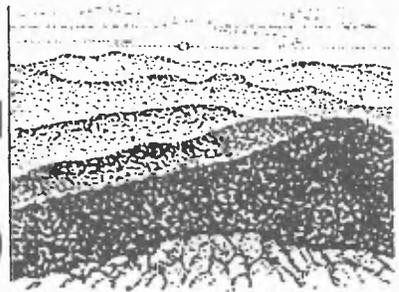


TENNESSEE TRAILS

The monthly newsletter of the Tennessee Trails Association



ADOPT-A-TRAIL

At the Board of Directors meeting on August 24 at Land Between the Lakes, the Board discussed a couple of items that may be of interest to the membership. The TTA continues to actively participate in the Breakaway program, and anticipates hosting at least one group of college students in the spring for a trail work spring break. In addition, the Board continues to work on obtaining liability insurance and keeps up with environmental issues affecting trails in Tennessee. As always, Board meetings serve as a forum for chapters to compare notes on activities and ideas.

The Board also discussed ways to revitalize the Adopt-A-Trail program. TTA established the Adopt-A-Trail program to provide a liaison between land managing agencies and volunteers who can assist with trail needs. The program is flexible in how it works and the type of trail responsibilities adopted. In the most common program, volunteers or a chapter select a trail they wish to hike and inspect twice a year. They then notify TTA, who in turn notifies the managing agency. The volunteer inspects the trail and fills out a report on the trail condition, which is sent to the agency. The volunteers also accomplish maintenance tasks after agreement with the agency on the type and amount of work to be done. The program is meant to be compatible with existing federal and state volunteer programs for public lands. At the board meeting, suggestions for improving the program included the following:

- After every organized hike, request that the hike leaders send a report to the managing agency on the condition of the trail and to let them know that we are using their trail. Each chapter could have a workshop for hike leaders prior to each hiking season where Adopt-A-Trail reports and waiver of liability forms would be passed out.
- Letters could be sent to selected land management agencies letting them know of the program and requesting trail news.
- Publish an annual trails status report.
- Establish a recognition program for persons who have done trail work.

I would be interested in hearing your ideas on this program.

Harold Draper, 1996 TTA President

OCTOBER HIKES AND ACTIVITIES

<i>Date</i>	<i>Chapter</i>	<i>Hike/Activity</i>
4-6	Memphis	Giant City State Park, Illinois
5	Murfreesboro	John Muir Trail on Hiwassee River
4-5	Nashville	Yahoo Falls, Big South Fork
5	All Chapters	Big South Fork Trail Clean-Up
10	All Chapters	Savage Gulf Preservation League Annual Meeting (615) 473-5677
12	East Tenn	Curry Mtn. Trail, Smokies
12	Upper Cumberland	Franklin State Forest
13	Nashville	Shiloh Military Parkway
18	All Chapters	Environmental Action Fundraiser
19	Cumberland Mtn.	Blue Heron Loop, Big South Fork
19	Memphis	Ft. Pillow State Park
19-20	Nashville	Cataloochee Camp/Hike, Smokies
19-20	Nashville	Appalachian Trail, Segmentally
26	Clarksville	Annual Bonfire
26	Nashville	Virgin Falls
Nov 2	Memphis	Meeman-Shelby State Park

FALL FOLIAGE HOTLINE (800) 697-4200

TTA is a member organization of the Environmental Action Fund and sends representatives to EAF Board meetings quarterly. The EAF hosts an annual fundraiser to provide support for environmental lobbying efforts in the legislature. This year's fundraiser will be held on Friday evening, Oct. 18 from 5:00-9:00 pm at The Onyx Room, in a restored house at 624 Jefferson St., in historic Germantown. The cost is \$30 per person.

Call Kay Linder (615) 407-2725 (pager) for additional info

CHAPTER NEWS



Clarksville

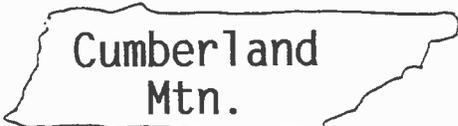
Meets the third Tuesday of each month at 7:00 p.m. in the Community Room at Governor's Square Mall.



East Tennessee

OCT. 19 - INDIAN TOWN BLUFF. Call Ann Lowe (615) 645-1454.

