Bob Brown (615) 352-7474  
Adopt-A-Trail: Harold Draper (423) 689-7757  
Clarksville Chair: James Neblett (615) 387-3317  
Cumberland Mtn: Jeannie Chambers (423) 569-5610  
East Tennessee: Judith Bartlow (423) 494-9421  
Memphis: Debbie Gilbert (901) 454-0613  
Murfreesboro: Mike Harvey (615) 893-9594  
Nashville: Libby Francis (615) 889-5718  
Plateau: Mary Kelly (615) 456-7749  
Upper Cumberland: Paul D. Miller (615) 526-9259

*TENNESSEE TRAILS IS PRINTED BY BUDGET RAPID PRINTERS, NASHVILLE, TN 327-1068*

**COME HIKE WITH US!**  
**P.O. BOX 41446**  
**NASHVILLE, TN 37204**