OCT. 26 - BIKE/HIKE IN ROTARY PARK AND BONFIRE. Mountain bike ride from noon until 4:00 pm. Hike from 3:00-4:30 pm. Bonfire immediately following at Rotary Park. Bring \$5 to cover cost of food and supplies. Call Wanda Cumberland 358-3338 to confirm attendance by Friday, Oct. 25 so they'll know how much food to buy.



Cumberland Mtn.

OCT. 19 - BLUE HERON LOOP, BIG SOUTH FORK. Call Bob Washburn (800) 841-5210 for details.

OCT. 12 - CURRY MTN. TRAIL, GREAT SMOKY MTNS. NAT'L PARK. Hike is 6.6 miles round trip. We will meet at the north side of the Home Depot/East Towne Crossing Shopping Center parking lot in Knoxville (exit 8 off I-640) at 8:30 am EST and then drive 1 hour to trailhead at Metcalf Bottoms to start our hike at 9:30 am. The trail climbs steeply, gaining 1000 ft. In elevation in 2 miles. Along the way are views of Cove Mtn. And Long Arm. The final mile of the trail is level to rolling along the side of Curry She Mtn. Our hike will end at the Jakes Creek Cemetery. We should be back in Knoxville by 3:30 or 4:00 pm. Bring lunch. Questions? Call Harold at (423) 689-7757.



Meets the third Thursday of each month at 7:00 pm at Davis-Kidd Booksellers, 387 Perkins Extended.

**VERY IMPORTANT NOTICE!!
CHANGE OF MEETING PLACE AND
TIME!!** Our October and November meetings will not be at Kingsway Church. We're trying out a new place: the new Davis-Kidd Booksellers, 387 Perkins Extended, in the community room at the rear of the store. The meeting begins at 7:00 pm, NOT 7:30. Dates are **OCT 17.** and **NOV. 21.**

OCT. 4-6 - SHAWNEE NAT'L FOREST IN SOUTHERN ILLINOIS. Overnight trip, based at Giant City State Park, just south of Carbondale. There's a tent campground with bathhouse, or you can stay in one of the rustic cabins (call (618) 457-4921 for reservations). There's a good restaurant in the park. Meet us at 9:30 am central Saturday in the campground by the Red Cedar trailhead. We'll probably hike part of the 16-mile Red Cedar trail, then connect with some of the shorter loop trails. A hike in the Little Grand Canyon outside the park is a possibility, maybe Sunday morning. To get to Giant City, take I-55, exit to I-57 at Cairo, then go north on State Hwy 51. It's about 4 hours from Memphis. For more info, call Ray and Martye Burkett (901) 357-9183.

OCT. 19 - FORT PILLOW STATE PARK. Henning, TN. Carpool 7:30 am at Kingsway Church. Hike starts at park interpretive center 9:30 am. Trail is 10 miles with some steep hills. Debbie Gilbert (901) 454-0613 is contact person until Oct. 16. After that, call Betty Porter (901) 755-4740.

NOV. 2 - MEEMAN-SHELBY STATE PARK. Millington, TN. Meet at main office at park entrance at 9:00 am. We'll hike 8-mile Chickasaw Bluffs Trail. Doesn't loop so we have to shuttle cars. For more info, call Ken Novak, (901) 377-9127.



Meets the third Tuesday of each month at 7:00 p.m. at St. Mark's Methodist Church.

OCT. 5 - HIKE ON JOHN MUIR TRAIL ALONG THE HIWASSEE RIVER. As Bertha has a conflict that day, Andrea Shay will be leading this hike. Andrea is a Botanist with the Ecological Section of the TN Dept of Conservation and Environment. She is also an active member of the TN Native Plants Society, and that group is joining in this hike.

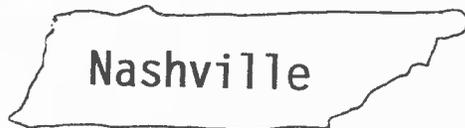
Hikers will be able to see "Ruth's Golden Aster" in bloom in the Hiwassee Gorge. This rare wildflower grows only

there and in an area of the Ocoee Gorge. It is listed on the State and Federal Endangered Species list.

Participants will meet at Webb Store in Reliance near the Hiwassee River bridge at 10:00 CST. Bring lunch and water. Take Hwy 64 East out of Cleveland and turn on Hwy 411 North. Watch for signs for a right turn to Reliance and the Hiwassee River. If you have any questions, call Bertha Chrietzberg at 896-1146.

NOTE: *If you plan on visiting Virgin Falls Pocket Wilderness, please note that the Sparta/White County Chamber of Commerce has advised that, as a result of installing 911 in their area, Mourberry Road has been changed to Eastland Road.*

THAT MEANS YOU, MIKE!!!!



Meets the fourth Thursday of each month at 7:30 p.m. at the Cumberland Science Museum.

HIKING HOTLINE 367-7045

OCT. 4-5 - BIG SOUTH FORK OVERNIGHT BACKPACK, YAHOO FALLS, KY. 10 miles, difficult. Join me

for a rugged hike along the Big South Fork of Kentucky. This trail is littered with natural wonders, Yahoo Falls, a natural arch, spectacular bluffs, and plenty of history. This is a difficult hike, with creek crossings, rock scrambling, and climbs-a-plenty, so be prepared. For more information and to register, you must call Rob Weber at (423) 533-2620.

OCT. 13 - SHILOH MILITARY PARKWAY. Call Rich Shaw 889-6472 or 255-9453.

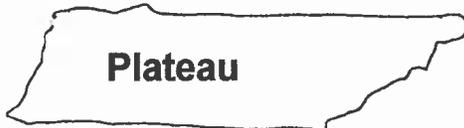
OCT. 17-19 - CATALOOCHEE CAMPING/HIKING, THE SMOKIES.

The hike I originally planned for October at Bob's Creek Bowaters Pocket Wilderness in North Carolina had to be cancelled because of storm downfall. The trails are closed indefinitely. Instead, we will camp and hike at Cataloochee in the Great Smoky Mtns. Nat'l Park. One of the hikes planned is very appropriate for the month of October and HALLOWEEN--the BOOGERMAN TRAIL, 3.5 miles, moderate, and is reported to have the three oldest poplars in the park on it. There are several other trails leading out from the Cataloochee campground that we can choose for Sunday. I called the Park to make sure the campground and trails are open. Meet at the Cataloochee campground at 10:00 am eastern time. Call Arleen Barnett (615) 832-6484 for additional info.

OCT. 24 - PROGRAM MEETING. This will be a business meeting. We'll be planning our hikes for the next year.

Bring your calendar and lots of good ideas for upcoming hikes you would like to lead, or hikes you think would be fun. We will also be electing officers for the next year. If you would like to suggest someone for Nashville Chapter Chair, Chapter Treasurer, or Hike Coordinator, please call Jim Poteet at 377-4777. If you are interested in volunteering for any type of job, let Jim know. In addition, bring suggestions for program topics and speakers for next year. Following the business meeting, Libby Francis will show a short slide presentation of her trip to Alaska. Refreshments will be served, so bring a friend.

OCT. 26 - VIRGIN FALLS DAY TRIP. Eight miles roundtrip, moderate to strenuous. Meet at K-Mart on Donelson Pike to carpool at 6:30 am or meet at Hardee's in Sparta, TN at 8:15 am. Call Mike Schreiner at (615) 889-2962 to register.



Meets the third Thursday of each month at 7:00 pm at the Crossville Housing Authority 202 Irwin Ave.

OCTOBER 12 - BRADY MTN. 7.5 miles, moderate to difficult. Call Carolyn Miller, 456-4465.

OCTOBER 26 - HONEY CREEK. 3.5 miles and **COLDITZ COVE,** 2 miles, in Big South Fork, moderate. Call Diana

Jones, 456-6249.

All of our hikes leave from the Visitor's Center at the Cumberland Mtn. State Park at 8:00 am.



Meets the first Tuesday of each month at various locations.

OCT. 1 - HIKING CLASS AND MEETING AT COOKEVILLE CIVIC CENTER. We will advertise and try to get some new folks from the Cookeville Area interested in one of our favorite hobbies. We plan to educate and entertain. We will conduct the class for about an hour starting at 7:00 pm and follow with our meeting at 8:00 pm. Come for one or both! Contact Paul & Pam Miller, 526-9259, Cookeville.

OCT. 5 - PINEY RIVER HIKE. Come check out the fall colors with us. 12 miles, moderate. Meet at First Union Bank in Sparta or at Penney's in Cookeville at 9:00 am; Cracker Barrel in Crossville at 10:00 am; lower trailhead at 10:45 am for shuttle to the top. Contact Paul & Pam Miller (615) 526-9259.

OCT. 12 - HIDDEN PASSAGE FALL COLOR HIKE. 12 miles, moderate. See the Big South Fork area from this Pickett State Park. Meet at Penney's in Cookeville at 8:00 am. Contact Paul & Pam Miller (615) 526-9259.

PROPOSED BY-LAW CHANGE

Harold Draper, Jim Poteet and Rob Weber will propose a by-law change to the membership at the November Annual Meeting which will formalize a process which we have been implementing over the past few years--that of having the at-large board members represent the three geographic regions of the state. This practice was put in place in recognition of the likelihood that most of TTA's growth would occur in areas of the state other than Middle Tennessee; to promote diversity on the board; and to make sure the various interests of the different regions are adequately represented in board deliberations. Bessie Daniel's 3-year term will expire this year and the Board will need to nominate someone from East Tennessee to join the other at large members--Bertha Chrietzberg representing Middle Tennessee, and Ray and Martye Burkett representing West Tennessee. Bessie has made significant contributions to TTA during her tenure and we know that she will continue to contribute through her activities with the Clarksville Chapter.

Bylaw 7 shall be amended by changing the last sentence of the first paragraph from: "Directors-at-large shall be elected for three year terms." to: "Directors-at-large shall be elected for three year terms, with one at-large director elected each year, and with one at-large director representing each of the three geographic divisions of the State. The Board shall determine the geographic representation of each chapter for the purposes of this by-law."

SURE YOU CAN DO IT!

By Barbara Draude, Murfreesboro Chapter

Those infamous words. Shouldn't we know better when we have doubts and someone says this to us - that things may happen less than the way we would have planned. That's what happened on this past weekend's Murfreesboro Chapter outing. We had decided to try the Buggy Top Trail and Lost Cove Cave hike. In preparation, Mark Hall and I had gone on the hike the previous weekend WITH the park rangers. We both enjoyed the trip and were able to make it through the cave without mishap. When contacted the next week about going again with other club members (Mike Harvey, Judith Rusciollelli, and new hikers Jean and Ann)--and finding out that Mark would not be able to join us--I should have known better! After expressing my doubts of being able to find my way through the cave by myself, I heard those infamous words--SURE YOU CAN DO IT and agreed to go. The hike started fine; we found the trail; we made it to the mouth of the cave; we entered and traversed the first part without difficulty; then trouble hit. In the dark, all the areas of the cave looked alike and soon I was not sure if we were headed in the right direction. We even had difficulty determining which way we had come. We were close to becoming very concerned when from the dark came the light and cheery hello of experienced caver Eddie and his wife Karen. Thank goodness! With Eddie's help, we were able to find our way to the exit. BUT all was still not well; waiting outside the cave was a roaring thunderstorm. We waited and the storm appeared to stop--BUT less than several minutes on the trail back

to the car, it started again. The trail became a river and lightening lit up the sky. Soaked to the skin and practically tingling from the lightening, we made it back to the parking area. Needless to say, we were glad to get back to the car even if it meant an hour's drive in sopping wet clothes.

So, the moral of this story is, either--trust your instincts and be wary when you hear those infamous words--or--Do it anyways--it makes for a great adventure!

TRIP REPORT: SECOND ANNUAL WESTERN NORTH CAROLINA MOUNTAIN HIKE AND REAL ESTATE SEARCH (Sep 14-15)

by Jim Johnson, Nashville Chapter

Nine hardy travellers made their way to the Blue Ridge Parkway for the second annual Western North Carolina mountain hike and (for one anyway) real estate search. In attendance were Ed, Stacy and Jessica Joyce, Rob and Susan Weber, Jim Poteet, Jim and Jenice Johnson, and last but not least, new TTA member Ann Wesley. The weather was perfect. There wasn't a cloud in the sky and cool temperatures prevailed.

The feature hike was on Saturday, with a ten mile trek from the Pisgah Inn, northeast to Bent Creek Gap on the Shut-In Trail. It was constructed in the 1890's by George Vanderbilt of Biltmore Estate fame as passage from the estate to his Buck Spring Hunting Lodge, the ruins of which are approximately a mile from Pisgah Inn. The trail runs roughly along the Blue Ridge Parkway and crosses it several times. It is in generally excellent shape and well marked. Highlights included the Buck Spring Hunting Lodge, several overlooks along the Parkway, and a long climb up Ferrin Knob with a great view and an apple tree that Rob was kind enough to climb and throw apples at the rest of us. Another highlight was dinner at the Pisgah Inn restaurant. Ask Jenice and Susan about the Chocolate French Silk pie.

Sunday was an optional trek up Mount Pisgah, a fairly strenuous one and a half mile ascent to an elevation of 5700 feet. The sky was absolutely clear and you could see forever. The boys took a short detour to the TV transmitter site and tram that runs up the mountain side. A quick shopping trip to the Mast General Store (the only one open) in downtown Waynesville rounded out the day before the drive back to Nashville.

The third annual WNC trip will probably include a hike up either Cold Mountain or Looking Glass Rock. This year's effort had twice the attendance of last year. Hopefully we can double it again in 1997. Expect it about the middle of September.

ADOPT-A-TRAIL

TRAIL MAINTENANCE VOLUNTEERS NEEDED! If you would like to be placed on a call list for trail maintenance, contact Rob Weber (423) 533-2620 for details.

If you are interested in maintaining a particular trail or section of trail, please contact Harold Draper, Adopt-A-Trail Coordinator at (423) 689-7757.

ORDER FORM

<input type="checkbox"/>	Hiking Tennessee Trails, 4th Edition	\$ 9.95
<input type="checkbox"/>	TTA Adopt-A-Trail Manual	3.00
<input type="checkbox"/>	25th Anniversary TTA Patch	3.00
<input type="checkbox"/>	TTA Window Decal	1.00

Prices include postage. Mail your check payable to TTA to: TTA Membership Director, P.O. Box 41446, Nashville, TN 37204. Please allow 4-6 weeks.

Name: _____ Address: _____

City _____ State _____ Zip _____ Phone _____

MEMBERSHIP FORM

Memberships are based on the Jan. - Dec. calendar year, unless you have a Life Membership. Please register me for the 1997 calendar year: _____ NEW MEMBER _____ RENEWAL

_____ Student \$ 6.00 _____ Supporting \$30, \$40 or \$50
_____ Individual/Family \$15.00 _____ Life Member \$150
_____ Corporate Sponsor \$ _____ (Amt. Enclosed)

NAME: _____ DATE: _____

(PLEASE PRINT CLEARLY)

ADDRESS: _____ CITY: _____ STATE _____

ZIP _____ HOME PHONE _____ WORK PHONE _____

PLEASE LIST ME WITH THE FOLLOWING CHAPTER:

_____ CLARKSVILLE _____ EAST TENNESSEE _____ MURFREESBORO _____ PLATEAU
_____ CUMBERLAND MTN. _____ MEMPHIS _____ NASHVILLE _____ UPPER CUMBERLAND

MAIL TO: MEMBERSHIP DIRECTOR, TTA, P.O. BOX 41446, NASHVILLE, TN 37204

NEWSLETTER SUBMISSIONS DUE BY 15TH OF THE MONTH. MAIL TO: ARLEEN BARNETT, NEWSLETTER EDITOR,
P.O. BOX 41446, NASHVILLE, TN 37204 OR E-MAIL TO arleen.barnett@mcmail.vanderbilt.edu

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Treasurer: Judy Cleary (615) 473-4673
Secretary: Evelyn Tretter (615) 859-0566
Board Rep: Ray/Martye Burkett (901) 357-9183
Board Rep: Bertha Chrietzberg (615) 896-1146
Board Rep: Bessie Daniel (615) 647-4837
Board Rep: Rob Weber (423) 533-2620
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Clarksville Chair: James Neblett (615) 387-3317
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Plateau: Mary Kelly (615) 456-7749
Upper Cumberland: Paul D. Miller (615) 526-9259

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